

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ☒ / ☐	1 ▾	Idea brainstorm
2. ☒ / ☐	1 ▾	DIC Practice
3. ☒ / ☐	1 ▾	PAS Practice
4. ☒ / ☐	2 ▾	Listen to Kyle Milligan audio book
5. ☒ / ☐	2 ▾	Read Dan Kennedy book
6. ☒ / ☐	2 ▾	Do 100 Push Ups spread out throughout day
7. ☒ / ☐	2 ▾	
8. ☒ / ☐	2 ▾	
9. ☒ / ☐	2 ▾	
10. ☒ / ☐	2 ▾	
11. ☒ / ☐	2 ▾	
12. ☒ / ☐	2 ▾	
13. ☒ / ☐	2 ▾	
14. ☒ / ☐	3 ▾	
15. ☒ / ☐	3 ▾	
16. ☒ / ☐	3 ▾	
17. ☒ / ☐	3 ▾	
18. ☒ / ☐	3 ▾	
19. ☒ / ☐	3 ▾	
20. ☒ / ☐	3 ▾	

Day Number: 1

Date: 3-13-23

Start Of The Day - Time: 8AM

	 3 Things That I Am Excited To Have In The Future? 
1.	My Own Car
2.	Ability to travel wherever whenever
3.	More than \$30,000 in bank account

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 8 am: Task \$	Wake up and by 8:20 I am outside Jogging for an hour
🔔 Intention 🔔	Set alarm clock, get up on time, get ready, and go for jog
✍️ Reflection ✍️	

\$ 9:30 am: Task	Brainstorm
🔔 Intention 🔔	Brainstorm Ideas
✍️ Reflection ✍️	

\$ 11 am: Task	Watch morning power up call
🔔 Intention 🔔	Absorb wisdom from Andrew
✍️ Reflection ✍️	

\$ 8 pm: Task	Sit down and write DIC
🔔 Intention 🔔	Sit down and write. Write out entire DIC before getting up
✍️ Reflection ✍️	

\$ 9 pm: Task	Sit down and write PAS
🔔 Intention 🔔	Complete at least one complete PAS
✍️ Reflection ✍️	

\$ 10 pm: Task	Read Dan Kennedy and Kyle Milligan
🔔 Intention 🔔	Improve marketing IQ
✍️ Reflection ✍️	

\$ 7 am: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 8 am: Task \$	
🔔 Intention 🔔	

 Reflection 	
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\$ 9 am: Task \$	
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 Intention 	
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 Reflection 	
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\$ 10 am: Task \$	
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 Intention 	
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 Reflection 	
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\$ 11 am: Task \$	
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 Intention 	
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 Reflection 	
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\$ 12 am: Task \$	
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 Intention 	
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 Reflection 	
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 1 pm: Task 	
 Intention 	
 Reflection 	

 2 pm: Task 	
 Intention 	
 Reflection 	

 3 pm: Task 	
 Intention 	
 Reflection 	

 4 pm: Task 	
 Intention 	
 Reflection 	

\$ 5 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 6 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 7 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 8 pm: Task \$	
🔔 Intention 🔔	
✍️ Reflection ✍️	

\$ 9 pm: Task \$	
🔔 Intention 🔔	

 Reflection 	
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 10 pm: Task	
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 Intention 	
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 Reflection 	
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 11 pm: Task	
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 Intention 	
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 Reflection 	
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 12 pm: Task	
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 Intention 	
--	--

 Reflection 	
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End-Of-The-Day Report:



 What Did I Learn Today? 
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NEW

What Do I Plan To Do Differently Tomorrow?

NEW

NEW

What Do I Plan To Do The Same Tomorrow?

NEW



Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?





What Tasks Were Left Undone?



Brain Dump: