The Tango Lounge Guide: Tango & Life in Buenos Aires

Table of Contents

Who Is This Tango &	Life in BA Guide For?
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Who am I? What is my Tango story?

What is The Tango Lounge (TL)?

The Argentinian Tango Dance

History of Tango

Tango Shows & Performances

Tango Orchestras To Watch Live

Tango Films/Movies

Tango Art, Books, & Music (CD's, Vinyl Records)

Tango DJ Classes

Learn to Dance Tango

Getting Started Guide

Tips for Learning: Practice, Practice, Practice

Group Classes

Private Classes & Teachers

Recommended Teachers (for Private Classes)

Dancing Socially: Basic Rules & Getting Dances

Basic Rules & Codigos

How To Get More Dances

Milongas & Practicas: Recommendations

Beginners & All Levels

Intermediate Level

Advanced Level

Younger Communities

Older Communities

Switching Roles

Alternative & Nuevo Tango	
Contact Tango	
Queer Tango Events & Classes	
Reserve a Table at a Milonga	
Festivals, Marathons, & Encuentros	
Annual Festivals in BA	
Argentinian Folklore Dances (Chacarera, Zamba)	
<u>Taxi Dancers</u>	
<u>Differences Between a Taxi Dancer and a Tango Teacher</u>	
What I Learned From Hiring Taxi Dancers for Practice	
Recommended Taxi Dancers	
Shoes, Clothes, Hair/Makeup Artist, Music, etc.	
Rent a Dance Studio	
Yoga for Tango Dancers	
Tango Communities Outside BA & Around the World	
<u>Life in Buenos Aires</u>	
Planning For Your Trip	
Key Information - MUST READ	
When To Visit	
Argentina Entry Requirements	
<u>Safety</u>	
Emergency Contact Numbers in Buenos Aires	
Electricity & Plugs	
Where To Stay, Apartments, & Tango Houses	
Airport Pickup/Dropoff	
Surviving & Thriving in Buenos Aires	
Phone, eSIM, & SIM Card	
Money (Blue Rate), Credit Cards, Western Union	
Non-Tango Communities & Activities	
<u>Learn Argentinian Spanish</u>	
<u>Transportation: Taxis, Buses, Metro, Bikes</u>	
Food/Pharmacy/Grocery/Market Delivery Apps	
<u>Restaurants</u>	
Prepared Meals Delivered	
<u>House Cleaners</u>	
<u>Families With Young Children</u>	
CoWorking Spaces	
Shopping (Non-Tango)	

Medical/Health/Fitness: Doctors, Hospitals, Therapists

Hospitals

Vaccinations

Doctors & Dentists

COVID Tests

PhysioTherapists

Massage Therapists

Fitness / Gyms / Swimming Pools

Visas: Entry, Extension, Overstaying, and Long Term

Digital Nomad Visa

Tourist Visa 90 Day Extension

Overstaying on a Tourist Visa

Residency Visa

Citizenship

Buying Property in Argentina

Tourism & Travel

Luggage Storage

Spanish Cheat Sheet

Key Links for The Tango Lounge

Key Links for The Tango Lounge:

- Share this Tango & Life in BA Guide with your friends: https://tinyurl.com/TangoLoungeBAGuide
- Are you in Buenos Aires or will be soon? Join our WhatsApp groups:
 - Main group: https://chat.whatsapp.com/Favl8EbD1vr2J6kvz2WrQG
 - Alternative Tango: https://chat.whatsapp.com/DGo7Po60DCQ7qQRKf14stX
 - Beginners: https://chat.whatsapp.com/FjuCoN9eWKe1TByjWu4i8U
 - Foodies: https://chat.whatsapp.com/IMABAVQ9sOYLyMs7034os9
 - Tourism/Non-Tango Events & Activities:
 - https://chat.whatsapp.com/CUEF1I6QYZflevSGERXukZ
 - Advertisements: https://chat.whatsapp.com/HjEVjwfF4sbBBYgY2xPzTk
- Not in Buenos Aires? Join our Global WhatsApp group to discuss Tango outside of BA:

https://chat.whatsapp.com/HsqKOoQUGSy399sK5zgZxF

- Join our Facebook Group: https://www.facebook.com/groups/TangoLoungeBA
- Follow our Instagram: https://www.instagram.com/TangoLoungeBA/
- Like our Facebook Page: https://www.facebook.com/TangoLoungeBA
- Links to the updated & latest information will always be at http://www.TangoLounge.org

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Who Is This Tango & Life in BA Guide For?

This Tango & Life in Buenos Aires guide is an integral component of the <u>Tango Lounge</u>, a vibrant social club and community for anyone interested in Tango and/or life in Buenos Aires.

Whether you're a tourist curious to see a Tango show or to experience dancing Argentine Tango, a novice seeking to learn, or an accomplished dancer visiting Buenos Aires, this guide has something for everyone. This Guide also has an extensive section on surviving in the city of Buenos Aires, including information on safety, money, health & medical, visas, Spanish, etc.

Explore shows, meet fellow students and dancers, attend social dancing events (Practicas/Milongas), discover teachers and taxi dancers, or simply expand your knowledge of Argentine Tango!

Please help update this Guide by sending your suggestions: email me at BostonAdventurer@gmail.com .

What People Say About The Tango Lounge:

"It has really made a difference with my dancing to have such a low pressure environment to practice. Thank you, Ravi! The tango lounge and people really turned my Buenos Aires tango experience from negative to positive!" - Andria's comment about our REAL Practica & group.

"Ravi has setup an incredible space for foreigners in Buenos Aires. His practica is one of the best tango learning experiences I have had. Can't thank you enough for these practicas Ravi. Pivotal in giving me a safe space to improve, getting feedback from teachers, making friends, discovering the BA tango scene... I've been to nearly all the practicas this year and will leave on a high note at my last one before I return to London. Grateful for the only safe space I found for practicing tango thanks to your network." - Atul

"Thank you so so much for creating the group and creating such a wonderful environment" -Lilian

"Thanks for all you do to create community and opportunities like this for us. - Eugene

Who am I? What is my Tango story?



I'm Ravi and I am a Tango *addict*! I grew up in and spent much of my life in Boston, but have been living abroad for many years in Africa, Southeast Asia, and South America. During a fleeting visit to Buenos Aires in 2017, I visited a milonga for the first time - at the famous Salon Canning. I was enamored with the beauty of the dance, the music and the people.

Tango speaks to my soul! the passion, the intensity, the drama... it's like a love affair for the body... every step, every movement, tells a story. and the connection with a partner, the trust, the intimacy... it's like nothing else. Tango is Life, Tango is Love.

After arriving in Buenos Aires for my third trip in 2021, on the first night I went to La Viruta and realized that going to Milongas with friends would be more fun and enjoyable. I went back to my hotel that night, started the Tango Lounge WhatsApp group, and added the people that I had met that night. And just like that, we slowly began to weave a community that grew, step by step, united by our shared passion for Tango.

In my former life, I was a tech entrepreneur in Boston where I built technology businesses, then volunteered in Africa, built a social enterprise in the Philippines, and have been a Tango Nomad since 2021. These days I live in Buenos Aires from October to April every year and travel the world the other months exploring the world through Tango.

The Tango world in Buenos Aires is quite large and can be difficult to discover and enjoy fully, which is why I created The Tango & Life in BA Guide. My hope is that more people discover Tango and this Guide helps you in your Tango journey. It's not an easy journey, but it is truly rewarding.

Please help me update this Guide by sending your comments and suggestions via email: BostonAdventurer@gmail.com.

What is The Tango Lounge (TL)?

The Tango Lounge is a lively social club and community for enthusiasts of Tango in Buenos Aires, the birthplace of the iconic Argentinian Tango dance. This welcoming space is where you can meet other Tango lovers, make new friends, and join in on Practicas and Milongas.

What's more, it's a great place to get advice on all things tango. Need a teacher or a dance partner? Looking for the best places to buy dance clothes and shoes? Want to find the best Milongas, Practicas, and Festivals? Or searching for a dance studio? Our members can guide you in the right direction.

We love doing things together too! We often plan group outings to tango classes, milongas, dance events, museums, and shows. If you have an idea for an activity, don't hesitate to suggest it or even take the lead in organizing it!



Our first TL **Milonga EXTRAVAGANZA** on April 26, 2024, with six Orchestras in one night: La Juan D'arienzo, Los Reyes Del Tango, Orquesta Romantica Milonguera, Los Herederos del Compás, La Mucho Tango Orquesta, and Ximena Gimenez y Sus Infernales. It was a historic event with 300+ people and 50+ musicians. Pictures are <u>here</u>. Watch the live stream recording <u>here</u> (6 hours).



Tango Lounge REAL Practica on Saturday evenings



Tango Lounge REAL Practica on Saturday evenings



Chacarera Class, organized upon request by members



Tango Tuesday Lounging meetup



Reserved Table for TL members at the famous Salon Canning

If you have any questions or comments about this Guide or the Tango Lounge, please email me at BostonAdventurer@gmail.com or message me on WhatsApp (@Adventurer). My name is Ravi and I'm a Tango addict. \rightleftharpoons

If you're in Buenos Aires, join the Tango Lounge BA WhatsApp group:

https://chat.whatsapp.com/lsLz70JeTkilQXAul6kbaO

Join the Tango Lounge Facebook group: https://www.facebook.com/groups/TangoLoungeBA

Not in Buenos Aires? Join our Global group:

https://chat.whatsapp.com/HsqKOoQUGSy399sK5zgZxF

The Argentinian Tango Dance

The Argentinian Tango (not to be confused with <u>the other types of Tango dances</u>) is an **improvisational dance with a deeply rich connection with your partner**. The dance is like a puzzle that gets put together differently each time.

Women and men bring their own styles and embellishments to the dance which contribute significantly to the excitement and unpredictability of the experience. Even though dancers follow certain conventions, they never quite know how someone will construct a dance, add an embellishment or interpret the music.

The surprises possible within the dance are what make the dance so addicting. It really does take two to tango, because the dance isn't just about the man leading and the woman following. Both partners have important things to contribute—like all good conversations or relationships.

An important factor that makes Tango such a rich dance is "El Abrazo" or The Embrace. It creates a deeper connection between two dancers than most other dances. It is the channel through which a leader communicates intent, silently, with their partner.

It is a complex mix of physical, musical, and emotional elements. The real embrace comes from the heart - metaphorically and physically. The torsos are connected as one, the hearts beat as one (they are very close).

Another key factor worth noting is that you usually dance with the same partner for 3 or 4 songs, for a total of 9 to 12 minutes. Each set of 3-4 songs is called a "tanda" with a break or "cortina" in between tandas.

Dancing together in El Abrazo for 12 minutes enables a couple to build a deeper connection to negotiate and construct a unique dance.

There are three main rhythms for Tango music that are danced at social events:

- Tango
- Vals
- Milonga (not to be confused with the social events also called "Milonga")

(This website explains the different rhythms well and how they are danced to differently.)

There are also many **styles of Argentinian Tango**:

Milonguero

- Salon
- Nuevo
- Fantasia
- Canyengue
- Orillero

(This website explains many of the styles.)

Musicality

Musicality is the ability to express music through movement and is an important aspect of Tango dancing. It involves a dancer's ability to interpret the rhythms, melodies, and phrasing of the music and translate them into expressive movements on the dance floor.

In Tango, musicality is demonstrated through a dancer's ability to stay in time with the music and make their movements flow with the rhythm and the melodic elements. It also involves the use of pauses, accents, and changes in dynamics to highlight different parts of the music.

A dancer with strong musicality is able to connect with their partner and the music in a way that creates a harmonious and expressive dance. It is an essential element of Tango and is something that can be developed and refined through practice and experience.

History of Tango

Background: Argentine tango is a dance and musical genre that originated in Buenos Aires in the late 19th century. It is a cultural expression that combines music, lyrics, and movement, and it has become an important part of Argentine national identity.

Origins: The origins of tango are somewhat disputed, but it is generally believed to have developed from a variety of influences, including African, European, and indigenous cultures. Tango was originally danced by the lower classes in Buenos Aires and the surrounding areas.

Controversy: It was considered to be disreputable at that time – often associated with crime and brothels. It was considered inappropriate for respectable society.

Popularity: As tango became more popular, it began to spread to other parts of Argentina and to other countries. In the early 20th century, tango experienced a resurgence of popularity, making it fashionable among the middle and upper classes in Argentina.

Today, Tango is enjoyed by people of all social classes and is popular around the world.

Read more:

- Tango Anecdotes and Stories collected by Dimitris Bronowski: https://thecurioustanguero.com/tangostories/
- Christine Denniston, the author of "The Meaning of Tango" has a website with a detailed history of Tango: http://www.history-of-tango.com/.
- Pablo Aslan wrote a long piece on the history & evolution of Tango music: https://tangoforge.com/pablo-aslan-on-tango-music/.
- To learn more: watch this lecture at the US Smithsonian about the <u>Afro-Argentine Legacy of Tango</u>, and read this Wikipedia article on <u>History of Tango</u>.

Tango Shows & Performances

There are two main versions of Tango: **Social** and **Stage**.

Social is danced socially by regular people while Stage is performed by professionals. If you're a tourist, you should go see both!

Where to go for Social Tango: at a Milonga to see regular people dance the "real" Tango.
 Ask the Tango Lounge Whatsapp group for recommendations that night/week. Also see the "Milongas, Practicas, Festivals: Social Dancing Events" section below on finding them yourself.

Social Tango (aka "the real" Tango) is the improvised version that is danced socially at Milongas and Practicas by regular people. *Milongas sometimes have exhibitions or performances to showcase famous dancers*.

You can find these Milongas and Practicas at https://www.hoy-milonga.com and look for events marked with a star https://www.hoy-milonga.com and look for events marked with a star https://www.hoy-milonga.com and look for events marked with a star https://www.hoy-milonga.com and look for events marked with a star https://www.hoy-milonga.com and look for events marked with a star https://www.hoy-milonga.com and look for usually exhibition performances and sometimes a live band ("Música en vivo").

Price: Milongas are much more affordable - typically US \$2-3.

• **Stage Tango** is literally tango performed on the stage by professionals for an audience. The dancers wear costumes and perform elaborate movements with dramatic poses.

Where to watch Stage Tango: on the streets and at the dinner Tango shows in theaters:

- Street Performers can be found in Plaza Dorrego in San Telmo (Google Maps), Calle Florida (usually only in peak tourist seasons, and can be hard to find), and La Boca (this area is known for robberies; stay in the main tourist areas at all times). Please make sure to tip them well as they live mainly off tips.
- **Tango Shows** in theaters, prices range from USD \$20 to \$200 with costume changes, choreography, and live orchestra that last more than one hour. Read reviews for the main shows here.

Tip: don't have dinner at the shows as the meals are overprized and just average in quality. It's better to have dinner elsewhere before the show.

Time: Shows tend to start around 10pm while dinner service starts around 8pm.

<u>Recommended Stage Tango Shows</u> - these are sorted by increasing price & quality - buy the most expensive one that fits within your budget.

This list is based on recommendations from members of The Tango Lounge.

Homero Manzi (Av. San Juan 3601)

Price: US \$20

Review: low key simpler show, preferred by locals as it's cheaper. Starts at 10pm. VIP seating is closest to the stage and is worth paying for.

Home or Hotel pick-up/drop-off: Not included

• El Viejo Almacen

Price: US \$40 (paid in pesos at the current exchange rate)

Review: Good show in a smaller venue.. While you can just show up without a reservation on non-busy nights, it's better to make a reservation: call +54-11-4307-7388 or email reservas@viejoalmacen.com.ar as **they'll also pick you up for free**.

Note: They'll tell you it's US \$70, but that is using the official exchange rate, so it'll be effectively about US \$40 if you pay with cash using pesos obtained at the blue rate.

Home or Hotel pick-up/drop-off: Included

Cafe De Los Angelitos:

Price: US \$60 (without dinner included. Insider tip: it's worth visiting for a coffee without the show to check it out as the famous Tango singer Carlos Gardel used to frequent it.)

Review: They pay the highest salaries to dancers, so you get to see the best dancers out there. Book direct via WhatsApp: +54-9-11-6039-6305; VIP seating is in private balconies.

Home or Hotel pick-up/drop-off: Included

Rojo Tango

Price: US \$180

Review: A smaller venue; feels very intimate. It's more like an older style cabaret show. The stage is next to the tables and the dancers are much closer to the audience than the other shows.

