

## DOWNLOAD THE TEMPLATE FOR EDITING

**Title in Spanish**  
**Title in English**

Authors, ORCID, affiliation and email of author (s)

Note: Complete the information in the affidavit ([download](#)) and Cover letter ([download](#))

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### Summary

The summary in Spanish, double spaced and justified. It will have a maximum length of 250 words. It must describe the sections of the Introduction, objectives, method, results and conclusions / discussions of the article (IMRYD).

Example:

**Introduction:** Personality is a relevant characteristic to predict student academic behavior, and its association with academic exhaustion is still a recent topic. **Objective:** to analyze the predictive capacity of the five big personality factors on academic emotional exhaustion in university students. **Method:** a sample of 453 students (60.9% women) between 17 and 40 years of age, who were evaluated with the Emotional Exhaustion Scale and the Big Five Inventory 15p. A multiple regression analysis was implemented for academic emotional exhaustion using personality traits as predictors. **Results:** it is noted that personality traits explain emotional exhaustion significantly ( $R^2 > .20$ ), while neuroticism, extraversion and responsibility predict academic emotional exhaustion. **Discussion:** the predictive capacity of personality traits over academic emotional exhaustion is significant. Practical consequences and limitations of the study are discussed.

From 5 to 6 keywords must be included according to the thesauri of [ERIC](#) or [UNESCO](#), separated by a semicolon (;)

*Keywords:* Keyword 1; keyword 2; keyword 3; keyword 4.

### **Abstract**

Translation of summary into English, double spaced and justified. Translation of keywords must be included, separated by a semicolon.

*Keywords:* Keyword 1; keyword 2; keyword 3; keyword 4; keyword 5.

The body of the article must contain the following sections: Introduction, Method, Results, Discussion, Conclusion and References.

### **Introduction**

The maximum length of the work will be 7,000 words (including tables, figures and list of references); it must have a page number in the lower center corner. The body of the text must be justified and written up, double spaced (2.0 line spacing). The line spacing must be precise, without space between paragraphs. Use the modern paragraph style (without indentation), preferably with a length of no more than 15 lines.

All titles and subheadings must be justified to the left, with capital and with lowercase.

### **Method**

It must be written up and justified, double spaced (2.0 line spacing). The line spacing must be exact, without space between paragraphs. Use the modern paragraph style (without indentation). It includes:

### ***Design***

It must be justified and written up, double spaced (2.0 line spacing). Regarding the content, it must include the research design properly supported. At least one source must be added.

***Participants***

It must be justified and written up, double spaced (2.0 line spacing). The type and sampling technique used in the study must be described. Likewise, the sample size must be specified and a detailed description of participants must be provided.

***Instruments***

It must be justified and written up in type, double spaced (2.0 line spacing). Instrument (s) used must be pointed out, including the author's full name and the year in which the study was carried out. In addition, it is recommended to include the validity and reliability data.

The author and / or the (adapter) of the instrument must be included in the references.

***Procedure***

It must be justified and written up, double spaced (2.0 line spacing). It is necessary to describe the procedures that were followed to carry out the study. Sponsorship declaration, administration of informed consent, and compliance with other ethical aspects must be included. In the case of experimental studies, the approval of the ethical committee must be added.

***Data analysis***

It must be justified and written up, double spaced (2.0 line spacing). Data analysis procedures carried out must be stated in a detailed way, and the use of each procedure must be supported. If necessary, include references.

**Results**

It must be justified and written up, double spaced (2.0 line spacing). Tables and figures are

included, and must be inserted in the body or the article. References must be made to each of them in the text. The following considerations must be taken into account:

### Tables

The title of the tables must be placed at the top of the table, and numbered consecutively in Arabic numbers. Notes should be included at the table foot, single line spacing.

Ejemplo:

Table 1.

