

Experience exchange offer in SATEKA territory - Gulbene region

Gulbene district - one of the parts of Bānīša land

20.05.2024.

Time	Place	Activity description
~ 13:00 -14:00	Arrival in Gulbene district	-
~13:00 -14:00	Lunch at Kante pub Miera Street 5, Gulbene	https://balticmaps.eu/lv/c_57.181118-26.752507-14/w_driving-57.181118,26.752507/bl_cl
15:00	SATEKA – presentation	LAG SATEKA presents his organization, projects
16:00	Guest houses in the forest Paparde and Zīle https://www.facebook.com/search/top?q=paparde%26z%C4%ABle	Guest houses in the forest - which offer to be in nature
17:00	Gulbenes Alūksnes Bānītis https://banitis.lv/pdf/eng.pdf	Gulbene-Alūksne narrow gauge railway It offers train rides but also many other activities! It is worth visiting Bānītis!
18:00	Trip with Bānītis: Gulbene - Stāmeriena	A trip with Bānītis, then a walk near the Stāmerienes station
	Accommodation. Recreation complex “Sonāte”	
19:30	Dinner in Sonāte https://www.visitgulbene.lv/lv/kur-naksnot/atputas-kompleksi/atputas-komplekss-sonate	Dinner in Sonāte
	An evening in the rhythms of music	Performance by local people

21.05.2024.

Time	Place	Activity description
9:00	Stāmeriena Palace https://www.stamerienaspils.eu/en/	A palace that is slowly reborn and creates traditions
11:30	Sports club Lejasciems	An excellent example of how a family in a small village can create a sports infrastructure for children to train in skiing all year round
12:30	Lunch	-
14:00	Forest non-wood resources - an opportunity to develop entrepreneurship-with a walk in the forest	What is found in the forest and how do you turn it into delicious, tangible things?
15:00	Studio of wicker weavers "Saulīte" https://www.facebook.com/profile.php?id=61555621237317 Druvienas Latviskās dzīvesziņas centrs- 	Workshop - wicker weaving - let's weave our own basket. Druviena Center for Latvian Lifestyle - a school where, after its closure, the local community created a center for Latvian Lifestyle - a place where many skills are learned and a place for locals to meet
17:00	Visiting the bakery in Ķelmēni https://www.facebook.com/photo?fbid=2359667404315329&set=pcb.2359670057648397	Family organic farm that bakes the best rye bread!
18:00	Dinner at the Mīlmani guest house	You will enjoy local dishes for dinner. Also enter the sauna.

	https://www.visitgulbene.lv/en/ko-darit/aktiva-atputa/viesu-nams-milmani-rankas-pagasta	
	Accommodation. Recreation complex “Sonāte”	

22.05.2024.

Time	Place	Activity description
9:00	Educational and interactive center "Railway and Steam" https://www.facebook.com/dzelzcelsuntvaiks	The story of a railway station where the local government has established an educational center about railways. Will also tell about the Green Railway
10:30	Small cheese factory Pakalnieši https://www.facebook.com/pakalniesusiers	A family company that has created a cheese factory using LEADER projects. Tasting.
12:00	Cafe vagonā- Cafe in the wagon https://www.facebook.com/cafevagona	A family business that dared to convert an old railway carriage into a cafe. Lunch.
13:00	Delicatessen and local product store https://kukubode.lv/	The family company, which cooks sweet cakes, biscuits and other delicacies, has created a space for various crafts and has developed a shop where products of other homeproducers and craftsmen are sold. Tasting.
14:30	Going home	