



DALLAS PSYCHOANALYTIC CENTER

P.O. Box 670218 | DALLAS, TEXAS | 75367-0218

DPC and NTSP present

Title: "Irritability in Individuals with Psychiatric Disorders: Clinical Consequences and Potential Treatments"
Presenter(s): Manish Jha, MD
Date/Time: January 26, 2023 6:30 PM
Location: Park City Club, Dallas Tx
Credit Hours: 1.5

Workshop Description:

This presentation will focus on irritability and its related constructs and review key findings that underscore the clinical utility of assessing irritability in clinical practice. Specifically, the utility of assessing irritability in predicting response to antidepressant treatments will be discussed. Additionally, data on association between irritability and suicidal ideation will be presented. Finally, available treatments and their efficacy in improving irritability will be discussed along with potential neurocircuit mechanisms that may underpin irritability.

Dr. Manish Jha is Assistant Professor of Psychiatry at Center of Depression Research and Clinical Care and O'Donnell Clinical Neuroscience Scholar at UT Southwestern Medical Center, Dallas, TX focusing on evidence-based interventions for difficulty-to-treat depressive and anxiety disorders.

Learning Objectives:

- 1) Assess the presence and severity of irritability in your patients
- 2) Describe the long-term consequences of elevated irritability in patients with psychiatric disorders
- 3) Implement a measurement-based care approach that assesses irritability to guide clinical decision-making

Literature References:

Jha MK, Minhajuddin A, South C, Rush AJ, Trivedi MH. Irritability and Its Clinical Utility in Major Depressive Disorder: Prediction of Individual-Level Acute-Phase Outcomes Using Early Changes in Irritability and Depression Severity. *Am J Psychiatry*. 2019 May 1;176(5):358-366.

Jha MK, Minhajuddin A, Chin Fatt C, Trivedi MH. Improvements in irritability with sertraline versus placebo: Findings from the EMBARC study. *J Affect Disord*. 2020 Oct 1;275:44-47.

Jha MK, Minhajuddin A, Chin Fatt C, we eee e Kircanski K, Stringaris A, Leibenluft E, Trivedi MH. Association between Irritability and suicidal ideation in three clinical trials of adults with major depressive disorder. *Neuropsychopharmacology*. 2020 Jul 14. doi: 10.1038/s41386-020-0769-x

Continuing Medical Education

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association (APsaA) and The Dallas Psychoanalytic Center (DPC) with North Texas Society of Psychiatric Physicians (NTSPP). APsaA is accredited by the ACCME to provide continuing medical education for physicians. The American Psychoanalytic Association designates this Live Activity for a maximum of **1.5** AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. *Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

