



Thursday, April 17, 2025

Schedule B (odd classes)
BELL SCHEDULE

- Thursday 4/17** Mental Health Awareness Week Activities 11:45 am Main QUAD
Softball vs Los Gatos 4:00 (Var-home/JV- away)
Boys Tennis vs Los Gatos 4:00 (Var-away/JV- home)
Boys Lacrosse @ Carlmont 5:00/7:00
Chamber Music Concert 7:00 pm Theater
- Friday 4/18** Mental Health Awareness Week Activities 12:45 pm Main QUAD
Girls Lacrosse vs Gunn 4:00/5:30
Baseball vs Homestead 4:00 (Var-home/JV- away)
Boys Volleyball vs Wilcox 5:30/6:45
Unity Walk for Suicide Prevention 5:30 pm Football & Track Fields
- Saturday 4/19** Track- Top 8 @ Los Gatos

The Daily Bulletin will be available each day on our [school website](#), by clicking the Daily Announcements button at the top right side of the homepage. We encourage you to check this frequently to stay up to date on current happenings on campus. **This year, announcements will only be read over the PA Speakers during Tutorial on C-Schedule Day.** Due to time constraints, announcements will be limited on these days.

ANNOUNCEMENTS

Students, this week is ***Mental Health Awareness Week!*** As a community, let's talk more about mental health challenges, gain skills in managing our emotions, and learn ways we can seek support. Every day at lunch, join **Ambassadors** at the Main QUAD for resources and relaxing activities. Tomorrow, Friday, April 18th, join us at the *Unity Walk for Suicide Prevention* on the football and track field from 5:30 pm to Sunset. Sign up for the panel and Unity Walk using the QR code shared by your teacher. Your mental health matters. Remember - no Spartan should walk alone.

Attention Spartans! If you have more than 10 unexcused absences and/or 25 tardies, you will be unable to immediately purchase a **Prom** ticket when they go on sale next week. You and your family will receive an email this Friday with details about the process for you to earn back your ability to attend Prom. Please check your attendance in Aeries and use that as a guide to make good choices moving forward.

Are you interested in becoming a Peer Counselor for the 25-26 school year? Peer Counselors are trained by an onsite clinician and school counselor to connect with students and access mental health support. Please look out for the flyers on campus with the lighthouse and scan the QR code or email Ms. Michelle at michelle.campusano@mvla.net.

Hey Spartans! Come check out the **Spring wellness activities and workshops** at the **Spartan Spot** during tutorial for the month of April. Don't miss out on rock painting, time management skills, a play chess game day, and enjoying sun catchers! For more information on these events check out Minga or follow the Spartan Spot on [instagram@mvhs.spartanspotwellnesscenter](https://www.instagram.com/mvhs.spartanspotwellnesscenter)

MVHS COPA is back! Our new dates for **COPA** soccer games will start Monday, April 28 and will continue on May 1st, May 2nd and Saturday, May 3rd. For our fellow students who have signed up to participate in the soccer tournament. Please check your email in order to confirm your participation in COPA this year.

Hey Spartans! The **freshmen merch** line is now live! Come get your merch at the finance office or at mvla.graystep.com!

Sophomores! Juniors! Looking for a different high school experience, close community, and free college credit? **Middle College** is still accepting applications! Apply today at www.foothillmiddlecollege.org

REMINDERS (past announcements worthy of reminding)

Are you looking for school supplies and personal hygiene products? The Treasure Closet is a perfect place for you! The Treasure Closet is located across from the library entrance and is open every Friday during Tutorial and Lunch. Everything is free, and all are welcome! Have a great day Spartans.

¿Estás buscando útiles escolares o productos de higiene personal? El Closet de Tesoros es el lugar perfecto para ti! El Closet de Tesoros está ubicado enfrente de la entrada de la biblioteca y está abierto HOY y todos los viernes durante Tutoría y Almuerzo. Todo es gratuito, y todos son bienvenidos. ¡Que tengan un buen día, Spartans!

IMPORTANT! This is a *reminder* that all **BIKES AND ELECTRIC BIKES** must be walked on campus at all times. NEVER ride on campus at any time! Also, **Please do not leave bikes unlocked nor on campus overnight.** Bicycles locked to trees or poles or anywhere other than a bike rack will be removed.

Attention Spartans. All vehicles parked on school property must have a 2024-25 parking permit displayed on their windshield. This includes the student parking at the Back Parking Lot. Please be advised that security will be issuing parking citations to vehicles in the back parking lot that do not display a parking sticker/Placard.

EARLY RELEASE (Team, athlete name, and release time will appear below on days when sport games require an early release from school).

Early releases for 04/17

Softball: Var 2:45/JV-1:45

Track 2:30

Boys Tennis: Var 1:45/JV-3:00

Boys Var/JV Lacrosse 3:00