Trefoil Guild / OST USA Patch Program

Developed by Girl Scouts of New Mexico Trails Trefoil Guild



The Trefoil Guild / OST USA Patch Program was developed to connect with your local and national organizations, provide a planning program, and to have fun. To complete the program, participants will fulfill at least 3 of the requirements for each patch. The patches are designed after the vintage Worlds of Girl Scouts program – The World of the Arts, The World of the Out-of-Doors, The World of People, The World of Today and Tomorrow, and The World of Well-Being. The sixth patch will relate to the Girl Scout Ways and you can complete 1 or more of the listed activities, or choose your own activity.

The center of the patch will be earned when a service project is completed. This can be chosen individually or by a TG / OST group. All patches can be purchased through GSNMT TG.

The World of the Arts - Purple

1) Visit a folk art exhibit or a location / event that provides demonstrations of folk art.
2) Conduct a book drive for a local charity, a homeless shelter that welcomes families, or a day care center.
3) Learn more about dance by viewing and discussing with your group costumes, music, and a movie(s) that contain at least three different styles of dance.
4) Discuss with your group various types of music that you enjoy and how it makes you feel.
5) Participate in a photography event and learn about and demonstrate shape, lines, rhythm, and texture in a variety of photos.

The World of the Out-of-Doors - Yellow

1) Learn about campfires and outdoor cooking. Try at least 3 different cooking methods beyond over a fire, such as in a hole, in mud, in paper bags, in a box, using buddy burners, solar cooking, etc.
2) Become familiar with a local foot path or hiking trail. Practice reading a highway map, a topographical map, reading a compass, or using GPS. You might want to go geocaching or orienteering in your local area.
3) Adopt a natural habitat close to your area and observe and maybe take pictures or make sketches in all seasons. Enjoy the natural changes in textures, colors, symmetry, silhouettes, and shadows. Share your observations with your group.
4) Invite someone from emergency services (first aide, search and rescue, police, ambulance, etc.) in your area to do a presentation. Have them include in the presentation what to do if someone in your group gets hurt or lost.
5) Volunteer at your local Girl Scout resident or day camp, or with another non-profit camp in your area.

The World of People - Blue

1) Invite members of the community to talk to your group about their different cultural, racial, ethnic, and religious heritages or visit a local museum to learn more about the culture of your area.
2) Plan an evening of games, such as cards, board games, target games, and /or tile games.
3) Help with a community project that addresses a global issue, such as hunger or pollution. You could also volunteer to help with a project that is being presented by your council Global Action Team.
4) Travel to a country that is a member of WAGGGS, virtually or in person. Share the experience with your group.
5) Introduce other adults to your Trefoil Guild and explain the mission and goals of your group.

The World of Today and Tomorrow - Orange

1) Visit a science museum or exhibit, in person or virtually.
2) Play with your food! Model something scientific, such as an atom or a constellation, or make an edible creation that requires chemistry (beyond cooking or mixing) such as sourdough bread or yogurt or learn to preserve food by canning or drying. You may also want to visit a bakery or pizzeria.
3) Visit a farmers' market or a farm. Taste new products or learn to milk a cow.
4) Visit a locally famous geological feature and learn more about it so you can share with your group.
5) Go to your local fair and visit the exhibits.

The World of Well-Being - Red

1) Make some time to do some self-care! Take a yoga class, have a spa day, do meditation, or some other form of self-care. Carve out some time for yourself or your group to slow down and take care of yourselves.
2) Whip up a tasty recipe that you love to cook and eat. You can share the recipe in a recipe swap with your group, or you can bring your dish to share during a potluck.
3) What do you collect or have a collection of? Perhaps you collect fun patches, books, shells, or mugs! Take some fabulous pictures of your favorite collection and share them with your group.
4) Take a small action to reduce the amount of stress that you experience. You could unsubscribe to emails that you no longer want to receive, take care of a small task that you have been putting off, or organize a to-do list to get your thoughts on paper. Share what you did with your group.
5) Giving to others is a key component of good well-being. Do a service project with your group or go out and volunteer for a few hours at an animal shelter, soup kitchen, or other community resource that is not Girl Scout related. Share what you did with your group.

Girl Scout Ways - Green

Choose Your Own Activity. You can choose 1 or more activities to earn this patch. Some ideas (but not limited to these) are:

1) Partake in an indoor or outdoor flag ceremony, ashes ceremony, or flag retirement ceremony

2) Make some traditional Girl Scout foods such as s'mores or campfire stew

3) Plan and take part in a Bridging to Adult ceremony

4) Provide a scholarship for Lifetime Membership to a graduating Girl Scout

5) Attend the National Convention as a group or visit a World Centre