

TRACK & FIELD QUAD

- ☐ Rubber-soled shoes are required for concrete pads.
- ☐ Spikes may be used on both the track and the jump runways.
- ☐ Maximum length: 1/4"

BADGER HIGH SCHOOL

Field Events – 4:00 PM – All finals – 4 throws or jumps only

Boys Shot Put followed by Girls Shot Put (4 throws)

Girls Discus followed by the Boys Discus (4 throws)

Girls Triple Jump followed by Boys Triple Jump (4 jumps)

Boys Long Jump followed by Girls Long Jump (4 jumps)

High Jump – Boys at the South Pit, Girls at the North Pit

Boys Pole Vault followed by Girls Pole Vault

Running Events – 4:15 PM (all finals – jv and varsity may be combined in same heats)

3200 Relay (Girls)

3200 Relay (Boys)

100 M Hurdles (Girls)

110 M Hurdles (Boys)

100 M Dash (Girls)

100 M Dash (Boys)

1600 M Run (Girls)

1600 M Run (Boys)

800 M Relay (Girls)

800 M Relay (Boys)

400 M Dash (Girls)

400 M Dash (Boys)

400 M Relay (Girls)

400 M Relay (Boys)

300 M Hurdles (Girls)

300 M Hurdles (Boys)

800 M Run (Girls)

800 M Run (Boys)

200 M Dash Finals (Girls)

200 M Dash Finals (Boys)

3200 M Run (Girls)

3200 M Run (Boys)

1600 M Relay (Girls)

1600 M Relay (Boys)