

Unit Design and Differentiation

Grade 8 – 7-10 day unit

Stage 1 – Desired Results	
Health Education Power Standards / Goals:	
<p>Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.</p> <p>Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.</p> <p>Standard 7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</p>	
National Sexuality Health Standards - Power Standards / Goals:	
<p>PD.8.INF.1: Analyze how friends, family, media, society and culture can influence self-concept and body image</p> <p>PR.8.CC.2: Define sexual abstinence as it relates to pregnancy prevention</p> <p>PR.8.AI.1: Identify medically-accurate resources about pregnancy prevention and reproductive health care</p> <p>SH.8.CC.1: Define STDs, including HIV, and how they are and are not transmitted</p> <p>HR.8.IC.2: Demonstrate effective ways to communicate personal boundaries and show respect for the boundaries of others</p> <p>PS.8.ADV.1: Advocate for safe environments that encourage dignified and respectful treatment of everyone</p>	
Learning Targets/Skills:	
<i>Students will be able to...</i>	
<p>Day 1-2</p> <ul style="list-style-type: none"> Recognize the types of sexual pressure that may come from the media, peers, and partners. Understand the vaginal, anal, and oral sex can lead to an unplanned pregnancy or a sexually transmitted infection (STI). 	<p>Day 5-6</p> <ul style="list-style-type: none"> Identify human papillomavirus (HPV) as a sexually transmitted infection. Describe many of the serious health risks that HPV can cause. Explain how HPV is transmitted from one person to another. Explain how HPV infection is detected.

- Identify unhealthy reasons for becoming sexually active.
- Describe the elements of a healthy romantic relationship.
- Explain their personal sexual values.
- Recognize the risky consequences of combining sexual decision-making with alcohol and drugs.
- Understand the importance of trust and communication between partners.
- Recognize the potential emotional consequences that may result from sexual behavior.
- Assertively communicate a decision not to become sexually active.
- Effectively resist pressure to become sexually active.
- Describe the contraception options available to teens.
- Understand the importance of using condoms correctly, every time they have sexual contact.
- Describe the common viral, bacterial, and protozoan STIs and the health risks they pose.

Day 3-4

- Explain how myths about STIs come about.
- Identify at least three common myths about STIs.
- Provide facts to dispel these myths.
- Identify other myths they may have about STIs and correct them.
- Explain the reasons why condoms prevent transmission of some, but not all, STIs.

- Understand that people with HPV may not show any symptoms of their infection.
- Recognize that HPV can be transmitted via any kind of sexual contact, not exclusively through sexual intercourse.
- Explain how HPV infection can be prevented.
- Describe what the HPV vaccine is and what it does.
- Evaluate whether being vaccinated against HPV is an appropriate choice for them.

Day 7-8

- Name the structures of the male and female reproductive systems.
- Explain the function of the structures of the male and female reproductive systems.
- Trace the path of the sperm and egg to fertilization.
- Describe what happens after an egg is fertilized.
- Identify the key events that occur during the first, second, and third trimester of pregnancy.
- Provide details on how pregnancy affects a woman's body.

Day 9-10

- Better understand the latest information concerning HIV/AIDS.
- Identify and correct myths and rumors about HIV transmission, prevention, and treatment.
- Understand which behaviors can and cannot increase the risk of HIV infection.
- Assess their own risk of HIV infection.

<ul style="list-style-type: none"> Identify HPV, herpes and syphilis as the STIs that can be transmitted skin-to-skin. 	<ul style="list-style-type: none"> Improve decision-making skills about sexual peer pressure. Learn how to speak comfortably and confidently about abstinence, safer sex, condoms, and other ways of preventing HIV infection. Recognize that early testing, diagnosis, and treatment of HIV can improve and extend a person's life. Discuss various HIV testing options, including rapid HIV tests. Explore how the media, peer pressure, and other factors cause some teens to feel "immune" to the risk of HIV.
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Stage 2 – Learning Plan

Learning Activities:

Day 1-2: Am I Ready? Making Healthy Sexual Decisions -- **Pre-test.** Watch video titled, *Am I Ready? Making Healthy Sexual Decisions*. Potential in-class activities: The Good and the Bad, Music Mash, Myth vs Reality, Personal Values, As I See It, Dear Answer Dude, What Would You Say?, Role Plays, **The Great Debate**, *Contraception Report, *STI Prevention. **Post-test.**
Fact Sheets

Day 3-4: *The Biggest Myths about STIs -- **Pre-test.** Watch video titled, *The Biggest Myths about STIs*. Potential in-class activities: Dear Lucy, Myth Busting, What about STIs?, Help!. **Post-test.**
Fact Sheets

Day 5-6: HPV: What Every Teen Needs to Know -- **Pre-test.** Watch video titled, *HPV: What Every Teen Needs to Know*. Potential in-class activities: **What's the Word?**, Information is Power, *Is One Better?, *Should I or Shouldn't I?. **Post-test.**
Fact Sheets

Day 7-8: *Human Reproduction and Childbirth -- **Pre-test.** Watch video titled, *Human Reproduction and Childbirth*.

Potential in-class activities: **Male Anatomy, Female Anatomy, Comparative Anatomy, Matching Quiz, What Happens When?, The Fertilization Process, Care Before Birth, Being a Parent, Stem Cells. Post-test.**

Fact Sheets

Day 9-10: *The Latest about HIV and AIDS: What Every Student Still Needs to Know -- **Pre-test.** Watch video titled, *The Latest about HIV and AIDS: What Every Student Still Needs to Know.*

Potential in-class activities: **True or False?, The Superhero Syndrome, Your Perceived Risk, Making Your Own Choices, Online Rumors, Write a Letter, *Getting Tested, The Advice Dude, Class Debate, *Condom Talk. Post-test.**

Fact Sheets

*Sex Trafficking -- Watch powerpoint/video titled, *Innocence Sold.*

*Sensitive Issue

Resources:

- Human Relations Media
 - Am I Ready?
 - Biggest Myths About STI's
 - HPV - What Every Teen Needs to Know
 - Human Reproduction and Childbirth
 - The Latest about HIV and AIDS
- Sex Trafficking Lesson <http://5-stones.org/2018/01/innocence-sold-film/>
- Glencoe Teen Health - Course 3 (Green Book)
- WI DPI - <https://dpi.wi.gov/sspw/health-education>