

World Federation of Music Therapy

Culturally Informed Telehealth

Ask the client about their preferences.

Determine if telehealth is appropriate.

Are there any language or interpreting needs?

What is the client's access to and perspective on technology?

Is there a history of adverse reactions to therapy or technology?

Consider if the benefits outweigh the limitations.

Choose the most practical and effective delivery method.

Curated Content

Original Asynchronous Content

Synchronous Virtual Music Therapy

Practice with cultural humility and include the client's preferences.

Avoid Ethnocentrism

Use Cultural Relativism

Be aware and flexible!

Sense of time and the role of the family, caregiver, and community vary by culture.

Evaluate the client's social system for safety, privacy, and support.