# UNIVERSAL HEALING TAO®





(Type in Qigong/Associate/Certified Instructor/Practitioner)

#### Dear

Congratulations on having completed the necessary requirements for being certified and joining the UHT SYSTEM®. The highest standard of ethical and moral conduct is required for certification as an UHT Instructor/Practitioner. Upon receiving the certificate as a UHT Instructor/Practitioner, issued by UNIVERSAL HEALING TAO® Network Asia and handed to me by Grandmaster Chia and/or an UHT Inner Alchemy Senior Instructor. I will be aware of the listed terms and conditions of certification and ethics as described below.

Please read carefully, type in your name and sign on the line below to indicate that you understand and agree to all the terms and conditions.

#### Terms and Conditions of Certification

- I am maintaining an updated body of knowledge regarding UNIVERSAL HEALING TAO® practices
- I am only allowed to teach the practices in which I am certified, printed in my UHT Certificate and shown in our global UHT Instructor-Directory
- 3. Giving credit and respect to all promotion materials produced by UHT System and Grandmaster Mantak Chia

- As a certified UHT Instructor/Practitioner you are entitled to use the UNIVERSAL HEALING TAO® name and logos to promote your instruction. Any commercial products (such as books, booklets, videos, tapes, or CDs) based upon UNIVERSAL HEALING TAO® tenets and/or practices that you produce & market are subject to a contract with and from the UNIVERSAL HEALING TAO Center.
- You are given the appropriate instructor status and certification keys in the UHT SYSTEM and the global UHT Instructor-Directory.
- Upon receiving the certificate, I am entitled to benefits, discounts etc. For this purpose, I receive personal Instruction and a speciallist.

- Membership in the Continental UNIVERSAL HEALING TAO® Network and conformity to their rules and regulations is a requirement for certification. A member must maintain good standing with regard to dues established by the Continental Network and membership must be keptcurrent.
- Participation in the Continental Instructor retreats usually held every four years within the continent
- $\textbf{Fees for instruction shall not exceed the recommendations of the Continental Networks.} \\ \textbf{(See \underline{www.universaltaoinstructors.com}} \Rightarrow \textbf{Downloads} \\ \textbf{(See \underline{www.universaltaoinstructors.com}} \Rightarrow \textbf{$ 3.

#### ⇒ Evaluation Fees)

- 4. Only approved instructional materials may be used as a part of UNIVERSAL HEALING TAO® instruction.
- All Instructors and Practitioners maintain records of all students with name, address, date of birth, title and date of the course completed and send those records to Continental Network Asia. 🖨 I have also been informed that all my data collection is voluntary except of the names and e-mail adresses.

#### IV Liabilities

- 1. Certification by the UNIVERSAL HEALING TAO® System carries no expressed or implied insurance coverage for liability incurred while instructing the UNIVERSAL HEALING TAO® practices. Liability insurance should be maintained by each individual UHT Instructor/Practitioner.
- 2. Certification carries no expressed or implied authority to engage in medical or healing practices. UNIVERSAL HEALING TAO® certification is for instructing individuals to care for themselves. Use of any of the UNIVERSAL HEALING TAO® techniques for medical purposes can only be performed under supervision of qualified medical person. Please observe the legal regulations of your country.
- No instruction may be given to any person under the age of 18 years without prior express written consent of a parent or legal guardian. Such express written consent must be maintained on file.

#### V

- Demonstrate acceptance of a clear, respectful and friendly Continental Instructor Network
- Constantly respect GrandmasterChia, UNIVERSAL HEALING TAO® teachings, Instructors, and all students in our words and actions.
  - Foster cooperation, sharing and trust amongst Instructors as well as in UHT organization
  - Being helpful and compassionate amongst each other
  - Clear, honest and open communication
  - Teaching in the same area we maintain the principle of abundance
- 3. Actively seek cooperation between Instructors and being accountable for the quality of the UNIVERSAL HEALING TAO® System
- 4. Be clear when informing students about fees, conditions of the class, duration, and expected results (for instance, students of the sexual practices understand that the practices are internal, and they will receive instructions while sitting on their chairs and that there will be

#### no nudity or any actual sexual practice in the class;

- Be honest in representing our background and experience to students and the general public;

- Be scrupulous in maintaining the boundaries of the teacher-student relationship and be clear in our communications.

