London Storm Health and Safety Policy

London Storm Dodgeball Club is committed to encouraging all members to participate in dodgeball while prioritizing their health, safety, and well-being. We promote appropriate training levels based on age, ability, and experience, ensuring participation within safe boundaries. Our aim is to provide a safe environment with well-maintained equipment in a hazard-free setting.

1.Health and Safety Policy Statement

We are dedicated to:

- Promoting a safe and enjoyable dodgeball environment.
- Reducing risks associated with our activities through proactive measures.
- Ensuring that health and safety remain a shared responsibility among all members.

2. Health and Safety Commitments

To uphold this policy, London Storm Dodgeball Club commits to the following:

2.1 Risk Assessment and Hazard Management

- Conduct regular, documented risk assessments for all venues and activities.
- Implement health and safety measures identified in these assessments.
- Ensure prompt identification, reporting, and resolution of hazards.

2.2 Safe Environment and Equipment

- Maintain all equipment to ensure it is safe and in good working condition.
- Regularly inspect playing areas and equipment before use.

2.3 Member Training and Development

- Provide appropriate training tailored to individual age, maturity, and skill levels.
- Review and update personal development plans regularly.

2.4 Awareness and Compliance

- Ensure all members are aware of and understand the health and safety policy.
- Provide clear guidance on normal and emergency operating procedures.

2.5 Emergency Preparedness

- Ensure first aid facilities are readily available at all sessions.
- Have a qualified first aider present at every club activity.
- Maintain access to emergency communication tools (e.g., mobile phones).

2.6 Incident Reporting

- Document and report all injuries and accidents promptly.
- Review incidents to identify and implement preventive measures.

2.7 Policy Review and Monitoring

- Review this policy annually or when significant changes occur.
- Monitor the effectiveness of health and safety measures.

3. Member Responsibilities

As a member of London Storm Dodgeball Club, you have a duty to:

3.1 Personal Responsibility

- Take reasonable care for your own health and safety and that of others.
- Follow the club's health and safety guidelines at all times.

3.2 Reporting and Cooperation

- Report hazards, unsafe equipment, or unsafe conditions to the session coach immediately.
- Cooperate with the club on all health and safety matters.

3.3 Equipment Use

- Use all equipment properly and as instructed.
- Avoid tampering with or misusing safety equipment or measures.

3.4 Hazard Management

- Clear hazards from playing areas where possible and report them to the coach.

4. Key Health and Safety Contacts

- **Club Health and Safety Officer**: [Insert Name]
- **First Aid Kit Location**: [Venue reception / Equipment bag]
- **Qualified First Aiders**: [Insert Names and Certification Expiry Dates]
- **Welfare Officer**: [Insert Name]

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