Creating and Submitting your OWN Educational Resources to HSHRF

Earn 5 volunteer/service hours per resource!

Eligibility:
- Must be a high school student in grades (9-12) to submit resources and gain volunteer hours with us
- International high school students are permitted to submit and gain volunteer hours with us

Benefits:
- Gain 5 volunteer/service hours per resource for creating good-quality, meaningful educational resources relevant to the health research community

- See your name published on the HSHRF platform under the resources tab (unless you indicate that you want your resource to by made by anonymous)

- Educate others on your topics of interest!

Guidelines:
- This is an individual activity. Work on creating a resource by yourself. Teams of more than one student are not permitted and you will automatically not be qualified for volunteer hours.

- Create your resource using either Google Slides or Google Docs. If you want, you can also create your resource with this GSlides template you can make a copy of: 🟨 HSHRF Resources Template

- All submissions need to be sent through email in the resource's ORIGINAL Google Slides or Google Docs format, giving HSHRF editing access. *PDFs or other formats will not be accepted*

Resource Quality and Content

Content requirements
- We expect that all resources sent to us with a meaningful health research topic (we encourage that these are relevant and specific)

    ➔ Categories of topics can be broad or specific. Examples include sharing your personal research journey, research skills, or about a certain health/research topic WITHIN the health research field.
    ➔ Sample topics include:
        - 5 Tips to start your research journey from the perspective of a HS health researcher
        - What is research writing?
        - A guide for HS students Parts of a research paper.
        - A guide for HS students (in the health perspective)
        - Intersecting research and journalism under the umbrella of health
        - What is Logos Ethos Pathos in research?
        - How can I intern at a health-related institution as a high schooler?
        - How YOU can start your health research journey
        - How I Started my Health Research as a high schooler
        - How to make your health research unique "Niche health research topics that no one has mentioned"
        - What is APA? How do I do it? How do I cite?
        - How can I collaborate with peers around the world?
        - **Note**: Of course, it is encouraged that you come up with your own ideas!

- Length varies per slideshow, and there is no maximum requirement. However, we require a minimum of 5 slides and recommend 5-10 slides.

- Text must be free of grammar mistakes and any demeaning/disrespectful/ political content

Visit hshrf.org/resources and browse what is shown to see the caliber of quality we look for

<u>Visual requirements</u>
- Must be *mildly* visually appealing and organized
  - ➜ You can work with this GSlides template (make a copy)
    ☐ HSHRF Resources Template if you'd like!
- <u>Disclaimer</u>: Visually, your resource does not need to look spotless or super artistic

Again, visit <u>hshrf.org/resources</u> and browse what is shown to see the caliber of quality we look for*

<mark>How to submit your resource and gain hours:</mark>
1. After you have created your finished Google Docs or Google Slides, <mark>email</mark> it to <u>hshealthresearchforum@gmail.com</u>. *We must have <u>editing access</u>**
2. In the body of your email, you must list your first name and last name, and the high school you attend in x city and y state (or your country if you are an international student).
3. Once you've sent your resource, submit the <u>volunteer hours request form</u>.
4. The HSHRF team will verify your hours in 1 week at the latest.

Frequently Asked Questions (FAQs)
1. **Can I submit as many resources as I want to earn more volunteer hours?**
   A. The answer is yes! As long as you follow these directions carefully and submit good-quality resources, you may send as many resources to <u>hshealthresearchforum@gmail.com</u> and claim the volunteer hours you have earned for your hard work.

2. What if the topic I wanted to do is already taken or on the resources page already?
   A. You cannot just copy what has already been made on the <u>hshrf.org/resources</u> page. If you truly want to write about a topic that has been touched upon in another resource, try your best to find a topic or original idea that has not been done, or twist it
      - <u>Example scenario:</u> Let's say you wanted to create a resource about the topic of research questions but a resource on the HSHRF page was about the topic "Qualities of a good research question." Instead, you'd probably want to create a resource about "Discipline-Specific Research Question Topics"