



TEXAS MILITARY DEPARTMENT
TEXAS ARMY NATIONAL GUARD
POST OFFICE BOX 5218
Austin, TX 78763-5218
512-782-5001

Texas Army National Guard Office of the Joint Surgeon Behavioral Health Program Resource List

LOCATION INDEPENDENT RESOURCES

CRISIS SUPPORT LINES

9-1-1: Request Mobile Crisis Intervention Response Team

Crisis Text Line (24/7) Text "HELLO" to 741741

Military Crisis Line/Suicide Lifeline (24/7) 1-800-273-8255 (Text 838255) -- "1" for Veterans

Vets 4 Warriors/Peer Support Crisis Line (24/7) 1-855-838-8255

Military One Source Crisis Line (24/7) 1-800-342-9647

Domestic Violence Crisis Line (24/7) 1-800-799-7233

Substance Abuse Crisis Line (24/7) 1-800-662-4357

Sexual Assault Crisis Line (24/7) 1-800-656-4673

DoD Safe Help Line (Survivors of Sexual Assault) (24/7) 1-877-955-5247

TMD Sexual Assault/Domestic Violence (SHARP) (24/7) (512) 565-4410

Veterans' Crisis Line (24/7) 1-888-640-5443

SAMHSA National Hotline – Addiction and Referral (24/7) 1-800-662-4357

Alcohol Hotline (24/7) 1-800-331-2900

Drug and Alcohol Abuse Helpline (24/7) 1-888-506-0699

Texas Military Department Counseling Line (24/7) (512) 782-5069

PTSD Foundation Crisis Line (24/7) 1-877-717-7873

Vet Center Call Line (24/7) 1-877-WAR-VETS (927-8387)

OUTPATIENT BEHAVIORAL HEALTH/SUBSTANCE ABUSE COUNSELING

Texas Military Department (TMD) Counseling Program: (512) 782-5069

Give an Hour: 1-800-662-HELP (4357) www.giveanhour.org

www.psychologytoday.com (website to search for outpatient counselors sorted by location, insurance (or "sliding scale" if uninsured), format (in-person/ "video counseling"), and treatment focus (i.e. depression, anxiety, trauma, addiction, etc....))

Open Path Psychotherapy Collective: 1-800-268-2833

Vet Center: 1-877-927-8387 www.vetcenter.va.gov

GENERAL RESOURCES

www.milvetpeer.net (Connect, Find Your Peer Service Coordinator) located at The Samaritan Center

www.texvet.org (resource database including anything and everything related to veteran/service-member support: behavioral health, housing, financial assistance, entertainment, peer support, etc.)

Military Veteran Peer Network: Jay McCool jaym@samaritan-center.org (512) 527-4584

Texas Veterans Commission www.tvc.texas.gov

United Way: 2-1-1

The Headstrong Project: www.gettheadstrong.org

Hope for Warriors: 1-877-246-7349 www.hopeforthewarriors.org

Lone Survivor Foundation: (936) 755-6075 www.lonesurvivorfoundation.org

Wounded Warrior Project: (832) 536-3098 www.woundedwarriorproject.org

Combined Arms: 1-888-737-3112 www.combinedarms.us

PTSD Foundation: (832) 912-4429

Updated 16 February 2020



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TXARNG Alcohol and Substance Abuse Program (ASAP): Cherena A. Davis, Alcohol and Drug Control Officer (ADCO)

Phone: 512-782-6016 E-mail: cherena.a.davis.ctr@mail.mil / cherena.davis@dystech.com

Citizen Solidier for Life (Employment): James Douglas (737) 231-1647

TXARNG Transition Support Services: (512) 289-4048 / (512) 963-2390

TXARNG TRICARE Insurance Support: Travis Cottingham (512) 782-1985

TXARNG Family Support Services: 1-800-252-8032

TXARNG Financial Assistance: Romy Mortel (512) 595-5138

TXARNG Chaplain Services: 1-866-822-7685 Ext 8

Heroes Night Out: (512) 986-7660 heroesnightoutcenter@gmail.com (peer support)

Heroes on the Water: (214) 295-4541 info@heroesonthewater.org (therapeutic fishing/kayaking)

United States Veterans Initiative: (832) 683-6954 ogonzalez@usvetsinc.org (intensive case management)

Central Texas Veterans Healthcare System: 1-800-423-2111 Option 5 (After Hours 1-800-423-2111 Option 4)