Tango Rojo has the best experience, but is also the most expensive.. Their dinner is very good and worth booking with the show. To book, call +54-11-4952-4111 or email info@rojotango.com.

Note: As of January 2023, the Tango World Champions from 2022 (Ricardo Astrada & Constanza Vieyto) are among the group of dancers.

Home or Hotel pick-up/drop-off: Included

Where to buy tickets: It's typically cheaper to buy tickets directly, but buying them online is quicker and easier through these websites: <u>GetYourGuide</u> and <u>Viator</u>.

There are many other Tango shows out there, but this list has been curated by members of the Tango Lounge Group who have actually been to these shows. And, we don't receive any commissions or kickbacks from any of the shows.

Shows in smaller theaters are a much better experience. The mass advertised ones are the big shows in huge theaters, where it is hard to see the dancers well, the worst food, and overall not a good value. Examples of large theater shows are Tango Porteño and Tango Madero.

Tango Orchestras To Watch Live

Watching, listening, and especially dancing to live Tango music can be a very special and unique experience, especially when the musicians interact with each other. The energy is contagious, making Tango dancers feel more vibrant.

Where to see them: Live orchestras perform almost daily at different Milongas. See the <u>Hoy Milonga website</u> then search for the following:

- Events with star \uparrow icon or "Hay un evento especial" this means that the event has something special usually exhibition performances and sometimes a live band.
- "Música en vivo" (live music).
- Click on the Facebook or Instagram link to see the flyer for the event's details

Each orchestra will also list the dates and locations of their upcoming performances on their Facebook pages.

These milongas usually have a live orchestra: Parakultural on **Tuesdays**, La Viruta on **Fridays**.

More popular orchestras performing currently (based on recommendations from members of The Tango Lounge)

Make sure to go see them live - at least the top 4!

- **Cuarteto Extraordinario**: hottest new contemporary orchestra (2023). Four of the best Tango musicians formed this new orchestra to bring modern versions of Tango classics.
- La Juan D'Arienzo: has 4 bandoneons playing together. <u>Spotify</u>, <u>Youtube</u>, <u>Apple Music</u>, <u>Twitter</u>, <u>Instagram</u>, <u>Facebook</u>, <u>Website</u>
- Romántica Milonguera: Spotify, Youtube, Bandcamp, Instagram, Facebook
- Los Reyes del Tango
- San Osvaldo Orquesta: Specializing in Osvaldo Pugliese music and his musical style: Music full of rhythm, energy, dramatic colors and sweet moments. Full size orquesta típica with 4 bandoneons, 4 violins/violas, 1 cello, 1 double bass, 1 piano and a singer. The orquesta wears Pugliese image on its chest with pride and passion. Listen to their La Yumba, Recuerdo, Desde el Alma, El Abrojito, Remembranza and Farol among many others, and you will be able to witness its admirable team dynamics, especially among the four bandoneonistas, which keeps the audience absolutely mesmerized throughout the performance. Spotify, instagram, Facebook, YouTube
- La Santa Calavera: with two phenomenal bandoneonistas, impeccable string players
 (violin/viola, double bass and cello), an incredible pianist, their camaraderie among the
 players is something to look forward to on the stage. Spotify, Instagram, Facebook,
 YouTube
- Tango Bardo: Spotify, Youtube, Bandcamp, Twitter, Instagram, Facebook
- Sans Souci: Instagram, Facebook, Website
- Siempre Tango
- Cachivache
- Sexteto Milonguero
- La Auténtica Milonguera: Spotify
- Las del Abasto: an all women orchestra
- Sexteto Cristal is a contemporary orchestra

A longer list of orchestras on the Hoy Milonga website is here.

Tango Films/Movies

Tango films are a great way to experience the passion, drama, and romance of the tango dance. These films showcase the beauty and artistry of the tango, and often feature stunning music and dance sequences that are sure to captivate audiences.

Whether you are a fan of dance, music, or just want to be swept up in a compelling story, Tango movies offer something for everyone. So why not sit back, relax, and let the rhythm of the tango take you away?

The list below is based on recommendations from members in the Tango Lounge group.

Recommended Tango Films where Tango is in the main storyline:

- Our Last Tango (2015) a beautiful documentary about the history of the personal and professional relationship of Tango dancers María Nieves Rego and Juan Carlos Copes.
 Watch on YouTube.
- <u>The Tango Lesson (1997)</u> a scriptwriter comes to Paris to work on her film. There, she takes up tango lessons and forms a relationship with a dancer. Watch on <u>YouTube</u>.
- <u>Tango (1998) by Carlos Saura</u> a theater director's wife leaves him, so he focuses on making a film about Tango, leading to an affair. Watch on <u>YouTube</u> (English subtitles).
- <u>Tango, Our Dance (Spanish title: Tango, Bayle Nuestro) (1988) by Jorge Zanada</u> a must watch documentary of Tango's role in Argentinian society and history, including footage of some of the best known dancers: Gerardo Portalea, Miguel Ángel Zotto, Juan Carlos Copes, and even a cameo by Robert Duvall. Watch on YouTube: <u>Part 1</u> and <u>Part 2</u> (enable automatic subtitles with translation to English).
- <u>Tango Salon: La Confiterial Ideal (2004)</u> documentary by BBC about the history of <u>La Confiteria Ideal</u>, an old Tango dance hall and cafe. Watch on <u>YouTube</u> (English subtitles).
 The cafe reopened in December 2022 and you should go visit this beautiful place for a coffee or tea.
- <u>Tango Bar (1987)</u> musical drama film about the quest for preserving the spirit of tango. A fled Tango show owner returns to Buenos Aires to join his partners after the oppressive government of Argentina has dissolved. Watch on <u>YouTube</u> (English subtitles)
- <u>The Last Bandoneon "El último bandoneón" (2005)</u> documentary. Watch on <u>YouTube</u> (English subtitles)
- <u>Tangos, the Exile of Gardel "Tangos, el exilio de Gardel" (1985)</u> an Argentine-French
 film about a troupe of Argentines expats in Paris who plan to pay homage to the
 celebrated tango star Carlos Gardel and put on a stunner of a tango-ballet show. Watch
 on <u>YouTube</u> (with English subtitles)

- Naked Tango (1990) a woman mistakenly gets stuck working in a brothel in Buenos
 Aires. The film's expressionist atmosphere, fantastic sets, the wonderful locations in
 Buenos Aires, over-the-top tango dancers and great tango music come together to make
 this an interesting viewing. Naked Tango has achieved cult status for some tango
 dancers. Watch on YouTube (in English).
- Tango, the Obsession (1998) by Juan Carlos Copes
- Tango Negro, The African Roots of Tango (2013)
- Fermin Glorias Of Tango (2014)
- Assassination Tango (2002) by Robert Duvall a hitman sent to Argentina discovers
 Tango
- <u>12 Tangos: Adios Buenos Aires (2005)</u> documentary about the economic crisis, Argentine emigration, despair and rebirth of the tango told with 12 modern and classic tangos.
- <u>El Tango en Broadway (The Tango on Broadway) (1934)</u> with Carlos Gardel. Watch on <u>YouTube</u> (English subtitles)
- <u>Tango Bar (1935)</u> with Carlos Gardel. Watch on <u>YouTube</u> (English subtitles)
- Not Here to Be Loved (2000, French) / Je ne suis pas là pour être aimé the (love) life of a man fed up with his work and life routine changes when he enlists into a tango dancing course.

Resources to find more Tango films and videos:

- Tango Intoxication: https://www.tangointoxication.com/videos--films.html
- Hoy Milonga has a list of movies that can be streamed online: https://www.hoy-milonga.com/buenos-aires/en/ps/streaming

<u>Tango Appearances</u>: Movies that only feature Tango dancing and music, typically as a single scene. The Tango scenes below can be easily found by searching on YouTube. In chronological order:

- Last Tango in Paris (1972) with Marlon Brando and Maria Schneider
- Scent of a Woman (1992) with Al Pacino the famous American movie where many people watched a Tango performance for the first time.
- Addams Family Values (1993) Gomez and Morticia dance an over the top tango, complete with the rose in the teeth, and flames of fire igniting on the dance floor.
- Schindler's List (1993) the opening scene plays the famous Tango song, Por una Cabeza.

- True Lies (1994) with Arnold Schwarzenegger and Jamie Lee Curtis dance Tango in the closing scene.
- **Simpsons** (2000) "Tango De La Muerte" scene where Lisa watches a movie where a plain and bookish woman is revealed to be beautiful when she is chosen to be the lead male's dance partner for a Tango competition. Watch on <u>YouTube</u>.
- Frida (2002) Salma Hayek dances Tango with Ashley Judd in a sensual scene.
- **Shall We Dance** (2004) with Jennifer Lopez and Richard Gere. They dance to a song by Gotan Project.
- Mr. and Mrs. Smith (2005) Brad Pitt and Angelina Jolie dance Tango
- **Take The Lead** (2006) with Antonio Banderas based on a true story about a dance teacher who believes in the talent of a group of problematic kids.
- Easy Virtue (2008) with Jessica Biel and Colin Firth perform an elegant Tango dance.

Tip: you can often find these films on YouTube. There are also some good Playlists such as:

https://www.youtube.com/playlist?list=PL93ADFEF0EB99384F

To read more about the history of Tango films:

https://soundsandcolours.com/articles/argentina/tango-in-the-movies-12607/.

If you'd like to recommend more films to add to these lists, please send me an email: BostonAdventurer@gmail.com or message me in The Tango Lounge group to @Adventurer.

Tango Art, Books, & Music (CD's, Vinyl Records)

Tango Art:

If you want to buy Tango art, especially paintings, visit the San Telmo market on Sundays. And, here are some artists that are known for their Tango art:

• Jorge Alio, his paintings are in the La Nacional venue. IG: @jorgealio , FB: jorge alio pinturas, WhatsApp: +54-9-11-5515-9807

Tango Books:

A book can be one of the most condensed forms of knowledge. They allow you to skip years of frustration and deepen your connection to the dance. Here are a few recommended options:

• Tangofulness: Exploring connection, awareness, and meaning in Tango. Available in 12 languages, Kindle and Paperback, Tangofulness is the book for those who want to

- experience more and deeper moments of connection in the milongas. On Amazon or at www.Tangofulness.com .
- When the Embrace Whispers (2024): A heartwarming novel about unexpected turns, rediscovering passion, and tango. A celebration of love, friendship, and the courage to pursue your heart's desires. Available on Amazon or at WhenTheEmbraceWhispers.com
- Tango Tips by the Maestros: When more than 40 maestros decide to help you develop your tango English, Spanish, Italian. This book is the definition of condensed knowledge. World champions, experienced maestros, and respected judges of the Mundial de Tango covered topics from musicality to elegance, from connection to balance, from embrace to trust, from body awareness to the difference between good and great dancers. Together, they tackled questions such as developing a personal style, reducing tension, creating warmth, dancing more, learning faster, breaking through the plateau that keeps some people's tango the same. On Amazon or at TangoTipsByTheMaestros.com
- Tango Stories Musical Secrets: a compelling journey through tango music. He
 introduces the key individuals who shaped tango history, telling their stories in a series
 of lively vignettes. Engaging, entertaining and passionate, Tango Stories: Musical Secrets
 has been embraced by tango dancers around the world as the definitive guide to tango
 dance music. Amazon US

A longer list of Tango books: https://www.hoy-milonga.com/buenos-aires/es/catalog/books

Tango Music CD's & Vinyl Records (LPs) can be found at:

- Elena (San Telmo, Estados Unidos 460)
- Estimado Vinilo (San Telmo, Carlos Calvo 423)
- Eureka Records (San Telmo, <u>Defensa 1281</u>)
- Exiles Records (Palermo, Honduras 5270) specializes in Vinyl Records
- Zivals (at Av Callao 395) largest music store in BA

Resources for Tango Music:

- https://www.todotango.com amazing free resource! Has info about different versions of songs, orchestras, musicians, singers and more.
- https://www.el-recodo.com includes resources for Tango DJs
- https://tango.info great free database
- https://www.tango-dj.at paid database for Tango DJ's

Tango DJ Classes

Interested in becoming a Tango DJ (TDJ)?

- Take classes with Marcelo Rojas (<u>website</u>), a TDJ Maestro. He chooses all the music for the Buenos Aires Tango radio at FM 92.7 (listen to it <u>here</u>), and he also hosts their prime time shows Saturday 1-3 AM and Sunday 1-3 AM. Because he doesn't speak English, his daughter Lali Rojas can organize and translate the classes; contact her via WhatsApp: +54-9-11-3269-4280.
- Become a certified Tango DJ (website) 10 hour course coordinated by Fabio Rozenek, a
 TDJ Maestro, for US \$200. The first two seminars are online and two seminars are with
 prominent DJ's live during milongas.

Learn to Dance Tango

Argentinian Tango is considered the hardest of all the partner dances to learn. Unlike some dances such as salsa and bachata, you can't just walk into a Tango social dancing event for your first time and figure out the steps.

Buenos Aires is the best place to learn Tango, not only because this is where it originated, but also because there are many more (literally, hundreds) and better teachers here than anywhere else in the world. And, of course, Buenos Aires has many events (more than 100 per week) to practice and hone your skills. You will become a better dancer and more quickly than anywhere else in the world.

Getting Started Guide

Ready to learn to dance Tango? Follow this recommended process for complete beginners:

1. To try out some Group Classes at a low cost, go to La Viruta on Wednesday, Friday, Saturday & Sunday nights. The teachers are good, you'll meet lots of other beginners, and you can practice your new skills immediately after the class with other beginners from the class. Note that you won't make much progress in these large group classes, especially without personalized & proactive feedback from instructors. See the Group

<u>Classes</u> section for more information and how to find more beginners classes. The classes below are for *complete beginners* (see <u>Hoy Milonga</u> for latest times and addresses). Note that sometimes there are classes on at these venues at the same time for intermediate/advanced, so make sure you choose the beginners class!:

a. La Viruta: Wednesday, Friday, Saturday & Sunday nights, followed by a beginner friendly Practica

b. El Motivo: Monday nights 7pm

c. Muy Lunes: Monday nights 8pm

d. La Maria: Tuesdays at 8-9 pm, followed by a beginner friendly Practica

e. Muy Martes: Tuesday nights 8pm

f. La Maldita: Thursday nights 9pm

g. Bilongon: Fridays at 9 pm

h. La Discepelo: Fridays at 8 pm

i. La Maria: Saturdays at 2-3 pm, followed by a beginner friendly Practica

j. El Zorzal: Sundays at 7 pm

2. Once you're serious about learning, taking Private Classes is the best way to develop a strong foundation in embrace, technique, and musicality as Tango demands intricate and accurate movements. These one-on-one sessions significantly accelerate your learning progress by providing personalized attention tailored to your specific needs, such as correcting problems, refining & polishing movements, and helping you develop your unique style.

Fortunately, Buenos Aires has hundreds of talented teachers and private tango lessons are quite affordable compared to other parts of the world. See the <u>Teachers</u> section for private classes.

 Practice your new skills and make friends at Practicas (do not go to Milongas to dance just yet!). La Maria Practica is a particularly friendly one - it's on Tuesdays & Saturdays.
 See a list of Practicas & Milongas <u>here</u> and go to the ones labeled as "Practicas".

Practicas and Milongas have "codigos" or codes/rules for etiquette - read them here.

Read tips on how to get more dances at Practicas & Milongas in the "How To Get More Dances" <a href="https://doi.org/10.2016/j.jep.10.2016/j.j

4. If you're trying out your first Tango classes and don't want to invest in Tango shoes yet: you can wear shoes that don't have a grippy bottom and thus allow you to pivot. You can also just wear socks, or put large socks over your shoes. However, proper Tango dance shoes do help quite a bit and can prevent injury. For your first pair of affordable shoes,

- go to Flabella (Obelisco area, <u>Suipacha 263</u>). If you're coming from the US, buy these "Over Sneaker Dance Socks" on <u>Amazon</u>.
- 5. Now that you have the basics going, you need to focus on practicing as much as possible see the next section "Tips for Learning: Practice, Practice, Practice". A good guideline is that for every hour of class with a teacher, you should do two hours of focused practice to truly absorb the learnings. The best method is to find a Practice Partner or use a Taxi Dancer for this focused private practice.
- 6. If you need help or have questions, ask our WhatsApp community. See beginning of this document for links.

TIP: If you're bitten by the Tango bug and are ready to commit to it, **taking private classes is the most effective way to improve quickly**. This is especially important if you are in Buenos Aires for a short period of time and want to reach a point where you can enjoy the dance.

