



## **ESSF 1105 – 301 Badminton Elementary**

Fall Semester 2025

Tue & Thur, 4:00 – 4:50 PM

**Instructor:** Wondae Kim, Ph.D.  
**Email:** wondae.kim@utah.edu

### **Course Venue**

- IGC Indoor Gym

### **Course Materials**

- Sports attire (No Jeans, No Cotton Pants)
- Badminton racket (Required)
- [Non-marking shoes](#) (Proper exercise shoes, No sandal, No slippers)

### **Course Description**

This is an introductory course teaching the fundamentals of badminton. Developing and/or improving the basic skills needed to actively enjoy the sport of badminton. Students will learn to perform the fundamental strokes, understand the basic rules and strategy.

Focus includes: learning basic knowledge of badminton (rules, scoring, strategy, and etiquette) & learning basic skills (Strokes, serve, and basic shots). This course is intended for non-majors. CR/NC grade. 2 credits.

### **Course Outcomes**

By the end of this course, students will be able to:

- Present the fundamental skills and knowledge of badminton.
- Describe the basic rules, scoring, and etiquette of badminton.
- Improve their skills in hitting the balls: serve, strokes, shots
- Improve their fitness through practicing drills.
- Understand the benefits of pursuing badminton as a life-time leisure activity.

### **Teaching and Learning Methods**

This course uses lectures, but mostly practicing drills to achieve course outcomes.

### **University Policies**

1. ***The Americans with Disabilities Act.*** The University of Utah seeks to provide equal access to its programs, services, and activities for people with disabilities. If you will need accommodations in this class, reasonable prior notice needs to be given to the Center for Disability & Access, <https://disability.utah.edu/>, +1 -801-581-5020. CDS will work with you and the instructor to make arrangements for accommodations. All written information in this course can be made available in an alternative format with prior notification to the Center for Disability & Access.

Given the nature of this course, attendance is required and adjustments will only be permitted as required by Policy 6-100(III)(O). If you need to seek an ADA accommodation to request an exception to this attendance policy due to a disability, please contact the Center for Disability and Access (CDA). CDA will work with us to determine what, if any, ADA accommodations are reasonable and appropriate. In compliance with ADA requirements, some students may need to record course content. Any recordings of course content are for personal use only, should not be shared, and should not be made publicly available. In addition, recordings should be destroyed at the conclusion of the course.

2. **University Safety Statement.** The University of Utah values the safety of all campus community members. To report suspicious activity, call the Asia Campus Dean of Students Office at 032-626-6014 or the Asia Campus Emergency Contact at 010-8519-6008. You will receive important emergency alerts and safety messages regarding campus safety via text message. For more information regarding safety and to view available training resources, including helpful videos, visit <https://safeu.utah.edu>
3. **Sexual Misconduct Statement.** Title IX makes it clear that violence and harassment based on sex and gender (which Includes sexual orientation and gender identity/expression) is a civil rights offense subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories such as race, national origin, color, religion, age, status as a person with a disability, veteran's status or genetic information. If you or someone you know has been harassed or assaulted, you are encouraged to report it to the Title IX Coordinator in the Office of Equal Opportunity and Affirmative Action, 383 South University Street, +1-801-581-8365, or the Asia Campus Office of the Dean of Students, 611 Utah Building, 032-626-6014 or the Asia Campus Emergency Contact at 010-8519-6008. For support and confidential consultation, contact the Mental Health Counseling Center, 3051-3052 MCB, 032-626-5142 or 032-626-5142. .  
**Lauren's Promise:** Lauren's Promise is a vow that anyone – faculty, staff, students, parents, and community members – can take to indicate to others that they represent a safe haven for sharing incidents of sexual assault, domestic violence, or stalking. Anyone who makes Lauren's Promise vows to: 1.) listen to and believe those individuals who are being threatened or experiencing sexual assault, dating violence or stalking; 2.) represent a safe haven for sharing incidents of sexual assault, domestic violence, or stalking; and 3.) change campus culture that responds poorly to dating violence and stalking. By making Lauren's Promise, individuals are helping to change campus cultures that respond poorly to dating violence and stalking throughout the nation.
4. **Academic Misconduct Statement.** It is expected that students adhere to University of Utah policies regarding academic honesty, including but not limited to refraining from cheating, plagiarizing, misrepresenting one's work, and/or inappropriately collaborating. This includes the use of generative artificial intelligence (AI) tools without citation, documentation, or authorization. Students are expected to adhere to the prescribed professional and ethical standards of the profession/discipline for which they are preparing. Any student who engages in academic dishonesty or who violates the professional and ethical standards for their profession/discipline may

be subject to academic sanctions as per the University of Utah's Student Code:  
<https://regulations.utah.edu/academics/6-410.php>

