

Junior Lancers - Spring Tennis

Website = tinyurl.com/juniorlancerstennis

Details

1. If there is a match, other team is off (Allows team competing to warm up and get ready for the match)
2. Tryouts
First week of the year, just Jr. Lancers White
3. More detailed player expectations ([Click here](#) for link)

Other details

1. Introductions + contact information

Coach Vogt: vogtj@elmbrookschoools.org (Feel free to copy me on emails, but you should communicate directly with your coach)

Coach Alisha: hamilton.alisha1@gmail.com

Coach Sadhaya: 25senths@elmbrookstudents.org

2. Teams

Jr. Lancers (White): Daily attendance is required. This team is for those who would like to someday be on Varsity at BC, or who just want to improve and are able to come to tennis **every day**. There will be a cutoff, however, and that is what tryouts are for.

Jr. Lancers (Blue): This team is for those who are in other sports and clubs and will **regularly** miss time. Still, those who attend the most will receive the best chance for playing time.

3. Tryouts

Just like Brookfield Central Tennis, everyone makes the team.

Challenge matches to determine lineup

No-cut, but not no-commitment

4. Uniform

Last year's (or previous year's) summer t-shirt

5. Practices (White: 2:45-4:30 p.m., Blue: 2:45-4:00)

Practice is NEVER canceled for the White team. If it rains, we go inside the gym and classrooms.

Immediately go change after school. Leave when the students who take the bus are dismissed.

Report to the cafeteria to meet your coaches.

Coaches will take you out to the courts for practice.

6. Typical practice

Group cardio/stretching

Introduce a skill or tactic

Practice that skill/tactic

Competition

Game

7. Matches (Around 3:30 or 4:00 p.m.) Depends on other schools' dismissal time

Most of our matches are at home.

You should stay to support your team after your match.

Players will play both singles and doubles during the season. No specializing.

A few away matches = Carpool or drive (Wauwatosa West High School, Brookfield Academy) (Bus driver shortage continues. Even BC Varsity Tennis struggles to regularly obtain bussing, so our middle school group will unfortunately not have bussing this season)

8. Schedule

[Click here](#) for the schedule

9. Please read and sign the contact below.

Rules/Expectations

1. Players are to listen while the coaches are talking, and are to follow instructions as outlined during practice and matches. Players are free to ask questions to clarify expectations or for tips on form, but must listen to and follow coaching instructions.
2. Language: Players must use appropriate language at all times, and may not use profanity.
3. Respect and Sportsmanship: Players are allowed to question a call by an opponent by stating, **“That was in, right?”** or, **“I saw that on the line”**. If the player changes the call, great. If not, our players need to accept the call and proceed with the match.

If a bad call happens again, our player may again question the call with the same procedure outlined above.

If a player feels that poor calls are continuing, they should walk to the center of their side of their court and raise their racquet to call for a line judge.

A line judge will then be available (If there is anyone there who can serve as one) who will allow players to appeal to them, and will then overrule or confirm a call.

Players are **never allowed to argue with an opponent** or correct their calls either during or after a point.

4. Respect and Sportsmanship: Players may never say derogatory things about their partners, opponents or spectators at practice or matches.
5. Grades and behavior during school at WHMS may negatively impact their playing time and participation in Junior Lancers Tennis.

Discipline procedure

First time: Verbal correction/warning

Second time: Sitting out of a drill and parent communication

Third time: Suspension from the team. The length will be dependent upon the infraction, and will be determined by the coaching staff.

Fourth time: Permanent removal from the program

Note: Some player actions may result in skipping the steps outlined above.

I understand the expectations outlined above

Student printed name _____

Student signature _____

Parent printed name _____

Parent signature _____

Hello everyone,

I just wanted to touch base about Junior Lancers Tennis this spring at WHMS.

First, we are super excited for outdoor tennis to start up again!

Our coaches will be familiar faces to many of you. Coach Alisha and Coach Sadhaya, who both have been Junior Lancers, and have coached for us as well.

Coach Alisha and Coach Sadhaya will be your main contacts for questions, but always feel free to copy me on emails, and never hesitate to ask me a question either. I'll be coaching the BC Boys, but I'll be thinking about the Junior Lancers as well.

Just a few points about the season

1. Uniform = Your camp t-shirt from past years, until we get new ones (Note: For much of the season, it's too cold to take off your sweatshirt). You can also wear WHMS or BC gear.

2. Difference between White and Blue team. White = Top players in terms of performance (but also availability), major focus on skill development,, Blue team = more relaxed schedule, more focus just on fun. However, playing time at the top of the lineup will be given first to those with better attendance.

3. Rain days = White team (Required), Blue team (Optional)

4. Start date = Monday, 3/31 for Jr. Lancers White, Monday, 4/7 for Jr. Lancers Blue.

5. I know some families will be on spring break..no problem, just let the coaches know when you anticipate coming back so they know when to expect you.

6. Contact info

Coach Alisha: hamilton.alisha1@gmail.com

Coach Sadhaya: 25senths@elmbrookstudents.org

7. [Here is a link to the schedule.](#)