Tips for Learning: Practice, Practice, Practice

While it takes years to become a great Tango dancer, you can accelerate some parts of your learning process.

Tip: A good guideline is that <u>for every hour of class with a teacher, you should do two hours of focused practice</u> to truly absorb the learnings. The best method is to find a Practice Partner or use a Taxi Dancer for this focused private practice.

How to get better faster:

- Take private classes more regularly, at least 3 times per week or more while you're here in Buenos Aires. **Note**: you don't need the famous expensive teachers unless you're already a higher level dancer. Find a teacher who is good and can fit within your budget to take private classes 3+ times/week.
- Find a Practice Partner when you meet people at Practicas or Milongas that you can
 practice with on a weekly basis. A Taxi Dancer as a Practice Partner is ideal as their skill
 level is higher and they will help you absorb and integrate what you're learning in your
 private classes.

Where to find a practice partner:

- a. Facebook groups:
 - i. https://www.facebook.com/groups/592603457494477
 - ii. https://www.facebook.com/groups/850078588752357/
- b. Use the TangoPartner.com app (both iOS & Android)

- Get real world practice with a Taxi Dancer to go to Milongas, Practicas, group classes, festivals, and as a practice partner. See the separate section: <u>Taxi Dancers</u>
- Watch videos on YouTube lots of great tutorials to build technique and also watch the professionals perform.
- Listen to Tango music there are lots of great playlists on Spotify, like these:
 - a. Playlist for our Tango Lounge Practicas:
 https://open.spotify.com/playlist/0UzF9AogiRg2F9lQgm7gjp
 - b. https://open.spotify.com/playlist/0smrJ3wYHZ6RJyR58BpCHQ
 - c. Contemporary Tango music: https://open.spotify.com/playlist/64lXslP4vSvltZKjX9SF0i
- Practice at home and buy a mirror.

This webpage has a comprehensive list of Tango terms: https://www.argentinetangolab.com/terminology/.

Group Classes

Group Classes are often taught at the beginning of a Practica or Milonga. Look for events on the Hoy Milonga website that have a feet icon - this means there is a class before the event.

NOTE: If you're a **complete beginner**, aka "newbie", then see the list of group classes for you in The Getting Started Guide.

Beginners Group Classes are popular at these places (see the <u>Hoy Milonga website</u> or their IG/FB for current schedule & details) below:

- La Viruta: Wednesday, Friday, Saturday & Sunday nights, gets the most beginners, especially complete beginners. Best for trying out Tango for the first time.
- <u>Escuela Mundial de Tango</u>: classes for all levels, look for "Prinicipantes" for beginners. Contact via <u>WhatsApp: +54 9 11 6211-1172</u>. **Tip**: morning classes have fewer students and you'll get more personalized attention.
- <u>Estudio de Dinzel</u>: evening classes Mon-Sat followed by Practicas. On Mondays, "nivel 1" is Level 1 class
- La Catedral: most nights
- El Motivo: Monday nights
- La Mandrilera: Wednesday nights
- Lubiz Spitel Studio: Thursday at 7pm

- Juernes: Thursday at 8:30pm
- Instituto Superior de Tango (by Betsabet Flores), Fridays at 6 pm
- Hoy Milonga has the most comprehensive listing of classes. Look for classes for "principiantes" (beginners) in the class details

Intermediate Group Classes are more common than Beginner level. When you look at a Hoy Milonga event or <u>class list</u> and don't see "principiantes", then the class is most likely an Intermediate level.

<u>Escuela Mundial de Tango</u> (contact via <u>WhatsApp: +54 9 11 6211-1172</u>) also has several classes daily from several good teachers. **Tip**: morning classes have fewer students and you'll get more personalized attention.

Note: Many teachers have their own group classes separate from milongas. These are harder to find; check their Facebook and Instagram for schedules. Their group classes are a great way to evaluate a teacher and their student community before taking their private classes.

Followers Technique Group Classes schedules change, so make sure to ask in the Tango Lounge or message the teacher directly before going for the first time:

- Aurora Lubiz: Saturdays at 12-1:30 pm
- Mariana Dragone at La Maleva: Mondays at 6:00-8:00 pm
- Vanesa Villalb:, Fridays at 6:30 pm
- <u>Escuela Mundial de Tango</u> (contact via <u>WhatsApp: +54 9 11 6211-1172</u>). **Tip**: morning classes have fewer students and you'll get more personalized attention.
- Instituto Superior de Tango (by Betsabet Flores): Mondays at 6:00 pm

Leaders Technique Group Classes: schedules change, so make sure to ask in the Tango Lounge or message the teacher directly before going for the first time:

- Jonathan Spitel: Wednesdays at 6-7:30 pm; mix of English and Spanish
- Facundo Piñero: Fridays at 7:45-9 pm; mostly in Spanish
- <u>Escuela Mundial de Tango</u> (contact via <u>WhatsApp: +54 9 11 6211-1172</u>). **Tip**: morning classes have fewer students and you'll get more personalized attention.

Partner Technique Group Classes (Intermediate to Advanced levels): best to go with a partner, especially if you are a leader. Schedules change, so make sure to ask in the Tango Lounge or message the teacher directly before going for the first time:

• Aurora Lubiz & Jonathan Spitel: Wednesdays at 7:30 pm; followed by a Practica

- Facundo Piñero & Vanesa Villalba: Fridays at 9:00 pm; followed by a guided Practica
- <u>Escuela Mundial de Tango</u> (contact via <u>WhatsApp: +54 9 11 6211-1172</u>). **Tip**: morning classes have fewer students and you'll get more personalized attention.
- Instituto Superior de Tango (by Betsabet Flores): Mondays at 6 pm
- El Tacuari Tango with Nito Garcia: Wednesdays at 8:30pm

Stage (Escenario) Tango Group Classes:

- <u>Escuela Mundial de Tango</u> (contact via <u>WhatsApp: +54 9 11 6211-1172</u>). **Tip**: morning classes have fewer students and you'll get more personalized attention.
- <u>Lubiz Spitel Studio</u>: Mondays at 7 pm; for Advanced students
- Instituto Superior de Tango (by Betsabet Flores): Wednesdays & Fridays at 7 pm
- <u>Valeria Ruby & Franco Andrada</u>: Tuesdays at 7:45 pm; for Intermediate students

If you'd like to recommend more Group Classes, please send me an email:

BostonAdventurer@gmail.com or message me in The Tango Lounge to @Adventurer.

Private Classes & Teachers

There are hundreds of Tango teachers in Buenos Aires offering private classes. Most of them are great but it could be overwhelming finding the right one for **your** needs. *If you are a beginner, don't obsess about finding the "best" teacher!*

Here are some key pointers:

- Most famous/expensive teachers typically focus on helping intermediate to advanced level dancers
- Famous teachers also don't usually instruct many beginner/intermediate students, unless they have a school or academy.
- There are a few famous teachers that charge lower rates and still focus on beginner/intermediate students, but are more difficult to find.

Note: Prices don't define the quality of teaching. For example, there are many great teachers that charge between US \$20 to \$40 per hour. And there are some teachers that charge as high as US \$150/hr! *Price is not a good indicator of the quality of teaching.*

Questions to ask a prospective Teacher:

- How many years of Tango dancing experience do you have?
- How many years of Tango teaching experience do you have?
- What % of your students are at my level (beginner, intermediate, advanced, etc)?
- What is your hourly rate? And do you have a discount if I commit to ongoing classes?
- Do you have a special rate to try your class once?
- Do you go with your students to Milongas and/or Practicas? How often?
- Do you organize a group class for your students every week? Try their group class to see how they teach and if you like their student community.

Tip: find a Teacher that offers community by taking their students to Practicas/Milongas, introducing them to other students and other dancers, etc. You'll learn faster, find practice partners, make friends, and enjoy the journey much more.

How to find Teachers in Buenos Aires:

- Try different group classes at <u>Escuela Mundial de Tango</u>, then ask the teacher about private classes. Most of the teachers there speak English and have reasonable prices.
- Go to group classes at the beginning of Milongas & Practicas and if you like the teacher's teaching style and how they explain, ask the teachers about private classes.
- Ask for recommendations in the Tango Lounge

- Ask me directly for recommendations I am building a list of teachers recommended by members of the Tango Lounge. I'm @Adventurer in The Tango Lounge group.
- The Hoy Milonga website has a list of some teachers: https://www.hoy-milonga.com/buenos-aires/en/teachers

Tip for finding great teachers with reasonable prices: talk to the famous or well recommended teachers who are too expensive. Tell them that you can't afford them, and ask them to recommend someone who has their teaching style, but is more affordable. They usually know other great teachers who are lower priced - sometimes these are their protégés and past students who learned from them and became teachers. These other teachers are also who they send their regular students to when they are traveling abroad. You may have to try this a few times until you find a teacher that you like and fits within your budget.

Also, most teachers will offer a discount if you commit to a certain number of classes or pre-pay for a pack of classes. After they give you their initial price, ask them if they have such a discount.

Get The Best out of Your Private Classes:

- 1. Try at least 2-3 teachers before deciding on which one(s) to continue with. And, find a teacher that fits within your budget in order to take at least 3 classes/week. It is very difficult to make progress with just one class per week if you're not already a proficient Tango dancer.
- 2. Don't get smitten by famous teachers if you're a beginner. They're expensive, and they typically specialize in working with intermediate to advanced students. Find teachers who focus mostly on beginners or intermediate students. They can also help guide you with which events are best for you, you'll meet their other students at your level, find practice partners, go to events with the teacher and all their students, etc.
- 3. Take classes with both Leader and Follower Teachers as they will teach you from different perspectives.
- 4. After your initial 6-10 classes, take classes with at least two different teachers (ideally with both a Leader & Follower Teacher). This will help you understand better and you'll get tips for the same movement from different perspectives. Remember that you'll dance socially with people with various styles and it's best to also learn from teachers of different styles.
- 5. As you take classes from different teachers and/or watch videos, you'll notice that there are many different ways or styles for dancing the same movements. This does not mean that a particular teacher or dancer is wrong. It's best to understand the different ways of

- doing something, try them yourself, and then choose which style for a particular movement is best for you and at which moment in your dance.
- 6. A good guideline is that <u>for every hour of private class with a teacher, you should do two hours of focused practice to truly absorb the learnings</u>. The best method is to find a Practice Partner or use a Taxi Dancer for this focused private practice.

Recommended Teachers (for Private Classes)

Female

- Silvina Valz (<u>Instagram</u>)
 - Level/skills: Advanced professional teacher and performer (performs as both Leader and Follower) with decades of teaching experience. Teaches many teachers.
 - Price (mention Tango Lounge): \$50/hour (discounts for regular schedule)
 - Speaks fluent English
 - WhatsApp: +54-11-5810-6486
- Vicky Ramirez (<u>Instagram</u>)
 - Price (mention Tango Lounge): \$30/hour (or \$100 for 4 hours)
 - Speaks intermediate English
 - WhatsApp: +54-11-7100-8932
- Gimena Gordillo (<u>Instagram</u>)
 - Price (mention Tango Lounge): \$30/hour (or \$80 for 3 hours)
 - o Fully bilingual in English and Spanish she's Argentinian American
 - WhatsApp: +54-9-11-2883-4690
- Ana Alfaro (<u>YouTube</u>)
 - Level/skills: Advanced professional dancer and teacher; also great for stage Tango. Finalist in BA City Championships and Mundial (World) Competition. Performed in several countries.
 - Speaks basic English
 - WhatsApp: +54 11 5835-2338
- Irene Martens (<u>Instagram</u>),
 - Level/Skills: Professional dancer and teacher
 - Speaks intermediate English
 - WhatsApp: +54 11 5132-8520
- Florencia Echevarría (Instagram)
 - Level/Skills: Professional dancer and teacher
 - Speaks fluent English

WhatsApp: +54 2215 67-9409

Male

- Roque Bravo (<u>Instagram</u>)
 - Price (mention Tango Lounge): 2 hours for USD \$50
 - Level/Skills: ex-DNI Teacher and high level professional dancer. He was a finalist for the BA City Championships in 2022.
 - Speaks a little English
 - WhatsApp: +54 11 3869-2056
- Ramiro Caricchio (<u>YouTube</u>)
 - Level/Skills: teacher and high level professional dancer
 - Speaks fluent English, and also Italian, French and Japanese
 - WhatsApp: +54 11 3782-7924
- Sandro Almirón (<u>website</u>)
 - Price (mention Tango Lounge): USD \$40 for 1.5 hours
 - Speaks English
 - WhatsApp: +54 11 5419-1136
- Hugo Mastrolorenzo (<u>Instagram</u>)
 - Level/Skills: Mundial (World) champion escenario 2019
 - Written four books on tango, one of them a textbook
 - Understands some English
 - WhatsApp: +54 11 6156 8093
- Matias Nocetti
 - Great beginners teacher
 - Speaks fluent English
 - o Teachers a beginners group classes in Zorzal on Sundays at 5:30pm
 - WhatsApp: +54 11 6751 4571

Couples

Tango Teachers around the world:

https://whentheembracewhispers.com/find-tango-teachers-near-you/

IF YOU HAVE A RECOMMENDATION OR NEED A REFERRAL FOR A TEACHER, please message me on WhatsApp (I'm @Adventurer) or email me at BostonAdventurer@gmail.com

Dancing Socially: Basic Rules & Getting Dances

Basic Rules & Codigos

Practicas and Milongas have "codigos" or codes/rules for etiquette! Here are the important ones:

- 1. "Cabeceo" is an invitation to ask someone to dance with us. It's typically considered rude to go up to someone and ask them to dance using speech or by extending your hand.
 - A cabeceo is first initiated by making eye contact (aka "mirada") with the person you want to ask and once you have eye contact, then nodding with your head towards the dance floor.
 - They can choose to accept (by nodding up/down or towards the dance floor) or decline (by looking away, or shaking their head or their hands).
 - Once the person accepts, the leader walks over to where the follower is sitting and then both people step onto the dance floor together.
 - Tip for Followers: wait to get up from your seat until the leader is directly in front
 of you as occasionally it happens that they may have cabeceo'd with someone
 else next to you. <u>This video</u> illustrates this point.
 - For examples, search "tango cabeceo" videos on YouTube.
- 2. Never walk through the dance floor once people have started dancing. Always walk around the edge of the dance floor when walking around the room.
- 3. When you dance with someone, you commit to finishing the tanda (the set of 4 songs) with them; please don't end early unless you are uncomfortable dancing with that person.
- 4. A milonga is to enjoy dancing. It is not the place to get feedback or give feedback; that is what Practicas are for.

Check <u>this</u> out for the longer, comprehensive etiquette list - for both Followers and Leaders. **Everyone must read this complete list**.

Also, ask your teacher(s) for more information on the codigos, especially for the specific Milongas that you are interested in going to. The **codigos vary by Milonga**.

How To Get More Dances

Getting Dances, especially as a Beginner or a Foreigner, can be very challenging. Some tips to increase your chances for getting more dances:

- It is far easier to get dances at Practicas rather than Milongas, especially for beginners. At Practicas, people go to Practice and will dance with people of all levels. At Milongas, people go to enjoy the depth of the dance and tend to be more selective about who they dance with.
- Dress for Success! Unfortunately, the reality is that people evaluate us based on how we
 look and dress if they don't know us. Taking care to dress well, including wearing nice
 dancing shoes, and having good personal grooming impresses people and is a signal that
 we are more serious about dancing Tango.
- If you don't get a dance during the first song of the tanda, don't start using your phone or get busy talking with your friends. Getting a dance during the second song is still a good opportunity. Continue looking around to make eye contact.
- We often consciously and subconsciously evaluate someone's body language before deciding to dance with them. Some simple things:
 - Do not have your arms folded and/or hunched down this implies you're closed
 - Do not have a frown on your face; smile!
 - Sit upright with good posture
 - Do not use your phone during the cortina; look around for cabaceo
- Sit, and preferably stand, in a central area where more people can see you and make eye contact with you. Sitting in the corner or edges of the room is more challenging to be seen for cabeceo.
- If you are a follower, try not to sit with a group of other followers. It's harder for a leader to make eye contact with just one person while looking in the direction of a group. Mistakes happen too often and it's embarrassing for the leader.
- When a new tanda (set of songs) starts, people will look around to cabeceo with others.
 A nice smile, great posture, open body language (don't have your arms crossed, etc), and looking up & around actively to make eye contact will result in more dances. Standing up and looking around increases your chances for eye contact.
- Start your mirada/cacabceo as soon as the last tanda ends the time during the cortina
 is the best time to look for someone to dance with. Do <u>not</u> wait until the first song in the
 tanda has started. Don't be busy using your phone or chatting with your friends during
 the entire cortina, and even during the first and second songs as those are still times to
 find a partner.
- Go to the group class at the start of the milonga to meet people with whom you can dance with once the milonga starts.
- Start a conversation with people, especially if you're sitting nearby, that you'd like to dance with. They're more likely to dance with you if they've talked with you.
- Go earlier less experienced people tend to go to Milongas & Practicas earlier, while more experienced dancers go later.

