

Plan of Work Hinduism (9487)

Grade 12(Sub)

For examination in 2025

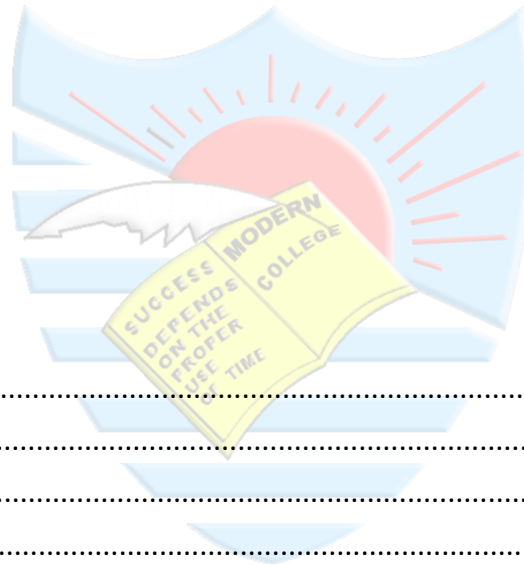


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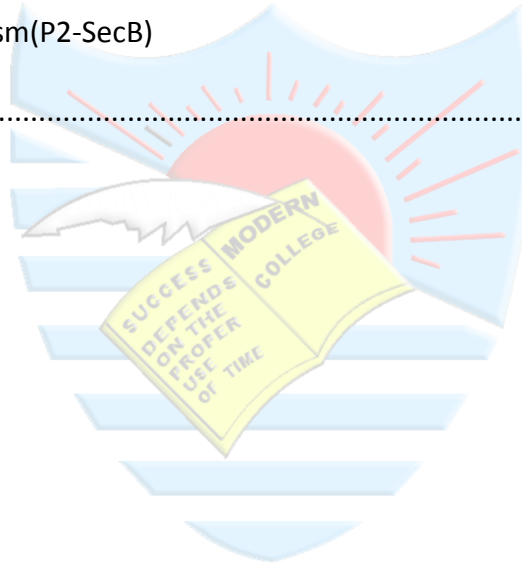
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Introduction

Prescribed textbooks. Metaphysical Incursions in Hinduism Book 1 by K.Beedasy



Reference books:

- Ramayana by Rajagopalchari
- Mahabharata by Rajagopalchari
- The Bhagavad Gita (Radhakrishan)
- Isa Upanishad (Gian Dhunnookchand)
- Spiritual heritage of India (Swami Prabhavananda)
- The miraculous power of Dharma (Gian Dhunnookchand)
- The Rights and Status of Women (Gian Dhunnookchand)
- The Essence of Hinduism (Gian Dhunnookchand)

Students are STRONGLY advised to look for this reference book and to make judicious use of it.

Recommended prior knowledge

Learners beginning this course are not expected to have any prior knowledge .

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The website pages referenced in this plan of work were selected when the plan of work was produced. Other aspects of the sites were not checked and only the particular resources are recommended.



FIRST TERM [10/01/2025 – 11/04/2025]

Topic: 1.DHARMA AND STRI DHARMA (P1-Sec A)

Learning Objectives	Worked Examples	Classwork & Homework	Extra Work	Resources
<p>Students should be able to:</p> <p>a) Know the various ways in which the term dharma can be translated and understood.</p>		<p>Paper1 Oct/Nov 2021 Question 1(a)(b)(c) Bk 1 K.Beedasy pg89 AO1/AO2</p>	<p>To read and prepare short notes Specimen CIE</p>	<p>What is Dharma? https://www.youtube.com/watch?v=Y6x9Ms2IXVg</p>
<p>b) Consider the idea of dharma as righteousness ; as right action and its relationship to moral behaviour</p>				
<p>c) Discuss the role of dharma in underpinning the life aims.</p>				<p>The four Aims of life https://www.youtube.com/watch?v=D2t8DsOYh_0</p>
<p>d) Explain the idea that dharma understood as virtue; righteousness diminishes by a quarter in each yuga.</p>				
<p>e) Know about dharma as it relates to women and their traditional roles in society.</p>				<p>Women and Hinduism https://www.youtube.com/watch?v=Mc99InraLL0</p>
<p>f) Explore the ways in which these roles are upheld or challenged in Hindu society</p>				

