

# HARC PACKING LIST

Pens or pencil (paper)

Chapstick

Water bottle

Baby Wipes

Bedding (pillow, warm sleeping bag or blankets)

Sleeping pad

Toiletries (Deodorant, toothbrush & paste, hairbrush, soap, washcloth, etc.)

Towel

Multiple changes of running clothes at (least 2 shoes, 4-5 Shirts, 2-4 Shorts, 8 pair of Socks etc.)

Jacket or sweater(s)

Long pants (Tights, sweatpants, etc.)

Beanie, Gloves

Toilet paper (just in case)

Camp Chair

Tent

Rain/wet gear (you never know)

Extra snacks (if you really get the munchies)

Hat/Sunglasses

Bug spray/Sunscreen