

Search for more clinicians in our are here: <https://www.psychologytoday.com/us/therapists/nc/wilmington>

Type of Counseling	Resources in the Community	Notes
Child and Adolescent	• Clarity Counseling Center https://www.claritywilmington.com/child-therapy/ • Beacon of Hope Counseling https://beaconofhopenc.com/ • Potentials http://www.potentialsnc.com/ • Place of Peace Counseling and Therapeutic Center https://www.placeofpeacecounseling.com/ • Reclaim Counseling and Wellness https://www.reclaimcounselingwellness.com/services • Phoenix Therapy and Wellness https://phoenixtherapyandwellness.com/services • Madewell Center for Wholeness https://madewellcenter.org/ • Sunrise Counseling and Wellness https://www.sunrisewellnessilm.com/	
Teen Counseling	• Clarity Counseling Center https://www.claritywilmington.com/teen-therapy/ • Sunrise Counseling and Wellness	

	https://www.sunrisewellnessilm.com/	
Family Counseling	• Arise Counseling and Therapy https://www.arisecounselingandtherapy.com/ • Potentials http://www.potentialsnc.com/ • Place of Peace Counseling and Therapeutic Center https://www.placeofpeacecounseling.com/ • ADIA Therapeutic Services LLC https://www.adiatherapy.com/#services • Horizon Wellness Services https://horizonwellnessservices.com/ • Inner Solutions Counseling Center https://www.innersolutionscounseling.com/ • Evolution Wellness https://www.evolutionwellnessnc.com/	
Divorce/Custody issues	• Carolina Family Counseling (Telehealth ONLY) https://www.carolinafamilycounseling.com/ • Kelly Casparius - Beacon of Hope Counseling (in person and telehealth) https://beaconofhopenc.com/ • Jessica Taylor Dean (in-person and telehealth) https://www.psychologytoday.com/us/therapists/jessica-taylor-dean-wilmington-nc/1187820 • Mary Godin Anchor Psychological and Counseling Services (in-person and online)	

	https://www.anchorpsychological.com/ https://www.oceansidecounseling.org/	
Psychological Testing	• Potentials - Christine Hook http://www.potentialsnc.com/ • Eric Hartman, PsyD http://www.erichartmanpsyd.com/services • Maritime Psychological Services https://www.maritimepsych.com/ • Coastal Psychology www.CoastalPsychologyNC.com • Capeside Psychiatry* https://www.capesidepsychiatry.com/ • Mindpath Health* https://www.mindpath.com/location/eastern-north-carolina/wilmington/	*Consider if you are specifically seeking treatment through medication
Crisis and Evaluation	• Trillium 1.877.685.2415 (info & crisis line) • RHA Mobile Crisis 1-844-709-4097 https://rhahealthservices.org/mobile-crisis-management/ 2 hour response time • W.H.A.T Clinic https://www.whatwilmington.org/ 910-790-9949	

Substance Abuse	• W.H.A.T Clinic https://www.whatwilmington.org/what-we-do/mental-health-services/# • Family Ties Mental Health https://familytiesmhcs.com/ • Clarity Counseling Center https://www.claritywilmington.com/teen-therapy/ • Port Health https://www.porthhealth.org/treatment/youth-services/outpatient-treatment • Coastal horizons https://coastalhorizons.org/services/substance-use-mental-health/services-overview/ • Adam Green https://adamgreentherapyandcounseling.com/about/	
Autism/ Behavioral/ Oppositional	• Hesed Counseling - Kayla Moreno https://www.hesedcounseling.org/ • Parent like it Matters https://www.parentlikeitmatterspllc.com/ • Eric Hartman https://www.erichartmanpsyd.com/ • Joseph Latterner at Horizon Wellness https://horizonwellnessservices.com/	
Alternative	Art Therapy	

Modality Therapies	• Kindred Creative Art Therapy https://www.kindredcreativearttherapy.com/ Animal Therapy • Embark Counseling NC https://www.embarkcounselingnc.com/ Play Therapy • Low Tide Play Therapy - Hayden Ahlbrandt https://www.lowtideplaytherapy.com/ • Coastal Connections Collective https://www.coastalconnectionscollective.com/	
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