- If you're a beginner level leader and getting dances is challenging, one strategy is to wait until the 3rd or 4th song and then ask. This minimizes the risk for followers and they're more likely to say yes to dancing with a beginner for 3-6 minutes, instead of 12 minutes.
- The dress code at certain Milongas, especially traditional ones at La Nacional, and Salon Marabu, tends to be more formal. The dress code at Practicas is more casual. Tip: if in doubt, look at the Hoy Milonga page as they often have pictures and videos, or search Facebook & YouTube for photos of that milonga/practica, or just ask in The Tango Lounge group.
- Check out the list of "Events particularly friendly to dancers of all levels" under the Milongas section (above).

If you are nervous about dancing at a Milonga, I highly recommend hiring a Taxi Dancer to help you get used to the real world higher pressure environment. See the section on <u>Taxi Dancers</u> for more information.

Tip: a great resource on how to get more dances - Dimitris Bronowski sent a questionnaire to over 16,000 social tango dancers and asked them how they choose with whom to dance in a milonga. He used the results to create a 1h35min online course on how to get more dances in a milonga. Followers can discover secrets of the dance floor that other followers might need decades to discover. The course normally costs 97 Euro, but he gave free access to the members of the Tango Lounge. What you need to do if you are interested:

- 1. Subscribe to <u>TheCuriousTanguero.com</u> newsletter
- 2. Respond to the first email telling him you are members of the Tango Lounge and that you want access to the course.

Milongas & Practicas: Recommendations

Vamos a bailar!

Now that you've taken some classes, it's time to practice your skills in social dancing!

If you're a beginner, it's better to go to Practicas (practice events, tend to be casual and more friendly) instead of Milongas (focus is on enjoying social dancing). Practicas are more welcoming for people at the beginner to intermediate levels.

You can find listings for Practicas on the <u>Hoy Milonga website</u>. Look for "(Práctica)" under the event title.

The **Hoy Milonga** website (https://www.hoy-milonga.com) lists all social dancing events every day. Some tips for using the website:

- Many events have a group class at the start the listing has the two feet icon. Check the event listing for details on time and teachers.
- Events with a star icon means there will be exhibition performances and/or a live band "Música en vivo".
- **Tip**: the organizers typically have more details for events on their FB or IG pages links are usually on the Hoy Milonga event page. You can also contact them on their phone number via WhatsApp to get more info, especially to make a reservation for a table.

The section below has recommendations based on experiences from members of the Tango Lounge. Keep in mind that Milongas and Practicas vary quite a bit in terms of formality (dress code, etc), skill level, and openness to dancing with strangers/foreigners or "friendliness". Some things to note:

- The outdoor and "neighborhood" milongas and Practicas tend to be more friendly and casual dress.
- Try several milongas to find the ones that you enjoy for your level and where you find your "tribe".
- At a Practica, try to ask for feedback from your partner every dance is a learning opportunity.

Tips:

1. Milonga/Practica names are different from the venues that host them, but the names are often used interchangeably (I know, it's confusing).

- 2. Many venues (such as Salon Marabu, La Nacional, El Beso, and El Zorzal) host several different Milongas/Practicas on different days and times.
- 3. Take the class before the Practica/Milonga to experience different teachers, and to meet people to dance with and make friends.

Beginners & All Levels

These events are particularly friendly to dancers of all levels - including beginners (see <u>Hoy Milonga</u> for latest schedule, address, and contact info):

La Viruta

- Schedule: Wednesday, Friday, Saturday & Sunday nights, earlier is better for beginners (casual dress), while professional level dancers make an appearance after 2am
- Crowd: Very friendly, all ages
- Dress Code: casual, but professionals dress up

Various Milongas @ La Glorieta de Belgrano

- Schedule: Most evenings
- Crowd: Very friendly, tends to be an older crowd
- Dress Code: Casual, no dress code

Various Milongas @ La Glorieta de Versalles (outdoor)

- Schedule: Open most evenings,
- Crowd: Very friendly, tends to be an older crowd,
- Dress Code: Casual, no dress code

Various Milongas and Practicas @ El Zorzal

- Schedule: Most afternoons and evenings
- o Crowd: Tends to be a younger, more casual crowd
- Dress Code: Casual, no dress code

• Estudio Dinzel Practica

Schedule: Monday nights, beginners class at 5:00 pm; Practica afterwards until
 10pm

• Practica de los Lunes @ El Beso

Schedule: Monday nights

Dress code: Somewhat dressy

Milonga de Laura

Schedule: Monday nights

Crowd: Very friendly, all ages, all levels

Dress Code: none

La Maleva Practica

Schedule: Tuesday nights

Dress Code: Casual dress

La Maria Practica

Schedule: Wednesday evenings

Dress Code: Casual
 La Cachivacheria Milonga

Schedule: Wednesday evenings

Dress Code: CasualCrowd: Younger

• De Querusa Practica

Schedule: Thursday nights

o Crowd: Great for dancing with a good mix of locals and foreigners

Dress Code: Casual

• Maldita Milonga (Peru 571, San Telmo)

Schedule: Thursday nightsCrowd: Beginner-friendly

Bilongon

Schedule: Friday nights

Crowd: Younger community; beginner-friendly

• La Maria Practica

Schedule: Saturday afternoons

Crowd: Ideal for beginners (especially newbies); queer scene

Dress Code: None

• **ZonaTango** (great rooftop to chill and have drinks with friends)

Schedule: Saturday night,Dress Code: Somewhat dressy

• Estación Sensibleros (outdoor)

Schedule: Sunday nights

• Crowd: Very friendly, good mix of locals and foreigners, beginner-friendly

Dress Code: None

Milonga Placita del pañuelo Blanco @ Plaza Dorrego (<u>Humberto 1º 400, San Telmo</u>) -

Schedule: Sunday nightsCrowd: Beginner-friendly

Dress Code: None

Cochabamba

Schedule: Thursday nights

o Crowd: Local neighborhood milonga, friendly local crowd, beginner-friendly

Dress Code: None

Intermediate Level

These events are best for Intermediate and higher-intermediate level dancers (see <u>Hoy Milonga</u> for latest schedule, address, and contact info):

• El Motivo Practica @ Club Malcom

Schedule: Monday nights

Dress Code: Casual dress code

Muy Lunes

Schedule: Monday nightsCrowd: Younger community

Dress Code: Casual

Muy Martes

Schedule: Tuesday nightsCrowd: Younger community

Dress Code: Casual

• Parakultural Milonga @ Salon Marabu

Schedule: Tuesday & Friday nights

Dress Code: Dress up

• Tango Bar @ El Zorzal

Schedule: Wednesday nightsCrowd: Younger community

Dress Code: Casual

• La Chiquita

Schedule: Thursday nightsCrowd: Younger community

Dress Code: Casual

Balmaceda

Schedule: Thursday nights

o Crowd: All ages

Dress Code: Dress up

La Discepolo

Schedule: Friday nights

Crowd: Younger community

Dress Code: None

Bravita

Schedule: Friday nights

Crowd: All ages

Dress Code: Dress up

Juernes

Schedule: Thursday nights, late after 1 am

Crowd: Younger communityDress Code: Fashionable dress

• Las Malevas Practica @ La Maleva

Schedule: Friday nightsDress Code: Casual

Parakultural Milonga @ Salon Marabu

Schedule: Tuesday & Friday nights

Dress Code: Dress up

• El Vermu @ El Zorzal

Schedule: Saturday afternoons

Dress Code: Casual

• Gallo Rojo @ El Zorzal

Schedule: Saturdays (2-3 times a month)

Crowd: Younger community

o Dress Code: Casual

La Rosa Milonga @ El Beso

Schedule: Sunday afternoonsDress Code: Somewhat dress up

Cualquiera

Schedule: Friday evenings

Dress Code: Mixed, casual or dress up!

Advanced Level

Events for Advanced level dancers - (see <u>Hoy Milonga</u> for latest schedule, address, and contact info):

Milonga A La Parilla @ JJ Circuito Cultural

Schedule: Tuesday nightsDress Code: Dress up

• Cachirulo @ El Beso

Schedule: Tuesday nights

Crowd: somewhat strict on codigos (ladies sit separately from men)

Dress Code: Dress up

La Viruta

Schedule: Wednesday & Sunday nights, after 2 am

• Pipi Cucu @ La Nacional

Schedule: Friday nights

Crowd: Younger crowd (expect to see Mundial competitors)

Dress Code: Dress up

• Gente Amiga @ Club Pedro Echague

Schedule: Sunday evenings

Crowd: Older crowd; very strict on codigos

Dress Code: Dress up

NOTE: if you are not known in these Advanced milongas communities and are a new attendee, it's next to impossible to get a dance; you must go with friends or your teacher if you wish to dance. But, it's also nice to go and just watch!

Younger Communities

Events for Younger dancers (see Hoy Milonga for latest schedule, address, and contact info):

- Muy Lunes Monday nights
- Muy Martes Tuesday nights
- La Cachivacheria Wednesday nights
- Tango Bar Wednesday nights
- La Chiquita Thursday nights
- Batacazo Thursday nights
- Juernes Thursday nights, late after 1 am
- Bilongon Friday nights
- **Discepolo** Friday nights
- Vermu Saturday afternoons
- Gallo Rojo Saturday evenings
- Alsina Every second Saturday evening
- Sensibleros Sunday evenings

Older Communities

Events for Older dancers (see Hoy Milonga for latest schedule, address, and contact info):

- Various Milongas @ La Glorieta de Belgrano (outdoor)
 - Schedule: Open most evenings
 - Crowd: Very friendly
 - Dress Code: Casual, no dress code
- Various Milongas @ La Glorieta de Versalles (outdoor)

Schedule: Open most evenings

Crowd: Very friendly

Dress Code: Casual, no dress code

• Various Milongas @ Lo de Celia

Schedule: Open most nights

Dress Code: Dress up

Various Milongas @ Nuevo Gricel

Schedule: Open most nights

Dress Code: Dress up

Various Milongas @ El Beso

o Schedule: Afternoons (especially Friday), Thursday nights, Sunday nights

Dress Code: Afternoons casual; Evenings dress up

• Cachirulo @ El Beso

Schedule: Tuesday nightsDress Code: Dress up

Nuevo Chiqué

Schedule: Tuesday afternoon to evening (4pm-10pm)

Dress Code: Dress up

• Barajando @ Lo de Celia

Schedule: WednesdaysDress Code: Dress up

Nuevochique Milonga del Corazon

Schedule: Thursday nightsDress Code: Dress up

• San Souci @ La Nacional

Schedule: Saturday nightsDress Code: Dress up

• Milonga de Buenos Aires @ El Hotel Abasto

Schedule: Saturday nightsDress Code: Dress up

Switching Roles

Events for Switching Roles (see <u>Hoy Milonga</u> for latest schedule, address, and contact info):

- La Fuza Practica Tuesday nights
- La Rebelde Wednesdays
- La Malvea Saturdays
- LaVictorTanga has events see their Instagram for more info on upcoming events

- Tango y ESI see their <u>Instagram</u> for info on upcoming events
- Yuyu Tuesday nights
- Cañon Friday nights

Alternative & Nuevo Tango

Join our dedicated WhatsApp group for Alternative, Nuevo & Contact Tango to find events: https://chat.whatsapp.com/DGo7Po60DCQ7qQRKf14stX

Contact Tango

These organizers organize Contact Tango events:

- https://www.instagram.com/lamutante.ct
- https://www.instagram.com/irinajabsa/

Also, join our dedicated WhatsApp group for Alternative, Nuevo & Contact Tango to find events: https://chat.whatsapp.com/DGo7Po60DCQ7qQRKf14stX

Queer Tango Events & Classes

Play with the ideas of masculine and feminine roles within the dance - change who leads and who follows. While these are not exclusively for LGBTQIA+ people, they are open to anyone who wants to explore this approach.

- Despelote Mondays, with class at beginning
- La Fuga Tuesdays, with class at beginning
- Tango Para Todes Wednesdays, with class at beginning
- La Minga Tango Queer Thursdays, with class at beginning
- Los Muchaches Fridays, with class at beginning
- Queer 1st Friday of every month, with class at beginning
- Casa Brandon, with class at beginning
- Tancuir Saturdays, with class at beginning
- Tango Queer Diverso see their <u>Instagram</u> for events

- Tango Queer Buenos Aires see their <u>Instagram</u> for events
- Tango Cuir Studio see their <u>Instagram</u> for regular classes

Reserve a Table at a Milonga

You can contact the organizer of a Milonga, typically via their WhatsApp number (listed on the event page on the Hoy Milonga website), and reserve a table for you and friends - for free.

The advantage is that typically you'll get a table that is in a better location (and you can request a specific area) and there are enough chairs for you and your friends.

Tip: make friends by reserving a table and then posting a signup list in The Tango Lounge. It's the easiest way to meet new people and make friends to go to milongas together with.

Note: If you are joining someone else's reserved table (from a signup list in The Tango Lounge), please do not cancel last minute. This can reflect badly for the table organizer and can make it more difficult to reserve tables with good locations as the Milonga organizers note these things. Also, by canceling at the last minute (or not showing up) in a full table, you prevent someone else from going. Please be considerate and commit when you sign up for a table reservation.

Note: You usually have to arrive by a specific time to keep your table; after a certain time, the organizers give the open tables away to other people who need them - <u>make sure to ask what time you must arrive by</u>.

Festivals, Marathons, & Encuentros

After all that hard work learning to dance Tango and practicing at Milongas, I recommend joining larger events to meet and dance with new people from different parts of the world.

Below are the various types of Tango events that you can join:

Festivals are typically large scale events over several days.

- Often include various activities such as workshops, performances, and social dances (milongas).
- The emphasis is usually on learning

- The atmosphere is generally welcoming to dancers of all levels.
- Typically feature renowned tango maestros who conduct classes and perform shows
- Often include a broad range of DJs and orchestras
- For classes, it's best to take it with a partner you already know so that you can practice with them later.

Marathons focus on social dancing, usually over a two to three day period with little or no instruction.

- The emphasis is on dancing rather than learning
- Participants are generally expected to have a good grasp of tango etiquette and floorcraft
- Attract more experienced dancers who have the stamina to dance for many hours.

Encuentros or "Encuentros Milongueros" are invitation or pre-registration only events that focus on traditional close-embrace style of Argentine tango (milonguero style).

- Typically for more experienced dancers
- Tend to be more exclusive

Tango Holidays or Tango Tours are vacation packages organized around tango.

- May include a trip to a destination famous for tango (like Buenos Aires)
- Comes with planned activities like tango classes, visits to famous milongas, and sightseeing.

Tango Retreats or Tango Camps are immersive events that typically take place in a rural or resort setting. A holiday of concentrated tango learning and practice.

- Often last over a weekend or longer.
- Likely includes intensive tango classes, practicas, and milongas
- Might include other activities like yoga, relaxation, and communal meals

Festivals and marathons in Argentina are listed <u>here</u>.

Annual Festivals in BA

These are the more popular Festivals that take place every year in Argentina:

Festival Name Comment Dates

National Tango Day Festival Buenos Aires	Organized by the City of Buenos Aires	To be announced
<u>D'Arienzanda Festival</u>	Tango Festival dedicated to the rhythm of Juan D'Arienzo with classes and milongas.	To be announced
Tango Salon Festival Buenos Aires	Inexpensive, good classes, and their nightly milongas are very good and open to everyone.	To be announced
Tango Magno (<u>IG</u> , <u>FB</u>) Buenos Aires	Inexpensive, good classes, and their nightly milongas are very good and open to everyone.	To be announced
Electro Tango Festival Buenos Aires (<u>FB</u> , <u>IG</u>)	Biggest gathering of ElectroTango dancers	February 2025
CITA Buenos Aires	Largest number of classes by famous teachers, expensive, but milongas are restricted to attendees only, which are pretty much only foreigners from western countries due to the cost. It's better to attend local milongas where you can dance with locals and everyone else.	To be announced
Lady's Tango Festival (FB)	Nightly milongas are very good and open to everyone. Organized by Johana Copes	To be announced
La Plata (FB)	In the nearby city of La Plata, one hour from BA via car (can take Uber/Didi/Cabify/Taxi) or train. Go for at least the last night (Saturday) of the festival, which will be the most fun and the craziest Tango event you've ever been to! It has an intense amount of energy that you'll never	April 16-19, 2025 FYI, the city of La Plata is a different place than Mar del Plata, which is famous for its beaches.

	experience in any other Tango event in the world.	
Tango Buenos Aires Festival y Mundial	Festival for the Tango World Competition	14-27 August 2024

International Events

This website lists many Tango retreats, immersions, intensives worldwide: TangoRetreats.com.

