

2025 All District Volleyball Teams

Class 5A All-District 2025

5A West

Maegan Cheeseman	Ankeny Centennial	12
Maggie Craig	Waukee	12
Marlee Ellison	Ankeny	11
Hailey Flanders	Ankeny	12
Ava Groeteke	Dowling Catholic	12
Jaylee Jackson	Sioux City East	12
Leah Janulewicz	Waukee Northwest	11
Kaylie Klein	Dowling Catholic	11
Piper Ladwig	Waukee Northwest	11
Mya Lei-Butters	Ankeny Centennial	12
Ellie Muller	Dowling Catholic	12
Lauren Olson	Indianola	12
Malia Rogers	Waukee	11
Tatem Schmidt	Ankeny Centennial	12
Avery Vogt	Waukee Northwest	12
Logan Vogt	Waukee Northwest	11
Hailey Wiederin	Ankeny	10
Kaelyn Wieland	Valley, West Des Moines	12

Coach of the year: Jodi Vogt, Waukee Northwest

5A East

Sophia Austen	Iowa City West	11
Brynn Bakula	Cedar Falls	12
Kampbell Bryte	Dubuque Hempstead	12
Kaycee Cory	Cedar Rapids Kennedy	11
Cambel Drapeau	Dubuque Senior	12
Lila Eastvold	Iowa City West	11
Hattie Galloway	Iowa City High	11
Ava Jones	Waterloo West	11
Kennedy Krecklow	Cedar Falls	11
Isabelle Kremer	Pleasant Valley	12
Edie Miller	Iowa City Liberty	11
Hadley Miller	Iowa City Liberty	11
Payton Nagle	Bettendorf	12
Hanley Schmidt	Pleasant Valley	12
Mazie Sweers	Pleasant Valley	11
Anni Wedgbury	Cedar Falls	12

Coach of the year: Amber Hall, Pleasant Valley

Class 4A All-District 2025

4A East

Addison Allen	North Scott	12
Briana Clark	Central Dewitt	12
Kiley Devery	Solon	12
Ainsley Haedt	North Scott	12
Emily Henderson	Clear Creek Amana	12
Abbey Kirk	Marion	09
Delilah Kroymann	Waverly Shell-Rock	12
Averie Lower	Clear Creek Amana	12
Macie Lupkes	Xavier	12
McKenzie Moeller	North Scott	12
Kyla Ramler	Western Dubuque	11
Julia Schlarbaum	Clear Creek Amana	10
Bailey Simpson	Clear Creek Amana	11
Grace Whalen	Marion	12
Kennedy Whitford	Solon	12

District Coach of the Year: Jackie Clubb, Clear Creek Amana

4A West

Bailey Ball	Sergeant Bluff-Luton	11
Aubree Davis	Lewis Central	12
Maryn Franken	Sioux Center	11
Morgan Hackbarth	Webster City	12
Kaitlyn Hardie	Sergeant Bluff-Luton	11
Brielle Hoegh	MOC Floyd Valley	10
Taylor Holverson	Sioux Center	11
Ireland Jackson	Bishop Heelan Catholic	12
Ady Jeltema	MOC Floyd Valley	12
Dara Mollet	Bishop Heelan Catholic	11
Courteney Schmidt	Sioux Center	12
Melina Snoozy	Bishop Heelan Catholic	11
Bre VanDenTop	Sergeant Bluff-Luton	12
Mallory Wohlers	Lewis Central	12
Kaylee Wray	Glenwood	12

District Coach of the Year - Julie Oldenkamp, Sioux Center

4A Central

Kai Arens	Bondurant-Farrar	12
Brenna Baumgardner	Ballard	12
Rachel Borwick	Nevada	12
Abbie Brand	Pella	12
Gwen Farley	DC-G	11
Elle Hatlevig	Norwalk	10
Reese Heim	Norwalk	11
Anna Hollaway	ADM	12
Anna Jackson	DC-G	10
Abbie Keitges	Knoxville	11
Maggie Leifker	DC-G	11
Hadley Michael	Norwalk	11
Jaslyn Rassmussen	North Polk	10
Katie Scheckel	Pella	12
Brooke Shulte	Pella	12