*Sample data per course and knowledge field*

Title	<i>Title</i>	<i>Title</i>	<i>Title</i>
	<i>Minor title</i>	<i>Minor title</i>	<i>Minor title</i>
Title	data	data	data
Title	data	data	data
Title	data	data	data
Title	data	data	data

Note: Table general notes and/or abbreviations definitions. Subsequent specific notes must be included on a different line.

### Figures

Figures (graphs, pictures, and diagrams) must be neat and consistent in terms of quality. The titles of the figures must be placed at the top of the figures, centered, and numbered consecutively in Arabic numbers. Graphs and content must be in editable format. (See table 1

and Figure 1). Images in GIF or JPG format should be at 300 dpi resolution and no larger than 800 x 600 pixels. Both graphs and images must be presented in grayscale.

Figure 1  
Skills generally improved by creating a poster



Fuente: <https://doi.org/10.19083/ridu.2022.1590>

## Discussion

It must be justified and written up, double spaced (2.0 line spacing). Results must be presented and contrasted with other studies. In addition, implications and limitation of the findings must be presented. It must be aligned to the objectives declared in the body of the study. On the other hand, contributions and suggestions should be made regarding continuity of work lines and future studies.

**THE SAME FOR THIS SITE**

<https://revistas.upc.edu.pe/index.php/docencia/about/submissions>

## CITATION AND REFERENCE GUIDE FOR AUTHORS ACCORDING TO APA

When citing, work format and content must adhere to the American Psychological Association's latest edition guidelines.

<https://revistas.upc.edu.pe/index.php/docencia/index>

## Citation

Sources cited in the nominated articles must be placed at the end of the document and in alphabetical order. Likewise, the editorial style of APA's latest edition must be complied with. Information must be accurate, as it appears in the original document. It is very important that authors include the DOI (*Digital Object Identifier*) in each article, as well as the URL of consulted websites.

## In-text reference citations

Documentation citation refers to when the text is taken "*verbatim* or paraphrased" from another source, this to provide theoretical, conceptual and empirical bibliographic support to the document or article prepared, with data that allows the reader to know the source from which the information located comes from, that is, the list of references, which is located at the end of the article. The most common citation methods are *textual*, *contextual* or *paraphrase*.

In the case of a *textual quote*, the text is transcribed literally from another author, or authors of a document published by them, it includes less than 40 words, the paragraph that is being cited is written between quotation marks. If the quote contains 40 or more words, it is written in a new paragraph, without quotation marks, as a new division, with an indentation of five spaces for the entire paragraph, from the left margin and respecting the margin on the right, with the same line spacing used in the document. For *verbatim* quotes, you must include the number of pages from where the quote was taken, the author's last name and the year of publication.

*Contextual* citation is produced when a specific part of a document or its content is summarized. Also, when a text is paraphrased, or a reference is made to an idea contained in another work.

Below are some examples of textual, contextual, or paraphrased citation:

**Examples of in-text citation (single author):**

- As part of this challenge, universities present... (Carrizo, 2010).
- For his part, Carrizo (2010) highlighted the importance of considering strategies...
- In 2010, Carrizo realized the importance of curricular frameworks...

***Works with multiple authors:*****Two authors:**

- In 2015, García-Peñalvo and Pardo pointed out that the emergence of the ICT

- It is known that the emergence of the ICT... (García-Peñalvo & Pardo, 2015).

- In that sense, García-Peñalvo and Pardo (2015) have acknowledged that the emergence of the ICT...

When there are more than two authors, we request that you identify the use of the letter 'y' and the ampersand sign (&) in text.

**Three, four or five authors:**

- In the study by Lawson et al. (2013) analyze...
- In 2013, Lawson et al. analyzed the case of the Managers...
- The greatest number of work hours that a manager must dedicate ... (Lawson et al., 2013)

From the first citation, only the first author's last name must be included, followed by the abbreviation et al. If it is without parentheses, a period is put after al. If it is between parentheses, a semicolon will be placed after al.

- The greatest number of working hours that a manager must dedicate... (Lawson et al., 2013).
- Lawson et al. (2013) state that the greatest number of working hours...

