

Ten Week Overview – ‘Values for a Better Tomorrow’

www.upschool.co		Values for a Better Tomorrow		Ages 4 +	Ten Week Program	Year: 2023
Unit Overview				Real World Learning		
During this 10-week course, we will explore the importance of values and the roles that they play in shaping the future of our own lives and the impact they have on those around us. Each week, we will be exploring a new and exciting value. Values such as friendship, love, empathy and kindness will be explored by our students. Each week we will read a book written by a child somewhere in the world from the Upschool Library. These books are handpicked and based on a particular value, and from there a series of activities will ensue. These differentiated activities will be based on purpose and actions in your school community to instil a culture of values-based education where everyone understands that our actions, words and beliefs have an important impact on the people around us. Join us as we tackle some of the world’s biggest problems together to build a better tomorrow through Values and see your community change as your children take the lead.				During this course, children will take part in community activities which will allow them to use the value within the school community. The real-world learning aspect of the course allows children to see their value in action and feel the impacts of these actions. The course has differentiated activities that can be tailored to meet the needs of particular students. Alongside this, the children will explore famous quotes, answer comprehension questions, read books written by other children and write their very own book on values which can be published at the end of the course. The values-based course allows children to not only grow academically, but also see and feel the fruits of their labour in the community through positive actions and activities.		
Week	Title	Real-world Action	Lesson Description	Core Learning Outcomes (ACARA) - Not limited to...		Duration
1	Friendship Featured text - Callum the Cloud	<i>Find a friend or a group of friends and design a poster explaining 8 ways to be a 'good friend.' Once finished, your poster can be displayed in the classroom.</i>	During this Learning Sequence, students will explore the value of friendship and start to understand its important role in your classroom and your school community. The children will not only understand what it means to be a good friend, but they will also start to pass on that knowledge to younger students and other people in the community. <u>Book link - Callum the Cloud</u> https://upschool.co/book/callum-the-cloud-and-the-talen t-show-disaster/	- Understand the use of vocabulary to express greater precision of meaning, and know that words can have different meanings in different contexts (ACELA1512) - Understand how to use knowledge of known words, base words, prefixes and suffixes, word origins, letter patterns and spelling generalisations to spell new words (ACELA1513) - Explore less common plurals, and understand how a suffix changes the meaning or grammatical form of a word (ACELA1514) - Identify aspects of literary texts that convey details or information about particular social, cultural and historical contexts (ACELT1608) - Present a point of view about particular literary texts using appropriate metalanguage, and reflecting on the viewpoints of others (ACELT1609) - Create literary texts using realistic and fantasy settings and characters that draw on the worlds represented in texts students have experienced (ACELT1612) - Show how ideas and points of view in texts		60 – 90 Minutes with ongoing follow-up
2	Compassion Featured text - R U OK	<i>Children plan an excursion to visit a group of citizens that are rarely visited. They will research where they want to go, what is needed to make it happen and organise it all collectively.</i>	Learning Sequence 2 will involve our children starting to see the world through the eyes of another. They will start to understand that when they help somebody else, they also feel the benefits. Compassion is about spotting problems and solving them without anybody asking. This week we will learn all about body language, facial expressions and actions that we can take to help. <u>Book Link - R U OK</u> https://upschool.co/book/r-u-o-k/			60 – 90 Minutes with ongoing follow-up
3	Empathy Featured text - I'll Help You	<i>The children will start a Lunchtime club that helps people who are lost on the playground. Make posters to advertise it. They will attempt to put an end to loneliness.</i>	During this learning sequence, we are going to embrace feelings and emotions. We are also going to allow the children to see the world through the eyes of another as we design and play a game called 'How would you feel if...?' The objective of this week is to see that there are 7 billion people in the world, each with fears and problems. Let's see the world through their eyes. <u>Book Link - I'll Help You</u> https://upschool.co/book/ill-help-you/			60 – 90 Minutes with ongoing follow-up
4	Acceptance Featured text -	<i>The children will start to understand the world from another person's perspective. Each child will write a story 'A Day in the Life of...' which they will share with the rest of</i>	During Learning Sequence 4, the students will investigate a range of cultures and backgrounds to start to explore that even though we are all different, there are many similarities that we all have. The children will start to understand the concept of cultural diversity and the true meaning of acceptance. <u>Book link - Anita Came On a Plane</u>			60 – 90 Minutes with ongoing follow-up

