

# What to Expect Before, During, and After Eye Surgery



Choosing **vision correction surgery** is a big step—but it doesn't have to be intimidating. Whether you're considering **LASIK**, **PRK**, **SMILE**, **EVO ICL**, or **Refractive Lens Exchange (RLE)**, understanding what happens before, during, and after your procedure can help ease anxiety and set you up for success.

At **Modern Vision Centers**, we walk every patient through a **step-by-step journey**—from the moment you schedule your consultation to the moment you wake up with clearer vision. This guide gives you a detailed look at what to expect throughout the process.

## Your Journey to Better Vision: Step-by-Step

### Step 1: The Initial Consultation and Evaluation

Before any surgery is scheduled, you'll undergo a thorough diagnostic workup and consultation with our vision correction specialists.

## What We Evaluate:

- **Corneal thickness and curvature**
- **Pupil size and responsiveness**
- **Tear film and dry eye function**
- **Retinal health and overall eye anatomy**
- **Stability of your prescription**
- **Visual goals and lifestyle needs**

This step is all about precision. We use advanced imaging technology to generate a 3D map of your eye and recommend the **customized laser or lens procedure** that offers the best safety, comfort, and long-term outcome.

- No commitment required
- We'll answer every question—no pressure, no sales tactics
- You'll receive a clear recommendation based on facts, not guesses

## Step 2: Preparing for Surgery

Once your procedure is scheduled, we'll give you personalized pre-op instructions. These may vary depending on your surgery type but typically include:

- Stop wearing **contact lenses** for a few days to weeks (depending on lens type)
- Avoid eye makeup or face cream the day before and the day of surgery
- Arrange a **ride to and from the procedure**
- Take any prescribed drops or medications as directed

You don't need to fast or change your diet, but we'll give you full pre-surgery guidance to follow.

## Step 3: The Day of Your Procedure

Most vision correction procedures are fast, comfortable, and completed in **15 minutes or less per eye**. Here's what to expect depending on the type of surgery:

### **What They Have in Common:**

- You'll be awake but relaxed—**numbing eye drops** keep you comfortable
- The surgical suite is clean, quiet, and optimized for precision
- Most patients feel **mild pressure, not pain**
- You'll go home the same day with protective eyewear and recovery instructions

### **Procedure-Specific Notes:**

#### **LASIK**

- A thin flap is created on the cornea
- Laser reshapes underlying tissue
- The flap is repositioned and self-heals
- Vision improves within 24–48 hours

#### **PRK**

- The surface layer of the cornea is removed
- Laser reshapes the cornea
- A bandage contact lens is placed to protect healing
- Recovery takes a few days to a week

#### **SMILE**

- A small disc of corneal tissue is removed through a micro-incision
- No flap is created
- Faster healing and less dry eye risk

#### **EVO ICL**

- A soft lens is gently inserted behind your iris
- No corneal tissue removed
- Minimal downtime and reversible

#### **RLE (Refractive Lens Exchange)**

- Your natural lens is removed and replaced with a premium IOL
- Similar to cataract surgery
- Best for those 40+ with presbyopia or early lens changes

## **Step 4: Recovery and Aftercare**

#### **Immediate Recovery (Day 1):**

- You may feel mild irritation, scratchiness, or light sensitivity
- Blurry vision for a few hours is normal
- Avoid rubbing your eyes
- Rest and keep your eyes closed as much as possible

#### **First Week:**

- Attend your follow-up appointment (usually within 24–48 hours)
- Use prescription eye drops as directed
- Avoid swimming pools, hot tubs, and eye makeup
- Limit screen time and strenuous activity for a few days
- Most patients return to work within 1–2 days (depending on procedure)

#### **Long-Term Recovery:**

- Vision stabilizes over days to weeks
- Final results for PRK may take up to 4–6 weeks

- Routine follow-ups ensure proper healing and results
- Most patients achieve 20/20 or better

Your Modern Vision Centers team will be available throughout your recovery to answer questions and ensure your experience is smooth and successful.

## What Are the Risks or Side Effects?

While **advanced vision correction surgery** is extremely safe, we're honest about potential risks, including:

- Dry eyes (temporary or long-term)
- Glare or halos at night (usually resolve over time)
- Over- or under-correction (rare, and often fixable with enhancement)
- Infection or inflammation (very rare with proper aftercare)

We minimize these risks through state-of-the-art technology, surgeon experience, and **customized laser and lens procedures** designed specifically for your eyes.

## Realistic Expectations: What Vision Can You Expect?

- Most patients achieve **20/20 or better**
- Many experience immediate improvements
- Some may need a follow-up enhancement in the future
- Presbyopia (age-related near vision loss) may still develop with time unless addressed with RLE or blended vision

We'll walk you through **exactly what to expect based on your age, eye health, and lifestyle**.