NAMI Veterans Resource Center (National Alliance on Mental Health): (703) 524-7600 / 1-800-950-6264 vets@nami.org

AUSTIN RESOURCES

CRISIS TEAMS

Integral Care (Austin) 24/7 (512) 472-HELP (4357)

Travis County Crisis Intervention Team: (512) 854-3430

Austin Police Department Crisis Intervention Team: (512) 854-3450

Williamson County Mobile Crisis Outreach Team: (512) 943-3545

Hays County Mental Health: 1-877-466-0660

San Marcos Mental Health Center: (512) 392-7151

Bastrop Crisis Intervention Team: (512) 549-5100

Burnet Crisis Intervention Team: (512) 756-8080

BEHAVIORAL HEALTH/SUBSTANCE ABUSE ASSESSMENT

Rock Springs Hospital (military-specific programming "Help for Heroes" Angela Stevens HFH Program Coordinator

1-844-330-6600): (512) 819-9400 700 Southeast Inner Loop Georgetown TX 78626

Dell Ascension Seton Medical Center (ER): (512) 324-7000 1500 Red River Street Austin TX 78701

Austin Lakes Hospital: (512) 544-5253 1025 East 32nd Street Austin TX 78705

Austin Oaks Hospital: (512) 440-4800 1407 West Stassney Lane Austin TX 78745

Georgetown Behavioral Health Hospital: 1-877-500-9151 3101 South Austin Avenue Georgetown TX 78626

Psychiatric Emergency Services (PES): (512) 472-HELP (4357) Richard E. Hopkins Behavioral Health Building 1165 Airport Boulevard Second Floor Austin TX 78702 (free medication, assessment, crisis support)

COUNSELING

Rock Springs Hospital (military-specific programming "Help for Heroes" Angela Stevens HFH Program Coordinator

1-844-330-6600): (512) 819-9400 700 Southeast Inner Loop Georgetown TX 78626 (

Samaritan Center's Hope for Heroes: (512) 451-7337 8956 Research Blvd Austin TX 78758

Military & Family Life Counseling Center (MFLC): 1-800-342-9647 (Military OneSource)

TMD Counselors: Shelley Smith, LPC (512) 782-6214; Amy Parker, LPC (512) 317-3395; Tracy Ward, LPC (512) 782-6792

Seton Behavioral Health – Veteran RESTORE Intensive Outpatient Program (IOP): (512) 324-2039



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Capital Area Counseling: (512) 302-1000 7703 N Lamar Blvd Austin TX 78752
R.O.C.K. Horses for Heroes: (512) 930-7625 Ext 311 (Veterans) heidi@rockride.org
Ravens Grove Foundation for Healing: (512) 440-9082 g.starnes@ravensgrove.org (recovery retreats)
Waterloo Counseling Center – Project Valor: (512) 444-9922 info@waterloocounseling.org
YMCA Greater Austin – Women Vets Counseling: (512) 326-1222 grants@ywcaAustin.org

GENERAL RESOURCES

Military Veteran Peer Network (Austin): Jay McCool jaym@samaritan-center.org (512) 527-4584
TXARNG Financial Assistance (Austin): Romy Mortel (512) 595-5138
Military OneSource, Adrian Balbo (Austin): (219) 405-7963
Veterans Court – Travis County: (512) 854-3856
Texas National Guard Family Support Foundation: (512) 535-0053 / 1-800-252-8032 office@txngfoundation.org (financial assistance)
Transition Assistance (Austin): (South Austin) Eva Carwile (512) 963-2390 / (North Austin) Jessica Brynstad (512) 289-4048
Chaplain Services (Austin): Jeremy Stirm, Austin (512) 507-2840 Ext. 5522
Homeless Resources (Austin): Front Steps, Greg McCormack (512) 305-4100
Texas Alliance of Military Women: (512) 963-9456 tamw@worklifeinstitute.com

TEMPLE RESOURCES

BEHAVIORAL HEALTH AND SUBSTANCE USE ASSESSMENT

Baylor Scott & White: 2401 S. 31st St. Temple, TX 76508
Veterans Administration: 1901 Veterans Memorial Dr. Temple, TX 76504
Providence: 6901 Medical Pkwy, Waco, TX 76712
Veterans Administration: 4800 Memorial Dr. Waco, TX 76711
Darnall Army Community Hospital: 36000 Darnall Loop #5W. Fort Hood, TX 76544
Metroplex Hospital: 2201 S. Clear Creek Road Killeen, TX 76549
Seton Medical Center Harker Heights: 850 W. Central Texas Expy Harker Heights, TX 76548

