Wilderness Medicine and Rescue Semester Travel and Logistics

We are so excited to have you joining us on a NOLS course! Here is some logistical information on your travels to and from your semester.

Course Start

Arrive	1 day before your course start date
Meeting place	Wyss Wilderness Medicine Campus 222 Red Canyon Road Lander, WY 82520
Meeting time	Between 3:00 and 5:00pm the day before your course start date

Flight Destination

Airport	Riverton, WY (RIW)
Date	Arrive the day before your course start date, by 3:00pm if possible

Flight Return

Airport	Riverton, WY (RIW)
Date	Depart the morning after your course end date

Ground Transportation

From airport to NOLS	You reserve Share-A-Ride shuttle from Riverton airport to NOLS Wyss Campus, near Lander, WY
From NOLS to airport	You reserve Share-A-Ride shuttle from NOLS Noble Hotel, Lander, WY to Riverton airport

Accommodation

Before Course	NOLS will provide the night before your course start date
After Course	NOLS will provide the last night of the course

Prepare to Travel to Your Course

(Further details following)

- 1. Submit your health form on your <u>Dashboard</u> as soon as possible. Once NOLS clears it, you can start booking travel.
- 2. Book your travel. Check with ground transport first to make sure they can accommodate the fights you are looking at.
- 3. Arrange ground transport
- 4. Arrange accommodation for before and after course
- 5. Complete and submit Travel and Logistics form on your <u>Dashboard</u>
- 6. Consider Tuition Protection coverage (see <u>Dashboard</u>, highly recommended)
- 7. Submit your other forms on your Dashboard
- Check your medical insurance coverage will be adequate for your travels and expedition activities
- 9. Submit your <u>WEMT Section Requirements</u> on your <u>Dashboard</u> at least 45 days before your semester begins.
- 10. If you are traveling to Lander from outside the United States:
 - a. Check that your passport is valid for the appropriate dates
 - b. Arrange visa and/or parent letter if needed
 - Notify your bank/credit card company that you will be traveling internationally
 - d. Get cash in local currency
 - e. Prepare for important cultural considerations

- f. Get inoculations as required
- Minimizing risk of exposure to COVID-19 while traveling (follow CDC recommendations <u>here</u>)
 - a. Practice physical distancing (6 feet) when possible.
 - b. Wear a mask when indoors or in close contact while out of doors
 - c. Wipe down surfaces with disinfecting wipes before touching
 - d. Practice meticulous hygiene with frequent handwashing and hand sanitizer use

Course Start Location

Wyss Wilderness Medicine Campus 222 Red Canyon Road Lander, WY 82520

The Wyss Campus is located approximately 11 miles south of the town of Lander.

Arrival

Arrive between 3:00pm and 5:00pm the day <u>before</u> your course start date. We recommend that you make your travel plans as soon as possible after the Expedition Admission Office clears your health form, to avoid complications.

Check your enrollment letter for your course start and end dates. A welcome dinner will be served at 6:00pm on the evening before your course starts.

Departure

No sooner than the morning after your course end date.

All courses wrap up late in the evening on the noted ending date. You should plan to leave Lander no sooner than the following day. Please do not make travel plans that will require you to arrive late for your course or to leave early once your course is over. You may end up missing the start of your course or your plane home.

Contact Information: If Delayed

If your arrival in Lander is delayed for any reason and you are not going to make the evening orientation meeting, please call the NOLS Wilderness Medicine On-Call line at (307)-335-2394.

Arriving Early, Staying Later

It is not possible to arrive early to the Wyss Campus for your WEMT Section. If your travel plans require you to arrive early, you need to secure your own lodging in Lander, Riverton, WY. In Lander, it is sometimes possible to secure lodging at the NOLS dorm in town, referred to as the Noble Hotel. This is hostel-style living with bunk beds and shared restrooms. The Noble is located at the corner of Third Street and Main Street in Lander, with an entry on Third Street. While staying in the Noble, students can expect to share a room with 1-3 coursemates. It is an option from late September to early May only. Please email noble_hotel@nols.edu to check availability. The charge for nights at the Noble is \$30 per person per night, payable via credit/debit card before you arrive.

Contact Information: Student Mail While on Course

You will not receive mail while you are on the course and in the field. Inform your family and friends that letters and packages they send to you will only be received at the very end. The mailing address is:

Your name Course code (WMR) & start date NOLS 288 Main Street Lander, WY 82520

Driving to the Wyss Wilderness Medicine Campus

For those driving, we suggest checking the Wyoming Department of Transportation's road report at www.wyoroad.info/highway/text_road.html or calling (888) 996-7623. Please note that there are two entrances to Red Canyon. The southern entrance to the Canyon is closed during the winter. The following directions are written in reference to the northern entrance, which is approximately nine miles south of downtown Lander. (Please see the map below.)