District Coach of the Year - Meg Jackson, Dallas Center Grimes

Class 3A All-District 2025**3A Southeast**

Abren Bazel	Wilton	11
Madi Buysse	West Liberty	11
Leah Caffery	Wilton	11
Ellah Derrer	Assumption, Davenport	12
Zane Ehler	Tipton	09
Jeorgia Evans	Mid-Prairie	10
Jovi Evans	Mid-Prairie	12
Carsyn Kelley	Assumption, Davenport	12
Matty Kovacevich	Centerville	12
Leighton Messinger	Washington	12
Jayden Mueller	Central Lee	12
Tenley Nixt	West Liberty	11
Harper Pacha	Mid-Prairie	12
Paycee Sorgenfrey	Tipton	12
Emma Yoder	West Liberty	11

District Coach of the Year: Annie Schmidt, Tipton

3A Central

Jenny Alexander	Van Meter	10
Carlea Dagal	Iowa Falls- Alden	11
Caitelyn Flattebo	Roland-Story	12
Miley Geise	Roland Story	11
Adelynn Goodell	Humboldt	10
Mariah Heuton	Kuemper Catholic	10
Brookelyn Jondle	Roland-Story	11
Kate Limbaugh	Algona	09
Natalie Marzen	Van Meter	11
Kolbi Peter	Kuemper Catholic	10
Brynn Roozeboom	Pella Christian	12
Mia Schluter	Humboldt	12
Kaylie Simons	Kuemper Catholic	12
Elsa Tiefenthaler	Kuemper Catholic	12
Addie Waldorf	Humboldt	10

Coach of the Year: Kara Waldorf, Humboldt

3A Northeast

Karley Belken	Wahlert Dubuque	12
Aleigha Cahoy	New Hampton	10
Maggie Coutchie	Wahlert Dubuque	12
Jayce Grennan	Center Point-Urbana	12
Lily Holthaus	North Fayette Valley	11
Lauren LeClere	West Delaware	12
Sophia Meester	Mount Vernon	11
Natalie Mensen	West Delaware	12
Olivia Miller	Anamosa	12
Sophia Sander	Anamosa	12
Mavrik Schweer	Mount Vernon	11
Willa Troendle	Waukon	12
Brielee Trout	Center Point-Urbana	11
Cali Whitaker	Mount Vernon	12

Coach of the Year: Tierra Knapper, Anamosa

3A West

Jaida Barrow	Unity Christian	12
Deidra Doeden	Cherokee, Washington	11
Karly Jenkins	Red Oak	12
Breslyn Kooima	Western Christian	11
Morgan Kooiman	Western Christian	10
Ellana Mortenson	Cherokee, Washington	11
Jocelyn O'Neal	Red Oak	12
Emily Sebeneicher	Red Oak	12
Maggie Van Schepen	Western Christian	12
Miley Wagoner	Clarinda	10
Scarlett Winterfeld	Western Christian	12
Addy Wolfswinkel	Cherokee, Washington	11

District Coach of the Year **Angie Montgomery, Red Oak**

Class 2A All-District 2025

2A Northeast

Ryanne Brubaker	Grundy Center	11
Alexa Buhman	Sumner Fredericksburg	12
Taylor Buhr	Wapsie Valley	12
Ava Burkle	Beckman Catholic	12
Paige Davis	Hudson	09
Addison Frake	Cascade	12
Bianca Grimm	Union	11
Addi Hogan	Beckman Catholic	11
Keely Kauten	Dike-New Hartford	12
Abby Jensen	Dike-New Hartford	12
Channing Johnson	Denver	12
Mckenzie McEwan	Denver	11
Sara Mead	Jesup	12
Kailyn Meester	Dike-New Hartford	11
Bailey Mullihan	Denver	12
Grace Mullihan	Denver	12
Taylen Smith	Union	11
Mylee Thurm	Denver	12
Zoey Uhlenhopp	Aplington Parkersburg	12
Ruby Varney	Dike-New Hartford	10

District Coach Of The Year: Jamie Johnson, Denver

2A Central

Olivia Coleman	Ogden	11
Addie Hackett	Grand View Christian	12
Claire Hewitt	South Hamilton	12
Taya Hollingsworth	South Hardin	12
Emma Lammers	South Hamilton	10
Stella Largent	ACGC	11
Aubrey Leonard	Ogden	12
Lily Mason	Pleasantville	12
Harper McGraw	Pleasantville	09
Ava Moline	Manson Northwest Webster	11
Maiah Murphy	Grand View Christian	12
Riley Randall	West Marshall	12
Tessa Skartvedt	South Hamilton	11
Nora Warburton	South Hardin	12
Kiersten Winter	South Hardin	12