***Institutional author:***

- The International Labor Office (ILO, 2016) states that in the last years, work stress ...
- Work stress prevails in many work environments (International Labor Office [ILO], 2016).

\*In the first citation, the organization's full name will be included, along with the abbreviation. In the second citation, only the organization's abbreviation will be included.

***Author identified without abbreviation:***

- Peru invests 14% of total education spending in higher education... (World Bank, 2018).
- The World Bank (2018) pointed out that Peru invests...

***Number of authors in references***

- Provide the last names and initials of up to 20 authors. For example, you could include the last name and the initial of the first 19 authors. Then, use ellipses and add the last author.

**Example:**

Boeing, H., Bechthold, A., Bub, A., Ellinger, S., Haller, D., Kroke, A., . . . Watzl, B. (2012). Critical review: vegetables and fruit in the prevention of chronic diseases. *European Journal of Nutrition*, 51(6),637-663. <https://doi.org/10.1007/s00394-012-0380-y>

***Works published by the same author in the same year:***

- In both 2016 and 2018... (National Accreditation Commission, 2016a, 2018)... The programs that obtained 3 years are (National Accreditation Commission, 2016b).
- Thus, the National Accreditation Commission (2016a, 2016b) states the need of...

*Works from the same author published in different years:*

- Although there is consensus .... and instructional methods (Hattie, 2008, 2012) ...

\*Years are organized chronologically, from the oldest to the most recent.

*Works by two or more authors in the same text:*

- When citing two or more works from different authors in the same text, include the last name and year of publication, separated by a semicolon within the same parentheses, in alphabetical order as they appear in the references.

**Example:**

- Among the value beliefs of the model ... (Eccles et al., 1983; Simpkins, et al., 2006; Wigfield & Cambria, 2010; Wigfield et al.,2000; Xiang, et al, 2005).

***Citation from a secondary source:***

Citations of secondary sources must name the original source. That way, there will be a better reference from where it was taken (citation of citation).

Citations can be written up in three ways, according to the following emphases:

- In the author: the author's last name, the year in parentheses; the cited text and the page in parentheses.

- In the text content: the cited text and, in parentheses, the author's last name, the year and the page.

- In the year of publication: it starts with the year, followed by the author's last name, the cited

text and the page in parentheses.

***Example of a direct quote in a paragraph (emphasis on the author):***

- In this sense, Zapata (2011) states that “the common citizen faces the permanent challenge of reading and interpreting statistical data arising from different sources. Unfortunately, our citizens have insufficient statistical literacy to successfully face these challenges demanded by culture” (p. 234).

***Example of a direct quote in a paragraph (emphasis in the text):***

- In this sense, “the common citizen faces the permanent challenge of reading and interpreting statistical data arising from different sources. Unfortunately, our citizens have insufficient statistical literacy to successfully face these challenges demanded by culture” (Zapata, 2011, p. 234).

If the text that requires making a textual quote comprises two pages, you must write: (Zapata, 2011, pp. 234-235).

On the other hand, paraphrasing a quote means configuring the way in which the statement has been presented without altering its meaning.

***Example of an indirect quote or paraphrasing (emphasis in the author):***

- Campos (2016) considers these three concepts as necessary competencies for statistical education and includes an additional competency that he names critical competency for the formation of Critical Statistical Education.

***Example of an indirect quote or paraphrasing (emphasis in the text):***

- The clear definition of competencies to be acquired in a formative doctoral training process is of vital importance, given the demands of the 21<sup>st</sup> century for universities where the emphasis is no longer on undergraduate formation but on top-level research, which would be the identifying element of these institutions (Nebot, 2009).

## References

References should be, if possible, no older than 5 years. Citations are identified with the author (s) and the date of publication of the scientific text they prepared. It is necessary to focus on coherence between the list of references and the quotes or paraphrasing present in the text.

