

**Liberty University
School of Education
M.Ed. in School Counseling**

Clinical Skills Self-Assessment for Taped Session

Student's Name: Lucia Kollat

Faculty Supervisor's Name: Dr. Holstun

Name of Site: Post-Oak Middle School

Site Supervisor Name: Sarah Mathena

Please circle the rating the best rating that describes the performance of your practicum student.

NO=Not Observed - 1=Unsatisfactory - 2=Basic - 3=Proficient - 4=Distinguished

BASIC ATTENDING SKILLS

Active Listening	NO	1	2	3	4
Questioning	NO	1	2	3	4
Appropriate Use of Eye Contact Questioning	NO	1	2	3	4
Paraphrasing	NO	1	2	3	4
Summarizing	NO	1	2	3	4
Reflection of feeling	NO	1	2	3	4
Use of silence	NO	1	2	3	4
Validation	NO	1	2	3	4

COUNSELING TECHNIQUES

Helps client identify concerns	NO	1	2	3	4
Ability to apply counseling theories	NO	1	2	3	4
Ability to apply counseling techniques	NO	1	2	3	4
Helps client identify counseling goals	NO	1	2	3	4
Culturally sensitive counseling	NO	1	2	3	4
Effectively facilitates groups	NO	1	2	3	4

PROFESSIONALISM

Punctual/Attendance	NO	1	2	3	4
Establishes positive relationships with clients	NO	1	2	3	4
Establishes positive relationships with staff	NO	1	2	3	4
Resourceful	NO	1	2	3	4
Enthusiasm and motivation	NO	1	2	3	4
Appropriately receives and applies feedback	NO	1	2	3	4
Consults with supervisors as appropriate	NO	1	2	3	4
Applies legal/ethical standards	NO	1	2	3	4

Comments:

Self-Reflection of Observed Strengths:

I think I did a good job of showcasing unconditional positive regard, active listening, and setting up procedures that are predictable for the client in the counseling session. I think I did relatively well with some of my paraphrasing, I think I utilized open-ended questions and clarifying skills throughout the session as well. I think I have done well with building rapport and continuing to build rapport and trust with the client. I try to include some get-to-know-you/icebreakers that are not too time-consuming to get started with the session.

Self-Reflection of Observed Area(s) to Grow:

I think I need to work on allowing the client to speak throughout the session, and I also struggle with the ending part of my sessions. I need to work on creating a natural flow to closing the session. I felt rushed in ending the session in this case, that was partially due to the recording, but it is something I struggle with in general. I also sometimes struggle with choosing appropriate counseling theories to service clients appropriately. It can be difficult for me to identify which approach to utilize based on the client's presenting concerns.