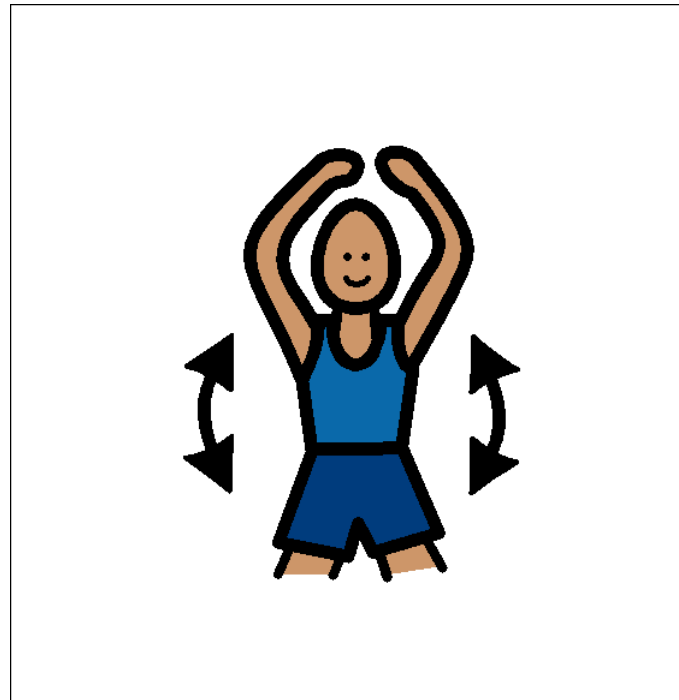
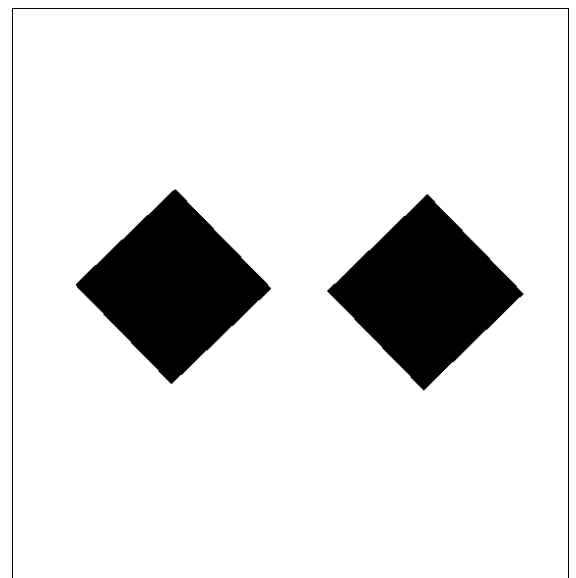
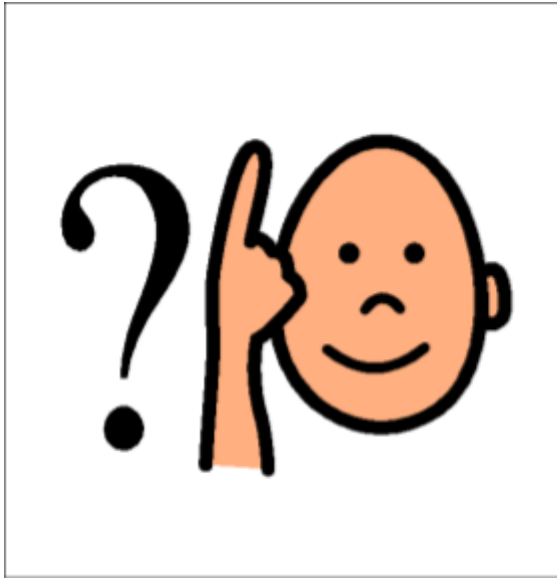


