

TD Annual Mountain Retreat
“IGNITE Your Life!!!”
The Lodge at Whitefish (Whitefish, MT)
Nov 13-16, 2025

RETREAT ITINERARY & SCHEDULE

DAY 1 — THURSDAY, NOVEMBER 13 (Optional Day)

Spend time in spectacular Glacier National Park, hike, book a spa time, or join us for a group excursion leaving the lodge at **9 am local time**.

9-12 PM - *Optional Group Hike (led by Kelli & TDE Team)*

2-4:00 pm – “Get Ready for IGNITION” Pre-Con (Led by **Todd, Kelli and the Coaches**); open to ALL attendees

4:30-5:30 pm—Optional Meet-ups

6:30 - 9:00 pm – **OFFICIAL START to Retreat... Welcome Reception/Social.**

Live Music and Heavy hors d'oeuvres provided. Chris Young, President & GM of the Texas Rangers to speak on “**Leadership & LIFE at ALL Levels.**”

10:00 PM bed check 😊

DAY 2 — FRIDAY, NOVEMBER 14

6:30 am Chapel Service (optional)

7:21 AM (sunrise) –SWEAT & SOUL with Todd

- 40 minute workout (outdoors)
- 10 minute meditation and breathwork

8:10 cold plunge

8:30 AM- 9:30AM – Breakfast

9:30 AM – SESSION 1: “GET IGNITED” with Todd Durkin.

The retreat just launched, and Todd’s starting with finale-level fire. Expect a heart-pounding, wall-busting kickoff that sets the tone for everything to come. Get your mind right, lock in, and let’s gooooo! *#BuckleUp*

11:15 AM – Session 2. “Fear to Fortitude” with Riley Tejcek

Riley Tejcek (Captain, USMC) is about to knock your socks off with one of the most inspirational stories you will ever hear. From college athlete to multiple deployments to Iraq and Afghanistan, to national-team bobsledder, and now a best-selling author, Riley is going to have you on the edge of your seats.

“Fear to Fortitude” is more than a motivational speech; it’s a call to action. Through raw personal stories, hard-earned lessons, and a contagious spirit of perseverance, Riley shows audiences how to confront fear, transform adversity, and build unshakable faith & fortitude. Additionally, she shares how fear doesn’t have to be the end of your story—it can actually be the beginning of your strength and the octane for your momentum. Whether you’re leading a team, chasing a goal, or simply trying to move forward in business or life, this keynote will equip you with the tools necessary to face fear head-on, develop an internal fortitude that can’t be broken, and to rise with deep purpose, power, and resilience. Don’t miss this one and you will certainly turn your fears into fortitude.

12:30 PM – Lunch

2:00 PM – Session 3. Elite Mentorship Time (You pick 2)

- **“Next Level Marketing & Branding” with Chase Mitchell**
- **“Coach, Coach, Coach!!!” with our Mastermind Coaches**
- **“Going to the B.A.N.K.--An assessment to drive sales and promote better relationships” with Jess Murrah**
- **“Financial Health” with Billy Hofacker**
- **“Get Your Mind Right” Mindset Coaching with Andrew Simpson**
- **“Footloose & Running Strong” with Dr. Emily Splichal**
- **“Optimization in your Life...or in your Gym” with Jeremy Gritton & Travis Barnes**

4:00 PM - TD IMPACT Time!!!

5:00 PM – Free Time & Restorative Time

6:30 PM – Dinner in Whitefish on own or with team

10:00 PM – Bed check time :)

DAY 3 — SATURDAY, NOVEMBER 15

6:30 am Chapel Service (Optional)

7:23 AM – Sunrise Workouts:

You choose:

- **Yoga/Stretch & Soul led by...Melanie Durkin**
or
- **Meathead Workout/Gym on own**

8:10 - Cold Plunge

8:30 AM – Breakfast

9:15 AM –TD Kickoff

9:45 AM “The Awareness Advantage: What the Best Leaders See That Others Don’t” with Jeremy Foster

What if your company’s biggest roadblock isn’t strategy, skill, or structure, but self-deception? Most leaders believe they’re self-aware, but only 10 to 15 percent actually are. That gap is costing you. In this game-changing session, we’ll expose the hidden leadership blind spots sabotaging your culture, your team, and your results. You’ll learn why awareness, not intelligence, is the true separator of high-impact leaders, and how to confront the silent killers of growth: blame, bias, and burnout. If you’ve ever hired the right people but still gotten the wrong results, this session will reveal why. Your next breakthrough won’t come from learning more about your business. It will come from learning more about you.

12:00 PM – Lunch, Gratitude & Recharge

2:00-3:00. PM – “Relationships & Love—25 Years of Wisdom & Experience”

In this first of its kind talk, Todd & Melanie Durkin will share top wisdom and lessons learned in 25-years of marriage. Whether you are single or married, this is a ‘DON’T MISS’ talk.

3:30 PM – “Your Life on FiYAAAA” by Todd Durkin (opened by Misty Noble)

Todd’s keynote is the plan, the purpose, and the playbook—what to do, why it matters, and exactly how to execute. Be in the room to feel the energy that equips you to smash through every barrier. NOW is your moment to IGNITE your business, your relationships, your finances....your LIFE!!!

5:00 Adjourn

7:00 PM – Retreat Close & Group Dinner Celebration:

Includes:

- Dinner
- Award Presentations
- Talk by Yvette Salva, “Make SHIfT Happen”, who was last year’s IMPACT Award Winner & Speaker’s Course Winner
- Socializing/Dancing

***** The Retreat includes 5-meals included on Friday & Saturday and hors d’oeuvres on Thursday.***

DAY 4 — SUNDAY, NOVEMBER 16 (MORNING) OPTIONAL

8 am-12 Noon: Team Meeting/Debriefs--

1. IMPACT Life Coaches (Current & Graduates)
2. Mastermind PLATINUM teams
3. GYMR/Mindset Coaches
4. IMPACT-X Performance
5. Annual Strategic Planning Time

Optional ADVENTURE All-Day!!! ☺