



## Grief and Crisis in Resettled Communities - Resources

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Resources collected by [Sara Skinner Associates](#) and the Neighbors United Refugee Collaborative. **Contact for workshops:** [Sara.Skinner.MPH@gmail.com](mailto:Sara.Skinner.MPH@gmail.com)

### Resources for Providers & Volunteers:

- Archived Webinar: [When Grief is Complex: A Trauma-Informed Response to Loss in Newcomer Communities](#) (2026, excellent overview, plus some specifics on Congolese and Afghan culture) by Switchboard TA
- [E-Learning Course: Psychological First Aid in Resettlement, Asylum, and Integration Settings](#) (2021) by International Rescue Committee / Switchboard TA
- Archived Webinar: [A Trauma-Informed Approach to De-escalation and Crisis Response](#) (2023)
- Archived Webinar: [De-escalation in Practice: Strategies for Supporting Newcomers Experiencing Crises](#) (2025)
- [Islamic Funeral Guide](#) (2-page summary; see FAQ at the end) by Memorial Planning
- [Hindu Funeral & Death Rituals](#) (2-page summary; see FAQ at the end) by Memorial Planning

### Afghan-Specific Resources:

- Info Guide: [Supporting Resettled Afghan Children and Adolescents Experiencing Grief-Related Distress](#) (2024)
- [Faith-based Healing among Afghan Muslims](#): Guidance for Refugee Service Providers in the U.S. (4-page guide) by Switchboard
- Tip Sheet: [Being Culturally and Trauma-Informed While Assisting Displaced Afghan Families](#) (2022)

### Resources Translated to Other Languages

- [Helping Children & Teens with Traumatic Grief](#) - Tips for Caregivers (1-page handouts for each age group; translations into Ukrainian, Russian, Spanish, Arabic, Hebrew) by IRC CARRE

- [Coping with Unresolved Grief When a Loved One is Missing](#) (Website available in English, Dari, Pashto, Russian, Spanish & Ukrainian) - by Settle In
- [Finding Support During Difficult Times](#) (Website available in English, Dari, Pashto, Russian, Spanish & Ukrainian) - by Settle In
- [Coping with Grief and Loss](#) (Website available in English, Dari, Pashto, Russian, Spanish & Ukrainian) - by Settle In
- [Video: Coping with Grief and Loss](#) (10-minute video available in English, Ukrainian, Russian, Polish)