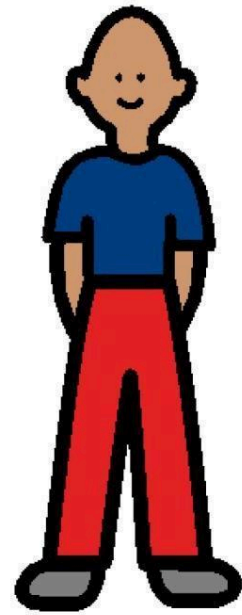
Αρχικές θέσεις

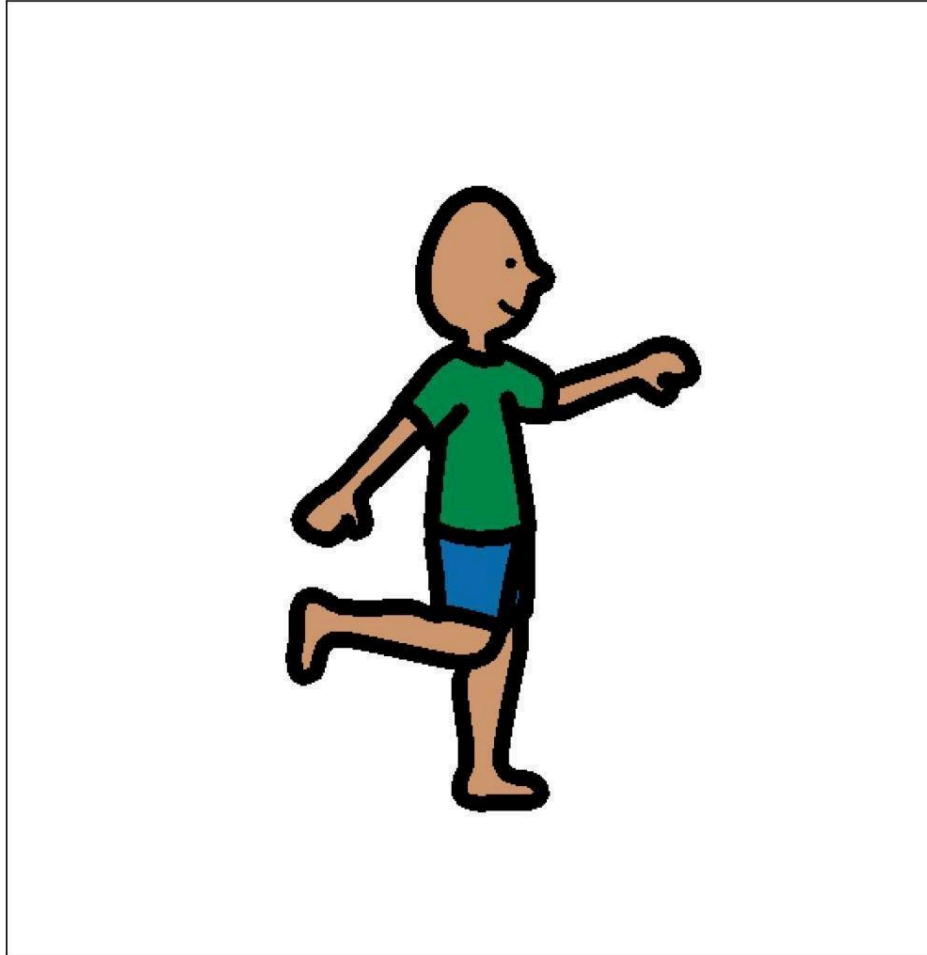


