



WHOLE WELLNESS TEAM

MINUTES: 1/13/22 - 3pm - 3:30pm

Call to Order: 3:00pm

Attendees: Christine Colella, Cindy Hayford

Meeting dates for the remainder of the school year (2nd Thurs of each month at 3pm via Microsoft Teams)*:

- December 9, 2021
- **January 13, 2022**
- February 10, 2022
- March 10, 2022 - suggested MAC Annual Planning meeting
- April 14, 2022
- May 12, 2022
- June 9, 2022

Notes from Coordinator: Just the information below...

We need new members! Please share a few people that we can reach out to!

Focus for the year discussion:

- Wellness Policy Review and Update: Currently in the process of reviewing links in the policy for updates.
- Website - Whole Wellness Website (barring Wellness Policy) is updated. What would you like to see on it?

Discussed fundraising for the TVES field. Should not be a fundraiser and should be part of the school's budget. A good well drained an operating field is necessary for PE classes. We don't let teachers raise funds if there were flooding in their classrooms, PE teachers should not be driving fundraising efforts for their outdoor classroom.

Appreciate the opportunities you have had to impact the wellness of your students!

No new newsletters. This is the last on the site: [Linking Health and Learning November 2021](#):

- So much Health and PE info!
- SEL Platform

- Advisory Council on Wellness and Comprehensive Health will be revising [Vermont School Wellness Policy Guidelines and Implementation](#) with a new focus on Comprehensive Health Ed along with Nutrition and Physical Fitness.

Memo: [2022 Physical Education Assessments and FitnessGram](#)

2022 Physical Education Assessments

The Vermont Physical Education Assessment (VTPEA) and the Alternate VTPEA will not be administered in the spring of 2022. Instead, Vermont will refocus our effort toward developing and piloting an inclusive student-centered performance assessment. (read full text in link above)

With Covid spreading throughout the valley, teachers and staff are stressed

Winter Place at the Old School is back! Lights will be on at the field on Thursday nights from 5-7 at Hayford Field through February

So much fun!!! Meet some friends for a snowshoe and fun!

Adjournment: 3:47pm