Veterans'

U.S. Department of VA - OEF/OIF/OND Transition Patient Advocate Social Work Services: (254) 743-1700
U.S. Department of VA Healthcare for Homeless Veterans: (254) 899-7876
Vet Center (Harker Heights): (254) 953-7120
Military & Family Life Counselor Killeen: (254) 266-4053
Endeavors Smart Social Services (Killeen): Kelly Leaming LPC-I, LCDE: (254) 213-7847 Ext 525
Equine Therapy: heroes@rachtrc.org Karen Fraser (254) 848-7888 McGregor TX
Samaritan Center Georgetown TX: (512) 931-0101
Community Life Counseling - Gatesville TX: (254) 865-9911
Mission Resiliency: (is the only support that will assist in getting the SM from ER visit to treatment facility -by picking them up anywhere in Texas); Rodney W. Norman MSW, LVN Cell: (210) 725-4734 and Main Admission: (210) 725-4734

AGR - Active Duty Soldier:

CRDMC: (254) 288-8000 Ext OP 553-3624; INP 553-3623
Help for Heroes Rock Springs: (512) 677-7072



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No Insurance:

(If deployed) U.S. Department of VA: OEF/OIF/OND Transition Patient Advocate Social Work Services: (254) 743-1700
Heart of Texas Region MHMR: Crisis Line: (866) 752-3451; Crisis Treatment Center: Waco, TX (254) 867-6533; Veterans One Stop Waco, TX (254) 297-2207

Regional MHMR Offices: Bosque: (254) 435-2211; Falls: (254) 803-5971; Freestone: (903) 389-4521; Hill: (254) 582-3444; LimeStone: (254) 562-6052; www.hotrmhmr.org

Texas A&M Extension Program Assistant Bell County: (254) 933-5305

SAN ANTONIO RESOURCES

Our Lady of Lake Counseling Center: (210) 434-1034 (Hrs.-Mon.-Saturday-8:30-5:00) 590 N. General Mc Mullen Dr, #3 San Antonio, TX 78228

Sun Rise Counseling Center: (210) 824-9882 (call for Appt.) 1919 Oakwell Farms, PKWY#138 San Antonio, TX 78218

ST. Mary University Family Life Center: (210) 438-6411 (Hrs.-Mon./Thurs.9:00 -8:00, Fri.9:00-4:00) 251 W Ligustrum Drive San Antonio TX 78228

Emergent Counseling & Coaching SVS: (210) 488-8997 (Hrs. Mon. Fri. 9-6, Sat. 9-12) 11901 Toepperwein Road #1106 Live Oak, TX 78233

United Counseling Center: (210) 229-1933 (Hrs. Call for Appt) 2300 W. Commerce St. # 206 San Antonio, TX 78207 (sliding scale)

Bexar County Counseling Service: (210) 838-3470 (Hrs. Mon.-Thurs.11-9, Fri.11-6) 4243 E Piedras Suite 226 San Antonio, TX, 78228 (accepts all insurance/Tri-Care)

Catholic Charities Counseling Services: (210) 377-1133 (Hrs. Mon. Fri. 9-6, Call) 231 W. Commerce St. San Antonio, TX, 78205

San Counseling & Behavior Center: (210) 614-4990 (Hrs. Mon.-Fri. 8-5) 8626 Tesoro Dr. #202 San Antonio, TX 78217

UTSA Sarabia Family Life Counseling Center: (210) 458-2055, (Hrs. Mon. -Fri. 8-5) 501 W. Cesar E. Chavez Blvd San Antonio, TX 78207

San Antonio Counseling & Behavior Cntr: (210) 614-4990 (Hrs. Mon. Fri. 8-5) 4201 Medical Drive #330 San Antonio, TX 78229

Counseling Connections of San Antonio: (210) 446-8255 (Hrs. Mon. Thurs. 9-7, Fri.9-5, and Sat.9-2p) 7400 Blanco Rd. #250 San Antonio, TX 78216

Stone Pathways Counseling Service, PLLC: (210) 281-5491 (Hrs. Mon. - Fri. 9-5) 8626 Tesoro Dr. #806 San Antonio, TX, 78217

