

DAILY DOMINATION

	 Today's Tasks & Steps To Success 
1. 	 Task: Watch PUC  Action Steps: Watch today's PUC replay
2. 	 Task: Take notes on PUC  Action Steps: Use the “concept, importance, in action, and how I can use this” style of notes on the PUC
3. 	 Task: 15 sec focus on my ideal self and then review plans to win the day  Action Steps: Read my identity document and FEEL it, then, look at your plans for today
4. 	 Task: Train  Action Steps: Go to the gym and push through the reps until total failure
5. 	 Task: Patrol TRW chats  Action Steps: Go through all the channels in TRW • Read and look for opportunities for success
6. 	 Task: (Daily) Complete 5 IG “scripts” and paste into the doc for Brandon  Action Steps: • Look at the top player spreadsheet's hooks, topics, views, and video format • Choose 5 combinations of the best-performing elements • Give ChatGPT 5 hooks and the desired video format and ask for a list of talking points • Refine the points by going back and forth • Paste into the “script” doc
7. 	 Task: Complete Brandon's website on Webflow  Action Steps: • Go on Webflow, the Canva website, and the Webflow tutorial on YouTube • Use the tutorial's guide and the Canva website's inspiration to create the website • Remember to add:

	○ Harrison's opt-in page ○ The lead magnet pop-up ○ Harrison's sales pages ○ Change the clothing brand name to CreativeHustler
8.  	 Task: Refine TopGPT  Action Steps: ● Add new resources to the doc ○ New beginner funnel ○ More specific lessons ○ Any other resources you can grab
9.  	 Task:  Action Steps:
10.  	 Task: Rewrite client #1's email campaigns  Action Steps: ● Revise first draft by hand ● Revise again with AI ● Identify weak points that you can't figure out ● Send copy for review ● Do the WWP for the next email's draft and repeat the process

11.  

 **Task:**
 **Action Steps:**



 17 Date  17

Date: Oct 17



 3 Blessings I'm Grateful To Have 

1. Parents
2. A roof over my head
3. Food and water



 3 Priority Tasks 

(These are non-negotiable tasks and must be conquered today!)

1. Refine TopGPT
2. Rewrite client #1's email campaigns
3. Complete Brandon's website

🕒 Hourly Commitments & Reflections 🕒

Task 🏆	Task: What will I do?
Strategy 🔍	Strategy: How will I do it, step-by-step action?
Reflection ✍️	Reflection: Was the task finished? If not, why & what stopped me and how will I fix it?

(Fill in as you go & remove the hours you are asleep.)

4 PM: Task 🏆	HW
Strategy 🔍	SCHOOL WORK
Reflection ✍️	Pain at it's worst

5 PM: Task 🏆	Rewrite client #1's email campaigns
Strategy 🔍	Revise first draft by hand Revise again with AI Identify weak points that you can't figure out Send copy for review Do the WWP for the next email's draft and repeat the process

Reflection 	Got pulled out of my GWS because my mom wanted me to read with her :(1 email done though, I'll get it reviewed
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6 PM: Task 	Gym (shoulder)
Strategy 	Go to the gym and push to your max reps of each exercise on today's routine. Target total failure and soreness in less that 45 minutes
Reflection 	Sweating as I type this

7 PM: Task 	After dinner, follow the WWP to complete client #1's agency plan email sequence + add interactions to Brandon's website
Strategy 	Revise first draft by hand Revise again with AI Identify weak points that you can't figure out Send copy for review Do the WWP for the next email's draft and repeat the process _____ Follow YouTube tutorials on how to make websites interactive on Webflow Implement lessons and troubleshoot like an Agoge
Reflection 	2nd email completed with AI and reiterated it myself. Made a hover on/off pop-up for Brandon, and he loved it

8 PM: Task 	Follow the WWP to complete client #1's agency plan email sequence
Strategy 	Revise first draft by hand Revise again with AI Identify weak points that you can't figure out Send copy for review Do the WWP for the next email's draft and repeat the process
Reflection 	COMPLETE and sent off to review in TRW

9 PM: Task 🏆	(Daily) Complete 5 IG “scripts” and paste into the doc for Brandon Complete the social media DM funnel doc and refine it to the point where you can discuss it with Brandon on the call
Strategy 🔍	Look at the top player spreadsheet’s hooks, topics, views, and video format Choose 5 combinations of the best-performing elements Give ChatGPT 5 hooks and the desired video format and ask for a list of talking points Refine the points by going back and forth Paste into the “script” doc Look at the SM DM doc by prof Andrew Implement the resources and paste what Brandon needs to know about it on the doc.
Reflection ✍️	Turns out my client is happy with the few scripts he has now, so he told me not to make any for now Finished up the SM DM funnel doc to discuss on our call Worked on Brandon’s website, I learned so much and implemented all of it, I can feel the FIREBLOOD

10 PM: Task 🏆	Review Dylan’s videos, complete Brandon’s website
Strategy 🔍	• Open Gmail and check out Dylan’s videos • Download them all • Upload into shared Gdrive • Notify client • Remind him about his payment? Go on Webflow, the Canva website, and the Webflow tutorial on YouTube Use the tutorial’s guide and the Canva website’s inspiration to create the website Remember to add:
Reflection ✍️	Reviewed and uploaded all of his videos, and client’s very happy Got stuck on webflow and didn’t make much progress at all, something’s bugging



Twilight's Review

☀️ What wins did I achieve today? ☀️

- Starting to see stretch marks around my arms
- No \$ wins
- Both clients are content

📖 What lessons did I learn today? 📖

- Set SPECIFIC, binary targets and deadlines for EVERYTHING you do

🚧 What roadblocks did I face? 🚧

- My mom wanted me to read with her for a long time
- My room was messy, took my focus away
- Webflow had this glitch where clicking a button wouldn't open anything

💡 How will I improve and progress tomorrow? 💡

- **Either clean my room everyday or work in the organized living room**
 - **Spend better quality time with my mom when I am with her**
 - **Talk with Cole/support to fix the WebFlow issue**
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 What worked well and will be repeated? 

- **Great gym sesh**
 - **Creating email promos for 1st client**
 - **Dylan's vids are great, I'll keep adding them to the Gdrive**
 - **Using AI to create first drafts and reiterations**
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 Who are the People I need to connect with? 

- **Client on launching my emails**
 - **Client on the DM funnel**
 - **TRW students who'll review my copy soon**
 - **Dylan on his soon-to-be social media job**
 - **Cole on fixing the Webflow issue**
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 What tasks remain uncompleted 

- **Completing Brandon's website**
- **Tell Dylan his next video production steps**

 What changes do I need to make to my CONQUEST PLAN? 

None

 The final assessment of the day's productivity 

8.5/10 Used my time very well, but some things got in the way

Freestyle Thoughts:

- Jot down your train of thought when you're confused
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