<u>Dates</u>: 10/26-10/30

<u>Theme</u>: Clothing

<u>Investigation</u>: How Do We Take Care of Our Clothes?

Activity	Monday	Tuesday	Thursday	Friday	
Communication	CORE word: OFF CORE word: OFF video lesson with Kelsey on Seesaw	CORE word: OFF Tips for teaching the concept OFF (and any spatial concept!): 1. Demonstrate and label when you turn or take something OFF during routines 2. Give or model directions using the word OFF 3. Ask your child yes/no questions, is this item on or OFF?	CORE word: OFF Watch this Youtube video: On - OFF Concept https://www.youtub e.com/watch?v=s gE8VClwBs	CORE word: OFF Check out this list of children's books that teach spatial concepts like OFF, and check out from your library, the Libby library app, or from the bookstore! https://www.pre-kpages.com/teaching-prepositions-picture-books/	

Math	Space and Shape Seesaw Activity: Where is the Apple? Positional Word Practice	Space and Shape Seesaw Activity: Fall Themed Positional Word Practice	Space and Shape Seesaw Activity: Positional Words Review	Space and Shape Seesaw Activities: 3D Shapes Video CLASS 3D Shape Matching CLASS
Reading	Read Aloud: Pete the Cat: I Love My White Shoes Watch this Seesaw video read-aloud:	Seesaw Activity: Pete the Cat, What Makes Your Shoes Change Color?	Read Aloud: Wash and Dry by Trish Holland Watch this Seesaw video read-aloud:	Seesaw Activity: Sorting Apples and Pumpkins
Written Language/Fine Motor	Letter of the Week: D Zoophonics: Deedee Deer -HWT: 47, 46	Circle Tracing: Half of the letter D is a circle-shaped curve! Find a variety of objects you can trace circles around (cups, bowls, lids, old CDs) and have your child practice tracing circle shapes on paper, cardboard, or the sidewalk.	Pumpkin Sensory Exploration Ideas (1): If your family has a pumpkin at home, get creative with all the ways a pumpkin can be explored on the outside! - Paint the outside - Hammer golf tees into it - Carve it	Pumpkin Sensory Exploration Ideas (2): If your family has a pumpkin at home, get creative with all the ways a pumpkin can be explored on the inside! - Cut it open and feel the squishy insides - Sort and count seeds - Roast and eat it - Make pie!

Adaptive

Taking Socks OFF

Check out this video for a clever way to help your child practice taking OFF socks!

https://mamaot.com /clever-way-to-pract ice-putting-on-takin a-off-socks/



Laundry Helper

Show your kids how to use the washer and dryer. Show them where to add the laundry detergent in the washer and where the lint trap is in the dryer! Pouring, scooping, and putting in are all preschool appropriate tasks!



Seesaw Video: Sock Sorting



Putting Clothes Away

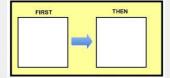
Sorting, folding, and putting away can even help children build skills like matching, hand-eye coordination, and organization. Younger children can match their socks or set aside their pajamas, while older children may be ready to learn how to fold t-shirts, or how to hang up items



Social/Emotional

This week's focus is about following directions! Following directions is a tough skill - practice throughout your day during low-stakes activities or routines when you have ample time.

Using "first, then" language can support kids of all levels as they learn to follow directions. (e.g. "FIRST take off shoes, THEN take off socks." Adding gestures with your hands, or visuals to support the direction can help children increase their independence.



Depending on their level, try giving your child a 1 or 2 step direction (e.g. "do this! (model touching head, or clapping hands; ""give me the green cup!") and see how they do - do they need repetition, pointing/ gestures to successfully complete it? Where are places you can reduce gestures or repetition to increase independence?



As we continue our focus on following directions, listen to the songs "Walking, Walking" and "Follow Me" that focus on following motor movements:

Walking, Walking
https://www.youtube.c
om/watch?v=fPMjnlTE
ZwU
Follow Me
https://www.youtube.c
om/watch?v=hW2DDG
X7Tcc

Week 5 Second Step Lesson-Following Directions (Danny)



Gross Motor

Autumn-themed yoga: "Apple Tree" yoga uses a traditional tree pose to help develop proprioception through balancing.

https://www.youtube.c om/watch?v=WETupqC q4W8&feature=emb_lo go



Practice stepping or jumping on and OFF different spots of surfaces. Use stairs, tape, paper, cardboard, pillows, or cushions to stand, jump, or balance on and OFF!



Place empty boxes, pillows, stuffed animals, or other safe items on top of tables or other child-height surfaces and have your child practice taking them OFF. This supports their trunk, core, and arm strength and control!



Seesaw Activity: Fall Scavenger Hunt



	Monday	Tuesday	Wednesday	Thursday	Friday
8:40 - 10:40	AM Students On Demand Learning CLASS	AM Students On Demand Learning CLASS		AM Students On Demand Learning CLASS	AM Students On Demand Learning CLASS
10:50-11:10	AM LIVE Circle Time	AM LIVE Circle Time		AM LIVE Circle Time	*On Demand Only CLASS
12:40 - 2:40	PM Students On Demand Learning CLASS	PM Students On Demand Learning CLASS		PM Students On Demand Learning CLASS	PM Students On Demand Learning CLASS
2:50-3:10	PM LIVE Circle Time	AM LIVE Circle Time		AM LIVE Circle Time	*On Demand Only CLASS

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