

Optional Trick Shot Reflection Form

Name(s): _____ miko _____

Please Highlight or X the box of your choice:

	Agree	Not sure	Disagree
I challenged myself during this activity	Agree		
I found the activity enjoyable	Agree		
I felt that I was successful	Agree		
I would continue to do these types of challenges	Agree		

Please BOLD the skills and attitudes that you developed throughout this challenge:

Patience	Coordination	Perseverance	Growth mindset	Problem solving
Reflection	Fun	Practice	Skill	Success

Explain things you BOLDED above:

in the trick shot challenge I took a ball at the top of my attic stairs and dropped it down the stairs and it was supposed to land on the bus get I learned perseverance because not always would it do it so I kept persevering I had a great mindset and I did problem solving by figuring out what was wrong when it wouldn't land in the basket I had success finally and I used skill to have I had really fun time with my dad and I learned patience.

How will that skill or attitude help you with other things?

Those skills will help me be a better person later in life

Now SHARE this with Mrs. Wilcox. (The share button is Blue in the upper right hand corner)

(Adapted from lesson on 123pe.org)