For references, use the guide below:

- The list of references must appear in alphabetical order, according to the authors' last names.
- Titles must be written with the first letter capitalized and the rest in lower case.
- Use indentation.
- Include only references present in the text.
- These are the general elements of a reference: author's last name, first name initial, (year of publication), title of the work [in italics], (edition). Publishing house.

### For electronic media:

- If the DOI (Digital Object Identifier) appears to be assigned to account for the document, it will be necessary to include it.

- If the document does not have a DOI, include the URL of the page consulted for reference.

Ex. <http://press-pubs.uchicago.edu/founder/>

- Use links that are current.

- It is not necessary to include the date in which the information was retrieved.
- Do not use a period after the URL.
- Include the DOI URL directly: <https://doi.org/10.4995/redu.2018.9372>
- To facilitate the layout process, URLs should appear without hyperlinks.

Below, you will find some references of books and articles with one or many authors, among others.

**Examples of book references:***With one author:*

- Davini, M. (2015). La formación en la práctica docente. Paidós

*Book chapter:*

- Rivero, A., & Porlán, R. (2017). La evaluación en la enseñanza universitaria. En Porlán (coord.), Enseñanza universitaria. Cómo mejorarla (pp. 73-91). Morata.

*With new edition:*

- González, M., & Rodríguez, S. W. (2022). *Diseños de investigación en ciencias sociales* (2.a ed.). Morata.

*Translation of a book into Spanish:*

- Evans, J. (2018). El arte de perder el control: Un viaje filosófico en busca del éxtasis (J. E. González, Trad.) Ariel. Original work published in 2017.

## Examples of references of periodical publications

*Article with a single author:*

- Flórez, A. (2003). La sociedad del conocimiento. *Perspectivas en Filosofía*, 4, 34-40.

*Article with two authors:*

- Rojas, L., & Meriño P. (2021). Visibilidad del conocimiento científico. *Revista Interamericana de Psicología*, 34(2), 12-30.

## Examples of references of electronic media

*Online magazine articles:*

- Vera-Villarroel, P. (2010). Historia y estado actual de la formación doctoral en Chile. *Revista Digital Universitaria*, 11(5).  
<http://www.revista.unam.mx/vol.11/num5/art47/index.html>

*Online magazine articles with DOI:*

- Yubero, S., & Larrañaga, E. (2015). Lectura y universidad: hábitos lectores de los estudiantes universitarios de España y Portugal. *El profesional de la información*, 24(6), 717-723. <https://doi.org/10.3145/epi.2015.nov.03>

## Examples of references from doctoral dissertations and master's theses

*Unpublished doctoral dissertation:*

- Wilfley, D. E. (1989). *Interpersonal analysis of bulimia: Normal-weight and obese*

(Unpublished doctoral dissertation). University of Missouri.

*Unpublished master's theses:*

- Ravelo-Contreras, E. L. (2013). *Descripción de factores sociodemográficos y socioafectivos y su relación con el desempeño académico de los estudiantes de cuarto semestre de psicología de una institución de educación superior* (Unpublished master's theses). Universidad Católica de Colombia.

*Published theses:*

- Aguilar-Saldaña, A.C. (2021). Perfeccionismo y desempeño académico. [Doctoral theses, Universidad Peruana de Ciencias Aplicadas]. UPC Repository. <https://xxxxx>

**Tables and figures***Tables*

- Tables display numerical values or textual information. They are distinguished because they have rows and columns.
- It should be called "Table" and not "Box" (do not activate italics).
- It should be numbered using Arabic numbers.
- Titles of tables should be presented as shown below:

Table 1

Students classified according to their group and the quartile obtained in the English level.

- Include a footer with the title Note (in italics) to specify the table information if needed.

*Figures:*

- Graphs, maps, photographs, drawings, diagrams, illustrations, or any type of non-textual representation should be named with the word "Figure".
- Include a footer titled Note, where the source is specified.

- Figures must be numbered using Arabic numbers.