

## Curriculum Vitae

Natya Stroud, APRN, CNP, DNP

### Personal Information

Work Address: University of Minnesota  
Adult & Gerontological Health Cooperative  
School of Nursing  
5-140 Weaver-Densford Hall  
308 Harvard Street SE  
Minneapolis, MN 55455

Mayo Clinic  
200 First Street, SW  
Rochester, MN 55905

Phone Number: 612-382-8862

Primary Email Address: [stro0455@umn.edu](mailto:stro0455@umn.edu)

### Present Position(s)

*Clinical Assistant Professor* - University of Minnesota School of Nursing  
Adult and Geriatric Primary Care Doctor of Nursing Practice cooperative faculty member  
Academic Rank: Clinical Assistant Professor  
Start date: August 30, 2021

*Nurse Practitioner* - Mayo Clinic Division of General Internal Medicine  
Specialty clinic(s): Menopause and Women's Sexual Health Clinic and Diagnostic Breast Clinic  
Academic Rank: Instructor in Medicine at Mayo Clinic College of Medicine and Science  
Start date: March 2015

*Editorial Advisory Board Member* - National Association of Nurse Practitioners in Women's Health (NPWH) peer reviewed journal.  
2 year appointment start: February 2022

### Education

Doctor of Nursing Practice (DNP) in Adult and Women's Health 2014  
University of Minnesota - Twin Cities, Minneapolis, Minnesota

Bachelor of Science in Nursing (BSN) 2009  
Metropolitan State University, St. Paul, Minnesota

Associate of Science in Registered Nursing 2006  
Minneapolis College, Minneapolis, Minnesota

**Certifications**

Adult Nurse Practitioner (ANP-BC) American Nurses Credentialing Center (ANCC)	2014 - 2024
Basic Life Support (BLS) for the Healthcare Provider American Heart Association 2 year renewal	2004 - 2024
NAMS Certified Menopause Provider (NCMP) North American Menopause Society (NAMS)	2021 - 2024
Public Health Nurse Minnesota State Board of Nursing	2009 - Pres.
Women's Health Care Nurse Practitioner (WHNP-BC) National Certification Corporation (NCC)	2014 - 2023

**Licensure**

Minnesota State Board of Nursing	
Licensed Practical Nurse (LPN) 625456	2006 - 2007
Registered Nurse (RN) R-178092-1	2007 - 2023
Public Health Nurse 17875	2009 - Pres.
Advanced Practice Registered Nurse (APRN) 1388	2014 - 2023

**Honors and Awards**

- Champion for Equity Award 2020 – Mayo Clinic Division of General Internal Medicine, Rochester, Minnesota  
December 2020
- General Internal Medicine Model of Care Award 2018 – Mayo Clinic General Internal Medicine, Rochester, Minnesota  
December 2018
- Edna and Myron Allen Scholarship – University of Minnesota, Minneapolis, Minnesota  
2012-13 academic year
- Professional Nurse Traineeship – University of Minnesota, Minneapolis, Minnesota  
2011-12 academic year

**Previous Professional Positions and Major Appointments**

- Teaching Specialist* – Adult and Gerontological Health Primary Care Doctor of Nursing Practice Program.  
University of Minnesota School of Nursing  
2020-21 academic year

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*NAMS Education Committee Member*

North American Menopause Society

Responsibilities – assist in the development and promotion of educational materials and peer review journal articles.

2020 – 2021

*Board Member*

Minnesota State Board of Nursing

Practice Committee Member

Accomplishment – Nurse Practice Act revision co-author

Responsibilities – investigation and review of nursing related public safety concerns, nursing promotion, and nurse advocacy at the state and national level.

2012 – 2016

*Congregational Nurse*

Masjid an-Nur, Minneapolis Minnesota

2009 – 2011

*Registered Nurse*

Allina Health Abbott Northwestern Hospital

Responsibilities – Medical surgical unit floor nurse and charge nurse; and Mother Baby Level 1 Labor and Delivery Center floor nurse, triage, labor and delivery, antepartum and postpartum nursing care.

**Scheduled Teaching**

Spring 2023

N7100 QI and Implementation Science

N7110 DNP Project Practicum

N7406 Advance Nursing Practicum Adult-Gero Health

N7505 Assessment and Health Management Advance Practice Nursing Practicum II

Fall 2022

N5228 Pharmacology for Advanced Practice Nursing

N6408 Advanced Nursing Care of Older Adults Practicum

N7000 DNP Proseminar

N7504 Assessment and Health Management Advanced Practice Nursing Practicum

Summer 2022

N6927 Advanced Concepts in Women's Health II

N6928 Advanced Concepts in Women's Health II Practicum

Spring 2022

N5229 Clinical Pharmacotherapeutics

N7406 Advance Nursing Practicum Adult-Gero Health

N7505 Assessment and Health Management Advance Practice Nursing Practicum II

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Fall 2021

N5228 Pharmacology for Advanced Practice Nursing  
N6408 Advanced Nursing Care of Older Adults Practicum  
N7504 Assessment and Health Management Advanced Practice Nursing Practicum

Spring 2021 (Teaching Specialist role)

N7406 Advance Nursing Practicum Adult-Gero Health  
N7505 Assessment and Health Management Advance Practice Nursing Practicum II

Fall 2020 (Teaching Specialist role)

N6408 Advanced Nursing Care of Older Adults Practicum  
N7504 Assessment and Health Management Advanced Practice Nursing Practicum

**Presentations and Instructional Activity**

Professional

Breast Cancer and Benign Breast Conditions, Guest Lecturer. April 19, 2023  
N6925 Advanced Concepts in Reproductive and Sexual Health.  
University of Minnesota School of Nursing, Minneapolis, Minnesota.  
46 Women's Health NP and Nurse Midwifery students present.

