4B Chen Li Min. Casey A reply letter from the Agony Aunt about cyberbullying

Dear Chris,

Thank you for your letter. It seems like you are getting into a big trouble of cyberbullying. Some people like bully others verbally or might tease others on the internet. I know a group of people have teased you and made you feel uncomfortable. I understand that you must feel upset and I think I can help you.

First of all, you can ask for help. The more people you ask for help, the more advice you will get. For example, talk to your teachers or social workers who can help you to solve your problems.

Moreover, why don't you unfriend the bullies. If I were you. I would unfriend and block people who are bullying you. If you don't do that, they will bully you more. Thus, the bullies shouldn't be able to continue the bullying.

Besides, you must take screenshots of the bullying. If you have some favorable evidence, you will get more help. You can take these to an adult who may be in a better position to take action and tell them about your feelings.

Finally, be careful who you add to your social network. You should set your account to private. How about trying to keep the bullies away from your personal information. Only add people who you know and trust. Then bullying will be less likely to happen.

Don't worry. You will get better and better.

All the best, Aunt Aggie