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PRAYABLES

# Praying Out Loud Isn't So Hard – 3 Simple Tips

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## 1. Pray Out Loud When You're Alone



prayers for healing

Praying out loud often means only praying out loud when others ask you to pray publicly or in a group. Don't wait for an invitation. There's no need to limit praying out loud to group prayer or prayer in public spaces. Start praying out loud when you're alone.

- Simply say your usual silent prayers out loud.
- Listen to what you say when you pray.
- Notice the content of your prayer, is it too much of a "gimme" session or is it inclusive of others?

Get going. You'll begin to feel more comfortable praying out loud with every prayer session.

## 2. Keep it Short

Prayer doesn't have to be long to be effective. Your prayers come from your heart, so don't let your mouth keep moving after your heart has been heard.

- Get to the point quickly
- Use the language you use every day.
- Avoid unnatural expressions that look good on paper but sound corny and forced.

The best spoken prayers are sincere, short, and easy to understand.