  Never be involved in sexual affairs with actual students;

  Be, from the beginning, clear and transparent about economic conditions with workshop organizers and with students;
- Give your best to be a model of the TAO teachings;
  - be a good model and honest as a human being:
  - good listener to the real needs of yourstudent; b)
  - keep in mind the spiritual development of your students;
  - create ways to spread the teachings;
  - be and act in accordance to the Taoist Virtues
- We are aware of our powerful position and honor the responsibility to harmoniously develop the UNIVERSAL HEALING TAO®System

#### VI Revocation

Violation of the above terms and conditions of certification, standards or ethics and agreements and the rendering of inproper training or instruction will result in the immediate revocation of UNIVERSAL HEALING TAO® certification.

## VII Additional Terms for upgrading to higher levels

- 1. To continue your education and training in Mantak Chia's UNIVERSAL HEALING TAO® system, please take a look at our training rules.
- 2. Please go to <a href="www.universaltaoinstructors.com">www.universaltaoinstructors.com</a>  $\Rightarrow$  Become an Instructor or login to your personal Instructor profile in our UHT Instructor-Directory:

www.universaltaoinstructors.com 

My Downloads for further Information - or contact your UHT Country Coordinator

3. You can only pass on the contents of the subjects and practices for which you are certified to my future students.

### VIII Data Protection Statement

With your signature you acknowledge our Data Protection Statement. See ⇒ **DOWNLOAD LINK** 

DATE	Print Surname Name of new Instructor/Practitioner	Signature of new Instructor/Practitioner



## **UNIVERSAL HEALING TAO® System**

# Chi Nei Tsang® II Chasing the Winds Case Study Form Application for CNT 2



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Website: mantak-chia-chi-nei-tsang.com

Applicants profile for becoming	☐ CNT 2 Practitioner ☐ CNT 2 Teacher
First Name	Last Name
e-mail	
Zip	City
Street / No.	Date of Birth & Time
Phone	Mobil Phone
Country	State
Facebook	

### Dear Chi Nei Tsang® 2 Trainee,

to reach the level of a '*UHT Chi Nei Tsang® 2 Practitioner*', 70 completed Case Study Forms are needed. To train and develop your skills, Grandmaster Mantak Chia wants you to show your Chi Nei Tsang® practice for this part of your Chi Nei Tsang® 2 education. Within each of the 70 sessions with Students (partners, clients, friends or relatives), several actions are necessary. Please observe the legal regulations valid in your country.

## Thank you very much!

UHT Chi Nei Tsang® 2 is an element of the UNIVERSAL HEALING TAO® System. I confirm that I will not publish, teach, or in any form or way attempt to impart the principles of the Universal Tao to the public, until such time as I have received personally from Grandmaster Mantak Chia, or his representative, the training and testing necessary to become a qualified practitioner of the UNIVERSAL HEALING TAO® Chi Nei Tsang® 2 practices.

### Letter of agreement

Hereby I confirm with my signature that I have been informed about the general conditions and principles of the treatment and I agree with them. I have also been informed that all my data collection is voluntary. Furthermore, I agree that the treatment data, evaluations, and documentation concerning my person will be stored for 5 years for the purpose of treatment by the above-mentioned institution. This also applies to any treatment data and findings from an external treatment by a third party which may have been transferred to the institution.

I am aware that I can withdraw my consent in whole or in part, at any time - for the future. This results in a termination of the treatment contract and the deletion of my data. My data is subject to confidentiality and will be treated strictly confidential. I understand that data concerning my person will only be passed on to third parties to the extent required by a judicial order or other legal obligation, provided that, to the fullest extent permitted by law, I will be notified of such a required disclosure.

