

## 16 Personalities Activity

Please answer the following questions.

Are you outwardly or inwardly focused? E - Extraversion or I - Introversion?

How do you prefer to take in information? S - Sensing or N – Intuition

How do you prefer to make decisions? T - Thinking or F – Feeling

How do you prefer to live your outer life? J - Judging or P – Perceiving

Are you more Assertive (A) or Turbulent (T)?

Based on your 16Personalities.com assessment, what is your personality type?

Based on your 16Personalities.com assessment, what are the strengths of your personality type?

Based on your 16Personalities.com assessment, what are the weaknesses of your personality type?

Based on your 16Personalities.com assessment results, how can your personality style affect your friendships?

Based on your 16Personalities.com assessment results, what will your coworkers or people you encounter through work most likely notice about you based on your personality style?

What types of personality styles or qualities in a person do you think you work well with?

What types of personality styles or qualities in a person do you have find it more challenging to work with or have to work harder at getting along well with?

Based on your personality style, explain why you think the career you are exploring would be a good fit for you or explain why you don't think it is the best career for your personality style and what would be more fitting for you.