

Volunteering programme application guide

1. Project Description:

“Roots awakening” is a short-term and team volunteering project that aims to support and develop the community and individuals through volunteering. The programme focuses on various aspects such as the development of green skills and personal key competences, physical and mental health, participation and support for the development of the local eco-community. Activities include eco-building, eco-gardening, working with the local community, helping to host events, helping to build and maintain the eco-centre's infrastructure, environmental preservation activities, etc. The project duration is from June 2025 to June 2026 . We will host 4 individual volunteers for a period of 59 days (excluding travel days) and 2 teams of volunteers for the period of 21 days (excluding travel days) . The costs of accommodation, food and transport are covered by the programme. In addition, the volunteers will receive an amount of 7 euros per day for pocket money. Participants will receive a Youthpass certificate after completing their participation in the project.

2. Accommodation: Volunteers will be accommodated at Amorea Garden eco-hub in tents and in a renovated, cosy and comfortable shared dormitory. Facilities include outdoor compost toilets and solar showers, as well as a well-equipped outdoor kitchen for volunteer use. An indoor bathroom with hot water is available in case of rain or cold weather. Meals are vegetarian. Please note that the eco-hub is located in the forest and offers simple living conditions as we strive to minimize our environmental footprint.

3. Requirements:

- Age between 18 and 30 years old.
- Interest in ecology and sustainable living.
- Motivation for participation and commitment to community issues.
- Responsibility and commitment to the tasks assigned by the supervisor.
- Readiness to adapt to a rural environment and simple living conditions.

4. Attitudes for participation in the project:

Participation in the project requires openness to new ideas and cultures, a willingness to learn and develop both personally and professionally. It is important to have empathy and understanding for the needs of the community, as well as readiness to adapt to different situations and challenges.

5. Candidate Selection Process:

1. Application conditions: All interested candidates must meet the requirements outlined in section 2.
2. Selection criteria for participants: When selecting participants, the following criteria will be taken into account:
 - Commitment and Availability: Assessment of the candidate's willingness to commit to the duration of the project and their availability for the specified timeframe
 - Interest and Motivation: Evaluation of the candidate's enthusiasm and motivation to actively engage in environmental initiatives and community development efforts
 - Adaptability to rural living: Consideration of the candidate's ability to adapt to rural and healthy living conditions, including factors such as lifestyle adjustments and remote living environments
3. Completing the application form and sending a motivational letter: After ensuring that you meet the requirements, fill out the provided digital form and send a motivational letter explaining why you want to participate in the program. Applicants with *fewer opportunities need only to fill in the application form, motivation letter is not required.
4. Video interview with candidates: After reviewing the completed form and motivational letter, selected candidates will be invited for one or more video interviews to discuss their motivations and expectations from participating in the program.
5. Final approval: After conducting the video interviews, you will be informed of the final decision regarding your candidacy.

We strive to provide equal opportunities for participation to all candidates, while paying special attention to young people with fewer opportunities. Our goal is to create a community that is open and inclusive to all participants.

6. To Apply for the project, please send:

1. Application form: <https://forms.gle/fL1RkLyQguQVqBQN8>
2. Motivation letter to: assoc.hopeforus@gmail.com.

Applicants with *fewer opportunities need only to fill in the application form, motivation letter is NOT required.

The **deadline** for applications is **30 April 2026**.

If you have any further questions or need additional information, please do not hesitate to contact us. Thank you for your interest in our volunteering program, and we wish you success in your application!

*Young people with fewer opportunities are the ones facing social, economic or geographic obstacles, dealing with educational difficulties or cultural differences, having health problems or disabilities and having limited access to social rights.



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