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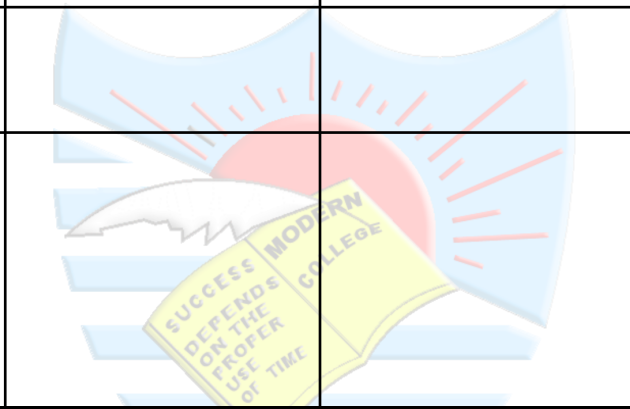
g) Describe the idea of a “dharmic society”				
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TOPIC: 2. SAMSARA AND KARMA (P1-SecB)

Learning Objectives	Worked Examples	Classwork & Homework	Extra Work	Resources
<p><i>Students should be able To:</i></p> <p>a) Define samsara as the cycle of birth, death and rebirth.</p>		<p>Paper1 Oct/Nov 2021 Question 4(a)(b)(c)</p> <p>Paper1 Oct/Nov 2021 Question 3(b)</p>	<p>To read and prepare short notes Specimen CIE</p>	<p>Samsara https://www.youtube.com/watch?v=E1fz4hHF54Y</p>
<p>b) Explain why samsara is seen as something negative from which Hindus seek release or liberation.</p>				
<p>c) Define Karma as actions</p>				<p>Karma Yoga https://www.youtube.com/watch?v=QegezSkDwtw</p>

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d) Explain that all actions bear fruit or carry consequences.				
e) Define Vikarma as the inner motivation behind outward actions.				Karma, Akarma, Vikarma https://www.youtube.com/watch?v=Mc99InraLL0
f) Explain that many Hindus see nishkarma as the path to moksha.				Sadhvi Bhagavati: The path to mpksha https://www.youtube.com/watch?v=oxYqljqwHUC

FIRST TERM Assessment

Component	Time Allocation	Type	Maximum Mark
Paper 1	1½ hours	structured questions	60

Paper 1 will consist of two structured questions.
Candidates are expected to cover the PROPOSED syllabus.

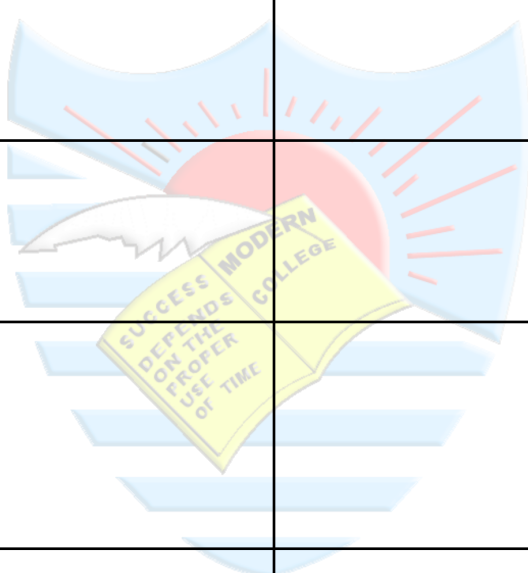
SECOND TERM [28/04/2025 – 18/07/2025]

TOPIC: 3. Varnashramadharma and Swa-dharma(P1-SecA)

Learning Objectives	Worked Examples	Classwork & Homework	Extra Work	Resources
<i>Students should be able To:</i> a) Understand the concepts of varna, ashrama and dharma as a united strategy for living)		Paper1 Oct/Nov 2021 Question 2(a)(b)(c)	To read and prepare short notes	The four stages of life https://www.youtube.com/watch?v=8tjcoD1UuOU
b) Understand the relationship of dharma to the four ashramas and to the four varnas.			Specimen CIE	
c) Discuss whether it is possible or desirable for society to run according to the ashramas in the modern world.				
d) Identify the difference between varna and Jati, with one understood to be ordained in the vedas and the other to be man-made.				Reality of the Hindu caste system https://www.youtube.com/watch?v=Ui0z6ceY2H8

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e) Consider how far varna should determine dharma in the modern age.				Dr David Frawley's views on caste https://www.youtube.com/watch?v=2rIjoc15JXk
f) Know what is meant by the term swa-dharma(individual or personal dharma).				Swa-Dharma https://www.youtube.com/watch?v=PTOtyUTOWZY
g) Understand that swadharna is dependent on varna and ashrama,but also on personal circumstances.				
h)Give examples of times when dharmic requirements might contradict each other				

TOPIC: 4. Maya and Moksha (P1-SecB)

