

The following are guidelines for determining whether or not to send your child to school. **If you answer YES to any of these, you should keep your child home for comfort, close monitoring, and preventing the spread of infectious disease to others.**

- Student has a fever 100 degrees F or higher
- Student vomits at home after school, during the night, or in the morning– should be observed for 24 hours at home.
- A diagnosis of strep throat– student needs to remain at home until he/she has been on antibiotics a full 24 hours
- Student has unusual bowel movements: more frequent, loose, watery than usual or persistent diarrhea during the day or night– should be observed at home for 24 hours.
- Student has frequent cough which is not controlled.
- Nasal drainage with colored discharge, breathing is difficult due to nasal congestion or drainage.
- Ear pain such as tugging on one or both ears, difficulty hearing, or discharge.
- Eye(s) are reddened with persistent thick drainage/mucus that sticks to eyelashes and lids, eye discomfort.
- Student has an unusual rash, that may or may not be itchy.
- Student does not feel well (such as excessive tiredness, or lack of appetite) enough to take part in normal activities and regular school day.

#### **24 Hours Rule:**

- **Fever:** Keep student home until his/her **FEVER** had gone **WITHOUT** medicine for 24 hours.
- **Vomiting or Diarrhea:** Keep the student home for at least 24 hours after **last time he/she vomited or had diarrhea.**
- **Antibiotics:** Keep student home until 24 hours after the first dose of antibiotics for anything like bronchitis, strep infection, or pneumonia.

#### **Student May Be Ready to Return to School When:**

- Temperature is below 100 degrees F without fever-reducing medications for at least 24 hours.
- No vomiting for 24 hours or longer and he/she is eating a usual diet for age.
- Bowel movements are of usual frequency and appearance and diet are usual for age for 24 hours.
- Cough is seldom or not at all.
- Nasal drainage is clear and minimal and breathing is normal.
- No longer tugging at the ear, no discomfort or drainage.
- Clear eyes without redness, drainage, or discomfort.
- Rash has been resolved and/or evaluated by the medical providers and documentation provided.