International Festivals can be found on these websites:

- <u>Tango Partner</u> app (iOS & Android) has the largest list of festivals & marathons worldwide.
- <u>TangoCat.net</u> mostly European events listed by month.
- https://www.tangomarathons.com/events/
- https://www.facebook.com/groups/tango.events.worldwide/

Argentinian Folklore Dances (Chacarera, Zamba)

Argentinian folklore dances are a vibrant and integral part of Argentina's rich cultural heritage. Rooted in a blend of indigenous, Spanish, and African influences, these dances reflect the diverse history and regional variations of Argentina.

The two most popular folklore dances, Chacarera and Zamba (not to be confused with the Brazilian Zamba) are characterized by their upbeat tempo and rhythmic footwork. These dances historically played a significant role in social courting rituals. These dances were often community events where young men and women could meet and express interest in one another in a culturally accepted manner. The dances, with their structured steps and patterns, provided a space for subtle flirtation and interaction, allowing individuals to demonstrate their grace, skill, and charm. This aspect of dance as a means of courtship is deeply embedded in the social fabric of rural Argentina, where such gatherings were pivotal in bringing people together and fostering relationships.

The Chacarera is a lively, upbeat dance from the northwest region, reflecting a more rural and earthy style. The Zamba is another popular traditional dance, characterized by its graceful and

romantic style, often involving the use of handkerchiefs as props. They are sometimes danced by Tango dancers at Milongas. Chacarera is more common, popular, and easier to learn.

Some videos to see these beautiful dances:

- Chacarera group dance at Salon Canning milonga
- Chacarera group practice at a class
- Chacarera performance by Corina Herrera & Octavio Fernandez
- Chacarera performance by Sabrina & Ruben Veliz
- Chacarera performance by Gabriel Ponce & Analia Morales
- Zamba class by Rita Correa (in Spanish)
- Zamba performance by professors Jenni & Dennis
- Zamba performance by Silvia Bueno & Jorge D'Angelica at a Salon Canning milonga
- Zamba performance by Charlotte Millour & Maximiliano Colussi

The equivalent of a Milonga event for Folklore dances is called "Peña". Here are some places to learn and dance Chacarera and Zamba:

- This Facebook group for upcoming Peñas: https://www.facebook.com/groups/523299317720726/
- Cintia Fattori, English speaking folklore teacher: WhatsApp: +54-9-11-5875-4851
- Nick Wallach, English speaking folklore teacher: https://www.instagram.com/narcoleptic_academic
- https://www.instagram.com/juanmanuel.enriquez.1654 teaches group classes
- https://www.instagram.com/penia.sombra.blanca/
- https://www.instagram.com/del.michi/
- https://www.instagram.com/feriademataderos/

It's a lot of fun to just go to a peña and watch people dance in pairs and groups! I highly recommend it.

Taxi Dancers

A "Taxi Dancer" is a person you hire to dance with you at Milongas, Practicas, group classes, or especially to practice with you in a dance studio or even your place (if you have enough room).

The term "Taxi Dancer" comes from the time when Tango was very popular in Buenos Aires, many taxi drivers also danced Tango, and moonlighted on the side to get paid to dance with women at milongas.

While taxi dancers are stereotypically men, there is a growing popularity of female taxi dancers. This is a good background article about the history of taxi dancers.

Why I Recommend Hiring a Taxi Dancer

- While the idea of hiring a Taxi Dancer can be controversial sometimes, remember that
 you are helping a professional Tango dancer make a living in a challenging economic
 environment in Argentina. Being a professional dancer is an economic struggle for most
 dancers and they usually have multiple jobs to survive and become better dancers.
- Dancing with a Taxi Dancer is an important strategy to get more consistent practice hours with a skilled dancer who gives you feedback. I recommend a two-hour focused practice for every hour of class as the ideal way to turn those learnings into skills.
- As a beginner/intermediate level dancer, it's often difficult to get dances at a Milonga, which can be a high pressure environment, especially for leaders. Taxi dancers can help you develop the confidence and skills to adapt and thrive in these places.
- Typical rates for a Taxi Dancer range from US \$10 \$50 per hour (minimum of 2-3 hours). You can also hire one Taxi Dancer for you and your friends.
- Note: You'll have to pay for their entrance fees, drinks, and studio fees as applicable.

Differences Between a Taxi Dancer and a Tango Teacher

There's no formal distinction between a teacher and a taxi dancer. But the former can provide a more effective lesson plan, personalized to your needs and goals.

Just think of a taxi dancer as your TA or teaching assistant. But note that many teachers also moonlight as a Taxi Dancer to earn additional income.

What I Learned From Hiring Taxi Dancers for Practice

- 1. Practice with someone who is better than or at least as good as you. It's a great way to burn your hard-earned lessons into your muscle memory.
- 2. There is no shortage of good middle-level to advanced-level male and female taxi drivers available to help you practice. However, it's hard to find ones that will match your height, skill level, and style. (Don't worry, there's a list below to help you with that).

- 3. If you go to a Milonga or Practica with a Taxi Dancer, don't only dance with him/her. Dance with other people as well. Just try to use your taxi dancer for tandas when you're not dancing with someone else.
- 4. You can ask your taxi dancer to introduce you to other people at the event.
- 5. Sometimes you just need your taxi dancer to "show you off" with 1-2 tandas, then you'll get other dancers asking you to dance with them.

Rules for hiring Taxi Dancers for Practice:

- 1. Be polite and respectful.
- 2. Pay for their entrance fee, drinks, and studio fees as applicable
- 3. Be patient, it takes time to get used to each other.
- 4. A poor match is a poor match, but do recognize there are many ways to dance tango.
- 5. Communicate your goals and expectations so they can help you better.

Recommended Taxi Dancers

These Taxi Dancers have all been recommended by members. *Please send me your feedback and help us keep this list up to date.*

Followers:

- Vicky Ramirez (<u>Instagram</u>)
 - Price (mention Tango Lounge): \$25/hour
 - Height: 5'3" or 160 cm with heels
 - Level/Skills: Experienced professional dancer, great embrace
 - Available for: private practice, accompany to classes (and translate to English), milongas.
 - Speaks intermediate English
 - WhatsApp: +54-9-11-7100-8932
- Ana Alfaro (<u>YouTube</u>)
 - o Height: 5'3" or 160 cm with heels
 - Level/Skills: Advanced professional dancer and also a teacher; dances more stage Tango. Finalist in BA City Championships and Mundial (World) Competition. Has performed in several countries.
 - Speaks basic English
 - WhatsApp: +54 9 11 5835-2338
- Irene Martens (<u>Instagram</u>),
 - Height: 5'9" or 175 cm with heels
 - Level/Skills: Professional dancer and teacher
 - Available for: private practice milongas

- Speaks intermediate English
- WhatsApp: +54 9 11 5132-8520

Florencia Echevarría (<u>Instagram</u>)

- Height: 5'8" or 172 cm with heels
- Level/Skills: Professional dancer and teacher
- Available for: private practice and milongas
- Speaks fluent English
- o Contact: +54 9 2215 67-9409

• Paula Rodrigues (Instagram)

- Height: 5'3" or 160 cm
- Level/Skills: Advanced dancer, not a professional
- Available for: private practice (2 hours minimum). Also teaches stretching classes.
- Speaks a little English
- WhatsApp +54 911 5821-1857

Anahi Barrios (<u>Links</u>)

- Height: 5'4" or 165 cm with heels.
- Level/Skills: Experienced professional dancer Tango Salon, Stage, and Folklore.
 Has performed in several countries.
- Available for: private practice, milongas, and Folklore peñas
- Speaks intermediate English
- WhatsApp: +54-9-11-57369935

• Yamii Ramirez (Instagram)

WhatsApp: +54 9 11 3313-9803

Leaders:

Roque Bravo (Instagram)

- Price (mention Tango Lounge): 2 hours for USD \$50
- o Height: 5'9" or 175 cm
- Level/Skills: Teacher (ex-DNI) and high level professional dancer. He was a finalist for the BA City Championships in 2022.
- Speaks little English
- WhatsApp: +54 9 11 3869-2056

Ramiro Caricchio (YouTube)

- Height: 5'10" or 178 cm
- Level/Skills: teacher and high level professional dancer
- Speaks fluent English, and also Italian, French and Japanese
- WhatsApp: +54 9 11 3782-7924

Sandro Almirón (<u>website</u>)

- Height: 5'9" or 174 cm
- Price (mention Tango Lounge): USD \$30/hr or USD \$120 for entire Milonga
- Speaks English
- WhatsAp: +54 9 11 5419-1136

• Javier Silva (<u>website</u>, <u>article</u>)

- Height: 5'8" or 172 cm
- Price (mention Tango Lounge): USD \$25-35/hr for milongas, USD \$20/hr for private practice, USD \$25/hr for classes
- Speaks English
- WhatsApp: +573204855751

• Luciano Millaqueo

- Speaks English
- WhatsApp: +54 9 11 5876-8610

Kane Nieves

- Speaks English
- WhatsApp: +54-9-11-6022-0449

Rodrigo Yaltone

- Height: 5'11" or 180 cm
- WhatsApp: +54-9-11-5706-9559

Gaston Boccardo

- Height: 5'6" or 168 cm
- Level/Skills: close embrace, great musicality
- WhatsApp: +54-9-11-2707-8098

Hugo Ferrari

- Height: 5'11" or 180 cm
- Doesn't speak English
- WhatsApp: +54 9 11 5334-3409

Martin Serrano

- Height: 5'7" or 170 cm
- Level: teacher and professional dancer
- Doesn't speak English
- WhatsApp: +54 9 11 2640 6272

Pedro Zamin

- Height is 5'10" or 178 cm
- Speaks English
- WhatsApp: +54 9 11 5991-1807

• Esteban Juan Durso

• Height is 5'11" or 180cm

- o Tango salon, fantasia, advanced levels
- Speaks basic English
- WhatsApp: +54 9 11 3385-3330

IF YOU HAVE OR NEED A RECOMMENDATION OR FEEDBACK ON ABOVE DANCERS, please message me on WhatsApp (I'm @Adventurer) or email me at BostonAdventurer@gmail.com

Shoes, Clothes, Hair/Makeup Artist, Music, etc.

A curated directory for your Tango needs, based on recommendations from our 900+ members.

Tango Shoes:

<u>Tip for Beginners:</u> If you're trying out your first Tango classes and don't want to invest in Tango shoes yet: you can wear shoes that don't have a grippy bottom and thus allow you to pivot. You can also just wear socks, or put large socks over your shoes. However, proper Tango dance shoes do help quite a bit and can prevent injury. For your first pair of shoes, go to Flabella.

Shoe Repair (Zapatero): if you need to get your Tango shoes repaired or reconditioned, this zapatero does really good work at good prices. He is located at <u>Bartolomé Mitre 1401</u> (near Congreso): Eduardo, WhatsApp: +54 9 11 6200-9816

Shoe Stores:

<u>Tip</u>: join the <u>free membership at Hoy Milonga</u> to get <u>discounts</u> at some of the shops.

Google Map of Shoe Stores: https://maps.app.goo.gl/racPYPwfBjZ691CS9

- Flabella (Obelisco area, Suipacha 263):
 - Most popular for lower cost shoes for men and women
 - Good quality
 - Basic styles
 - Adjacent to 3 other shoe stores: Las Marianas, Darcos, and Todo Tango
- <u>Darcos</u> (Obelisco area, <u>Suipacha 261</u>)
 - Lower cost shoes for men & women
 - Good quality

- Own production of the shoes
- Adjacent to 3 other shoe stores: Flabella, Las Marianas, and Todo Tango
- Las Marianas (Obelisco area, Suipacha 252)
 - Women's shoes
 - Great options for wider feet
 - Adjacent to 3 other shoe stores: Flabella, Darcos, and Todo Tango
- Tango Imagen (Abasto, Anchorena 606)
 - Lower cost shoes and clothes for men & women
 - Adjacent to DNI Tango Store
- DNI Tango Store (Abasto, Lavalle 3101)
 - Shoes and clothes for men & women
 - Adjacent to Tango Imagen
- Soy Porteña & Soy Porteño (Website) (at Peron 1610):
 - Lower cost shoes for men and women
 - Traditional styles
 - WhatsApp: +54 9 11 5488-2363
- <u>Calzados Artesanales</u> (Almagro, <u>Loyola 20</u>)
 - Traditional styles, high quality
 - o By appointment only, WhatsApp: +54 9 11 3094-0266
- Neo Tango (Balvanera, Sarmiento 1938)
 - Large selection of women's shoes, small selection of men's shoes, and some dresses
- <u>Tango-a-Tierra</u> (Instagram) (Matheu 1426)
 - Mid-priced women's shoes
 - o Great design with sturdy but not bulky stylish heel
 - By appointment only, WhatsApp: +54 9 11 2526-4905
- Felicitas (Lavalleja 582, Suite 5C)
 - Walking distance from Mosh Mosh, so you can visit the two places together
 - A great collection of cloth (silk) material shoes, beautiful designs
 - By appointment only, WhatsApp: +54 9 11 6211-9904
- Pepe Lopez (Balvanera, Cerrito 228 Piso 4)
 - Stylish
- Mosh Mosh (Villa Crespo, Vera 132)
 - Only for women
 - Stylish designer tango shoes (only 7-8 pairs made for each model)
 - By appointment only
- Comme il Faut (Retiro, Arenales 1239)
 - Only for women

- Very stylish
- Premium prices
- In 2023, there are many reports of poor quality and shoes breaking quickly
- <u>Cristal</u> (Centro, <u>Corrientes 1675</u>, Piso 9)
 - Only for women
 - Can also make custom shoes, takes approximately 4 weeks
- <u>Fabio</u> (Balvanera, <u>Belgrano 2608</u>), <u>Facebook</u>
 - Mostly men's shoes
 - Can order custom shoes
 - Women's dresses
 - Get 15% off by signing up for Hoy Milonga's free membership (benefits) here.
 - WhatsApp: +54 9 11 6589 3464
- Carlos Farroni
 - Custom order shoes for men & women
 - Making shoes for 40+ years
 - Used by professional dancers
 - WhatsApp: +54 9 11 6756-3043
- Souple (Gral. Juan D. Perón 1757)
 - Only for women
 - o Premium price
 - Suede soles very flexible, preferred by professional dancers
 - By appointment only
- <u>Liber</u> (San Telmo, <u>Bolivar 1111</u>)
 - For men & women
 - o For women: wider & lower heel shoes
- Madreselva (at Rivadavia 2031)
 - Women's shoes and clothes factory store
- Fulana (Abasto, Dr. Tomás Manuel de Anchorena 543)
 - Women's shoes for leading & practice, including flat (non-heel) shoes
 - Some vegan shoes
 - By appointment only, WhatsApp: +54 9 11 5612-1737
- Marcela Larrosa (Instagram)
 - Vegan shoes for men & women
 - By appointment only
 - WhatsApp: +54 9 11 7127-2728
- Katrinski
 - Custom (2-4 weeks), handmade shoes, very comfortable
 - Women's only, also makes flats & for leading

- Claudio Gonzalez: (Almagro, Don Bosco 3522)
 - Men's shoes only, by Claudio Gonzalez (Escenario Show Dancer & Maestro)
 - Must make an appointment first
 - WhatsApp: +54-9-11-4176-4065
- La Maria:
 - Many dance boots options for both men and women
 - Must make an appointment first

A longer list of shoe stores: https://www.hoy-milonga.com/buenos-aires/en/catalog/shoes

Facebook group for buying & selling used shoes from other people: Ropa de Tango CABA

Tango Clothes:

Google Map of Clothing Stores: https://maps.app.goo.gl/w9C3J8ZdVcYFSwXQ7

- Lu Vespa
 - o Can custom tailor dresses, and also creates her own designs
 - She is the tailor for a well known Tango clothing brand
 - WhatsApp: +54 9 11 3658-2129
- Melina Castro
 - Second hand dresses from professional dancers
 - o Contact: <u>+54-9-11-6055-3121</u>
- <u>Tango Imagen</u> (Abasto, <u>Anchorena 606</u>)
 - Lower cost clothes pants for men and skirts/dresses for women.
 - They can have a tailor make simple alterations quickly for a low price
 - Adjacent to DNI Tango Store (below).
- <u>DNI Tango Store</u> (Abasto, <u>Lavalle 3101</u>)
 - Shoes and clothes (men & women)
 - Adjacent to Tango Imagen store (above)
- Nocturna Boutique (Abasto, at Jean Jaures 690)
 - Women's clothes only
 - Open Monday-Saturday from 11am to 7pm, and also Wednesday & Saturday nights during milongas.
- Giros (at <u>Suipacha 868</u>, 2nd Floor)
 - Women's clothes only
 - Contact: Instagram or via WhatsApp: +54-9-11-6279-2472.
 - Get 15% off by signing up for Hoy Milonga's free membership (benefits) here.
- Oscar Castro Sastreria (no retail store)

- Custom made men's pants, suits and vests
- o Contact: Instagram or via WhatsApp: +54-9-11-7113-0785.
- <u>King of Pants</u> (El Rey de los Pantalones) (Abasto, <u>Av. Pueyrredón 367</u>)
 - o Pants, shirts, suits, and jackets for men
- Miguel Mancera Boutique (at Rodríguez Peña 319)
 - Custom made men's pants, suits and vests
 - You can choose from about 200 different fabrics.
 - Depending on the quality of the fabrics, pants cost between 70 and 250 USD.
- Cesar Ramos (at <u>Lavalle 2756</u>)
 - Custom made men's clothes
 - Many colorful fabrics and creations are available
- Lucila Segura Tailor
 - Custom made women's dresses
- Idilia by Claudia Codega
 - Handmade women's dresses
- Onel
 - Dresses by designer Erika Urrutia Onel
 - By appointment only, WhatsApp: +54-911-5040-5547
- Silmolina Shoes & clothes
 - Tango Shoes and dresses
- 4CORAZONES (at <u>Junín 145</u>)
 - Clothes and shoes for men and women
 - Must make an appointment first
- Carla Tango (at Adolfo Alsina 2106 2°D)
 - Get 15% off by signing up for Hoy Milonga's free membership (benefits) here.

