



Date _____

Derek M. Griffith, PhD
Principal Investigator of Mighty Men
Director of the Center for Men's Health Equity
Georgetown University

Re: Church letter of commitment to participate in MIGHTY MEN: A Faith-Based Weight Loss Program to Reduce Cancer Disparities

Dear Dr. Griffith,

I am writing to indicate that our church will participate in *Mighty Men: A Faith-Based Weight Loss Program to Reduce Cancer Disparities*. *Mighty Men* is a research study funded by the American Cancer Society that is being conducted by the Center for Men's Health Equity at Georgetown University. As a congregation, we look forward to collaborating with you on this program aimed to help African American men live more active and healthy lives and reduce their cancer risk. We know that our church may be randomly selected to participate in *Mighty men* using either their exercise-only curriculum or their exercise and healthy eating curriculum.

We are fully aware that as a participating church, we are agreeing to:

- Actively support the mission, vision, and goals of *Mighty Men*
- Commit to the entire program which may include two rounds of 6-month small groups and up to 18 months of participation
- Actively recruit the number of men required to participate in each round of *Mighty Men*, and to help get as many of the participants as possible to participate in each session and health assessment
- Provide space within the church facility that can regularly accommodate all weekly small group sessions and health assessments
- Designate a representative from the church that will communicate and assist *Mighty Men* staff with entry to the church facility and reserved rooms for weekly small group sessions and assessments, if needed, access to *Mighty Men* exercise equipment stored at the church, and re-scheduling needs due to conflicts affecting the program

We look forward to participating in *Mighty Men* and will stay in communication with *Mighty Men* staff at the Center for Men's Health Equity to ensure that all necessary paperwork and project related deadlines are met to facilitate the start of the program.

Sincerely,

Signature _____ Name _____

Church Name _____ Role in Church _____

Return a scanned copy of this form by email to the Center for Research on Men's Health at cmhe@georgetown.edu.