



Louisville Weekend Itinerary (Locals Hosting Out-of-Towners)

Length: 3 Days

Location: Louisville, Kentucky

Pace: Moderate (classic landmarks + local flavor + chill moments)

Themes: Local Flavor, Bourbon, Icons & Hidden Gems

Day 1: First Impressions in NuLu

Theme: Welcome with Food, Art & Bourbon

Start the weekend by showing off Louisville's most walkable, artsy neighborhood—NuLu. Between Biscuit Belly, bourbon tours, and boutique shops, it's the perfect blend of Southern hospitality and modern local energy.

Morning

- 9:00 AM – Breakfast at Biscuit Belly (buttermilk biscuits & bold coffee)
- 10:00 AM – Explore NuLu: shop Red Tree, Revelry, Mahonia and grab Quills Coffee

Lunch

- 12:00 PM – Lunch at Mayan Café (inventive local cuisine with famous lima beans)

Afternoon

- 1:30 PM – Tour Old Forester Distillery on Whiskey Row
- 3:00 PM – Optional: check out Evan Williams Bourbon Experience or hotel check-in

Evening

- 5:30 PM – Dinner & cocktails at 8UP Rooftop (great city views)
- 7:30 PM – Sunset stroll across Big Four Bridge to Indiana and back



Day 2: Icons, Parks & Highlands Charm

Theme: Culture, History & Classic Louisville

Today's about Louisville's heart—its heroes, its green spaces, and its food. You'll explore downtown icons, sip bourbon, then head to the Highlands for dinner in a neighborhood full of character.

Morning

- 9:00 AM – Visit the Muhammad Ali Center (allow 1.5–2 hours for exhibits & reflection)

Lunch

- 12:00 PM – Grab a table at Garage Bar for wood-fired pizza & people watching

Afternoon

- 1:30 PM – Visit Speed Art Museum or stroll through Cherokee Park (Frederick Law Olmsted-designed)
- Optional: swing by Logan Street Market for a drink or gift stop

Evening

- 5:30 PM – Dinner at Jack Fry's (fine dining with a speakeasy past)
- 7:30 PM – Optional jazz at Hell or High Water or drinks at Old Seelbach Bar

Day 3: Easy Sunday Wrap-Up

Theme: Relax, Recap & Local Bites

Wind things down with a relaxed Sunday and a few last bites. Keep it low-key while still giving your guests memorable views, flavors, and photo ops.

Morning

- 9:00 AM – Brunch at Morning Fork (classic comfort dishes in Irish Hill)

Midday

- 10:30 AM – Walk across Big Four Bridge or relax at Waterfront Park
- 12:00 PM – Grab dessert at The Comfy Cow (ice cream with Louisville flair)

Afternoon

- 1:00 – 3:00 PM – Optional: gallery hop or show at Kentucky Center, then sendoff hugs

Packing Tips for Families

- Comfortable walking shoes (you'll explore NuLu, downtown & parks)
- Small tote or backpack for gifts, bourbon, or layers
- Portable charger for phones and photo stops

- • Dressy-casual dinner outfit for Saturday night