Date Signature Print only 1 time

## **DESCRIPTION & PROFILE OF THE STUDENT**

1. First Name: Surname:
2. Gender: ☐ female ☐ male ☐ other Date of Birth & Time:
3. E-mail
Line 1-3 is needed. All further details from here are personal data and can be blackened or completely cut off. Questions about Students self-assessment:
<b>Body Constitution</b> : □ underweight □ slim □ normal □ muscular □ corpulent □ overweight
<b>5 Element Balance</b> : $\uparrow$ Water $\downarrow$ $\uparrow$ Wood $\downarrow$ $\uparrow$ Fire $\downarrow$ $\uparrow$ Earth $\downarrow$ $\uparrow$ Metal $\downarrow$
e.g. Chi Balance of the element : $\uparrow$ = strong <u>water</u> = normal $\downarrow$ = week
Find 5 Element balance through: <a href="https://www.universal-tao.com/InnerAlchemyAstrology">www.universal-tao.com/InnerAlchemyAstrology</a>
Sleep: □ regularly □ irregularly □ mostly quiet □ restless □ very restless
<b>Emotional Level</b> : □ very restrained □ restrained □ normal □ temperamentally □ irascible
Stress Conditions: □ never □ occasionally □ regularly □ ongoing □ too much
Women: Are you pregnant? ☐ no ☐ yes Do you have an IUD? ☐ no ☐ yes
Do you have a pacemaker? ☐ no ☐ yes Do you have thrombosis? ☐ no ☐ yes
Are you taking antipsychotic drugs? □ no □ yes
Main challenges:

I am aware that Chi Nei Tsang® 2 is primarily an educational process enabling me to care for myself in a more informed way. I know that I am responsible for my own physical, emotional, mental, and spiritual well-being. This training in Chi Nei Tsang® 2 will enable me to understand myself better and become capable of functioning more fully as a complete being in harmony with myself. I am not here to be treated for any illness, disease, or disability. With Chi Nei Tsang as taught by Grandmaster Mantak Chia no diagnoses are made, it can in no case replace the consultation with a medical doctor.

Date	Signature Student	
Date	Signature Student	

SESSION 1	NAME Stude	ent:			DATE:	
Recommend	ation: Clean ha	ands for CNT Trainee	, Student can sta	nd, sit or lie dov	vn.	
Feedback fro	m Student:	□ no change	□ better	$\square$ good	□ worse	
O active O open O check O loose Win O 1 att O 2 att the eye O 3 att O 4 att 32lr, 40 79, 80, O 5 ma O 6 cas stretche O 7 att O 8 cas O 9 ma 64, 66, O 10 cas 28, 29, O 11 at O 12 cas O clearin O liver aco	ating groin pulsing the wind garding wrist pulse ning the thorax d Numbers: tacks the liver acks tongue, socket bones, tacks wena cavel, 411, 481r, 41r, 81, 82, 83, 26 ach the heart uses chest paid ach the legs a 67, 68, 74 auses pain, no 65, 66, 67, 68 ffects nerves	c and abdomen  c, pericardium and jaw, eyes, head 3 10, 8, 9, 6, 7, 27 351, 331r, 35r, 381, 3 va, aorta, lumbar c, 40r, 341r, 42, 20, 2 c, 28, 29, 78, 31, 45 c stiff, hard, tight c stiff, hard, tight c stiff, as stiff, hard, tight c and causes shake in 351, 331r, 35r, 36r1, 45 c and causes shake in 351, 331r, 35r, 381 and feet tired 331r, umbness, heat prec c, 74 and causes stiff b heat and cold 351,	the heart 35lr, 5lr, 32lr, 37rl, 30 s2lr, 38r, 36rl, 34 plexus, causes 21, 24, 75, 25, 75, 46, 69 or 54, 5 and tender 35l, 172, 64, laughing 35l, 33lr, 35rl, 35rl, 34lr, 36rl, ss 19 while work ack 35l, 33lr, 35r, 35rl, 35rl, 35rl, 35rl, 34lr, 36rl, ss 19 while work ack 35l, 33lr, 35rl, 35rl, 33lr, 35rl, 35rl, 34lr, 36rl, ss 19 while work ack 35l, 33lr, 35rl, 35rl,	1, 15, (jawline), 11r, 39lr, 8, 9, 2 aches, tirednown 16, heart meridin 15, 57, 66 33lr, 35r, 36rl, 178, press toes 17, 38lr, 36rl, 13, 130, rib cage, st 139lr, 40l, 41l, 42 14xing on the navior	ess an, 77, <i>34lr,</i> 41lr, 1, 43 (let client o towards body -leg 44, 45, 47	14, massage lo!), 27, 57, 66 , 61, 62, 63, 17, 20, 25, 26, 45, 46, 47, 73
O psoas O work of O collect O recor O detox O inner O 5 ele O iron s O healii	ninal pelvic cleari, sciatic nerve on other parts of the tenergy in the nate of the nate o	the body avel ated to:	4	(GB) PE 130 130 130 130 130 130 130 130	ST TH SP LU 38 0L L1	
Comment:						

