

DAILY DOMINATION

 	 Today's Tasks & Steps To Success 
1.  	 Task: Wake up Checklist (FAST)  Action Steps: - Review my Identity document - Review tasks for the day (daily domination) - Post my task list for the day in chat - Post my GMs - Visualize my higher self - Post in the gratitude chat - Hydrate
2.  	 Task: Social Media Work (Follow-up on DMs + SM Mastery Checklist)  Action Steps: - Complete the Social Media Mastery Checklist - Create 1 post + add to story - Send out 10 comments + liking - Follow-up on prospects who did not reply
3.  	 Task: Work on client project  Action Steps: Perform 6 G-work sessions of Client work minimum - Improve the 3 new drafts I made yesterday with AI and go through it myself. - Ask for feedback on the 3 new drafts I made to my client. - Reflect on the feedback I gathered from TRW (and advanced review if received). - Post 3 stories to my client's IG. - Repurpose Content to my client's tiktok. - Set up the custom domain for my client's website. - Find other tasks to do and brainstorm current strategy. - Watch any lessons / live replays about email marketing and take notes - Find / gather feedback on creating email newsletters. - Locate any courses/lessons about newsletters / email marketing and review them.
4.  	 Task: Interact with fellow students / Gather feedback on client project  Action Steps: - Go in the chats and interact with fellow students - Ask questions about if my strategy is good or if I'm missing something - Ask for any suggestions - Ask a more experienced student for advice/feedback on a more personal level
5.  	 Task: Physical training / Exercise  Action Steps: - Go to the gym and perform today's chosen exercise (Run outside OR Swim 1km)
6.  	 Task: Daily Lessons Check



Today's Tasks & Steps To Success



Action Steps:

- View the daily Power Up Call
- Review the unseen lessons from the CA & SM campus
- Review the remaining lessons from the Hero's Year

7. 



Task: Reflect on today and plan out tomorrow



Action Steps:

- Review today's daily domination doc
- Check off the whiteboard entirely
- Write in my journal today's progress
- Reflect on today and see how to improve tomorrow
- Plan out tomorrow's daily domination + Google Calendar

	July 17 Date July 17
Date:	08/04/24

	 3 Blessings I'm Grateful To Have 
1.	I am grateful to know how to swim.
2.	I am grateful to have a critical thinking mind that can deduce conclusions.
3.	I am grateful to be blessed with something superior to myself, a purpose.

	 3 Priority Tasks  (These are non-negotiable tasks and must be conquered today!)
1.	Finish refining the next 3 drafts with AI and myself.
2.	Repurpose the content on my client's tiktok.
3.	Post 3 stories on my client's IG.



Hourly Commitments & Reflections



Task 🏆	Task: What will I do?
Strategy 🔍	Strategy: How will I do it, step-by-step action?
Reflection ✍️	Reflection: Was the task finished? If not, why & what stopped me and how will I fix it?

(Fill in as you go & remove the hours you are asleep.)

7 AM: Task 🏆	Morning Checklist
Strategy 🔍	- Review my Identity document - Review tasks for the day (daily domination) - Post my task list for the day in chat - Post my GMs - Visualize my higher self - Post in the gratitude chat - Hydrate
Reflection ✍️	Completed my morning checklist quickly and efficiently, time to hop on to the next set of tasks.

7:30 AM: Task 🏆	Social Media Work / Outreach
Strategy 🔍	- Complete the Social Media Mastery Checklist - Create 1 post + add to story - Send out 10 comments + liking - Follow-up on prospects who did not reply
Reflection ✍️	Completed my social media work quickly and efficiently, I'm reducing it's time to instead focus more on client work.

8 AM: Task 🏆	Client Project G-work Session 1
Strategy 🔍	- Improve the 3 new drafts I made yesterday with AI and go through it myself. - Ask for feedback on the 3 new drafts I made to my client. - Reflect on the feedback I gathered from TRW (and advanced review if received). - Post 3 stories to my client's IG. - Repurpose Content to my client's tiktok. - Set up the custom domain for my client's website. - Find other tasks to do and brainstorm current strategy.
Reflection ✍️	Posted 3 stories to my client's IG. Had a quick discussion with my client about what to do and started working on improving the 3 new drafts I made yesterday.

9 AM: Task 🏆	Client Project G-work Session 2
Strategy 🔍	- Improve the 3 new drafts I made yesterday with AI and go through it myself. - Ask for feedback on the 3 new drafts I made to my client. - Reflect on the feedback I gathered from TRW (and advanced review if received). - Post 3 stories to my client's IG. - Repurpose Content to my client's tiktok. - Set up the custom domain for my client's website. - Find other tasks to do and brainstorm current strategy.
Reflection ✍️	Change my strategy for repurposing my client's content on tiktok. Will need to follow-up on it later. I also went through all three emails I made yesterday and humanized them so that it's impossible to tell if AI helped to make them or not. Next I'll want to ask my client for feedback on these next three.