Learning Objectives	Worked Examples	Classwork & Homework	Extra Work	Resources
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<p>Students should be able To: a))Define maya as illusion and specifically the illusory nature of the apparent universe.</p>		<p>Paper1 Oct/Nov 2021 Question 3 (a)(c)</p>	<p>To read and prepare short notes</p>	<p>The illusory nature of the universe https://www.youtube.com/watch?v=Uj0z6ceY2H8</p>
<p>b)Explain that maya can be seen positively or negatively.</p>		<p>Paper1 Oct/Nov 2021 Question 4 (c)</p>	<p>Specimen CIE</p>	
<p>c) Explain why many Hindus see maya as an obstacle to achieving moksha.</p>				<p>The concept of maya https://www.youtube.com/watch?v=rZLJhJ3Uao</p>
<p>d) Know the meaning of the term moksha.</p>				
<p>e) Understand that moksha is understood in different ways by different Hindu traditions.</p>				<p>Is the world real https://www.youtube.com/watch?v=l8AjoUb8Tq8</p>
<p>f) Know about the different paths to moksha.</p>				

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g) Discuss the role of the self in moksha; whether it is attained through personal action or devotion, or purely through divine grace				
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SECOND TERM Assessment

Component	Time Allocation	Type	Maximum Mark
Paper 1	1½ hours	structured questions	60

Paper 1 will consist of two structured questions.
Candidates are expected to cover the PROPOSED syllabus.

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THIRD TERM [11/08/2025 –31/10/2025]

TOPIC: 5. The Four Vedas (P2-SecA)

Learning Objectives	Worked Examples	Classwork & Homework	Extra Work	Resources
Students should be able To: a) Know what is meant by the term shruti and smriti and understand the significance of the vedas as shruti.		Paper2 Oct/Nov 2021 Question 1 (a)(b)	To read and prepare short notes	What are vedas https://www.youtube.com/watch?v=Cuc04Og5UAo
b) Identify the four vedas and describe what each one is.		Paper2 Oct/Nov 2022 Question 1(a)	Specimen CIE	
c) Describe the four types of writing associated with each veda and what each entails.				

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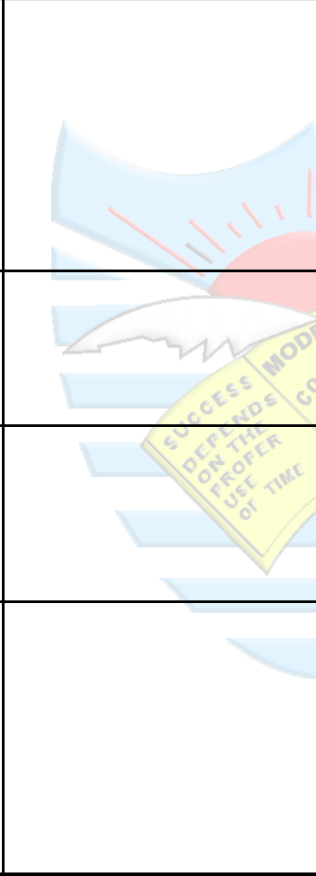
d) Suggest ways in which different types of vedic writing are important to Hindus ,given that the Upanishads are widely known or read.				Structure of the vedas https://www.youtube.com/watch?v=MCDsHiAKMi0
e)Know what is meant by astika and nastika traditions within Hinduism				
f) Compare and Contrast the religion of the vedas with contemporary Hinduism ,considering deities ,attitudes ,and beliefs, and practices.				

TOPIC: 6.The Nature OF Brahman (P2secA)

Learning Objectives	Worked Examples	Classwork & Homework	Extra Work	Resources
Students should be able To: a) Know the meanings of the terms Brahman Saguna and Brahman Nirguna.		Paper2 Oct/Nov 2021 Question 3(b)	To read and prepare short notes	Saguna and nirguna Brahman https://www.youtube.com/watch?v=aVKs0u0umrA

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<p>b) Describe the concept of Brahman as Saguna, with attributes and therefore knowable through the deities.</p> <p>c) Consider the implications of this for murti puja as a valid way to the divine.</p>				
<p>d) Describe the concept of Brahman as Nirguna, without attributes.</p>				
<p>e) Discuss the idea of Brahman as truth, consciousness and bliss.</p>				
<p>f) Outline the debate between Nirguna and Saguna concepts of Brahman and consider how this impacted on attempt to "reform" Hindu worship by the Brahmo samaj and Arya samaj</p>				

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TOPIC:7.The nature and significance of the Epics-Mahabharata and Ramayana(P2-SecB)

