

Schoolyard Gardens Pre-Gardening Survey Spring 2018



School: _____ Grade: _____ Date: _____

Directions: Please check the box next to the correct answer.

Do you help grow vegetables with your family? ☐ YES ☐ NO

How many servings of fruits and vegetables do you eat every day?

☐ 0 ☐ 1 - 2 ☐ 3 - 4 ☐ 5 or more

How many servings of fruits and vegetables should you eat every day?

☐ 0 ☐ 1 - 2 ☐ 3 - 4 ☐ 5 or more

Why is it important to eat fruits and vegetables? Check all the boxes that are correct.

- ☐ They provide the vitamins and minerals that your body needs
- ☐ They have lots of fat and calories
- ☐ They help your body fight diseases
- ☐ They help fill you up so that you don't eat unhealthy food

(Please flip the page over to answer more questions)

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They help fill you up so that you don't eat unhealthy food (Please flip the page over to answer more questions)
Have you eaten a fruit or vegetable grown in your schoolyard garden?

☐ Yes ☐ No

What is important to help fruit and vegetable plants grow? Check all that are correct.

- ☐ Healthy soil
- ☐ Regular watering
- ☐ Full sunlight throughout most of the day
- ☐ Weeds throughout the garden

What are the benefits of gardening? Check all that are correct.

- ☐ It's good exercise
- ☐ It provides fresh food to eat
- ☐ It's fun

What is one thing you know about gardening? _____

What is one thing you are excited to learn about gardening?

What is one thing you learned about gardening? _____

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