Grace After Fire (San Antonio): (210) 819-0064 www.graceafterfire.org

DALLAS RESOURCES

CRISIS TEAMS

Adapt (Mobile Crisis Team): 2600 N Stemmons Fwy Dallas, TX 75201 1-888 (905 0595

Crisis Relief (Mobile Crisis Team): 3840 Hulen Street Forth Worth, TX 76107 1 800 866 2465 Mobile Crisis Outreach Team (MCOT) Denton, TX 1-800-269-6233

Suicide and Crisis Center of North Texas: Dallas, TX 214 828 1000

Parkland Psychiatry Emergency Center: 5200 Harry Hines Blvd Dallas, TX 75235 (214) 590-8761

North Texas Crisis Line: 1-866-260-8000

BEHAVIORAL HEALTH / SUBSTANCE USE ASSESSMENT

University Behavioral Health of Denton (Military Unit): 2026 W University Dr Denton, TX (940) 320-8100



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JPS County Hospital: 1500 S Main St Fort Worth, TX (817) 702 3431
Medical Center Green Oaks Hospital: 7808 Clodus Fields Drive Dallas, TX 75251 (972) 991-9504
Dallas Behavioral Health Hospital: 800 Kirnwood Dr. Desoto, TX 75115 (972) 982-0900
Texas Health Behavioral Health: 8200 Walnut Hill Dr Dallas, TX 75231 (214) 345-7355
Perimeter Behavioral Health Hospital: 2696 W Walnut St Garland, TX 75042 (972) 370-5517
Recovery Solutions: (Mobile Substance Abuse Treatment) Dallas, TX (469) 556-4597
Carrollton Springs: (Substance Abuse) 2225 Parker Rd, Carrollton, TX (972) 242-4114
Greater Dallas Council (Substance Abuse): 1349 Empire Central Dr Dallas, TX 75247 (214) 522-8600
Billy George Detox Services and Pine Street Recovery Center: 1501 E El Paso St. Fort Worth, TX 76102 (817) 569-4600
The Right Step (Substance Abuse): 2219 W Euless Blvd Euless, TX 76040 (817) 420-7046
Southern Area Behavioral: (972) 283-9090 4333 Gannon Lane Dallas TX 75327

COUNSELING

Steven Cohen Center: (Veteran Specific, free, and telephonic option) 16160 Midway Rd Addison, TX 75001 (469) 680-3500
Recovery Resources: (Veteran Specific, free) 2700 Airport FWY Fort Worth, TX 76111 (817) 332-6329
Stay the Course: (Veteran Specific, Free) 13625 Neutron Rd Dallas, TX 75244 (214) 462-7229
Veteran Support Network: 8737 King George Dr Dallas, TX 1-888-737-3112
Southern Area Behavioral Health: 4333 Gannon Lane Dallas, TX 75327 (972) 283-9090

GENERAL RESOURCES

Veterans Resource Center: (214) 372-8822

HOUSTON RESOURCES

CRISIS

Mobile Crisis Outreach Team: (713) 970-7520
Mental Health Warrant (Harris County Psychiatric Center): (713) 741-6024 2800 South MacGregor Way Houston TX 77021

MENTAL HEALTH ASSESSMENT

VA Hospital: Michael E. DeBakey VA Medical Center 2002 Holcombe Blvd Houston TX 77030
West Oaks Hospital (77074): (713) 995-0909
Behavioral Hospital of Bellaire (77081): 1-800-423-0017
West Park Springs (77407): (832) 532-8107
Sacred Oak Medical Center (77059): (281) 241-6460
Houston Methodist Hospital (77030): (713) 790-3311
St. Joseph Medical Center (77002): (713) 757-100
Harris County Psychiatric Center (77021): (713) 741-5000
Houston Behavioral Healthcare Hospital (77080): (877) 489-4707
Kingwood Pines Hospital (77339): (281) 404-1001
Cypress Creek Hospital (77090): (281) 586-7600
Woodland Springs Hospital (77384): (936) 213-0486
Aspire Behavioral Health Hospital (77304): (936) 647-3500
Lone Star Behavioral Health (77429): (281) 516-6200



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SUBSTANCE USE ASSESSMENT

The Council on Recovery: (713) 914-0556

Cenikor Foundation: 1-888-236-4567

DAPA Acute Inpatient Program: (713) 783-8889

Memorial Hermann Prevention & Recovery Program: (713) 939-7272

COUNSELING (non-profit, sliding fee/reduced rate/free)