Driving from Lander

The campus is located approximately 11 miles southeast of Lander. From town, travel east on Main Street, which becomes US-287. Drive about nine miles and turn right on Red Canyon Road.

Driving from Rawlins

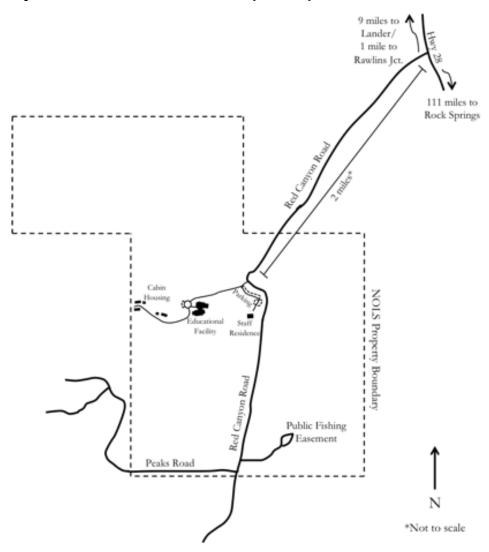
Head north on US-287/WY-789. Stay on US-287/WY-789 for approximately 115 miles until you come to the junction of US-287/WY-789 and Highway 28. Take a left on Highway 28 (turning right will take you to Lander). After about a mile, take a right on Red Canyon Road.

Driving from Rock Springs

Head north on U.S. Route 191 for about 40 miles. Take a right at Farson onto Highway 28 heading northeast. Drive for approximately 65 miles, over South Pass, and take a left at the second entrance to Red Canyon Road.

After turning onto Red Canyon Road, drive for about two miles. The campus will be on your right. Please be respectful of other cars and drive carefully. Red Canyon is a rural neighborhood and portions of the road are unpaved.

Wyss Wilderness Medicine Campus Map



Air travel

If you choose to fly, you should consider purchasing tickets that are refundable or changeable in case unforeseen circumstances arise.

What Airport Should I Use?

Preferred options

We recommend that you book your travel into and out of Riverton, Wyoming (RIW) because it is closest. At the moment, there is only one flight into Riverton Regional Airport that arrives late at night. Shuttle service between Riverton and the Wyss Campus for your Arrival is provided by one of the Alternative options listed below.

Shuttle service between Lander and Riverton for your Departure is provided by **Share-A-Ride Wyoming**, in partnership with the Wind River Transit Authority (WRTA). The fare is determined by the number of other passengers traveling on the shuttle.

Alternative options

Casper Natrona International Airport (CPR) is 2.5 hours from Lander. The Jackson airport (JAC) is a three-hour drive from Lander. Rock Springs (RKS) is a similar distance. Taxi service from Casper, Jackson or Rock Springs is available from one of the providers below; however, it may be expensive. Share-A-Ride is not available for transport from these airports, and you must choose one of the alternative options below.

Depending on the day and season, it will likely be cheaper—and more reliable—to use these options.

What Shuttle Service Should I Use?

Your transportation needs will depend on your flight itinerary and airport choice. You must book it yourself.

Again, we recommend that students book their travel

- for arrival through Riverton take the <u>Share-A-Ride Wyoming</u> shuttle to the Wyss Campus
- for your return take the Share-A-Ride Wyoming shuttle from Lander to Riverton.

Preferred Ground Transport Options for students flying into Riverton

Arrival

Please see <u>Share-A-Ride's website</u> for up-to-date fare and schedule information. When booking your travel, you should book to arrive mid-day. If possible, please do not book a flight where you arrive after 5:00pm because you will miss your first course meal. There will be a board posted at the main building with your rooming assignments if you arrive late. Be sure to tell Share-A-Ride - when you book and when they pick you up:

- Your drop-off location is the Wyss Campus at 222 Red Canyon Road, 11 miles outside of Lander.
- If you are contacting them for your Departure back to the Riverton airport, be sure to tell them your pick-up location is the Noble Hotel, in Lander.

Alternative Options - for Transport between Riverton Airport and Wyss Campus
Be sure to tell them:

- Your drop-off location is the Wyss Campus at 222 Red Canyon Road, 11 miles outside of Lander.
- If you are contacting them for your Departure back to the Riverton airport, be sure to tell them your pick-up location is the Noble Hotel, in Lander.
- <u>Classic Cruise Control</u> (<u>classiccruisecontrol.com</u> or 307-575-8602) offers taxi service between various Wyoming airports and Lander; 24 hours' advance notice is requested.
- Wind River Shuttle (windrivershuttle.com, 307-438-9740, or windrivershuttle@gmail.com) also offers taxi service between Wyoming airports and Lander.
- <u>Gator Creek Taxi (http://www.gatorcreek.com/</u> 307-851-3619) will also pick students up at various Wyoming airports (they prefer Casper).