10 AM: Task 🏆	Workout / Physical training
Strategy 🔍	Go run outside, do calisthenics OR go swim 1 Km
Reflection ✍️	

1 PM: Task 🏆	Client Project G-work Session 3
Strategy 🔍	- Ask for feedback on the 3 new drafts I made to my client. - Reflect on the feedback I gathered from TRW (and advanced review if received). - Set up the custom domain for my client's website. - Find other tasks to do and brainstorm current strategy.
Reflection ✍️	My client asked me to provide him with a refined script for a new kind of video he wants to make to advertise his newsletter, and so that is what I did. He also asked me for help on understanding how to use OBS but we didn't get the time in to talk about it today so we had to reschedule. I also got into contact with the french G Soap from the last PUC, he answered my DM.

2 PM: Task 🏆	Client Project G-work Session 4
Strategy 🔍	- Improve the 3 new drafts I made yesterday with AI and go through it myself. - Ask for feedback on the 3 new drafts I made to my client. - Reflect on the feedback I gathered from TRW (and advanced review if received). - Post 3 stories to my client's IG. - Repurpose Content to my client's tiktok. - Set up the custom domain for my client's website. - Find other tasks to do and brainstorm current strategy.
Reflection ✍️	Reviewed the feedback I received from yesterday's advanced copy review and honestly the copy is good. I just need to review my "FV" to be as close as possible to what you're selling.

4 PM: Task 🏆	Client Project G-work Session 5
Strategy 🔍	- Find other tasks to do and brainstorm current strategy. - Find / gather feedback on creating email newsletters. - Locate any courses/lessons about newsletters / email marketing and review them.
Reflection ✍️	Brainstormed myself and went on a "perspicacity walk" to figure out what I should

	do and get myself clear on a single task at hand. Figured out that I need to reconvene and make everything clear again. So I created a checklist of things that I need to do clearly in order to be ready to launch my client's newsletter ASAP. We planned a call tomorrow to go over it.
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6 PM: Task 🏆	Daily Lessons Check
Strategy 🔍	- View the daily Power Up Call - Review the unseen lessons from the CA & SM campus - Review the remaining lessons from the Hero's Year
Reflection ✍️	In today's power up call I learned a cool backstory of prof Andrew. A story about obsession and how to cultivate it. I really felt like I could relate for some reason. I'm slowly getting more and more addicted to growing my business and my overarching goal. I need to cultivate that more if I want to succeed EVERY TIME.

7 PM: Task 🏆	Reflect on today and plan tomorrow + OODA loop
Strategy 🔍	- Review today's daily domination doc - Check off the whiteboard entirely - Write in my journal today's progress - Reflect on today and see how to improve tomorrow - Plan out tomorrow's daily domination + Google Calendar - Perform the weekly OODA loop and post it
Reflection ✍️	Completed my daily reflection, OODA loop and all. Honestly taking like an hour to write everything down and think about it seriously puts a lot of things into perspective.



Twilight's Review



🌟 What wins did I achieve today? 🌟

Improved the 3 next drafts for the email list.
Created a framework and checklist for what I need done before launching the checklist.
Took care of social media work for my client's IG and tiktok.
I learned a big lesson thanks to the feedback I received from the advance copy review.
Got in contact with a very successful rainmaker, will be asking him some questions more frequently.

What lessons did I learn today?

I learned that I need to get clear what everything I need for a task is. Like creating a checklist of things to do when it comes to a task like creating an email newsletter, checkpoints from A to Z.
I learned how to write higher quality emails summoning intrigue and curiosity with AI.
I learned how to make emails appear more human even though AI helped in its craft.
I learned I need to be more greedy towards my goals and purpose.

What roadblocks did I face?

I faced a roadblock when I completed all of my tasks for today. I didn't know what to do so I thought about it for an hour. This did fix the problem.

How will I improve and progress tomorrow?

Tomorrow I will be delivering on the new small checklist of things I made to complete the newsletter fully and launch it ASAP. I also created a new plan for next week thanks to the OODA loop that I will want to follow.

What worked well and will be repeated?

My execution on my tasks was well done. Brainstorming session was also really good. I took a 1 hour nap and felt ULTRA energized so I know that can help me if I feel tired at the end of the day and want an extra boost to finish

my tasks.

 **Who are the People I need to connect with?** 

I need to connect with more students to get advice and feedback on my strategies.
I need to connect with my client and hop on a call with him.

 **What tasks remain uncompleted** 

I didn't catch my client in time today and didn't hop on a call with him, instead we planned it for tomorrow.

 **What changes do I need to make to my CONQUEST PLAN?** 

None for now.

 **The final assessment of the day's productivity** 

8/10

Freestyle Thoughts:

(Let your thoughts flow here. No judgment, no boundaries.)

Today was a really good day, a little less productive than yesterday but I did do a lot of thinking, strategizing and speculating on how I can improve and plan this next week out. I'm on a great path I can feel it.