PVXC PreState Itinerary

Behavior – before we say anything else, let's mention behavior. It is an absolute MUST that each individual athlete be on their best behavior for this trip – it is only because we have not had problems in the past that we take these overnight trips, so let's keep it that way. Behavior on the bus, in the hotel, out in the community (dinner, etc...), and at the meet will be a reflection of who we are as a school and a team –

remember PINE VIEW XC FOREVER! Let's leave a good impression.

Wednesday:

Leaving – Bus will be leaving PVHS Tuesday at 12:15p. We will then come pick up the middle schoolers who are excused at 12:25 (MS info may change).

Hotel – Sandy Hampton Inn

10690 Holiday Park, Sandy Phone: (801) 571-0800

*The hotel fee is \$35 paid to the PVHS Finance Office

Evening – Dinner back at the hotel area. Team meetings will take place during the 9:00 hour and then you will be in your rooms. Bed-Check will be held at 10:00 – NO ONE out of their rooms after this time!

Wednesday:

Race Schedule (Wednesday) – races held @ Regional Athletic Complex

2280 Rose Park Lane, SLC

8:00a Fresh/Soph Girls

8:30a Fresh/Soph Boys

9:00a Jr/Sr Girls

9:30a Jr/Sr Boys

Leaving – 11:00a, hopefully to arrive around 4:30p (lunch along the way)

Contact Info (for parents)— Contact Coach through the texting app. Also have your athlete's # or a friend's. You can also contact us through the hotel if necessary.

Athletes bring the following:

UNIFORM RACING SHOES PRACTICE GEAR \$ FOR A FEW MEALS (Tues: dinner; Weds: lunch) SOMETHING WARM (just in case) A GOOD ATTITUDE AND A HAPPY FACE

DON'T BRING A SWIMSUIT, X-BOX (or other gaming device), OR ANY OTHER CRAP YOU KNOW THE COACHES OR YOUR PARENTS WOULDN'T WANT YOU TO HAVE

Remember – we are going to RACE!
Building the Legacy

SPECTATORS parents, family, friends who are planning on attending the meet, must prepay for admission to the park (no parking along the city/neighborhood streets). See this week's blog post for information on parking and prepay admission at pvxc.blogspot.com