Departure

Please see <u>Share-A-Ride's website</u> for up-to-date fare and schedule information. Advance reservations are required for the shuttle and are handled by <u>Share-A-Ride</u>. Be sure to tell them your pick-up location is the Noble Hotel in <u>Lander</u>, WY. We ask students to give Share-A-Ride the courtesy of making their reservation well in advance, as the company has a staff of one; please don't wait until the day before you depart, or you may have to pay a late-booking penalty. To reserve your seat, fill out a Booking Form on the <u>Share-A-Ride</u> website. You will need to have your return flight details ready. When filling it out, submit only the information requested. Adding in additional information creates confusion.

If you cannot arrange Departure Ground Transport with Share-A-Ride, please contact one of the Alternative Ground Transport Options above.

Travel meals

Wyoming airports have limited food options, and if you arrive early you may have several hours to wait before the shuttle departs, so we suggest you pack a sack lunch on the day of travel. Dinner will be served at 6:00 PM at the Wyss Campus the night you arrive. The shuttle does not stop for food on the way to Wyss Campus.

Luggage

Carry essential items onto the plane with you, including prescription medications, masks and hand sanitizer, and retain your baggage claim stubs. These are important tools for tracking any missing luggage. Upon your arrival at Wyss Campus, promptly inform your instructors if you are missing luggage.

Accommodations at the Wyss Wilderness Medicine Campus

Accommodations are in four to five-person cabins, each with a shared shower and bathroom. Bathrooms are sized so that only one person can be in the toilet, shower or sink space at a time.

Linens, towels, and one pillow are provided. Bring a warm blanket or a sleeping bag. You will need to bring all other personal items with you. Limited laundry facilities will be available on site.

NOLS Wilderness Medicine WEMT courses include a community living experience. As such, students participate regularly in facility cleanups, including kitchen, classroom, and cabin cleaning. Bathrooms will be cleaned on a daily cycle, with split responsibilities between students and facility staff, meeting the standards posted by the CDC and Wyoming Department of Health.

Alcohol and drugs are not permitted on site. The use of nicotine products is not permitted on NOLS property.

Pets are not allowed at the campus. This includes leashing them outside or housing them in vehicles.

The possession or use of firearms or weapons of any type are prohibited at the Wyss Campus, including in the housing. Students traveling with firearms or weapons should make independent arrangements to temporarily store weapons off-site.

Arrival At the Wyss Campus

Your cabin will be available after 3:00 pm the day prior to your course start. Please check in with the instructors when you arrive. If you plan to arrive earlier than the day before your course, accommodations are available in Lander at any number of motels or bed and breakfast inns. Lodging will not be available at the Wyss Campus until the day before your course. If you arrive early, you will be responsible for your travel from Lander to the Wyss Wilderness Medicine Campus.

Meal Plan for WEMT

Meals begin with a group dinner for all participants at 6:00 p.m. on the evening before the course. The meal plan includes three bountiful, healthy meals per day, Monday through Friday. On weekends, students are responsible for their own meals. Vegetarian and vegan options are available with each meal at no extra cost. If you require additional food, you will need to supplement with your own supplies or drive into Lander where there are two supermarkets and numerous restaurants. There is also a small kitchen in the dining hall for student use.

Please Note: Throughout the course, you will be assigned to a kitchen cleanup crew on a rotating basis. Total time investment will be about one hour per day. Responsibilities include assisting with dish washing and cleanup of the dining area. The kitchen staff will brief you on the particulars of these tasks at the beginning of the course.

Vehicles and Valuables

Personal vehicles will be parked at the Wyss Campus during the WEMT course. During the field sections personal belongings and vehicles may be stored at the NOLS Rocky Mountain facility in Lander. Valuables may be checked into our safe. Due care will be taken to prevent theft or damage of your stored items. NOLS does not assume any liability for lost, stolen, or damaged personal property while in our care. During semester courses, your gear may be stored in remote regions with little or no supervision. NOLS will not honor any personal claim for property loss while in our care. If you want insurance coverage for your personal belongings, you must provide it yourself.

Personal Expenses

Bring enough cash to cover expenses encountered while traveling to and from Lander, weekend meals during your WEMT Section, and laundry soap. Additional expenses may include shuttle fees and any miscellaneous purchases like snacks, toiletries, etc. We suggest bringing a minimum of \$300 and, if possible, an ATM card.

If you are going to have money sent to you through the mail, please have it sent in the form of cashier's checks, money orders, or personal checks in amounts less than \$300. Personal checks can be cashed at a bank when co-signed by our Finance department. Additionally, there are several ATMs in Lander.