District Coach Of The Year: Caley Vaughan, ACGC

2A Southeast

Kyleigh Applegate	West Burlington	12
Addison Bollier	Regina Iowa City	11
Dani Crutchley	West Branch	12
Jocelyn Hernandez	Columbus Community	12
Ashlynn Huff	Van Buren County	12
Briley Kaalberg	West Branch	12
Kamryn Kahl	Lisbon	12
Breegan Lindsey	Central Decatur	12
Mykala Luzum-Selmon	Lisbon	12
Reese Naeve	Regina Iowa City	12
Cydney Tath	Bellevue	12
Lacey Taylor	EBF	12
Jorgan Tegeler	Northeast Goose Lake	11
Nora Wilhelm	Regina Iowa City	11
Baylee Woodsmall	West Burlington	12
Ava Yeager	Bellevue	12

District Coach of the Year: Lauren Hansen, Regina Iowa City

2A Southwest

Sophia Fenner	Riverside	11
Kenna Harskamp	Earlham	12
Rylee Hemmingsen	Treynor	11
Ashley Kelley	Riverside	10
Nora Konz	Treynor	12
Carly Nelson	Underwood	12
Lillian Reed	Riverside	11
Bentley Rone	Riverside	12
Sydney Somers	Riverside	11
Khloee Stoops	Missouri Valley	11

District Coach of the Year: Brooke Flathers, Riverside

2A Northwest

Zoey Aschinger	Ridge View	12
Hayden Berkland	Alta Aurelia	12
Bailey Boeve	Hinton	12
Sarah Bontrager	East Sac County	12
Braylyn Childress	West Lyon Inwood	12
Ellianna Hoefert	Central Lyon Rock Rapids	11
Katie Hoefling	Hinton	12
Brenna Johnson	Westwood Sloan	12
Carlee Johnston	Westwood Sloan	10
Calista Joyce	Emmetsburg	12
Alayna Kakacek	Pocahontas Area	12
Karlyn Kovarna	Hinton	12
Kadence Langschwager	Alta Aurelia	12
Natalie Leusink	Rock Valley	11
Aryah McDonald	Rock Valley	12
Nora Nelson	Emmetsburg	12
Elsie Oedekoven	Central Lyon Rock Rapids	12
Rachel Schany	Emmetsburg	12
Katie Schmitt	East Sac County	12
Ember Staver	MMCRU	11

Co-Coaches of the Year

Robin Mohr and Kate Ortegren, Hinton

Class 1A All-District 2025

1A Southwest

Addisyn Badow	IKM-Manning	11
Grace Christensen	St. Albert	12
Malia Clayburg	Coon Rapids-Bayard	12
Amelia Cook	Coon Rapids-Bayard	10
Keagan Eischeid	IKM-Manning	10
Courtney Follmann	CAM Anita	11
Ava Grindle	East Mills	10
Reese Gute	Fremont-Mills	12
Anna Hart	Coon Rapids-Bayard	12
Gabi Jacobs	Sidney	12
Anna Larsen	Audubon	12
Ashlee Moseley	Sidney	12
Loycee Palmer	East Mills	12
Jaelynn Petersen	Exira-EHK	12
Taryn Petersen	Exira-EHK	11
Harlow Miller	Audubon	12
Brooklynn Rutledge	St. Albert	11
Sylvia Sullivan	Boyer Valley	12
Molly Wise	St. Albert	12

District Coach Of The Year: Connie Viner - East Mills

1A Southeast

Olivia Bendlage	Holy Trinity Catholic	10
Addi Brockway	Burlington Notre Dame	12
Sydney Burgess	Montezuma	11
Ainsley Conrad	Burlington Notre Dame	9
Emma Elmore	Burlington Notre Dame	10
Ava Gehrking	English Valleys	11
Annaka Greiner	Wapello	11
Niva Helmuth	Hillcrest Academy	11
Allison Hoover	Belle Plaine	10
Mila Jordan	Wapello	10
Adalyn Kruse	Holy Trinity Catholic	11
Erilea Kupka	HLV	10
Nataliya Linder	North Mahaska	11
Presley Myers	Holy Trinity Catholic	12
Quinn Sminth	Winfield-Mt. Union	12
Mya Wager	Wapello	11
Taeya Wagner	Wapello	09
Chloe Wenzel	Burlington Notre Dame	12