	Anita Came on a Plane	<i>the school and community.</i>	https://upschool.co/book/anita-came-on-a-plane/	conveyed through the use of vocabulary, including idiomatic expressions, objective and subjective - language, and that these can change according to context (ACELY1698) - Navigate and read texts for specific purposes applying appropriate text processing strategies, for example, - predicting and confirming, monitoring meaning, skimming and scanning (ACELY1702) - Plan, draft and publish imaginative, informative and persuasive print and multimodal texts, choosing text structures, language features, images and sound appropriate to purpose and audience (ACELY1704) - Present ideas, findings, viewpoints and conclusions in a range of texts and modes that incorporate source materials, digital and non-digital representations and discipline-specific terms and conventions (ACHASSI105, ACHASSI133) - Plan and practise strategies to promote health, safety and wellbeing (ACPPS054) - Investigate community resources and ways to seek help about health, safety and wellbeing (ACPPS053) - Examine how identities are influenced by people and places (ACPPS051) - Practise skills to establish and manage relationships (ACPPS055) - Examine the influence of emotional responses on behaviour and relationships (ACPPS056) - Investigate the role of preventive health in promoting and maintaining health, safety and wellbeing for individuals and their communities (ACPPS058) - Identify how valuing diversity positively influences the wellbeing of the community (ACPPS060)	
5	Determination Featured text - Home	<i>The children will make connections with their peers by finding out fears that they share and by working together, they will help them overcome those fears. This will be the community working together to build strength.</i>	During Learning sequence 5, the children will work together to start to understand things that make them scared. They will all start to open up about the things that they fear and together they will help each other to face their fears and overcome them. This week is all about coming together to support each other as we try new things that make us fearful. Book Link - Home https://upschool.co/book/home/		60 – 90 Minutes with ongoing follow-up
6	Love Featured text - Jackson	<i>The children will explore what it means to demonstrate love in all aspects of their life. Each child will make a plan of how they can practice self-love and self-care. They will work together to make an action plan which they will follow for the next 3 weeks.</i>	This week we will talk about showing and receiving love. The children will explore what it feels like to love and then start to understand that love can be displayed in so many ways. We will engage in a series of self-reflective activities that will enable the children to see that love is all around us if we look hard enough and that giving love is so much better than receiving it. From the plants that we grow to the teacher that we help, it is all love and it is all welcome! Book Link - Jackson https://upschool.co/book/jackson/		60 – 90 Minutes with ongoing follow-up
7	Appreciation Featured text - The littlest Bird	<i>The children will choose somebody they appreciate in the community and by creating something special, they will send this to them and show their appreciation to those who mean so much to them.</i>	During week number 7, we will start to explore and understand that there are many people surrounding us that help us each and every day. During this exploration of the word community, we will then choose a person that we need the most, but we rarely tell them how much they mean to us. With that, we will write them a poem or make them a card to tell them exactly how we feel. This creation will then be posted to the person and we will surprise them with a gift of appreciation. Book Link - The Littlest Bird https://upschool.co/book/the-littlest-bird/		60 – 90 Minutes with ongoing follow-up
8	Helping Others Featured text - So Much Rubbish	<i>The children will come together as a school and tackle food shortage in the local area. They will engage in a community food collection and work together to help somebody else along the way!</i>	During this learning sequence, we will explore the concept of helping others without a reward. Giving for the sake of giving is one of the most noble deeds one can ever embark on and this week we will do just that. The class will make a plan of a list of random acts of kindness and this week they will attempt to achieve all 7 acts before returning next week. Book Link - So much Rubbish https://upschool.co/book/so-much-rubbish/		60 – 90 Minutes with ongoing follow-up
9	Self Care Featured text - Broccoli and Me	<i>The class will start to understand the importance of well-being. Each child will have a 5-day plan to help enhance their understanding of well-being. These will be taken home to help the whole family practice well-being and mindfulness.</i>	This week we will start to understand how important it is for us to take care of ourselves both physically and emotionally. We will make a self-care pack and use this at home to take care of ourselves over the next week. The self-care pack will involve digital detox, healthy eating, sleeping, drinking water and exercising. The children will then reflect on how they feel after just 1 week of a new lifestyle! Book Link - Broccoli and Me https://upschool.co/book/broccoli-and-me/		60 – 90 Minutes with ongoing follow-up

10	Teamwork Featured text - What's the Plan?	The whole class will take on the challenge of putting on a short performance regarding the values they have learned over the last 10 weeks. This performance will be shown to the community and will demonstrate the importance of living with values in mind.	During the final week of this course, the children will come together to work on a collective objective around climate change. The children in the school will be provided with 10 options for how they can tackle climate change and they will work together across all age groups and classes to achieve 1 of the goals in just 1 week. They will start to understand that they are part of a global movement and if we all make small differences together, we can have a huge impact! <u>Book Link - What's the Plan?</u> https://upschool.co/book/whats-the-plan/	60 - 90 Minutes with ongoing follow-up
	Assessment Criteria	To be conducted by the teacher through written work, observations, conversations and personal reflections.	Have the children understood the importance of values? Do they understand how these values can impact the lives of themselves and those around them? Have they used their practical life skills to make real-world impacts alongside the values? Have your children worked together to achieve a common goal? Have your children increased their vocabulary? Have your children enjoyed reading picture books based on values? Have your children started to comprehend texts inferentially and literally? Have your children been able to see the world through the eyes of others? Have your children improved the community and the school through positive actions around values?	