



Sexual Health Resource Information

MEDICAL INFORMATION

- Birth Control, STDs, find a clinic, relationships, legal rights and obtain free condoms Teensource.org
- Birth control, HIV/STDs, pregnancy, LGBTQ, Abuse and Violence, Sex, etc. <http://sexetc.org/>
- Provides information and resources for teens, parents, and educators Plannedparenthood.org
- Facts about sexual health with articles about puberty, menstruation, infections, and just about everything else you wanted to know. kidshealth.org/en/teens/sexual-health
- Additional websites: <http://youngwomenshealth.org/>, <http://youngmenshealthsite.org/>

STI TESTING

- If you live in Los Angeles County and are at least 12 years old or older, you can call the STD Hotline at (800) 758-0880 to find out where you can get tested and treated for free. [Pocket Guide LA](#)
- Order free STI testing kit for young women, girls, transmen, and any person with a vagina in Los Angeles County <http://la.dontthinkknow.org/>
- Let your partner know they should get tested via email/text <http://tellyourpartner.org/>
- Free testing locations near you. <http://publichealth.lacounty.gov/dhsp/STDclinics.htm>
- Find Free, Fast, and Confidential Testing Near You <http://gettested.cdc.gov>
- Find a Clinic Near You <http://www.teensource.org/find-a-clinic>

CONDOM RESOURCES

- Free Condom Program in LA, where to get condoms and how to use them <http://lacondom.com/>
- Order Condoms to pick up or mailed to your house: <http://www.teensource.org/condoms/free>

ABUSE RESOURCES

- Supporting victims of child abuse and neglect. They also run a 24/7 hotline Childhelp.org
- RAINN is the largest anti-sexual assault organization in the nation Rainn.org
- Anonymous and confidential communication and resources about dating violence Loveisrespect.org
- I Am Jasmine Strong Stories about and resources for survivors of sex trafficking ImJasmineStrong.org

LGBTQIA+ RESOURCES

- LGBT Center in Los Angeles [Youth Services - Los Angeles LGBT Center \(lalgbtcenter.org\)](http://Youth Services - Los Angeles LGBT Center (lalgbtcenter.org))
- Prides information and resources to LGBT youth. ACLU.org
- The Gay, Lesbian, and Straight Education Network works to make K-12 school communities safe and accepting of all members. <http://www.glsen.org/>
- GLAAD – LGBTQ+ Resource List: <http://www.glaad.org/resourcelist>
- The It Gets Better Project's mission is to communicate to lesbian, gay, bisexual and transgender youth around the world that it gets better, and to create and inspire the changes needed to make it better for them. Itgetsbetter.org

LEGAL RESOURCES

- Know your rights www.teensource.org/know-your-rights/comprehensive-sex-ed
- Equality California is the nation's largest statewide lesbian, gay, bisexual, and transgender civil rights organization dedicated to creating a fair and just society. Eqca.org

24/7 EMERGENCY HOTLINES

- California Youth Crisis Hotline – 1-800-843-5200
- Childhelp National Child Abuse Hotline – 1-800-422-4453
- Suicide Prevention Hotline – 988
- The Trevor Project Suicide Hotline for LGBT Youth – 1-866-488-7386
- National Domestic Violence Hotline – 1-800-799-7233
- National Sexual Assault Hotline – 1-800-656-4673
- National Dating Abuse Hotline – 1-866-331-9474
- Rape Counseling Service Hotline – 1- 559-222-7273
- National Human Trafficking Hotline – 1 888 373 7888

Teen Health Rights

What Can I Consent To?

As a minor, you have the ability and the right to consent to medical care related to the prevention or treatment of pregnancy; the right to receive birth control; the right to an abortion; the diagnosis, treatment, and collection of medical evidence if the minor may have been raped or sexually assaulted; mental health treatment or counseling on an outpatient basis, or to residential shelter services; diagnosis and/or treatment for infectious, contagious communicable diseases, and sexually transmitted diseases; AIDS/HIV testing and treatment; and a minor may consent to medical care and counseling related to the diagnosis and treatment of a drug or alcohol related problem.

What Does Confidentiality Mean?

Confidentiality means privacy. It means that you, as a minor, can talk to your health care provider about ANYTHING and he or she will not tell your parents or guardians what you talk about unless YOU give them YOUR permission. However, some things cannot remain confidential. Your health care provider will need to contact someone else to help if you are being abused either physically and/or sexually and/or if you are going to hurt yourself or someone else.