

LENNARD SURGERY

TRANSGENDER HEALTHCARE

Transgender register

All patients who wish to change their gender, either through treatment or by change of identity, should be added to the practice Transgender register.

Patients should be coded as

- 'Gender dysphoria' with details of previous gender/name in problem notes

If they subsequently have surgery the following code should be added

- 'Gender reassignment surgery', with details of what surgery has been done and where, in the problem notes

All patients on the transgender register should have

- An alert with who their usual doctor is
- An alert 'On transgender register'
- A diary date 'Gender dysphoria' in twelve months time
- A diary date for regular blood monitoring if being prescribed hormones

The register will be checked every April to ensure all patients on the register have the above codes/alerts/diary dates

Prescribing

The practice will not usually prescribe any hormonal treatment unless there is a shared care agreement in place.

The clinician may still refuse to prescribe, even if a shared care is in place, if they are concerned about the clinical safety of prescribing.

Patients who are self-medicating will be seen and assessed by a clinician. After appropriate risk assessment and management of co-existing mental and physical health problems, patients will be signposted to an appropriate Gender Identity Clinic while awaiting NHS assessment.

The practice will not usually prescribe bridging prescriptions unless in exceptional circumstances following a risk assessment. BNSSG ICB guidance -

<https://remedy.bnssg.icb.nhs.uk/media/5418/transgender-prescribing-information-for-gps-feb-22.pdf>

Change of name and pronouns on EMIS

When a patient wants to change their name and gender, they should complete a change of patient details form available at the reception desk.

The form will be passed to the IT administrator who will update the patients EMIS records and if not already coded/added will add

- Code – 'Gender dysphoria' with details of previous gender/name in problem notes
- An alert with who their usual doctor is
- An alert 'On transgender register'
- A diary date 'Gender dysphoria' in twelve months time

Patients may request to change their gender identity on their EMIS patient record at any time and do not need to have undergone any form of gender reassignment treatment to do so.

Changing NHS gender identity

If the patient wants to change their gender identity in all their NHS records they should complete and sign the form (Gender change NHS record) where they confirm they are aware they will be given a new NHS number and that this is irreversible.

Patients may request to change their gender identity on their NHS patient record at any time and do not need to have undergone any form of gender reassignment treatment to do so.

To submit a change of NHS gender identity request, use the link below

<https://pcse.england.nhs.uk/contact-us/>

Select 'Patient Registrations' as the category and 'Adoption or Gender Reassignment' as the type of enquiry.

The following information is required to complete the form:

- Your practice code L81053
- Patient first name (and middle names)
- Patient surname
- Patient date of birth
- Patient NHS number
- Patient gender
- Current address (inc. Postcodes)
- Future details;
 - Patient's new name
 - Patient's new surname
 - Patient's new gender
- Patient's new address (inc. Postcodes)

Once you have submitted the online form you will receive an automatic reply via email which will contain the case reference, this will begin with 'CAS-XXX'.

Current time to complete the record change is 12 – 15 weeks

Primary Care Support England (PCSE) will send through a deduction for the patient on EMIS and emails the practice with a new NHS number for the patient. Accept the deduction and register the patient as a new patient with their new NHS number

Do not update the patients original EMIS record with their new NHS number

Contact EMIS to merge the two medical records together to ensure a full medical history is available for the patient.

<https://www.gmc-uk.org/professional-standards/ethical-hub/trans-healthcare>

<https://www.bma.org.uk/advice-and-support/gp-practices/gp-service-provision/managing-patients-with-gender-dysphoria>

<https://remedy.bnssg.icb.nhs.uk/media/5418/transgender-prescribing-information-for-gps-feb-22.pdf>