

TITLE OF THE MANUSCRIPT

(Times New Roman, 14 pt, Bold, Centered)

AUTHOR DETAILS

Author Name¹, Author Name²

¹Department, Institution, City, Country

²Department, Institution, City, Country

Corresponding Author:

Name:

Email:

ABSTRACT (Maximum 250 words)

Background:

Objectives:

Methods:

Results:

Conclusion:

KEYWORDS

(3–5 keywords separated by commas)

INTRODUCTION

Provide background information, rationale, and objectives of the study.

MATERIALS AND METHODS

Describe study design, methodology, sample selection, instruments, and statistical analysis. (For review articles, describe literature search strategy.)

RESULTS

Present results clearly using tables and figures where necessary.

DISCUSSION

Interpret findings and compare with existing literature.

CONCLUSION

Summarize key findings and implications.

ACKNOWLEDGEMENTS

(Optional)

CONFLICT OF INTEREST

The authors declare no conflict of interest.

ETHICAL APPROVAL

Mention ethical committee approval number and informed consent, where applicable.

REFERENCES

List all references cited in the text in a consistent scientific style.

MANUSCRIPT FORMATTING GUIDELINES (MANDATORY)

- Language: English
- File format: MS Word (.doc or .docx)
- Font: Times New Roman
- Font size: 12
- Line spacing: 1.5
- Margins: 1 inch on all sides
- Page numbers: Bottom center

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