

[Letterhead]

[Date]

The Honorable Senator Rubio
Capitol Office
1021 O Street, Suite 8710
Sacramento, CA 95814

Dear Senator Rubio,

RE: Support for SCR 64 (Rubio) – Student Mental Health Awareness Week in California

On behalf of [organization's name], I am writing in support of your bill, Senate Concurrent Resolution (SCR 64), which proposes to designate the week of May 5-9, 2025 as Student Mental Health Awareness Week in California. As a concerned citizen and advocate for mental health, I believe that this resolution is an important step towards raising awareness about the critical issue of children and adolescent mental health.

Mental health issues among children and adolescents are a growing concern, with studies showing that one in five young people experience some form of mental health problem including mental health challenges such as anxiety, depression, and trauma. These issues can have a significant impact on a student's academic performance, social interactions, and overall well-being. A week set aside for student mental health awareness will create an opportunity to draw attention to this important issue and encourage schools and communities to take action.

Information about your organization

We believe that SCR 64 will increase awareness of student mental health at the school level, encouraging dialogue and action to support the development of effective strategies for promoting positive mental health among young people. This resolution will also help to reduce the stigma associated with mental health challenges which can be a major barrier to seeking help and support.

SCR 64 has the potential to make a real difference in the lives of young people across California, and it is an important step towards creating a healthier, happier, and more resilient generation.

Thank you for your leadership and attention to this important matter.

Sincerely,

[Your Name] [Your Name]
[Your Address]
[City, State ZIP Code]

Note: https: [Submission Portal: https://calegislation.lc.ca.gov/Advocates/](https://calegislation.lc.ca.gov/Advocates/)