## Why Choose Modern Vision Centers?

Your comfort, safety, and results matter. At Modern Vision Centers, you'll benefit from:

- A **patient-first approach to vision correction**

- Board-certified surgeons trained in every major procedure
- The latest diagnostics and laser technology
- Clear guidance before, during, and after surgery
- Ongoing support for years to come—not just the day of your procedure

Whether you're seeking freedom from glasses or dealing with presbyopia or cataracts, we'll help you navigate every step.

## Take the First Step Toward a Clearer Future

Vision correction surgery is about more than better eyesight—it's about **reclaiming your freedom and confidence**. And it all starts with a consultation. [Schedule your evaluation today with Modern Vision Centers](#) — You'll get expert answers, personalized recommendations, and a roadmap to the vision you've been waiting for.

## Company Description

Modern Vision Centers offers a range of advanced laser and lens vision correction procedures tailored to your unique needs and lifestyle.

## Contact Details

Modern Vision Centers

6880 EP True Pkwy Suite 110, Des Moines, IA, United States

(515) 674-2020

Website: <https://www.mvcvision.com/>

Google Site: <https://sites.google.com/view/mvcvision/>

Google Folder: [https://drive.google.com/drive/folders/1KIQSbTwjLsTY0X1HmiTVSYGOx1dEdRbO?usp=drive\\_open](https://drive.google.com/drive/folders/1KIQSbTwjLsTY0X1HmiTVSYGOx1dEdRbO?usp=drive_open)

## Recommended Resources

<https://mgyb.co/s/Cohso>

<https://mgyb.co/s/SPUIy>

<https://mgyb.co/s/QEydd>

<https://mgyb.co/s/ACoCt>

<https://mgyb.co/s/XBNzp>

<https://mgyb.co/s/wZBUZ>

<https://mgyb.co/s/adREi>  
<https://mgyb.co/s/Jaqid>  
<https://mgyb.co/s/zRJqk>  
<https://mgyb.co/s/TLEuY>  
<https://mgyb.co/s/sWIKY>  
<https://mgyb.co/s/OPBPt>  
<https://mgyb.co/s/qzxSW>  
<https://mgyb.co/s/tjPHg>  
<https://mgyb.co/s/LKSDm>  
<https://mgyb.co/s/BBIG>  
<https://mgyb.co/s/EQxcR>  
<https://mgyb.co/s/pMudc>  
<https://mgyb.co/s/danwZ>  
<https://mgyb.co/s/MeGhW>  
<https://mgyb.co/s/vOlio>  
<https://mgyb.co/s/pSgDn>  
<https://mgyb.co/s/FZQtz>  
<https://mgyb.co/s/kWFrk>  
<https://mgyb.co/s/KLLaD>  
<https://mgyb.co/s/OphyX>  
<https://mgyb.co/s/oWWvq>  
<https://mgyb.co/s/nYqNz>  
<https://mgyb.co/s/dyRLE>  
<https://mgyb.co/s/xqlzR>  
<https://mgyb.co/s/pBTgb>  
<https://mgyb.co/s/ALFxx>  
<https://mgyb.co/s/JZBMc>  
<https://mgyb.co/s/NmdAh>  
<https://mgyb.co/s/OVCom>  
<https://mgyb.co/s/LDmCB>  
<https://mgyb.co/s/DEdMx>  
<https://mgyb.co/s/hkWXi>  
<https://mgyb.co/s/zfPCj>  
<https://mgyb.co/s/VgQaO>  
<https://mgyb.co/s/erJlk>  
<https://mgyb.co/s/AXpFa>  
<https://mgyb.co/s/ETrCG>  
<https://mgyb.co/s/QHFRE>  
<https://mgyb.co/s/hBmnQ>  
<https://mgyb.co/s/TMuRa>

## Recommended Profiles

<https://www.youtube.com/@mvcvision>  
<https://modernvisioncenters.blogspot.com>  
<https://modernvisioncenters.wordpress.com>