Breast Cancer and Benign Breast Conditions, Guest Lecturer. April 20, 2022  
N6925 Advanced Concepts in Reproductive and Sexual Health.  
University of Minnesota School of Nursing, Minneapolis, Minnesota.  
40 Women's Health NP and Nurse Midwifery students present.

Mentor in the Internal Medicine Residency and Fellowship Programs 2019 - Pres.  
in the Menopause and Women's Sexual Health Clinic. Oversee resident  
and fellow activities and patient interactions while women's health  
specialty clinic.  
Mayo Clinic, Rochester, Minnesota

Mayo Clinic Inclusion and Equity in Healthcare Conference 2019 October 2019  
Panelist  
Rochester, Minnesota

Mayo Clinic Presentation – Road to Epic Implementation Mar 20, 2018  
General Internal Medicine Allied Health, NPPA, Epic Training  
Rochester, Minnesota

Presentation – Breast Cancer Survivorship June 28, 2017  
Mayo Clinic Breast Radiology Technician CME training  
Breast imaging and intervention in-service  
Rochester, Minnesota

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Professional Panelist presenting to the WHNP senior class. University of Minnesota, Minneapolis, Minnesota	Jan 22, 2016
Community Outreach and Presentations	
The Elephant in the Room: Managing Vaginal Health Following Cancer Treatment. African-American Breast Cancer Alliance Sistas Rock! Mind, Body and Soul Retreat – Cancer and You workshop. Minneapolis, Minnesota	Nov 16, 2019
Project Community Connect Educational booth promoting breast awareness to local community and community organization networking Rochester, Minnesota	Jan 26, 2018
The Elephant in the Room: Managing Vaginal Health Following Cancer Treatment. African-American Breast Cancer Alliance Sistas Rock! Mind, Body and Soul Retreat – Cancer and You workshop. Minneapolis, Minnesota	Oct 21, 2017
Breast Health Awareness Educational booth at Minnesota Lynx basketball game promoting breast health awareness month Minneapolis, Minnesota	Aug 18, 2017
Breast Health Awareness Educational booth at Minnesota Lynx basketball game promoting breast health awareness month Minneapolis, Minnesota	Aug 13, 2017
Women Veteran Gala Educational booth for breast awareness Rochester, Minnesota	May 18, 2017
Project Community Connect Educational booth promoting breast awareness to local community and community organization networking Rochester, Minnesota	Jan 27, 2017
Project Community Connect Educational booth promoting breast awareness to local community and community organization networking Rochester, Minnesota	Jan 29, 2016
Breast Health Awareness Educational booth at Minnesota Lynx basketball game promoting breast health awareness month Minneapolis, Minnesota	Aug 11, 2015

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**Service**

Professional Memberships and Societies

American Association of Nurse Practitioners (AANP), Member	2022 - 2023
Minnesota APRN Coalition, Member	2020 - 2023
North American Menopause Society (NAMS), Member	2018 - 2023
National Association of Nurse Practitioners in Women's Health, Member	2015 - 2023
National Council of State Boards of Nursing, Member	2012 - 2016
Minnesota Nurses Association (MNA), Member	2007 - 2015

Community Memberships and Services

Mayo Breast Clinic Outreach at Good Samaritan Clinic, Rochester, MN Nurse Practitioner	2017 - 2020
Mayo Breast Clinic Outreach at Hawthorn Clinic, Rochester, MN Nurse Practitioner	2016 - 2017
Islamic Center of Minnesota outreach at Al-Shifa Clinic, Fridley, MN Nurse and admin support staff	2010 - 2015

Other

Mayo Clinic Epic Provider Super User Support General Internal Medicine, Breast Clinic, and Menopause and Women's Sexual Health Clinic EHR transition and ongoing support.	2016 - 2022
Mayo Clinic Breast Clinic Research Committee, Member	2015 - 2021

**Research and IRB Protocols**

Mayo Clinic

*Active*

Other Study Staff

GENetic Risk Estimation of Breast Cancer Prior to Preventive Medication Uptake: A Pilot study to determine if a polygenic risk score influences the decision to accept breast cancer preventive medications (Tamoxifen, Raloxifene, or Exemestane) amongst non-BRCA women at risk. Benefactor Funding. ( 15-006204 )  
January 2016 - April 2024

*Completed*

Co-Principal Investigator

The Effect of Diet and Exercise on Biomarkers Associated with Obesity and Breast Cancer in Overweight Women with Early Stage Breast Cancer. Benefactor funding - Dr Pruthi, GIM funding. ( 18-008163 )  
April 2019 - September 2022

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Other Study Staff

ACCRU-SC-1603, A Phase III, Double-Blind, Controlled Trial of Oxybutynin in the Management of Hot Flashes. ( 17-001846 )  
May 2017 - January 2020

Other Study Staff

Assessing Biomarkers of Breast Cancer Risk In Underserved Women in Olmsted County. Mayo Clinic Cancer Center and Department of Medicine Clinical Research Office will provide resources to support this study. ( 13-001960 )  
July 2013 - April 2021

**Publications**

Nordhues HC, Bhagra A, Stroud NN, Vencill JA, Kuhle CL. COVID-19 Gender Disparities and Mitigation Recommendations: A Narrative Review. Mayo Clin Proc. 2021 Jul; 96(7):1907-1920. doi: 10.1016/j.mayocp.2021.04.009. Epub 2021 Apr 20. PMID: 34218863; PMCID: PMC8057762.