SESSION 2	NAME Studen	t:			DATE:
Recommend	ation: Clean han	ds for CNT Trainee, S	Student can stan	d, sit or lie dow	n.
Feedback fro	om Student:	□ no change	□ better	$\square$ good	□ worse
O activ. O open O checl O loose	ating groin pulse ing the wind gate king wrist pulse thing the thorax of Numbers: tacks the liver, tacks tongue, jacks tones, 10, 8 tacks kidneys 3 tacks vena cavall, 411, 481r, 41r, 81, 82, 83, 26, akes abdomen suses cramps 35 tach the heart at a tack the heart at a tack the wind gate.	pericardium and taw, eyes, head 3513, 9, 6, 7, 2751, 331r, 35r, 381, 32a, aorta, lumbar plant, 341r, 42, 20, 2128, 29, 78, 31, 45,	the heart 35lr, 3 r, 32lr, 37rl, 30, lr, 38r, 36rl, 34li exus, causes a , 24, 75, 25, 76 46, 69 or 54, 55 nd tender 35l, 3 lr, 49lr, 15, 13, 72, 64, laughing g 35l, 33lr, 35r,	15, jawline, 16 7, 39lr, 8, 9, 20 1ches, tiredne 6, heart meridia 15, 57, 66 33lr, 35r, 36rl, 378, press toes 15, 58, press toes 16, 57, 36rl, 378, press toes 178, press toes	ss n, 77, 34lr, 41lr, 1, 43 (let client do!), <i>27,</i> 57, 66 towards body -leg 44, 45, 47
O <b>9 ma</b> <i>64</i> , 66,	akes the legs at 67, <i>68, 74</i>	nd feet tired 33lr, 3	35rl, 34lr, 36rl, 3	9lr, 40l, 41l, 49	9lr, 41r, 40r, 22, 48, <i>50,</i> 55, <i>61, 62,</i> 63,
28, 29, O <b>11 a</b> O <b>12 c</b> O clearii	65, 66, 67, 68, ffects nerves a	74 nd causes stiff bac	c <b>k</b> 35l, 33lr, 35r,	38I, 32Ir, 38r,	l points, 35lr, 36rl, 19, 18, 17, 20, 25, <i>26,</i> 37rl, 30, 75, 20, <i>26,31,44,</i> 45, <i>46, 47, 73</i> 41lr, massage ribs, sternum, 74
O heart O interco O abdor O psoas O work o	and sternum ostal muscles ninal pelvic clearing s, sciatic nerve on other parts of the t energy in the nave	e body			GB PE ST THE SP SP SP
O recor O detox O inner O 5 ele O iron s O heali	mmendation rela	ted to:			CU   KI   32   KI   LU   38   35   35   35   35   35   35   36   38
Comment:					: -
Comment					