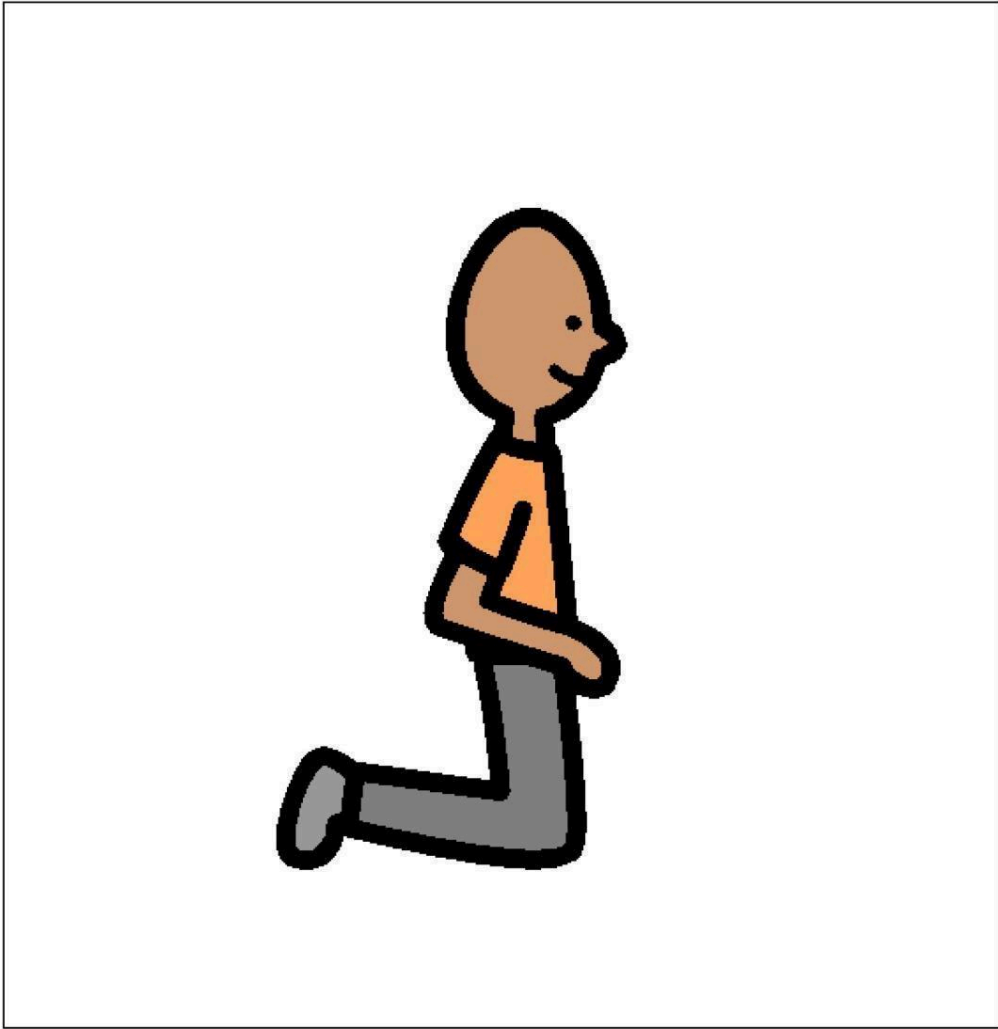
Θέσεις του σώματος στο χώρο