5. **Wellness Statement.** Personal concerns such as stress, anxiety, relationship difficulties, depression, cross-cultural differences, etc., can interfere with a student's ability to succeed and thrive at the University of Utah Asia Campus. For helpful resources, contact the UAC Mental Health Counseling Center;  
<https://asiacampus.utah.edu/mental-health-counseling-center/>; 032-626-6142.  
You can make an appointment using this link:  
<https://appointmentwithjan.as.me/schedule.php>.
6. **Language Policy.** The University of Utah Asia campus is committed to providing and fostering an environment that is safe and free from prohibited discrimination. The following language policy applies to all academic and administrative units of the University and to all members of the University community, including faculty, staff, and students. English is recognized as the official language of instruction, assessment, and curriculum. In addition, English is the official language for all administrative and business related matters of the University.
7. **Official Excused Absences.** Effective January 25th, 2023, the Dean of Students Office will implement a new excused absence request policy. Moving forward, students will only submit excused absence requests to the Assistant Dean of Students for instances where the student will miss or have missed essential course exams. This change will also include university-sponsored events and experiences approved in advance by campus leadership. All other absence requests are to be submitted to the course instructor directly, with the course instructor having complete authority over how the absence will impact the student's grade. Please note that instructors must communicate any particular course attendance requirements to students in writing on or before the first class meeting. Students are responsible for acquainting themselves with and satisfying the entire range of academic objectives and requirements defined by the instructor.

## Course Policies

1. **Attendance & Participation:**

The University expects regular attendance at all class meetings. Instructors must communicate any particular attendance requirements of the course to students in writing on or before the first class meeting. Students are responsible for acquainting themselves with and satisfying the entire range of academic objectives and requirements as defined by the instructor. This includes arriving on time, absences, and active play. Attendance will count after the first week of class. Students are expected to be active participants in class.

*o Students must attend the entire class period and participate in the daily activities to receive full credit for the class. The first day of class will count in the attendance / participation score. Please come prepared to participate.*

- Tardy will be recorded each day, with a deduction of **1 % for each five-minute period** that a student is late.
- Students are expected to be active participants in class. Failure or reluctance to participate in practices and activities will result in a **deduction of points**.
- Students are required to participate with good sportsmanship, teamwork, and cooperation with instructors and classmates. Points will be **deducted for each time a student's behavior must be corrected**.
- Students are required to come prepared with proper attire for exercise, including sportswear, indoor exercise shoes, and a hairband for those with long hair. Failure to have proper attire will result in a **deduction of 1 % for each item missed** by the student.
- The use of mobile or smart phones is prohibited during class and must remain in silent mode. Points will be **deducted of 1 % for any usage of phones**.
- Students will also learn to officiate games and have the opportunity to be a referee.
- Unexcused absences and late arrivals will significantly affect the grade. Emailing the instructor does not excuse a student from class or participation.
- A **doctor's note (진단서) with a hospital official stamp** is required to excuse students from injury or illness. The note must be original and presented to the instructor immediately upon returning to class. Prescriptions (처방전) and Certificates of hospital visits (진료확인서) are not accepted as a doctor's notes.
- **An official UAC letter from the faculty or staff member in charge** is required to excuse students for participation in events. If the event is not an official UAC event, you must obtain an approval letter from the Assistant Dean of Students, Maria Martinez (maria.martinez@utah.edu)
- There is **NO grade curving at the end of semester**, so it is important that students attend and participate in every class.

## 2. **Canvas:**

Students are responsible for checking the Canvas course website which contains announcements, assignments and/or any changes in the syllabus.