<https://gravatar.com/modernvisioncenters>  
<https://modernvisioncenters.tumblr.com>  
[https://x.com/MVC\\_Vision](https://x.com/MVC_Vision)  
<https://www.diigo.com/profile/modernvisioncent>  
<https://drive.google.com/drive/folders/1DdcvjeRyxw0C4Frka2jzD6EpkgxtSFuk?usp=sharing>  
<https://modernvisioncenters.start.page>  
<https://bit.ly/m/modernvisioncenters>  
<https://bio.site/modernvisioncenters>  
<https://about.me/modernvisioncenters>  
<https://instapaper.com/p/mvcvision>  
<https://disqus.com/by/modernvisioncenters/about>  
<https://medium.com/@modernvisioncenters>  
<https://www.facebook.com/mvcvision>  
[https://www.instagram.com/mvc\\_vision](https://www.instagram.com/mvc_vision)  
<https://www.linkedin.com/company/modern-vision-centers>  
<https://www.crunchbase.com/organization/modern-vision-centers>  
<https://vimeo.com/modernvisioncenters>  
<https://www.reddit.com/user/mvcvision>  
<https://archive.org/details/@modernvisioncenters/web-archive>  
<https://www.behance.net/modernvisioncenters>  
<https://issuu.com/modernvisioncenters>  
<https://substack.com/@modernvisioncenters>  
<https://giphy.com/channel/modernvisioncenters>  
<https://trello.com/c/42sPz87M/8-modern-vision-centers>  
<https://modernvisioncenters.notion.site/Modern-Vision-Centers-Profile-Links-233127ab04db804280c0ffaeb1a37d69>  
<https://www.quora.com/profile/Modern-Vision-Centers>  
<https://modernvisioncen.livejournal.com/profile>  
<https://coub.com/modernvisioncenters>  
<https://www.storeboard.com/modernvisioncenters>  
<https://modernvisioncenters.bravesites.com>  
<https://modernvisioncenters.mystrikingly.com>  
<https://modernvisioncenters.weebly.com>  
<https://linktr.ee/modernvisioncenters>  
<https://www.pearltrees.com/modernvisioncenters>

## Useful Contents

[Lasik Surgeon](#)  
[Lasik Eye Surgery](#)  
[Vision Correction Surgery](#)  
[Laser Eye Surgery](#)  
[Best Lasik Procedure](#)  
[Evo Icl](#)  
[Smile Eye Surgery](#)  
[Refractive Surgery](#)  
[Corrective Eye Surgery](#)



[Custom Lens Replacement](#)  
[Lasik Consultation](#)  
[Eye Surgery For Nearsightedness](#)  
[Icl Eye Surgery](#)  
[Lasik Recovery Time](#)  
[Presbyopia Treatment](#)  
[Clear Lens Exchange](#)  
[Prk Laser Eye Surgery](#)  
[Alternatives To Lasik](#)  
[Lasik Candidacy](#)  
[Hyperopia Correction](#)  
[Bladeless Lasik](#)  
[Lasik For Astigmatism](#)  
[Laser Vision Correction](#)  
[Lasik Technology](#)  
[Dry Eye After Lasik](#)  
[Corneal Mapping](#)  
[Laser Vision Consultation](#)  
[Photorefractive Keratectomy](#)  
[Wavefront Lasik](#)  
[Thin Cornea Lasik Options](#)  
[Lifetime Vision Correction](#)  
[Eye Surgery Options](#)  
[Contact Lens Alternative](#)  
[Lasik For Farsightedness](#)  
[Lasik Flap Healing](#)  
[Lasik Night Vision](#)  
[Excimer Laser Eye Surgery](#)  
[Vision Correction Without Glasses](#)  
[Lasik Vs Smile](#)  
[Vision Enhancement Procedures](#)  
[Advanced Surface Ablation](#)  
[Refractive Lens Exchange](#)  
[Monovision Lasik](#)  
[Laser Eye Surgery Cost](#)  
[No Blade Lasik](#)  
[Lasik Procedure Steps](#)  
[Vision Correction For Athletes](#)  
[Laser-assisted Eye Surgery](#)  
[Intraocular Lens Procedure](#)  
[Permanent Vision Correction](#)  
[Outpatient Eye Surgery](#)  
[Corneal Refractive Surgery](#)  
[Lasik With High Prescription](#)  
[Eye Reshaping Surgery](#)  
[Age-related Vision Correction](#)

[Femtosecond Laser Eye Surgery](#)  
[Custom Lasik Treatment](#)  
[Vision Correction For Adults](#)  
[Pre-lasik Testing](#)  
[Precision Eye Surgery](#)  
[Vision Correction Specialist](#)  
[Eye Laser Center](#)  
[Lasik Eligibility](#)  
[Smile Laser Procedure](#)  
[Laser Correction For Myopia](#)  
[No-glasses Eye Surgery](#)  
[Vision Surgery Options](#)  
[High Definition Lasik](#)  
[Long-term Lasik Results](#)  
[Correcting Refractive Error](#)  
[Lasik Experience](#)  
[Intraocular Contact Lenses](#)  
[Permanent Contact Lens Implant](#)  
[Surgical Vision Correction Options](#)  
[Presbyopia Surgery](#)  
[Eye Surgery Evaluation](#)  
[Modern Lasik Procedures](#)  
[Vision Optimization Surgery](#)  
[Prk For Dry Eyes](#)  
[Advanced Lasik Techniques](#)  
[Non-invasive Eye Surgery](#)  
[High Astigmatism Correction](#)  
[Same-day Lasik](#)  
[Lasik Enhancement](#)  
[Visual Freedom Surgery](#)  
[Lasik With Lifetime Guarantee](#)  
[Vision Screening For Lasik](#)  
[Lasik Treatment Plans](#)  
[Pain-free Eye Surgery](#)  
[Minimally Invasive Eye Procedures](#)  
[Lasik Myths](#)  
[Lasik Truth](#)  
[Lifestyle Lens Options](#)  
[Multifocal Lens Surgery](#)  
[Permanent Lens Implants](#)  
[Topography Guided Lasik](#)  
[Visual Acuity Improvement](#)  
[Custom Laser Correction](#)  
[Safe Laser Eye Surgery](#)  
[Smile Surgery Benefits](#)  
[Implantable Lenses](#)