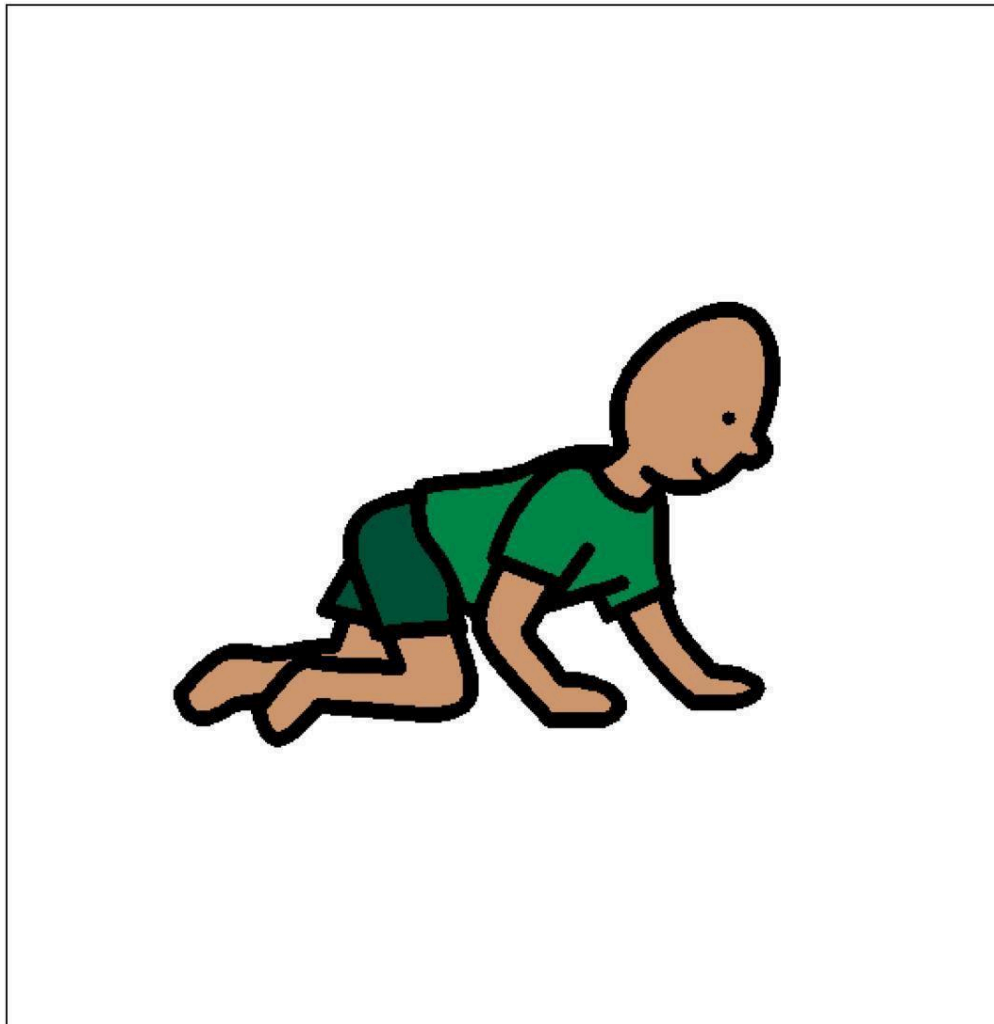


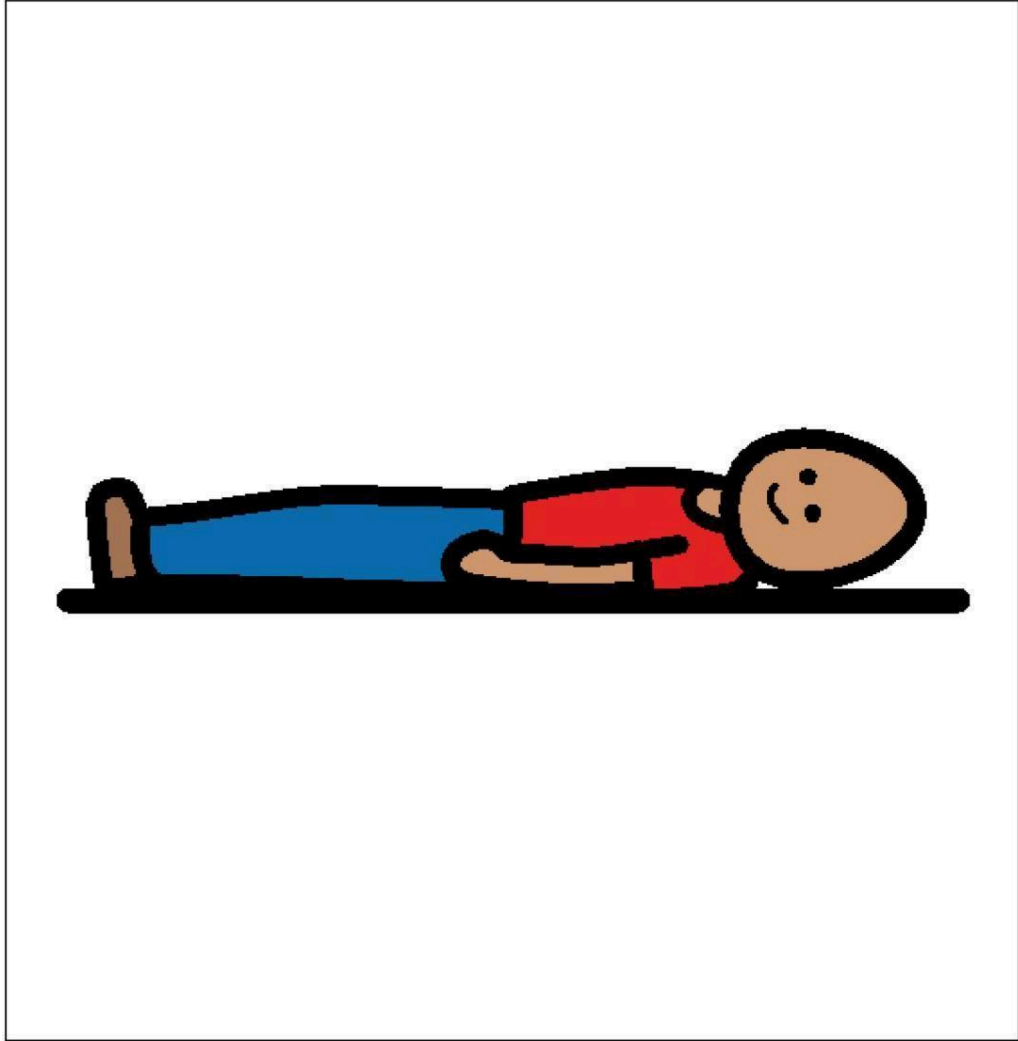
Μπορείς να κάνεις το ίδιο?