## 3. **Orange Level:**

If the University of Utah Asia Campus commences Level Orange, this course will be operating in a hybrid method. For this course, the hybrid option entails OPTION B, which will have lecture days and seminar days each week. During lecture days, students will participate in an interactive video conference format or content will be delivered all online, and during seminar days, students will participate in-person.

## 4. **Zoom Session:**

If this course must host Zoom sessions, the University of Utah Asia Campus requires that all students turn on their cameras during the entire course and post their full name in English. We ask that students try to locate a quiet space that will allow for ample social distancing and that students not wear a mask if possible. If a student has financial difficulty obtaining the appropriate equipment for online courses, the

UAC can help provide resources. It is recommended that Zoom sessions be conducted synchronously. Faculty are not required to record their zoom sessions; this is an individual faculty decision.

**5. Personal belonging:**

UAC or the course instructor is NOT responsible for any lost, stolen, or damaged property. It is strongly recommended that you should not bring any valuables to class.

## **Grading Policy (Evaluation Methods & Criteria)**

The grade will be determined by the following:

**Attendance & Participation (70 %) + Exams (30 %) = Total (100 %)**

- **Each Absence** will result in a deduction of 5% from the total percentage. Accumulating a total of **7 absences** will lead to a **Non-Credit** final grade.
- Tardiness will be recorded each day, with a deduction of **1 % for each five-minutes** that a student is late.
- The exams will consist of a combination of multiple skills exams (skills exam 1->10%, skills exam 2->10% and a written exam->10%).

## **Grading Scale (You will eventually receive only either Credit or Non-Credit)**

<b>70-100</b> <b>AND</b> attend more than 80% of the class	<b>Credit (CR)</b>
<b>0-69</b> <b>OR</b> absences more than 20% of the class ( = more than 6 absences)	<b>Non-Credit (NC)</b>

## Course Schedule

Week #	Date		Topic	Venue
1	Aug-26	Tue	Orientation & Syllabus	<b>ZOOM meeting</b>
	Aug-28	Thurs	Basic knowledge of Badminton, Rules	<b>ZOOM meeting</b>
2	Sept-2	Tue	Grips & Net Shots (FH & BH)	@ IGC Gym
	Sept-4	Thurs		
3	Sept-9	Tue	Net Shots & Clear Shots	@ IGC Gym
	Sept-11	Thurs		
4	Sept-16	Tue	Net Shots & Clear Shots & Serve	@ IGC Gym
	Sept-18	Thurs		
5	Sept-23	Tue	Serve(Short & Long) & Net or Lift Shots	@ IGC Gym
	Sept-25	Thurs		
6	Sept-30	Tue	Drop & Lift Shots	@ IGC Gym
	Oct-2	Thurs	<b>Outside Assignment</b>	<b>NO CLASS</b>
7	Oct-7	Tue	<b>Chuseok Holiday</b>	<b>NO CLASS</b>
	Oct-9	Thurs		
8	Oct-14	Tue	Drop & Lift Shots	@ IGC Gym
	Oct-16	Thurs		
9	Oct-21	Tue	<b>Skills Exam 1 (10%)</b>	@ IGC Gym
	Oct-23	Thurs		
10	Oct-28	Tue	Drive & Smash Shots	@ IGC Gym
	Oct-30	Thurs		
11	Nov-4	Tue	Smash & Defending Shots	@ IGC Gym
	Nov-6	Thurs		
12	Nov-11	Tue	Tournament for Extra Credits	@ IGC Gym
	Nov-13	Thurs		
13	Nov-18	Tue	Tournament for Extra Credits	@ IGC Gym
	Nov-20	Thurs		
14	Nov-25	Tue	<b>Online Written Exam (10%)</b>	<b>ZOOM meeting</b>
	Nov-27	Thurs	<b>US Thanksgiving</b>	<b>NO CLASS</b>
15	Dec-2	Tue	<b>Skills Exam 2 (10%)</b>	@ IGC Gym
	Dec-4	Thurs		

*Note: This syllabus is meant to serve as an outline and guide for our course. Please note that I may modify it with reasonable notice to you. I may also modify the Course Schedule to accommodate the needs of our class. Any changes will be announced in class and posted on Canvas under Announcements.*