SESSION 5	NAME Studen	t:			DATE:	
Recommend	lation: Clean ha	nds for CNT Trainee,	Student can star	nd, sit or lie dov	vn.	
Feedback fro	om Student:	□ no change	□ better	$\square$ good	□ worse	
O relax O activ O oper O checc O loose Wir O 1 at O 2 at eye-so O 3 at 32lr, 40 79, 80, O 5 m O 6 ca stretch O 7 at O 8 ca O 9 m 64, 66, O 10 c 28, 29, O 11 a O 12 c O clear O liver a O heart O interco O abdo O psoas O work O collect O reco	king the body threating groin pulse hing the wind gat king wrist pulse ening the thorax and Numbers: tacks the liver, tacks tongue, juncket bones, 10, tacks kidneys at tacks vena cavol, 411, 481r, 41r, 81, 82, 83, 26, akes abdomen uses cramps at tach the heart uses chest pair akes the legs at 67, 68, 74 tauses pain, number and sternum costal muscles minal pelvic clearing, sciatic nerve on other parts of the tenergy in the naveral mmendation relating at the sing small intesting and sternum costal muscles minal pelvic clearing, sciatic nerve on other parts of the tenergy in the naveral mmendation relating mendation relating mendation relating mendation relating mendation relating mendation relating at the sing small intesting and sternum costal muscles minal pelvic clearing, sciatic nerve on other parts of the mendation relating mendation relating mendation relating at the single parts of the costal muscles minal pelvic clearing, sciatic nerve on other parts of the mendation relating mendation relating mendation relating mendation relating the single parts of the mendation relating mendation relating the minal parts of the mendation relating the single parts of the mendation relating the minal parts of the mendation relating the minal parts of the m	rough leg movement et and soul gates tes and abdomen pericardium and aw, eyes, head 358, 9, 6, 7, 27 ass, 33Ir, 35r, 38I, 3 a, aorta, lumbar pericardium, 40r, 34Ir, 42, 20, 2 28, 29, 78, 31, 45, stiff, hard, tight assiff, hard, tight assiff, hard, tight assiff, and causes shaking assignment of the stiff band causes s	the heart 35lr, 5lr, 32lr, 37rl, 30 2lr, 38r, 36rl, 34, 5lexus, causes 21, 24, 75, 25, 7, 46, 69 or 54, 5 and tender 35l, 11r, 49lr, 15, 13, 72, 64, laughing 35l, 33lr, 35rl, 34lr, 36rl, 35rl, 34lr, 36rl, ss 19 while work ack 35l, 33lr, 35lr, 35lr, 35lr, 33lr, 35lr, 35l	32lr, 37rl, 30, , 15, jawline, 1 lr, 39lr, 8, 9, 2 aches, tiredne 6, heart meridi 5, 57, 66 33lr, 35r, 36rl, 78, press toes j baby 38lr, 36rl, 13, 30, rib cage, st 39lr, 40l, 41l, 2 ing on the nave 1, 38l, 32lr, 38r 2lr, 38r, 37rl, 30 11, 38r, 37rl, 30	iver, (chest, sternum) 22, 23, 24, 6, 13, 2, 3, 4, 5, 11, 12, 14, mas 0, 52, 53 ess an, 77, 34lr, 41lr, 1, 43 (let client do!), 2 towards body -leg 44, 45, 47 ernum, 22, 23 elr, 41r, 40r, 22, 48, 50, 55, 61, 61 el points, 35lr, 36rl, 19, 18, 17, 26, 37rl, 30, 75, 20, 26,31,44,45, 46, 41lr, massage ribs, sternum, 74	62, 63, 0, 25, 26, 6, 47, 73
O inne O 5 ele	x method r smile ement nutrition shirt position		A1 LI	Si	SI LI	
O heal	ing soundsr Alchemy Astro		<b>V</b> .	491		
Commen	t:					