A longer list: https://www.hoy-milonga.com/buenos-aires/en/catalog/clothing

Facebook group for buying & selling used clothes from other people: Ropa de Tango CABA

For regular (non-Tango) clothes:

- Because of the economic issues, imported (high quality) clothes, especially brand name, are much more expensive than in other countries. The one good western brand store,
 Zara, has multiple locations (search Google Maps) and is reasonably priced.
- Second hand clothes: search for "Ferria Americana" in Google Maps to find shops all over Buenos Aires. This location is a larger shop and is recommended: Eureka Vintage.

Facials:

- Whole Skin (Palermo, <u>Thames 1890</u>):
 - o <u>Instagram</u>
 - o WhatsApp: +54-9-11-3868-2976

Hair & Makeup:

- Yesi Lozano
 - Speaks English
 - o Can teach you hair and makeup, or prepare you for a special night out
 - Contact her via <u>WhatsApp: +54-9-11-4042-1189</u>
- SinLapiz
 - o Speaks English
 - Makeup artist
- <u>Linda Salon</u> (Peru 457)
 - Speaks English
 - Contact her via WhatsApp: +54 9 11 5465-2888

Manicure/Pedicure:

- Aureo (Armenia 1914 in Palermo Soho)
 - o <u>Instagram: @aureoba</u>
 - Website: Aureo
- BAyresStyle (Araoz 1433 in Palermo Soho)
 - WhatsApp: +54 911 2834 1647

Photographers

<u>Gabi Ferreyra</u> has photographed many professional Tango dancers. <u>Instagram</u>.

Rent a Dance Studio

If you need a space to practice or to take classes that you can rent by the hour:

- Tango Cielo (Villa Crespo/Palermo, Scalabrini Ortiz 634)
 - o Contact Gimena via WhatsApp: +54 9 11 2883-4690
- <u>Teatro El Juvenil</u> (Almagro, <u>Av. Corrientes 4534</u>)
 - o 10 rooms with mirrors, low prices, no air conditioner
 - Contact via WhatsApp: +54 9 11 5632-1826
- Primer Piso Espacio de Arte (Palermo SOHO, at Thames & Nicaragua)

- Two rooms
- Contact Debora via <u>WhatsApp: +54 9 11 4046-6370</u>
- <u>Código Arte</u> (Palermo, <u>Av Belgrano 3617</u>)
 - o contact via WhatsApp: +54 9 11 6257-7513
- Espacio Parva (Abasto/Almagro near El Zorzal, Sánchez de Bustamante 766)
 - o Two rooms, one with a wooden floor and one with a tile floor
- Sendas Del Sol (Almagro, Lambaré 990)
 - Large room with mirror; pretty much only morning rentals are available, air conditioner
 - Contact via WhatsApp: +54 9 11 3195-3653
- Another list: https://www.hoy-milonga.com/buenos-aires/es/catalog/floor for rent
- Facebook group: https://www.facebook.com/groups/2272690393002733/

Yoga for Tango Dancers

Benefits of Yoga for Tango dancers:

- Improved flexibility
- Increased strength
- Better posture
- Reduced stress
- Improved breathing: Deep breathing techniques can help improve stamina and endurance during long performances

Yoga Teachers who have a focus on Tango dancers:

- Instituto Superior de Tango (by Betsabet Flores)
 - Schedule: Mondays & Wednesdays at 4 pm
- Lya Elcagu also has several videos on YouTube (scroll down to videos from 2021).
 - Tip: Recommended to have a class with her if you have specific pains related to Tango and want to troubleshoot and fix your Tango technique.
- Mariana Oliva (Palermo, Av. Raúl Scalabrini Ortiz 2416 see reviews in Google Maps)
 - WhatsApp: +54-9-11-3037-0785

TIP: If you need to buy a yoga mat, search for "deportes" in Google Maps to find a store nearby that sells sports gear & clothes. This shop sells premium yoga mats: https://www.instagram.com/vogiboutique.

Tango Communities Outside BA & Around the World

Traveling around the world and want to find local events and communities? Here is a brief list below; if you don't see the city below, search in Google and Facebook Groups.

Join the Tango Lounge Global WhatsApp group to discuss and find Tango communities & events around the world: https://chat.whatsapp.com/HsqKOoQUGSy399sK5zgZxF

• Argentina (outside of Buenos Aires:

Ushuaia: https://www.facebook.com/groups/1651720055131986/

Australia:

- Melbourne: https://tangoclub.melbourne/melbourne-tango-calendar/
- Sydney: http://www.sydneytango.com.au/WebModules/Calendar/Calendar.aspx
- Sydney, Melbourne, and other cities: https://tangoevents.au/
- Austria: http://www.tango-vienna.com
- Belgium: https://www.milonga.be
- Brazil:
 - Rio de Janeiro: http://www.riotango.com.br/riodejaneiro.htm
 - São Paulo: https://hoy-milonga.com/sao-paulo/en

• Canada:

- Montreal: https://www.tangocalmontreal.ca &
 https://www.tangocalmontreal.ca &
 https://www.tangocalmontreal.ca &
 https://www.tangocalmontreal.ca &
- Ottawa: https://ottawatango.wordpress.com/calendar/
- Quebec: https://tangoguebec.org/index.php/calendrier/
- Toronto: https://www.torontotango.com/events/milongas.asp
- Vancouver: https://www.allvancouvertango.com/
- Colombia, Bogota: https://www.bogotango.com/milongas/
- Croatia: https://www.facebook.com/groups/127379027315950/

• Czech Republic:

- o Brno: http://www.tango-prague.info/calendars/brno
- Prague: https://www.tango-prague.info &
 https://www.facebook.com/groups/13416565187/
- **Denmark**: https://tango.dk
- Egypt: http://www.egypttango.com/
- Estonia: https://www.facebook.com/groups/252910028145400

• Finland:

- https://www.facebook.com/groups/5555248820/
- https://tangoargentinofinland.wordpress.com/milongas-practicas/

• France:

- Paris: https://tango-argentin.fr https://www.facebook.com/groups/164961677477/
- Paris, Grenoble, Toulouse, Marseille, Montpellier, Bordeaux, Lyon, Nantes and more: https://tango-argentin.fr
- Bordeaux & region: https://www.tango-argentin-bordeaux.com/
- Loire-Atlantique, Maine-et-Loire, Mayenne, Sarthe, Vendée and more: https://www.tango-ouest.com/
- Lyon et Loire: http://www.tsibelle.com/
- Marseille:
 - http://www.tangopourtous.fr/pagestheme/milongas/regulieres/fix_semaine.php
- Nice: https://calendar.google.com/calendar/u/0/embed?src=agendatangoam@gmail.c
 om&ctz=Europe/Paris
- Savoie & French-speaking Switzerland: http://www.tango7374.org/
- Toulouse: http://www.tango-toulouse.net/

Germany:

- All of Germany: https://www.tangotanzen.de/links-deutschland
- Berlin: https://hoy-milonga.com/berlin/en & latest updates:
 https://www.facebook.com/groups/563552997106496
- Frankfurt: https://tango-calendar.de/events/kategorie/tango-milonga/
- Hamburg: https://tangokalender-hamburg.de/en/
- Munich: https://www.tangomuenchen.de/en/index.html
- Baden-Wurtenberg, Rhineland & surroundings:
 https://www.rhein-neckar-tango.de/veranstaltungen/
- Lake Constance region: https://www.tangoambodensee.info/index.php/kalender
- North Bavaria: https://tango-nordbayern.de/
- Ostsee, in Lübeck, Rostock, Mecklenburg, Schleswig-Holstein und Vorpommern: https://www.tangoammeer.de/tangokalender

Greece, Athens:

- https://hoy-milonga.com/athens/en
- https://www.facebook.com/groups/ocho.gr/
- https://www.facebook.com/groups/371771409502112
- http://tangolist.gr/
- Hong Kong: https://www.facebook.com/groups/811530215594629/

- Hungary: https://tangohungary.hu & https://milonga.hu
- India:
 - Auroville: https://www.facebook.com/groups/197346010313291/ & https://www.instagram.com/tango in auroville india
 - Hyderabad: https://www.facebook.com/hyderabad.tango & https://www.instagram.com/hyderabad.tango
 - Mumbai: https://www.facebook.com/groups/107857822580692/
 - Pune: https://punetango.com/ https://puneta
- Ireland: https://irelandtango.com/
- Israel: https://isratango.org/
- Italy:
 - Most cities north of Rome: https://www.faitango.it/agenda-eventi
 - o Mllan:
 - http://www.tangomilano.it/milonghe.asp
 - https://buenaondatango.it/eventi-tango-argentino-milano/
 - o Rome:

https://calendar.google.com/calendar/u/0/embed?color=%239fe1e7&src=milongueandoroma@gmail.com

- Japan:
 - All of Japan: https://www.facebook.com/groups/298620387169176/ & https://www.facebook.com/groups/1510097965906426/
 - Osaka, Kyoto & Nara (Kansai region):
 https://sites.google.com/view/milongacalendarkansai
 - Tokyo:
 - https://www.tokyotango.jp
 - https://www.facebook.com/groups/376655371590174/
- Malaysia, Penang: https://www.facebook.com/groups/1563135257271497
- Mexico
 - Mexico City: https://www.facebook.com/groups/1428420777264397
 - Playa del Carmen: https://www.facebook.com/profile.php?id=100066783699508
 - Tulum: https://www.facebook.com/tulumtango
- Netherlands: https://www.facebook.com/groups/tangoinamsterdam
- Norway:
 - Bergen: http://bergentango.no/kalender/
 - Oslo: https://www.facebook.com/groups/2366326653

Poland

- Krakow: https://www.facebook.com/groups/146042045254/events
- Warsaw: https://www.facebook.com/tangoinwarsaw/
- Wrocław: https://www.facebook.com/groups/tangowewroclawiu

Portugal

- Lisbon: https://www.facebook.com/tangolx
- o Porto: https://www.facebook.com/profile.php?id=100057157851533
- Romania: https://www.facebook.com/groups/822410074481007/
- Russia: http://tango-map.ru/
- **Serbia**: https://www.facebook.com/tangobeograd/ & https://tangonatural.com/milonge-tango-naturala/
- Singapore: https://www.facebook.com/groups/TangoThisWeekSingapore
- **Slovakia**: https://www.tangoargentino.sk/calendar/; https://www.facebook.com/tangoargentino.sk/events/
- South Korea, Seoul: calendar posted by https://www.facebook.com/byeoungiun.kim.9

• Spain:

- o Barcelona: https://tangoenbarcelona.es/milongas-en-barcelona/
- Malaga: https://malagamilongas.com/
- Sevilla: https://www.facebook.com/groups/232348803549826
- Valencia: http://tangoenvalencia.minglanillaweb.es/milongas.html
- All: https://www.tangodospuntocero.com/

• **Sweden,** Stockholm:

- https://www.facebook.com/groups/265703983623938/
- o https://www.facebook.com/groups/455298564534844

• Switzerland:

- All: https://agendatango.ch/calendrier-agenda-tango-argentin-suisse-romande/
- Basel Zurich Winterthur Lucerne: http://www.tangoinfo.ch
- Basel Zurich St-Gall French-speaking Switzerland: https://tangomango.ch/
- Bern Bienne Fribourg Neuchâtel Thun: http://cumparsita.ch/
- Lucerne: https://www.luzdetango.ch/index.php/tango-agenda/tango-kalender
- Zürich, St.Gallen, Romandie: https://www.tangomango.ch

• Taiwan:

- https://www.milonga.tw/
- https://www.facebook.com/groups/386587434854525

Thailand:

- https://www.facebook.com/profile.php?id=100093668100176
- https://www.facebook.com/groups/101575836881163
- Turkey: https://hoy-milonga.com/turkiye/en

- UAE, Dubai: https://www.facebook.com/fantasiaarts
- United Kingdom, London:
 - https://www.hoy-milonga.com/england/
 - https://londonmilongas.co.uk/calendar/
 - https://web.pointsoftango.app/
 - https://www.tanguito.co.uk/tango-culture/milonguear-in-london/
 - https://chat.whatsapp.com/LWI5HYaF2VNLnJ5AYoZ9w0
- USA:
 - Atlanta: https://www.facebook.com/groups/tangobaratlanta
 - Boston: https://bostontangocalendar.com
 - Chicago: https://www.TangoMango.org
 - Los Angeles: https://www.TangoMango.org
 - Miami: https://www.TangoMango.org
 - New York: https://www.newyorktango.com
 - San Diego: https://www.sdtangocalendar.com
 - San Francisco/Bay Area: https://www.TangoMango.org
 - Washington, DC:
 - https://sites.google.com/site/dctangocalendar/
 - https://www.facebook.com/groups/47769243908/
- Uruguay: https://www.hoy-milonga.com/montevideo/
- Vietnam:
 - Hanoi: https://www.facebook.com/tango.hanoi.association
 - Ho Chi Minh (Saigon): https://www.facebook.com/saigontangodance

Life in Buenos Aires

Planning For Your Trip

Key Information - MUST READ

Communication: WhatsApp is the main app for communicating in Argentina (along with most other countries in the world). Install the WhatsApp app on your smartphone to message with everyone you meet, milonga organizers, teachers, friends, etc. You can easily buy a SIM card in the city if you want a local phone #. Otherwise, you can buy an eSIM before you arrive in Argentina via Airalo. More here.

Money: Getting pesos is complicated in Argentina due to a long lasting economic crisis! Bring new, unmarked, crisp USD \$100 or EUR €100 bills (smaller, marked, and poor condition bills have lower value) to exchange for pesos at the blue rate (black market), up to US \$10,000. People typically end up spending more here on the higher end restaurants, buying Tango shoes & clothes, etc., so bring extra cash just in case. Using ATMs to withdraw money is not a viable method - max is about US \$40 per transaction! Your foreign issued bank debit/credit cards get 70-90% of the value and can be a good alternative. For longer stays, use Western Union to transfer money from your foreign bank accounts to get pesos here. More here.