Learning Objectives	Worked Examples	Classwork & Homework	Extra Work	Resources
<p><i>Students should be able To:</i> a)Describe some of the main events in each text.</p>		Paper2 Oct/Nov 2021 Question 2(a)(b)(c)	To read and prepare short notes	<p>Events of Ramayana and Mahabharata https://www.youtube.com/watch?v=WhTpJxJi2I</p>
b) Describe the content of the Mahabharata as the conflict between two families and the Ramayana as the story of Rama’s rescues of his wife sita from the demon Ravana.		Specimen CIE	The epics Ramayana and Mahabhara https://www.youtube.com/watch?v=MFGcb-0A3Tg	
c) Explain the nature of the Epics as smriti and how this affects their significance within Hinduism.				
d) Explain that the Bhagavad Gita is a dialogue between Krishna and his charioteer Arjuna on dharma ,karma , and moksha and that it has had enormous impact on Hinduism.				<p>Lord Krishna’s teachings on Karma https://www.youtube.com/watch?v=Jdi4CIZE7hY</p>

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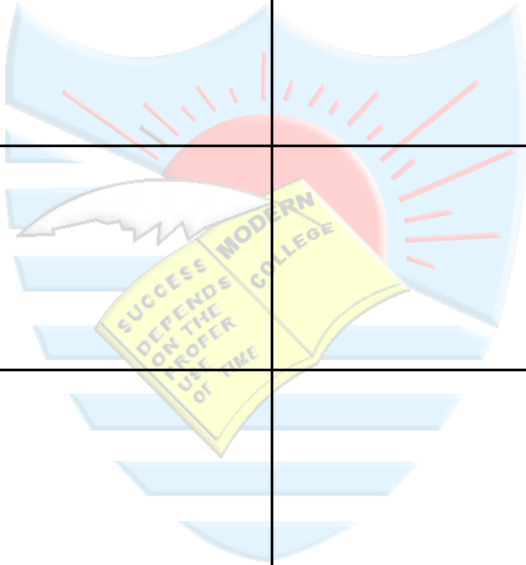
e) Suggest reasons why the Epics might be more widely known and used than the vedas.				
f) Suggest ways in which Hindus might use the Epics in their worship and in their daily lives.				<p>What is the proof of Ramayana happened? https://www.youtube.com/watch?v=5jjiRgYo9CQ</p>

TOPIC: 8. Theistic Traditions(P2-SecB)

Learning Objectives	Worked Examples	Classwork & Homework	Extra Work	Resources
<p>Students should be able To: a) Describe the main beliefs and practices of each tradition and their geographical area of influence inside and outside India: Shaivism and shaktism.</p>		Paper1 Oct/Nov 2021 Question 2(a)(b)(c)	To read and prepare short notes	<p>Different sectarian movements https://www.youtube.com/watch?v=1cUPv80PO6Y</p>

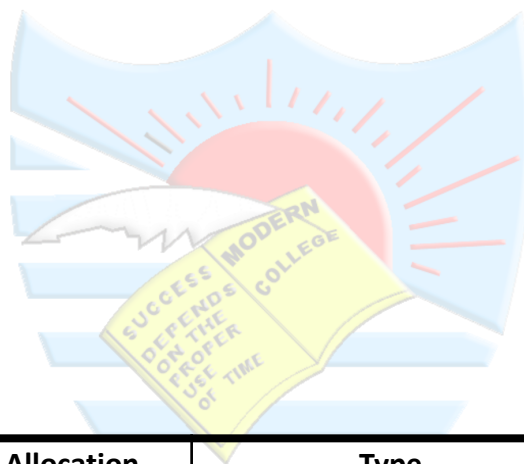
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<p>b) Compare and contrast the different traditions suggesting areas of commonality and significant differences.</p>			<p>Specimen CIE</p>	
<p>c) Suggest reasons why the different traditions exist and why particular Hindus might follow a particular division.</p>				<p>Different concept of god in Hinduism https://www.youtube.com/watch?v=W9Fezg2Ss5E</p>
<p>d) Consider the extent to which the different traditions have influenced the way that Hinduism is practiced and understood around the world.</p>				<p>33 million Gods of Hinduism https://www.youtube.com/watch?v=9E6sQqqW6rl</p>

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THIRD TERM Assessment

Component	Time Allocation	Type	Maximum Mark
Paper 1	1½ hours	structured questions	60
Paper 2	1½ hours	structured questions	60

Paper 1 will consist of two structured questions

Paper 2 will consist of two structured questions.

Candidates are expected to cover the PROPOSED syllabus.

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