The Harris Center for Mental Health & IDD: (713) 970-7000

Veterans Behavioral Health at MHA of Greater Houston: (713) 523-8963 mhahouston.org

Interface Samaritan Center: (713) 626-7990 Ext 208 houstonsamaritan.org

VA Mental Health: (713) 794-8454 houston.va.gov

Carole and Ronald Krist Samaritan Counseling Center: (281) 480-7554

Family Houston: (713) 861-4849

Houston Galveston Institute: (713) 526-8390

Legacy Community Health: (832) 548-5000

Nick Finnegan Counseling Center: (713) 402-5046

The Harris Center for Mental Health and IDD: (713) 970-4770

Easter Seals of Greater Houston: (713) 838-9050

Worklife Institute: (713) 963-9456 (free)

GENERAL RESOURCES

VA Eligibility Center: 1-877-222-VETS (8387)

Easter Seals of Greater Houston: (713) 838-9050 / (832) 713-7971 eastersealshouston.org

City of Houston Veteran Affairs: (832) 393-0992 / (832) 393-8147

Grace After Fire (Houston): (832) 554-7161 www.graceafterfire.org

Employment (Citizen Soldier): Tre Denton (832) 703-6012

Employment Ellington Field: Rachel Hicks (832) 397-0568

Westheimer Armory Family Assistance Specialist: Katrina Cruse (512) 914-0615

Ellington Field: Detra Burse (512) 914-6847

Westheimer Armory Financial Counselor: Jim Caire (281) 638-3081

DOMESTIC AND FAMILY VIOLENCE RESOURCES

Bay Area Turning Point: (281) 286-2525

Family Time Foundation: (281) 446-2615

Houston Area Women's Center: (713) 528-2121

EL PASO RESOURCES

EVALUATIONS

William Beaumont Army Medical Center (WBAMC) (24/7): 915-742-2121 5005 N Piedra Street El Paso TX 79920

Emergency Health Network Crisis Hotline (24/7): (915) 779-18000 1601 Yandell Drive El Paso TX 79902

COUNSELING SERVICES

Endeavors (Steven Cohen): (915) 320-1390 1390 George Dieter Drive # 140 El Paso TX 79936

TMD Counselor (El Paso): Cynthia Reyes, M.A., LPC (512) 560-5447 cynthia.m.reyes10.nfg@mail.mil

Emergency Health Network (EHN) Counseling Services: (915) 774-2949 (free/sliding-scale)



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Veteran One Stop Center: (915) 747-3590 9565 Diana Dr. El Paso TX 79924 (M-F 0800-1700)

ADDICTION SERVICES

Emergency Health Network (EHN) Services: (915) 887-3440 7760 Alabama Street El Paso TX 79904

DOMESTIC VIOLENCE/SEXUAL ASSAULT

Center Against Sexual & Family Violence (CASFV) (24/7): Crisis Line: (915) 593-7300 (Can provide emergency shelter/hospital accompaniment response team advocate (HART))

Contact person for Sexual Assault: Yazmin Perez (915) 593-1000 Ext 539

Contact person for DV: Isaac Dunn (915) 562-0077

WESLACO RESOURCES

Rio Grande Valley (Brownsville to Mission)

Tropical Texas Behavioral Health: (956) 290-7000 2301 W Business 83 Weslaco TX 78596 (Behavioral Health Services including Peer to Peer Military based services, all insurance is out of network, Integrated Behavioral Health and Medical Services)

VA Harlingen Clinic: (956) 366-4500 2106 Treasure Hills Harlingen TX

VA McAllen Clinic: (956) 618-7100 901 E Hackberry McAllen TX (Medical and Behavioral Health services)

Behavioral Health Solutions of South Texas: (956) 787-7111 5510 N Cage Blvd Pharr TX (Primarily Outpatient Substance Use Treatment)

South Texas Behavioral Health: (956) 388-1300

Doctors Hospital at Renaissance: (956) 362-4357

Palms Behavioral Health: (956) 365-2600

Laredo

VA Clinic Laredo: (956) 523-7850 4602 N Bartlet Laredo TX

Border Region Behavioral Health: (956) 794-3000 1500 Pappas Street Laredo TX

Corpus Christi

South Texas Substance Abuse Recovery Services (STSARS): (361) 882-9979

Behavioral Health Center of Nueces County: (361) 886-6900 1546 S Brownlee Corpus Christi TX

VA Clinic Corpus Christi: (361) 806-5600 5283 Old Brownsville Road Corpus Christi TX