Onward Ticket: Argentina does require proof of an onward ticket in order to enter the country. While no one has reported being asked for this at immigration upon arrival, most airlines do require seeing the onward ticket before letting you board your flight to Argentina. More here.

Safety: Buenos Aires is generally a safe city, especially compared to many other big cities in Latin America that have high rates of violent crime. The main areas of BA where tourists visit are generally safe, but petty theft can be a problem - stay vigilant. The #1 item that thieves steal are iPhones, especially if you're walking around on the street using them, or if you leave them out on your table at a milonga. More here.

Electric Plugs: adapters sold tend to be of low quality; it's best to bring 2-3 adapters from your country - search Amazon for adapters to Australia, China, and New Zealand plugs (same style as what is used in Argentina). More here.

Airport Taxis: Uber/Cabify/Didi can be used at the airport to get to Buenos Aires. There is also a safe prepaid airport taxi service inside the Arrivals terminal. And this Guide has recommended English-speaking drivers. More <u>here</u>.

When To Visit

- Warmest summer months: January and February
- Coldest winter months: July and August.
- Peak tourist season: December through March(November and April are shoulder seasons for tourism).
- **Best months to visit for Tango dancers**: November through March; lots of activities especially Festivals due to the warmer weather and tourism is at its peak for dancing and escaping the colder weather back in Europe & North America.
- **Peak Tango month**: August, due to <u>Mundial</u>, the world competition for Tango and attracts large numbers of people (especially professionals and higher level dancers from around the world) coming to compete and watch.

The City of Buenos Aires has a nice 60+ page guide full of basic information about the city here. While this guide is made for Digital Nomads, it's still helpful for other types of visitors.

Argentina Entry Requirements

Latest official information for entering Argentina is <u>here</u>.

COVID: Argentina no longer has any COVID related requirements for entering the country. No need to show proof of vaccinations, tests, nor health insurance.

Onward Ticket: Argentina <u>does require proof of an onward ticket</u> in order to enter the country. While no one has reported being asked for this at immigration upon arrival, most airlines do require seeing the onward ticket before letting you board your flight to Argentina.

If your trip is open-ended and you don't want to buy a return ticket in advance, then you have two options:

1. Purchase a refundable ticket before traveling and cancel it after entering Argentina. If you use the American travel websites (such as https://www.expedia.com,

https://www.priceline.com, https://www.orbitz.com, https://www.travelocity.com, etc.) then you can easily cancel the flight within 24 hours of purchase - this is an American law requirement. Make sure that you are using the US version of these websites!

- 2. For \$10-\$20, you can get a temporary ticket reservation via several online services. Google "onward ticket" to find many providers. Some recommended ones:
 - a. https://bestonwardticket.com
 - b. https://onwardticket.com

This website lists all airlines and direct flights to Buenos Aires: https://www.flightconnections.com/flights-to-buenos-aires-eze.

Safety

Buenos Aires is generally a safe city, especially compared to many other big cities in Latin America that have high rates of violent crime.

While violent crime in the tourist areas of BA is rare, petty theft is common but avoidable. Like any big city in the world, you need to be careful and aware, especially with your valuables like phones and jewelry.

- When leaving a milonga late at night, it's best to take a taxi/Uber/Cabify/Didi home
 instead of walking or taking a bus. The Congresso area (near La Nacional and Discepelo)
 is particularly dangerous at night and Tango dancers have been attacked late at night.
- Phone snatching, **especially iPhones** thieves on motorcycles or on foot will snatch your phone if you're walking while looking at your phone, sitting close to the window in a taxi, on a bus or metro when it stops, etc.
- At cafes and restaurants, keep your backpack & purse under your table and not hanging off the back of the chair.
- When sitting outdoors at cafes and restaurants, don't keep your phone on the table, especially when street vendors come up to your table to sell you something or ask for money. They'll get close to your table to steal your phone from the table as they distract you while talking to you.
- At outdoor milongas, keep your backpack in the same area as everyone else's backpacks, usually in the center or corner.
- Don't leave your phone, **especially iPhones**, on the table unattended at milongas while you dance.

Emergency Contact Numbers in Buenos Aires

Buenos Aires Tourist Police (they speak English): call +54-9-11-5050-3293 / +54-9-11-5050-9260 or email: serv.turista@gmail.com .

Buenos Aires Tourist Ombudsman if you experience abuse, maltreatment, or discrimination: call +54-11-5295-6906 or email: turistacentral@defensoria.org.ar.

These numbers can only be dialed from a local phone / SIM number:

911	Police, fire, and medical emergency (single number for all emergencies)
100	Firefighting for fires & accidents
101	Police (emergency)
107	Medical Emergency / Ambulance Services
120	COVID-19 Help & Info
135	Suicide Prevention
137	Family Violence Victims
144	Women's Violence
145	Human Trafficking
147	BA Help Center
0800 999 2838	Tourist Assistance for problems with stores, robberies, crime, losses, etc. Available in Spanish, English, Portuguese, Italian, and French, from 8am to 8 pm.

More phone numbers can be found here:

Things to especially watch out for:

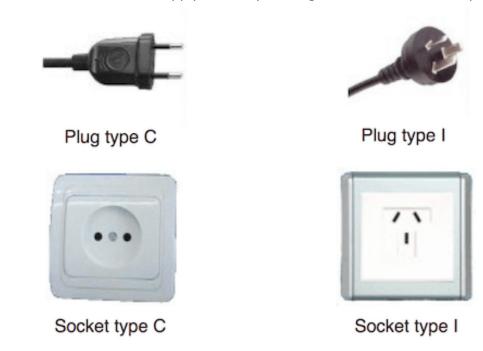
https://www.enacom.gob.ar/numeros-especiales_p811 https://www.buenosaires.gob.ar/laciudad/telefonosutiles

Electricity & Plugs

Argentina uses **220 volts for AC electricity**. There are two common types of plugs, **Types C** and **Type I**, found everywhere. Type I is more common in newer buildings. Type I is also the same

one used in Australia, China, and New Zealand. You can buy a 3 pack of Type I adapters on Amazon: here, here, and here.

If you need to buy a plug adapter in Buenos Aires, search for a "ferreteria" in Google Maps to find the closest electric supply store in your neighborhood. These usually cost less than US \$1.



Where To Stay, Apartments, & Tango Houses

Where To Stay: Tango studios and milongas are all around the city, but more of them are in the Palermo, Abasto, Congresso, Balvanera, and Almagro neighborhoods or "barrios".

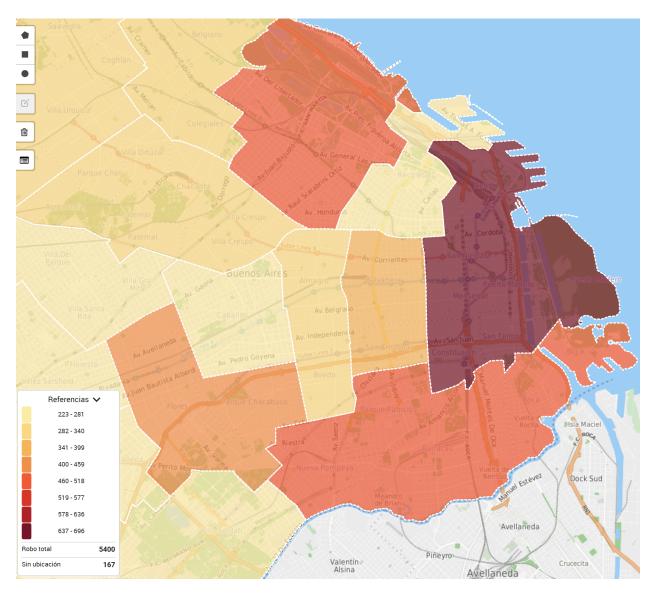
Since public transportation (especially the underground metro) is excellent and taxis/Uber are cheap, it's best to stay in a central safe area. That way, you can get around town faster and get convenient access to various venues.

The best central areas to stay for safety and central access are Palermo SoHo (closer to the center of the city), Almagro, Recoleta (nice and safe), and Villa Crespo - especially in the areas closer to Palermo (largest neighborhood in Buenos Aires).

Tourists prefer staying in and around Palermo as the area is safe - especially at night; a lot of people are walking around even at night, and has a lot of bars, restaurants, cafes, and activities for tourists.

Areas to avoid: Collegiales, Belgrano, and **Puerto Madero** (nice upscale areas, but are far away from most Tango venues). Parts of **Abasto**, **San Telmo**, and **Balvanero** can get unsafe at night.

A map by the City of Buenos Aires with crime statistics by neighborhood is <u>here</u>. Below is a map that shows the number of robberies by neighborhood.



OPTIONS FOR ACCOMODATIONS

Tango Guest Houses: shared housing arrangements where you typically get your own bedroom, a shared kitchen where you can cook, and sometimes your own private bathroom. The houses often have classes, events, teachers, and other resources for Tango (make sure to inquire before booking). Here are a few recommended Tango guest houses:

- El Sol De Abasto in Abasto (Jean Jaures 676)
 - They host classes, Practicas & Milongas on most days, and have a great community. The events venue (downstairs from the rooms) is named El Zorzal Esquina Cultural and you can see the schedule of events here: <u>Facebook</u> and <u>Instagram</u>.
 - Contact Eva Karsza via <u>Facebook</u> or <u>WhatsApp: +54-9-11-6679-9254</u>
- La Maleva in Almagro
 - o 7 rooms
 - They host classes and Practica
 - Check out their <u>Facebook</u>
- Casa Luna in Montserrat
 - o 4 rooms
 - Contact Victoria Luna via <u>website</u> or <u>Facebook</u> or WhatsApp: +54-9-11-2246-9922
- Lunalila in Palermo Hollywood
 - Contact Ricarda Siebold via <u>WhatsApp: +54-9-11-664-28573</u> or email: ricardasiebold@gmail.com
- **Becka's** near Congreso
 - o 5 rooms
 - Contact Akram via WhatsApp: +54 9 11 6218-8808 or Facebook
- Mariposita in San Telmo
 - Check out their Facebook
- <u>Tango Oasis</u> in Almagro
 - Check out their <u>Facebook</u>

Apartments: As tourism has rebounded after the pandemic, apartments for foreigners have become more expensive - especially in popular areas like Palermo.

If you're here for a short stay, using AirBnB is by far the easiest option, however it is pricier, unless you book months in advance. Tango Houses (above) are a lower cost option. You can get some decent deals by renting directly from owners that advertise in the WhatsApp groups (see list below).

Here are some Tango dancers renting out their apartments, as well as an agent focused on helping foreigners:

• **Silvina Valz** (Tango teacher) has a one bedroom apartment (36 sqm) with a large kitchen & bathroom, a spacious balcony, and is close to Plaza Italia and the Bosque park in

- Palermo. It also has a parilla (BBQ) in the building. The rent is USD \$600/month. WhatsApp: +54-9-11-5810-6486
- **Haydee** (Tango dancer) has an apartment in Palermo Hollywood, WhatsApp: +54 9 11 6630-9603. <u>Pictures on AirBnb</u>.
- Lola (Tango dancer, American) rents her <u>entire apartment (for up to 3 people)</u> or her <u>second bedroom only</u>, or WhatsApp: +54 9 11 4026-0016 to rent directly.
- **Miguel** (Tango dancer) has 2 rooms to rent in his house in Recoleta. He charges \$150 weekly or \$450 monthly, WhatsApp: +54-9-11-6611-7033. Pictures on AirBnB.
- Ricardo Roman (Tango dancer) has 3 apartments, WhatsApp: +54-9-11-5904-2149
- Maximillion Gotz, an agent, WhatsApp: +54 9 11 5329-7248

These are best websites to look for apartments, aka "departamento", in Buenos Aires:

- https://www.airbnb.com/
- https://www.booking.com/apartments/
- https://www.facebook.com/groups/1646238635684401 Apts from Tango dancers
- https://chat.whatsapp.com/DZvh0gBEmKKAeL84|D7ZzY Apt Search group #1
- https://chat.whatsapp.com/CQzD6S9JojQ4YsbhzIVuD4 Apt Search group #2
- https://chat.whatsapp.com/FzJp4VUkE8V0q7ZZvg3ipA BA Digital Nomads Apartments
- https://chat.whatsapp.com/HLNEOgnkLwZ2NFEj8Fu7ph BA Digital Nomads Renting
- https://chat.whatsapp.com/DXrcvElqAWhCzKOY31BEM9 BAIS Housing group #1
- https://chat.whatsapp.com/JHcdDWFtqFtAPLFWPolKln BAIS Housing group #2
- https://www.facebook.com/groups/BuenosAiresExpatHub.RealEstate
- https://www.zonaprop.com.ar/departamento-alquiler.html
- https://www.soloduenos.com/
- https://www.facebook.com/Alquiler-Temporario-Buenos-Aires-Rent-in-Buenos-Aires-712 591418859086/
- https://www.facebook.com/groups/BuenosAires.classifieds/
- https://buenosaires.craigslist.org/search/apa

The relevant keywords when searching/filtering are: "alquiler temporario" (temporary rental) or "departamento amobiado" (furnished apartment).

Note that Facebook postings are sometimes scams. Be careful and do your due diligence before giving money.

Tip: <u>do not send money</u> to book an apartment from abroad! This is a common scam. Always wait to come to Buenos Aires, see the apartment, and meet the owner in person before giving

Airport Pickup/Dropoff

You're likely to arrive at the Ezeiza International Airport (code: EZE), which is a 40-60 minute drive from Buenos Aires depending on traffic. The mostly domestic Aeroparque Internacional Jorge Newbery airport (code: AEP), is inside the city of Buenos Aires and is 15-20 minutes to much of Buenos Aires. There are a few options to get to/from Buenos Aires below.

For an easy and safe journey, here are some English speaking trusted drivers recommended by dancers from our Tango Lounge community. Not only will you get a ride, you can also enjoy some good conversation and learn more about the lives of Argentinian people.

- Marco Bellini is a Tango singer (for the Romantica Milonguera orchestra), milonga organizer (part-owner of the Atroden venue, and an organizer of the Maldita milongas) and Tango producer who enjoys talking with people and also drives as a way to support his other sometimes "pro bono" activities. He speaks English very well. He may not always be available due to his main gigs, but you will have a very memorable ride. He charges USD \$25 or €25 or equivalent pesos. WhatsApp: +54 9 11 4560-1514.
- **Federico Trummer** is very nice and accommodating, patient, and always arrives early. Contact him on WhatsApp +54-9-11-5845-0845 tell him that Ravi referred you. You can pay him in pesos or the equivalent USD/EUR. He speaks English very well.
- Manuel Mazariego is friendly, also a Tango dancer/teacher, and speaks functional English & French. He charges USD \$20 or €20 or equivalent pesos. WhatsApp: +54 9 221 314-7738
- Gustavo is a Tango dancer, reliable, responsible, and speaks Intermediate English. He charges USD \$30 or equivalent pesos. Read his reviews on Facebook at https://www.facebook.com/taxidrivergustavo. WhatsApp: +54 911 5108 1067

The car hire apps (**Uber, Cabify, Didi**) are available at the airport and are the least expensive option. Some drivers may not accept you if you're using a credit card - after they accept your ride, they might send you a message asking if you can pay with "efectivo" (Spanish for cash) and if you can't, they'll cancel. But, enough drivers accept credit card payment and you might just have to try 2-5 times.

Remis companies are official airport Taxi services. Inside the EZE airport terminal, you will see Remis booths for Taxi Ezeiza and Manuel Tienda Leon, where you can prepay for your ride. This is safe and reliable, but also the most expensive option. The EZE Airport website has a full list of transport options at https://www.aa2000.com.ar/ezeiza/transporte?qa=EZE, including VIP car service, buses, and car rental companies.

Surviving & Thriving in Buenos Aires

Now that you're in Buenos Aires, get adjusted and enjoy all that the city has to offer!

Phone, eSIM, & SIM Card

The country code for Argentina is +54.

WhatsApp is the main app for communicating in Argentina (along with most other countries in the world). Install the WhatsApp app on your smartphone to message with everyone you meet, milonga organizers, teachers, friends, etc. If you bring a second phone to bring to milongas, you can now install and link your main WhatsApp account to your second phone - instructions here.

Roaming: while you can use a Roaming data plan from your mobile provider at home, you can get very cheap data plans by buying a local prepaid SIM card in Argentina. This is especially useful if you're planning on using a lot of data.

eSIM: if you have a newer high-end phone that supports an eSIM (a virtual SIM card that's installed by clicking on a link), then <u>Airalo</u> has data plans that you buy - and make sure to install & activate - before you depart your home country. You'll have data working when your airplane lands in Argentina.

