

Lock Down Drill TEXT

By Amy Shepherd M.Ed. for students with Visual Impairments and CVI.

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Today my school is having a lock down drill.

I sometimes get nervous when there is a lock down drill.

I remind myself that lock down drills are just practice. There really is no danger.

The school bell will ring to alert us and there will be an announcement to tell us we are in a lock down drill.

There are different types of lock down drills, so I will listen carefully to my teacher for instructions.

My teacher will watch over us and stay with us the entire time.

If it's an "intruder" drill my teacher will lock the door and may have us remain quietly in the classroom.

Sometimes during an "intruder" drill, my teacher may lead us to the bathroom, which is a safe place. It's important to sit quietly on the floor and wait until the drill is over.

If it is a "soft lock down" drill my teacher will lock the door and ask us to sit quietly in the classroom away from the doors and windows.

My teacher will receive a phone call when the lock down drill is over.

After the drill we will continue with our schoolwork as usual.