[Long-term Lasik Care](#)  
[Refractive Vision Solutions](#)  
[Prk Recovery Tips](#)  
[Smile Vs Prk](#)  
[Best Eye Correction Method](#)  
[Eye Surgery Faq](#)  
[Glasses-free Vision](#)  
[Precision Lasik](#)  
[Evo Icl Benefits](#)  
[Lasik Planning](#)  
[Expert Laser Eye Surgeon](#)  
[Sharp Vision Surgery](#)  
[Lasik Downtime](#)  
[Next-gen Vision Surgery](#)  
[Vision Surgery Checklist](#)  
[Laser Correction Consultation](#)  
[Post-lasik Care](#)  
[Lifetime Vision Options](#)  
[Lens-based Correction](#)  
[Visual Clarity Surgery](#)  
[High-performance Eye Surgery](#)  
[Refractive Condition Solutions](#)  
[Keratorefractive Surgery](#)  
[Modern Refractive Procedures](#)  
[Laser Eye Reshaping](#)  
[Lasik Screening Process](#)  
[Advanced Diagnostics For Lasik](#)  
[Refractive Errors Explained](#)  
[Permanent Lasik Alternatives](#)  
[Optimizing Visual Performance](#)  
[Laser Procedure For Vision](#)  
[Lasik Touch-up](#)  
[Laser Lens Exchange](#)  
[Smile For Athletes](#)  
[Lasik For Computer Users](#)  
[Active Lifestyle Lasik](#)  
[Reducing Glasses Dependence](#)  
[Cutting-edge Laser Correction](#)  
[Minimally Invasive Vision Correction](#)  
[Superior Vision Outcomes](#)  
[Excimer Reshaping](#)  
[Corneal Reshaping Precision](#)  
[Surgeon-led Vision Care](#)  
[Prk For Military](#)  
[Evo Icl Vs Lasik](#)  
[Wavefront-guided Surgery](#)

[Thin Cornea Solutions](#)  
[Long-term Visual Improvement](#)  
[Depth Perception Correction](#)  
[Corneal Surface Smoothing](#)  
[Refractive Surgery Tools](#)  
[3d Corneal Mapping](#)  
[Lens Replacement Options](#)  
[Eye Chart Vision Improvement](#)  
[Personalized Vision Correction](#)  
[Eye Surgery Expertise](#)  
[Visual Acuity Procedures](#)  
[Lasik Safety Profile](#)  
[Digital Eye Strain Correction](#)  
[Precision-guided Surgery](#)  
[Visual Clarity Without Lenses](#)  
[Lasik For Active People](#)  
[Personalized Lasik](#)  
[Contact Lens Free](#)  
[Dry Eye Risk Factors](#)  
[Preoperative Lasik Testing](#)  
[Ocular Surgery Options](#)  
[Laser-assisted Vision Care](#)  
[Lasik And Age](#)  
[Premium Iol Options](#)  
[Flapless Vision Correction](#)  
[Enhanced Visual Outcomes](#)  
[Vision Correction Innovation](#)  
[Lasik Financing Options](#)  
[Customized Eye Surgery](#)  
[Lasik Follow-up Care](#)  
[Correcting High Prescriptions](#)  
[Laser Vision For Professionals](#)  
[Permanent Nearsightedness Correction](#)  
[Evo Icl Features](#)  
[Lasik For Thin Corneas](#)  
[Ocular Diagnostics](#)  
[High-resolution Eye Surgery](#)  
[Premium Laser Correction](#)  
[Surgical Clarity Vision](#)  
[Smile Eye Procedure](#)  
[Zero Downtime Lasik](#)  
[Lasik Laser Precision](#)  
[Lasik Healing Timeline](#)  
[Lasik Treatment Map](#)  
[Laser Refractive Correction](#)  
[Corneal Surface Treatment](#)

[Surgical Visual Optimization](#)  
[Smile Technology](#)  
[Laser Reshaping Technology](#)  
[Lasik Vision Planning](#)  
[High Tech Vision Surgery](#)  
[Corrective Lens Surgery](#)  
[Advanced Icl Procedures](#)