

# 2025 Coaches Conference Agenda



**2025 KENTUCKY ASSOCIATION OF PEP ORGANIZATION SPONSORS  
COACHES CONFERENCE**

**Saturday, August 16, 2025**  
**Clarion Hotel Bluegrass Convention Center**  
**1950 Newtown Pike, Lexington, KY 40511**

**AGENDA**

8:30 – 9:00 a.m.	Registration	KAPOS Board Members
9:00 – 9:05 a.m.	Welcome	Kim Bugg, KAPOS
9:05 – 9:25 a.m.	KAPOS Updates	Kim Bugg, KAPOS President
9:25 – 9:40 a.m.	KHSAA Competitive Cheer Update	Sarah Bridenbaugh, KHSAA
9:40 – 10:00 a.m.	NFHS and Varsity Cheer Rules Update	Bill Ahern, Varsity Cheer
10:00 – 10:30 a.m.	Pyramid Session	Bill Ahern, Varsity Cheer
10:30 – 10:35 a.m.	BREAK	
10:35 – 11:15 a.m.	Partner Stunt Technique and Spotting	Bill Ahern, Varsity Cheer
11:15 – 11:45 a.m.	UCA/Varsity Deduction Updates	Hack Hudson
11:45 – 12:00 p.m.	Questions and Answers	
12:00 - p.m.	LUNCH Included in Registration	
12:30- 1:00 pm	Registration for Judges Training	KAPOS Board Members
1:00 - 3:00 p.m.	KAPOS Judges Training Included In Registration	KAPOS Board Members

# 2024 Coaches Conference Agenda



**2024 KENTUCKY ASSOCIATION OF PEP ORGANIZATION SPONSORS  
COACHES CONFERENCE**

**Saturday, August 17, 2024  
KHSAA Office  
2280 Executive Drive, Lexington, KY 40505**

**AGENDA**

8:30 – 9:00 a.m.	Registration	KAPOS Board Members
9:00 – 9:10 a.m.	Welcome KAPOS Update	Hack Hudson, KAPOS President
9:10 – 9:25 a.m.	KHSAA Competitive Cheer Update	Sarah Bridenbaugh, KHSAA
9:25 – 9:30 a.m.	BREAK	
9:30 – 9:45 a.m.	NFHS and USA Cheer Rules Update	Bill Ahern, USA Cheer
9:45 – 10:30 a.m.	Pyramid Session	Bill Ahern, USA Cheer
10:30 – 10:35 a.m.	BREAK	
10:35 – 11:15 a.m.	Partner Stunt Technique and Spotting	Bill Ahern
11:15 – 11:30 a.m.	Questions and Answers	
11:30 – 12:00 p.m.	LUNCH	
12:00 – 1:30 p.m.	Varsity Scoring and Updates	Hack Hudson
1:30 – 2:30 p.m.	In-game Scoring	KAPOS Board