Coach of the year - Melissa Freesmeier Holy Trinity Catholic

1A Northwest

Brailee Bremer	Woodbury Central Menville	10
Hallie Bunkers	Remsen St. Mary's	11
Addi Castle	Gehlen Catholic, Lemars	10
Kenzie Cross	Woodbury Central	10
Jaedyn Dausel	River Valley, Correctionville	10
Allie Fehr	West Bend-Mallard	12
Addi Foster	Kingsley-Pierson	12
Grace Gales	Remsen St. Mary's	12
Lindsey Haken	George-Little Rock	12
Carlee Holmes	Siouxland Christian	11
Elsie Hough	Boyden-Hull	11
Addison Montag	West Bend Mallard	12
Raegan Plagge	South O'Brien	11
Kate Solbeg	Akron-Westfield	12
Viktoria Storm	George-Little Rock	11
Makenzie Rubida	Siouxland Christian	12
Ava Vie	Newell-Fonda	12
Rhian Wright	Kingsley-Pearson	12

Coach of the Year: Stacy Bunkers, Remsen St. Mary's

1A North Central

Ana Aguilar	Cedar Ridge	12
Hayden Anderson	Janesville	11
Emmi Bartolo	Bishop Garrigan	12
Makenzie Budach	Lake Mills	11
Ava Falk	Saint Ansgar	12
Daisy Fettkether	Dunkerton	12
Regan Ham	Lake Mills	12
Honor Hovenga	Janesville	11
Taylor Kipp	Dunkerton	11
Lindsay Kruse	Saint Ansgar	12
Jacey Johnston	Saint Ansgar	12
Quinn Osgood	Saint Ansgar	11
Sophia Parrott	Saint Ansgar	11
Kylee Pexa	Dunkerton	11
Tayah Pollock	Janesville	11
Quinn Sweeney	Janesville	09
Delaney Toneff	Dunkerton	12
Greer Wheeler	Cedar Ridge	11

Coach: Stephanie Beaver - Stephanie Beaver, Saint Ansgar

1A Northeast

Kyla Bellich	Prince of Peace	12
Brinna Benson	BCLUW	11
Lilee Boriskey	Edgewood-Colesburg	12
Kennedy Brandt	Gladbrook-Reinbeck	12
Savannah Drips	Edgewood-Colesburg	12
Kruiz Ewoldt	North Tama	12
Grace Farnsworth	BCLUW	12
Haley Green	Calamus-Wheatland	12
Kalleigh Greene	Springville	12
Cayleigh Heller	North Tama	12
Addison Hochstetler	North Tama	12
McKenna Hoefer	Edgewood-Colesburg	12
Rowan Jacobi	Springville	12
Kailey Larsen	Gladbrook-Reinbeck	11
Josie Munger	Starmont	11
Olivia Peters	BCLUW	11
Elly Seih	Gladbrook-Reinbeck	12
Lily Sell	North Tama	10
Alaney Sieknecht	North Tama	09
Cambria Wayman	BCLUW	10

District Coach of the Year - Megan Yantis, BCLUW

1A South Central

Breeze Bentz	Ankeny Christian	10
Lexi Clendenen	Southeast Warren	12
Havanna Dolbeare	Ankeny Christian	09
Izzy Gilbertson	Mount Ayr	11
Carly Krogman	Martensdale - St. Marys	12
Ella Leever	Ankeny Christian	12
Jessica Lillig	Southeast Warren	12
Carlee Martinez	Mormon Trail	11
Gracyn Newton	Mormon Trail	10
Lilly Rowe	Southeast Warren	12
Jaylee Shaffer	Mount Ayr	11
Aubrey Shields	Mount Ayr	12
Lola Shriver	Southeast Warren	12
Shaye Strong	BGM	12
Katelyn Weathers	Ankeny Christian	11
Abigail White	Martensdale - St. Marys	12

Coach of the Year - Michele Quick, Ankeny Christian