SESSION 6 NAME Student	:			DATE:	
Recommendation: Clean ha	nds for CNT Trainee,	Student can sta	nd, sit or lie dov	vn.	
Feedback from Student:	□ no change	□ better	□ good	□ worse	
O 2 attacks tongue, eye-socket bones, 10, O 3 attacks kidneys O 4 attacks vena caw 32lr, 40l, 41l, 48lr, 41r, 79, 80, 81, 82, 83, 26, O 5 makes abdomen O 6 causes cramps 3 stretched, slapping tec O 7 attach the heart O 8 causes chest pai O 9 makes the legs a 64, 66, 67, 68, 74 O 10 causes pain, nu 28, 29, 65, 66, 67, 68, O 11 affects nerves a consequence of the serves of the se	e and soul gates tes and abdomen  , pericardium and jaw, eyes, head 35 8, 9, 6, 7, 27 351, 33Ir, 35r, 38I, 3 74, aorta, lumbar p 74, 40r, 34Ir, 42, 20, 2 75, 28, 29, 78, 31, 45, 45 151, 33Ir, 35r, 36rl, 4 251, 33Ir, 35r, 36rl, 4 251, 33Ir, 35r, 36rl, 4 251, 33Ir, 35r, 38I, and causes shakin n 351, 33Ir, 35r, 38I, and feet tired 33Ir, and feet tired 33Ir, and causes stiff band causes stif	the heart 35lr, 31r, 32lr, 37rl, 30 2lr, 38r, 36rl, 34 5lexus, causes 1, 24, 75, 25, 7 46, 69 or 54, 5 and tender 35l, 31r, 49lr, 15, 13 72, 64, laughing 35l, 33lr, 35rl, 34lr, 36rl, 35rl, 34lr, 36rl, 35rl, 34lr, 36rl, ack 35l, 33lr, 35rl, 33lr, 35rl, 35rl, 34lr, 36rl, ack 35l, 33lr, 35rl, 33lr, 35rl, 34lr, 36rl, ack 35l, 33lr, 35rl, 35rl, 34lr, 36rl, ack 35l, 33lr, 35rl, 35rl, 34lr, 36rl, ack 35l, 33lr, 35rl, 35rl, 33lr, 35rl, 33lr, 35rl, 33lr, 35rl, 35rl, 35rl, 33lr, 35rl, 35rl, 33lr, 35rl, 35rl, 33lr, 35rl, 35rl, 33lr, 35rl,	7, 15, jawline, 1 11r, 39lr, 8, 9, 2 aches, tirednown of the property of the	ess an, 77, 34lr, 41lr, 1, 43 (let client de towards body -leg 44, 45, 47	massage the o!), 27, 57,66 61, 62, 63, 17, 20, 25, 26, 45, 46, 47, 73
Comment:					

SESSION 7 NAME Stude	ent :			DATE:	
Recommendation: Clean ha	ınds for CNT Trainee,	, Student can sta	nd, sit or lie dov	wn.	
Feedback from Student:	□ no change	□ better	□ good	□ worse	
O 2 attacks tongue, eye-socket bones, 10, O 3 attacks kidneys O 4 attacks vena car 32lr, 40l, 41l, 48lr, 41r, 79, 80, 81, 82, 83, 26 O 5 makes abdomen O 6 causes cramps 3 stretched, slapping teo O 7 attach the heart O 8 causes chest par O 9 makes the legs a 64, 66, 67, 68, 74 O 10 causes pain, no 28, 29, 65, 66, 67, 68 O 11 affects nerves	se and soul gates ates at and abdomen  7, pericardium and jaw, eyes, head 35 8, 9, 6, 7, 27 351, 331r, 35r, 381, 3 74, aorta, lumbar properties and causes shaking and feet tired 331r, and feet tired 331r, and causes stiff band c	the heart 35lr, 5lr, 32lr, 37rl, 30 s2lr, 38r, 36rl, 34 plexus, causes 21, 24, 75, 25, 7, 46, 69 or 54, 5 and tender 35l, 1lr, 49lr, 15, 13, 72, 64, laughin, 35l, 33lr, 35rl, 34lr, 36rl, 35rl, 34lr, 36rl, ss 19 while work ack 35l, 33lr, 35r, 35l, 33lr, 35rl, 34lr, 36rl, ss 19 while work ack 35l, 33lr, 35lr, 35lr, 34lr, 36rl, ss 19 while work ack 35l, 33lr, 35lr, 3	, 15, jawline, 1 Ir, 39Ir, 8, 9, 2 aches, tiredn 6, heart meridi 5, 57, 66 33Ir, 35r, 36rl, 78, press toes g baby g 38Ir, 36rl, 13, 30, rib cage, st 39Ir, 40I, 41I, 4 xing on the nav r, 38I, 32Ir, 38r	ess an, 77, 34lr, 41lr, 1, 43 (let client s towards body -leg 44, 45, 47	14, massage the do!), 27, 57, 66, 55, 61, 62, 63, 17, 20, 25, 26, 44,45, 46, 47, 73
Comment:					