Ibogaine Treatment Clinic in Mexico: Medical Safety, Costs, and Recovery Guide

Every year, hundreds of individuals seeking deep, sustainable relief from opioid addiction, severe alcohol dependence, post-traumatic stress disorder (PTSD), complex trauma, treatment-resistant depression, and chronic pain look beyond traditional Western healthcare models. For many, this search leads to medically supervised Ibogaine therapy in Mexico.

Among international destinations, Bassé Ibogaine Treatment Center has emerged as a premier boutique, women-led clinic. Nestled in a serene coastal environment between Cancún and Tulum, Mexico, Bassé combines state-of-the-art clinical safety with compassionate, trauma-informed psychological and somatic support.

Medical Disclaimer: Ibogaine is not approved by the U.S. Food and Drug Administration (FDA) for therapeutic use. The information provided in this guide is for educational and informational purposes only and does not constitute medical advice, diagnosis, or treatment. Always consult a qualified healthcare provider before considering experimental or alternative medical therapies.

What Is Ibogaine and How Does It Work?

Derived from the root bark of *Tabernanthe iboga*—a perennial rainforest shrub native to Central West Africa—Ibogaine is a naturally occurring psychoactive alkaloid. Its unique anti-addictive properties were first discovered in 1962 by researcher Howard Lotsof, who observed its remarkable ability to rapidly interrupt acute opioid withdrawal and eliminate cravings without producing dependence.

Pharmacologically, Ibogaine acts as a complex multi-target compound. It modulates multiple neurotransmitter systems simultaneously, interacting with nicotinic acetylcholine receptors, NMDA receptors, serotonin transporters, and opioid receptors. By resetting hyper-sensitized neural pathways, Ibogaine rapidly attenuates severe withdrawal symptoms while simultaneously stimulating the expression of Glial Cell Line-Derived Neurotrophic Factor (GDNF), promoting neuroplasticity and brain repair.

The clinical efficacy of this mechanism is supported by modern scientific inquiry. In a 2018 observational clinical study cited by Bassé, 80% of participants suffering from problematic opioid use reported that their physical withdrawal symptoms were completely eliminated or drastically reduced following treatment. A comprehensive 2021 systematic review corroborated these findings, demonstrating significant post-treatment reductions in both acute withdrawal severity and long-term drug cravings.

Understanding the Difference Between Iboga and Ibogaine

It is essential to understand the difference between Iboga and Ibogaine when considering therapeutic options. Botanical Iboga refers to the raw, unrefined plant material, which contains at least 12 distinct alkaloids. While whole Iboga is central to traditional Bwiti spiritual ceremonies, raw plant bark presents significant unpredictable cardiovascular risks and intense physical stress due to its varied alkaloid profile.

In contrast, specialized clinical centers like Bassé exclusively administer 99.7% pure, pharmaceutical-grade Ibogaine Hydrochloride (HCl). When introduced into a clinical environment, the human liver metabolizes pure Ibogaine HCl into its active, long-acting metabolite, *noribogaine*. Noribogaine lingers in the body's lipid stores for weeks, elevating serotonin levels and providing sustained antidepressant, anti-anxiety, and craving-reduction benefits during early recovery.

How Long Does Ibogaine Treatment Last?

Understanding how long the effects of Ibogaine last is a crucial aspect of preparing for treatment, both physically and psychologically.

The pharmacological journey unfolds across distinct phases:

- **Onset (30–45 Minutes):** Initial physical and sensory shifts begin shortly after the administration of a single, medically supervised flood dose.
- **Acute Visual / Dreamlike Phase (4–8 Hours):** Patients typically enter a visionary state characterized by rapid processing of subconscious memories, emotional release, and cognitive reframing.
- **Evaluation & Integration Phase (8–24 Hours):** As the visionary state subsides, a reflective processing window opens. Patients remain resting comfortably as the brain consolidates the experience.

Bassé's 4-Step Care Pathway

To ensure optimal patient outcomes and complete continuity of care, Bassé structures every clinical journey through a dedicated four-step protocol:

1. **24-Hour Inquiry & Initial Assessment:** Rapid intake response paired with pre-screening consultations to determine candidacy.
2. **Comprehensive Medical Screening:** Rigorous diagnostic testing conducted upon arrival to clear cardiovascular and metabolic readiness.
3. **Monitored Clinical Treatment:** A 12-to-24-hour continuous, bedside-monitored Ibogaine administration managed by board-certified specialists.
4. **30-Day Integration & Aftercare:** A structured post-treatment program led by integration expert Kat Courtney to translate therapeutic breakthroughs into daily life.

