## Advanced Consciousness-based Healing Techniques Course 2019

Whether we are in the healing professions or are interested in our own personal growth and development, a point comes when we realize that we must learn to heal ourselves first. In order to this, we must become adept at working with energy and consciousness to promote self healing and through this be able to assist others in healing as well. For this reason, New World Ayurveda School is offering the Advanced Consciousness-based Healing Techniques Course, a 12-week immersion in energetic and consciousness-based healing techniques for both self healing and assisting others to heal. Energy healing has become one of the most popular modalities in the alternative medicine field. The next level in energetic healing incorporates deep meditation and subtle consciousness techniques. These cutting-edge inner technologies are being made available through New World Ayurveda School.

This course incorporates both techniques that can assist others and self-healing techniques. The course emphasizes self development — developing our ability to hold more light and consciousness. This leads to developing the greatest healing power, healing energetically and coming more into a state of balance and clarity so that one can be of greatest service in the world. To facilitate this, each class offers a consciousness-based healing technique, a self-healing technique, as well as the principles behind how the techniques work. The course also includes weekly group consciousness mentoring (coaching) with Dr. Dugliss to maximum personal growth and development through the course.

## What is the Advanced Consciousness-based Healing Techniques Course?

- 1. A set of over 12 advanced healing techniques for Ayurvedic Practitioners, Massage Therapists, Energy Workers, Reiki Practitioners, Healers, Yoga Therapists and Body Workers.
- 2. A complete system of healing based on the power of consciousness and an understanding of how energy and consciousness heal.
- 3. A set of breathing, meditation and energy-healing techniques that include distance healing and clairvoyant healing methods the highest knowledge of mantra, symbols, vibrational techniques and meditation to create shifts in energy, chakras and foster profound healing on all levels.
- 4. A way of working with the human archetype (the causal plane or the Gyanamaya Kosha) in order to shift and transform the life and health of individuals.
- 5. A way of transforming one's own life, health and consciousness.

## How have students benefited from the Advanced Consciousness-based Healing Techniques Course?

- 1. Greater energy and clarity of mind
- 2. Development of ability to see and sense energy
- 3. Healing of past traumas and past programming

4. Clearing of cellular memories and old and stuck energy

5. Resolution of difficult pain and chronic health issues

6. Being able to assist clients in healing with guided meditation, chakra work and subtle distance

7. Being able to call on and work with higher vibrational energies to assist in healing

8. ... and much more

What is the structure of the course?

FORMAT: The course is 3 months long, composed of 12 - weekly sessions, each 2.5 hours of instruction. Optional weekly group coaching sessions for asking questions and receiving individual mentoring (in front of the group) will be available 1 hour each week. The course is offered as a live, Internet class that can be taken

anywhere high-speed Internet is available.

PREREQUISITES / COURSE REQUIREMENTS: Students must be practitioners of Heart-based Meditation. Students are expected to add approximately 30 minutes to their meditations each day (15 minutes morning and evening), and will be expected to do approximately 2 hours of readings each week. The program is highly experiential, so it is important to be able to do the practices each day in order to learn them well.

There are no other formal prerequisites to this course.

COURSE DATES & TIMES: Mondays July 1 - September 16, 2019, 7:00-9:30 PM Eastern Time; Group Mentoring will take place Thursdays from 11:00AM - Noon Eastern Time.

TUITION:

o Tuition is \$2500.

o Monthly payment plan: \$750 initial payment and 8 monthly payments of \$250 (requires credit, debit card).

OTHER EXPENSES: \$150 for books.

CLASS ENROLLMENT FOR PREVIOUS STUDENTS: Previous participants in the Advanced Consciousness-based Healing Techniques Course or the Healing Light Training Program may retake the course at half price.

TO REGISTER: Email us at nwaveda@gmail.com

## Advanced Consciousness-based Healing Techniques Course Structure

SESSION	TOPICS	HEALING TECHNIQUES	SELF-HEALING TECHNIQUES
1	<ul> <li>The Consciousness Model –         Who We Are and How We Heal</li> <li>Subtle Awareness and Healing         States</li> <li>Sleep, Ascendence,         Reprogramming and the Subtle         Intention Technique</li> </ul>	The Subtle Intention Technique - Intention at Its Most Powerful	Heart Centering - The Foundation of Cultivating the Love That Heals The Sleep Technique
2	<ul> <li>The Causal Plane (Gyanamaya Kosha) and Sacred Symbols</li> <li>Patanjali and the Siddhis – The Structure of Miracles</li> <li>Samyama and the Three Components of Healing</li> <li>Meditation and Miracles</li> </ul>	The First Sacred Sound Technique	The Heart Centering Bliss Technique The Forgiveness Technique
3	<ul> <li>The Power of Visualization</li> <li>Using Visualization with the Power of Ritam</li> <li>Developing Clairvoyance</li> </ul>	The Subtle Visualization Technique	The Heart Radiance Healing Technique
4	<ul> <li>Distance Healing I</li> <li>Symbols and the Language of the Causal Plane</li> <li>Universal Symbols</li> <li>Astrology and the Archetypes</li> </ul>	The Symbol-Mantra Distance Technique	The Acceptance Technique - Part I
5	<ul> <li>Distance Healing II</li> <li>Group Meditation Effects</li> <li>Group Healing</li> <li>Prayer and Distance Healing</li> </ul>	The Second Sacred Symbol-Mantra Technique	The Acceptance Technique - Part II

6	<ul> <li>The Spiritual Realm (The Anandamaya Kosha)</li> <li>The Concept of Angels</li> <li>Love, Consciousness and Healing</li> </ul>	Angelic Healing Technique	The Gratitude Technique - Part I
7	<ul> <li>Love, Fear and Healing – The         Cure for Resistance</li> <li>The Laws of the Spiritual Realm</li> <li>Communication in the Spiritual         Realm</li> </ul>	The 7 Angelic Empowerments Technique	The Gratitude Technique - Part II
8	<ul> <li>Subconscious Patterning and Past Lives</li> <li>Uncovering and Clearing Past Life Patterns</li> </ul>	The First Akashic Record Technique	The Invincibility Technique - Part I
9	<ul> <li>Understanding the Workings of the Akashic Plane</li> <li>Energetic Assistance on the Level of the Akashic</li> </ul>	The Second Akashic Record Technique	The Invincibility Technique - Part II
10	<ul> <li>The Chakras as Storehouses of Programming and Experience</li> <li>The Structure of Chakras</li> <li>Clearing Chakras</li> </ul>	The Chakra Clearing Technique	Cord Cutting Technique - Part I
11	<ul> <li>Enlightening the Chakras</li> <li>The Enlightened Value of Each Chakra</li> </ul>	The Enlightened Chakra Technique	Cord Cutting Technique - Part II
12	<ul> <li>Accelerated Growth and Transformation</li> <li>Maintaining Higher Vibration and Maintaining Bliss</li> <li>Higher States of Consciousness</li> <li>The Universal Path of Love / The Angels' Way</li> </ul>	Program for Enlightenment: Further Growth and Development of Healing Power	Program for Enlightenment: Further Growth and Development of Healing Power