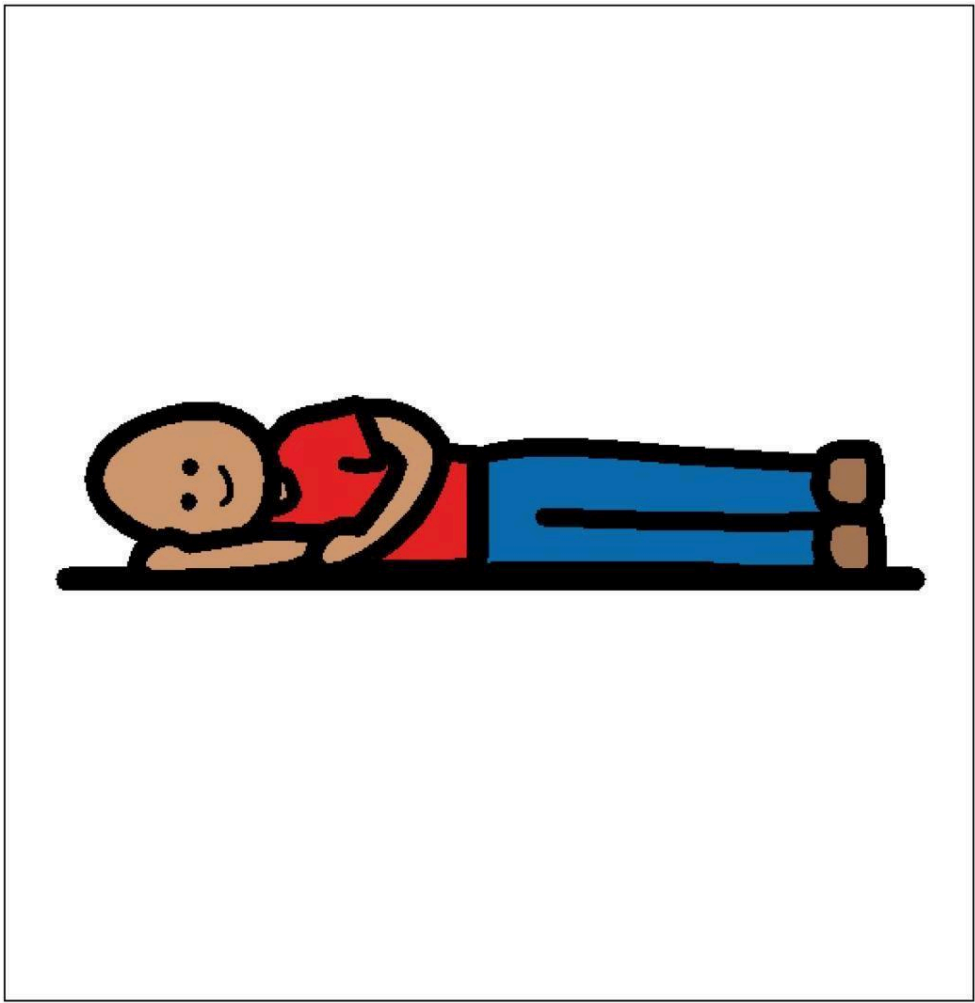


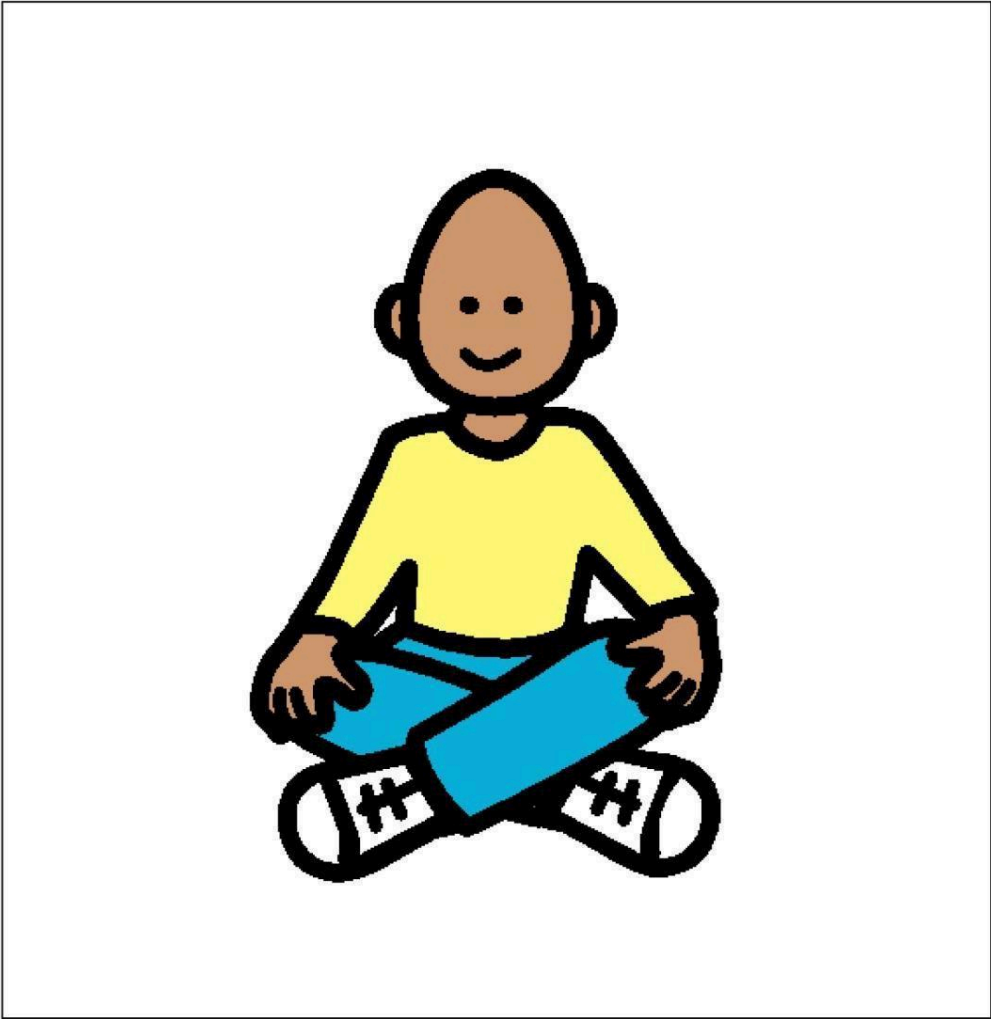


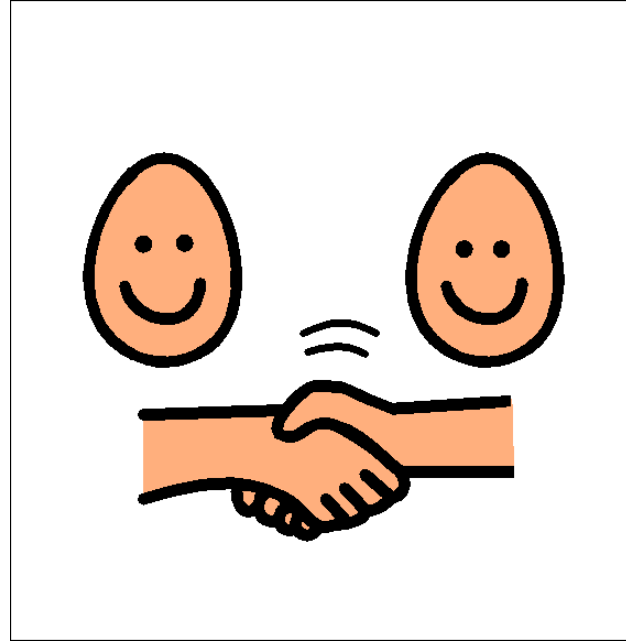












Συγχαρητήρια!

Ασκήσεις online:

<https://learningapps.org/display?v=pptbnp0e323>

<https://learningapps.org/display?v=p3jkzb8jn23>