Medical Safety Protocols and Clinical Leadership

Because Ibogaine significantly impacts cardiac electrophysiology—specifically delaying cardiac repolarization (QT interval prolongation)—treatment must never be undertaken without hospital-grade diagnostic screening and continuous emergency physician oversight.

Bassé maintains rigorous clinical protocols designed to mitigate cardiovascular risk at every stage:

- **Comprehensive Pre-Treatment Diagnostics:** Every patient undergoes an extensive health screening, including full blood chemistry workups, comprehensive liver function panels, metabolic testing, and multi-lead electrocardiograms (EKGs).
- **Continuous Cardiac Monitoring:** Throughout the active treatment phase, patients are continuously tracked using telemetry systems monitoring heart rate, blood pressure, oxygen saturation, and real-time EKG output.
- **24/7 Physician Oversight:** Board-certified emergency physicians and registered nurses maintain bedside presence for the entire duration of the stay.

World-Class Clinical Leadership

Bassé's medical standards are driven by a renowned team of scientific experts, clinical researchers, and emergency care veterans:

- **Laura Shapiro (Founder & CEO):** Formally trained under world-leading Ibogaine researcher Dr. Deborah Mash at the University of Miami Miller School of Medicine, bringing decades of refined clinical oversight and client advocacy.
- **Deborah Mash, PhD (Scientific Advisor):** Professor Emerita of Neurology and Molecular and Cellular Pharmacology at the University of Miami. Dr. Mash identified noribogaine and led groundbreaking human clinical trials evaluating Ibogaine's safety profile.
- **Dr. Juan Manuel Quijada Gaytán (Medical Director):** Prominent psychiatric authority and former head of Mexico's National Mental Health and Addictions Commission (CONASAMA).

- **Dr. Mikel Alfredo Velázquez Pérez & Dr. Sergio Medina (Emergency & Critical Care Physicians):** Emergency medicine experts directing real-time clinical monitoring, vitals management, and acute safety protocols.
- **Kat Courtney (Head of Client Experience & Integration):** Acclaimed integration pioneer who oversees pre-treatment emotional preparation and the 30-day post-treatment somatic recovery curriculum.

Ibogaine Treatment Cost in Mexico: What Is Included?

When researching options, analyzing the full Ibogaine treatment cost breakdown is vital to ensure transparency, medical safety, and standard of care. Selecting a safe Ibogaine retreat in Mexico requires looking beyond base pricing to confirm that clinical staffing and diagnostic technology are fully included.

Bassé's all-inclusive 7-day signature program is **$13,500**. If extended stays are required for complex stabilization—such as extended medically assisted withdrawal from long-acting opioids (e.g., methadone or buprenorphine) or deep somatic trauma recovery—additional days are prorated transparently without hidden on-site fees.

Program Component	What Is Included at Bassé
Transfers & Lodging	Private luxury transport to/from Cancún International Airport; private single suite with a king-sized bed, private bathroom, and balcony.
Medical Screening & Monitoring	Complete blood panels, liver function testing, daily EKGs, 24/7 bedside

Program Component	What Is Included at Bassé
	emergency physician and RN care, and ancillary medications.
Treatment & Integration	Monitored administration of 99.7% pure Ibogaine HCl, continuous telemetry, individualized psychotherapy, somatic bodywork, and group processing.
Meals & Aftercare	Custom farm-to-table nutrition tailored to metabolic recovery, plus a complete 30-day post-residential integration course.

Conditions Treated and Next Steps

Bassé offers targeted, trauma-informed treatment protocols for individuals struggling with complex physical and psychological challenges, including:

- **Post-Traumatic Stress Disorder (PTSD) & Complex Trauma**
- **Treatment-Resistant Depression & Generalized Anxiety**
- **Opioid Addiction** (Fentanyl, Heroin, Oxycodone, Methadone, Buprenorphine)
- **Alcohol Dependence & Severe Abuse**
- **Stimulant Dependence** (Cocaine, Amphetamines, Methamphetamine)
- **Kratom & 7-Hydroxymitragynine (7-OH) Dependence**
- **Chronic Pain Syndromes**
- **Traumatic Brain Injury (TBI)** in veterans and athletes

Confidential Consultations

If you or a loved one are considering medically supervised Ibogaine therapy, the clinical admissions team is available to assist with comprehensive safety screenings and intake evaluations.

Reach out directly to Bassé Ibogaine to schedule a confidential medical consultation:

- **Phone / Text:** +1 415-319-6319
- **Email:** info@basseibogaine.com
- **Website:** basseibogaine.com