If you use my Referral Code, we both get US \$3 off: RAVI9278 or click here . **eSIM plans are** cheaper than Roaming, but a local prepaid SIM card has the cheapest data plans.

SIM: if you have an unlocked mobile phone, you can buy and install a local prepaid SIM card that gives you an Argentinian phone number and cheap data plans.

For example, Claro has a 30 day plan for 4GB for 810 pesos (or about US \$4) or a 30 day plan for 10GB for 1200 pesos (about US \$6).

The popular mobile providers are **Claro**, **Movistar**, **Personal**, and **Tuenti** (Tuenti is only for people with an Argentinian ID). They are more or less all the same, especially in the metro areas. Claro and Personal are the most popular.

Getting a local SIM card with a local number is an easy process:

1. **Get a prepaid SIM card (called a "chip")** at one of the three provider's official stores located in most of the shopping malls (search in Google Maps) - this is the easier method

You can also buy one at a neighborhood convenience store (called a "kiosko") - this is the harder method.

Remember to bring your passport if you go to the provider's store. If the staff at the store doesn't speak English, you can say: "quisiera abrir una cuenta prepago con mi passaporte".

Going to a Claro official store is an easier option as the staff in BA usually speak some English and they will do step #2 for you. The official stores are often busy; best to go at off-peak hours (early morning, mid-afternoon, or late in the evening)

2. Activate the SIM card using your passport: this varies by provider.

For Claro, if you get the SIM card at their official retail store, they will automatically activate it for you - and you can skip to step #3.

For Personal, follow the written instructions they give to you at the store, which usually entails waiting for about an hour, then calling a specific number, and waiting for verbal confirmation.

If you buy a SIM card at a kiosco, you'll need to activate it yourself by taking a picture of your passport.

Claro's self registration is <u>here</u> and Movistar can be activated via their WhatsApp chat at +54-911-3903-4995).

 Add money to your prepaid account: go to the pharmacy chains or kioscos (look for "recargar" or the logo of the mobile provider) and say "quisiera recargar mi cuenta con [provider's name]."

It's good to start with at least 500 pesos (depending on how long you'll be here), but better to just add 1000 pesos.

Do not leave the store until you get a receipt and a confirmation text message stating that you have "credito xxx".

4. **Subscribe to a plan**: you'll receive an SMS text with a link to subscribe to a data plan. Follow the instructions.

Tip: You can almost always find an official store of a major carrier in a shopping district, either near Av. Florida or in all the shopping malls such as Abasto Shopping, Alcorta Shopping, Alto Palermo, Galerias Pacifico, and Recoleta Mall.

There is a Personal store at the **Ezeiza Airport (EZE)** if you want to get one when you arrive. In the International Departures area, there is a kiosk in front of check-in counter 40, and a full store upstairs just before security check for departures. It is open from 9am to 10pm.

Money (Blue Rate), Credit Cards, Western Union

The <u>long lasting economic crisis in Argentina</u> has resulted in rapid inflation (211% in 2023, for example).

There are two key currency exchange rates: **Official** and **Blue** (black market) for the Argentinian Peso (ARS). The Blue rate is typically worth roughly 2-3x the official rate and the rates vary by the hour and day based on trading on the currency markets.

For example, one day in July 2024, the official rate was 920 pesos per USD, while the Blue rate was 1420 pesos per USD. You can check the latest rates & historical graph for the Blue rate here.

This website shows the current rates for Official, Blue, Western Union, Visa, and MasterCard: https://app.ggomma.xyz/ars-currency.

Foreign Bank Debit & Credit Cards: as of December 22, 2022, using your foreign bank issued MasterCard and Visa cards will utilize the MEP rate (which is typically 70-90% of the Blue rate). Visa has an explanation here.

For Visa transactions, the current rate is always updated here (use the "Ask" rate) for various currencies (USD, EUR, etc). The Visa website here also has a currency calculator where you can find rates for today or any previous date.

For MasterCard transactions, you will see a first transaction at the Official rate, and then a second transaction about 3-5 days later with a credit for the difference between the official rate and the MEP rate.

Tip: do not use your foreign debit/credit card to withdraw money from an ATM - you are getting ~70-80% of the value for your money. The amount you can withdraw from an ATM from your foreign debit card is very low, about USD \$20 per transaction.

Tip: The best strategy is to bring new (for USD, the "big face" new ones), unmarked, crisp USD \$100 or EUR €100 bills (smaller, marked, and poor condition bills have lower value) to exchange for pesos. You are allowed to enter Argentina with up to US \$10,000 in value of foreign currency. People typically end up spending more here on the higher end restaurants, buying Tango shoes & clothes, etc., so bring extra bills just in case.

If you're here for longer or cannot bring US or EU bills, use Western Union (see below) to withdraw from your bank accounts back home and get pesos here.

There are many Foreign Exchange places around BA that will convert USD or EUR cash to ARS (Argentinian Pesos) for the Blue rate. Before going to them, look up the current Blue rate online. These places that exchange at the Blue rate are called "cuevas" (meaning cave) and there are also individual people who will come to your location to exchange money, usually for an additional small fee.

Florida Street has many touts on the street yelling "cambio" (exchange). You can ask them for their rate and they will take you to a nearby shop to do the exchange. It's best to talk to several of them to find the best rates and you can negotiate for higher amounts. However, I don't recommend using them as they're infamous for cheating tourists. Their common scams are: they'll initially give you a higher rate on the street and then a lower rate because of a "mistake" once you're inside the shop, or you give them 7 USD \$100 bills and they'll steal 1 bill and claim you gave them only 6, or they'll short you on the pesos they give you (make sure to count everything yourself, slowly), or they'll give you counterfeit bills. And, if you exchange a lot of money, you can become a target on the street. Overall, I don't recommend exchanging money on Florida Street, especially for larger amounts! If you do use them, exchange small amounts (\$100-200) and count all the pesos slowly.

It's safer to use a cueva that has a good reputation, such as these:

- <u>DolarPermo</u> (delivered to your location): Safe, reliable, responsive, competitive rates, easy to deal with, and professional. They deliver to your location for a small fee. They accept EUR or USD cash, Euro IBAN, PayPal, Payoneer, Skrill, Wise, Zelle and Crypto. Limited hours on Saturdays and not open on Sundays. You can negotiate with higher amounts (usually US \$500 or more). Message them via WhatsApp: <u>+54 9 11 2406-4881</u>.
- <u>Cambio Baires</u> (retail store locations): has convenient locations around the city and has very competitive rates. You can negotiate with higher amounts (usually US \$500 or more). Their Palermo location is at <u>Av Santa Fe 4114</u> in Plaza Italia and you can get a quote from them via WhatsApp: <u>+54-9-11-4969-1665</u> which is good for 40 minutes or so. D

- Girarg (Palermo, Malabia 1223): has locations around the city, including in Palermo. You can get a current quote via WhatsApp: +54 9 11 2653-1667
- Casa de Cambio Palermo (Palermo, <u>Thames 2426</u>) very close to Plaza Italia
- <u>Lechuga</u>: Reliable, very competitive rates, free delivery if exchanging US \$200 or more.
 WhatsApp: +54-9-11-2899-3354

Martin, WhatsApp: +54-9-11-3378-4200
Lara, WhatsApp: +54-9-11-4530-7064
Emir, WhatsApp: +54-9-11-5040-8118

Western Union (WU): uses another rate, called Dolar CCL, which is roughly similar to the Blue rate, but sometimes it's higher or lower than the blue rate. You can check the current WU rates here for <u>USD</u> or <u>EUR</u>.

Background on Dolar CCL: since Argentina limits access to Dollars, Argentine sovereign bonds are used to access the US Dollar. The blue-chip swap rate, also known as contado con liqui or CCL, is obtained by investors buying shares or bonds in pesos and selling them in dollars on the international market. The "CCL Dolar" is the implicit exchange rate in that operation. The "MEP Dolar" is the same as CCL but in the local market.

<u>How To Use WU</u>: Install the mobile app on your phone or use their website and create an account. You withdraw money from your foreign credit card (highest fees), debit card, or bank account. Then, you send the funds to yourself (make sure that your name matches your passport exactly) and you pick pesos at a local Western Union agent here in BsAs - bring your passport.

If you use my WU sign-up link with referral code, you and I will both get a \$20 Amazon gift certificate: https://ssqt.co/mQpjM0z.

Tip: Do <u>not</u> use Google Maps to find WU locations and/or find hours when they're open. Google Maps is not reliable in Argentina, and especially not reliable for WU location information. The WU app is more reliable, but not 100% reliable about being open late/weekends.

Tip: If you are from the US and use a commercial mailbox service, WU will not let you use that address. You'll need a physical address for a home or apartment.

<u>Finding WU Locations</u> with enough cash can sometimes be a challenge. The WU mobile app has a "*Find Location*" menu option to find locations in your area, or use <u>this page on their website</u>, including finding ones that are open at that time - press the "Open Now" button. Most locations

aren't open on Sundays; it's best to withdraw pesos during the weekdays, except for late on Friday afternoon when everyone else is also withdrawing money for the weekend. These following locations are best for withdrawing large amounts, such as US \$500 to \$2000:

- <u>Armenia 2109</u> (y Guatemala) Palermo SoHo, but often has lines during peak tourist season (January/February) and often runs out of cash early on Fridays.
- <u>Córdoba 4357</u> (y Julian Alvarez) Palermo (near Almagro), a short walk from Palermo SoHo, usually has much shorter lines than the one at Armenia 2109.
- These 3 locations are on different sides of the same block, near Teatro Colon:
 - o Córdoba 1591 (y Montevideo) best for large amounts, largest WU office in BA.
 - o Montevideo 843 (y Córdoba) often with shorter lines. Open on Holidays.
 - Paraná 848 (y Córdoba)
- <u>Vidt 2116</u> (y Av Santa Fe) next to Palermo Alto, good for large amounts. Open on Holidays and Saturdays.
- <u>Salguero 3200</u> (Alcorta Shopping Mall) in Palermo Chico, good for large amounts. Open on Holidays and Saturdays.
- Av Boedo 832 (y Estados Unidos) in Boedo
- Av. Santa Fe 4748 in Palermo, open Saturdays until 8pm, and Sundays 11am-5pm

Western Union Coupon Codes - there are currently no discount codes, but apparently you can call them at +1-800-325-6000 and ask for a 50% off code and usually they give you one for a single use.

There is a limit of 3 transactions per day per WU location.

Note that foreign currency exchange trading markets are open until 3pm local time - Monday-Friday, so rates vary during those times. And, the rate at 3pm on a Friday will be constant until Monday morning as the currency markets are closed during that time.

An alternative to Western Union is Xoom.

Tip: sometimes the WU rate is higher, and sometimes the Blue rate at a cueva is higher. It's best to look at both (assuming you also have cash) before obtaining pesos.

Tip: at the EZE airport, upstairs from departures, there is a post office "Correo Argentino" which also offers WU withdrawals, but is only open on weekdays and possibly Saturdays daytime. You can use this to get pesos at the blue rate as soon as you arrive in Buenos Aires, and also pay your taxi with pesos.

Tip: WU sometimes has long lines, especially on Mondays & Fridays. To skip the line, you can make an appointment online: https://westernunion.agenda.whyline.com/

This is a good website with updated information on money issues:

https://landingpadba.com/money-argentina-exchange-rates-atm-withdrawals-credit-card/

Non-Tango Communities & Activities

There are many vibrant communities focused on foreigners in BA. The two highlighted in yellow are the best groups to join.

- BA Expat Hub largest FB Group for foreigners, especially ones living here for years.
 Search the FB group to find answers to all your non-Tango questions!
 - https://www.facebook.com/groups/BuenosAiresExpatHub/ great for asking questions about life in Argentina, and the best place to search for previous topics
 - https://chat.whatsapp.com/F1SytbqK0udEE2OMFv9oeX WhatsApp community with multiple topic-based WhatsApp groups (new in October 2023)
- https://linktr.ee/BADigitalNomads Digital Nomads, general, lots of events
- https://chat.whatsapp.com/EjptFtrXduUBVXxCCHXMNM Digital Nomads (in Spanish)
- https://www.facebook.com/groups/1830489377164826 Expats, general
- https://chat.whatsapp.com/FFvmMr8xBJp1PSeEVNgHM6 Expat Lounge, general
- https://baexpats.org/forums/ general
- https://chat.whatsapp.com/CyG8OH2gyJj2nqq93HB4A3 Canadians
- https://chat.whatsapp.com/JadJ6iCD3z6G5vKzuTi61J LGBTQ+
- https://chat.whatsapp.com/HhgU2h4R1no3EioHwaBQna Nomad Pride
- https://chat.whatsapp.com/DPA6KQ98jZIFwEbJ72bhEc Medical/Health
- https://chat.whatsapp.com/CLXfzyvdjM5KWNdN1RZayc Mindful Nomads
- https://chat.whatsapp.com/LLhOpx9HIMF5tHyssyWly6 Jobs for Digital Nomads in BA
- https://chat.whatsapp.com/Cr4CdA6dScu7rblxsQFBHN Bariloche & Patagonia
- https://chat.whatsapp.com/lilSqp4PyAvLBM5tiJI7Yp Residency visas for Argentina
- https://chat.whatsapp.com/ldZDL2QSJfkC60gk8KiDRk Marketplace (expats buy/sell)
- https://chat.whatsapp.com/EEmxp7WXwU4DVlkDtF7OKP Marketplace (expats buy/sell)
- https://chat.whatsapp.com/IdZDL2QSJfkC6Ogk8KiDRk Marketplace (expats buy/sell)

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Activities/Hobbies/Interests:

- https://chat.whatsapp.com/ETndAaweLag8dU5kLU7RWL Basketball
- https://chat.whatsapp.com/HEDW5WeL7IHJtAHigEZbPV Board Games Lovers
- https://chat.whatsapp.com/FbBN09BieHmBCCLbdAqYBH Board Games Nights
- https://chat.whatsapp.com/KPhle7x8pEY1Q1nhTpiHWz Couchsurfing (in Spanish)
- https://chat.whatsapp.com/JT5Djllij5M6yqGkBGQozp Crypto
- https://t.me/eventoscrypto Crypto Meetups
- Dance salsa, bachata, zouk, etc:
 - o https://chat.whatsapp.com/IYIqWnUd8svJpSc6JahnDs mostly Expats, in English
 - o https://chat.whatsapp.com/HnQplc9X7E3Ighpthzx42z mostly locals, in Spanish
 - o https://www.facebook.com/groups/28456907423 great to find events
 - Teachers:
 - Jorge Zubieta, WhatsApp: +54 9 11 3472-9451
 - Candela, WhatsApp: +54 9 11 6647-7799
 - Carlos, WhatsApp: +54 9 11 5953 1540
 - Leandro Tacain
- https://chat.whatsapp.com/DhoXALaY8y6HXUOGOAiAUW Dog Parents in BA
- https://www.facebook.com/groups/foodiesba/ Foodies BA: largest, most active, and best group to meet others.
- https://chat.whatsapp.com/GlkZn1wDasRJCupUADWp6R Food Adventures Nomads BA
- https://www.meetup.com/Mundo-Lingo-Buenos-Aires/ Language Exchange, meets
 Tue/Wed/Thu, great way to meet locals, lots of events
- https://www.meetup.com/Spanglish-Exchange-BA-Language-exchange/ Language Exchange in Palermo every Thursday and Saturday. one-on-one "mini-conversations" for 10 minutes (5 in Spanish, 5 in English).
- https://chat.whatsapp.com/IXpSYmtD1wzEPsbjDc8EFa Language exchange meetups
- https://chat.whatsapp.com/DViu3NkLe502vMZM5YwRpP Music Electro
- https://chat.whatsapp.com/CHGuio0vb162Aa7Tln8wHC Music Live Jazz, Rock, etc.
- https://chat.whatsapp.com/L18pmh9ovnq1Jt4XiEgyoW Party Peeps
- https://chat.whatsapp.com/GvAHNO9ab030uHQNBIMcBK Photographers
- https://chat.whatsapp.com/EYNXY4f6XfK9CH2FnE9F82 Rock Climbers
- https://chat.whatsapp.com/HPok8GeZBM66QrHa7QYbRd Rock Climbers
- https://chat.whatsapp.com/lgMegPBqtBeLBImbTo1xzF Runners
- https://www.instagram.com/midnightrunnersbuenosaires/ Midnight Runners Club
- https://chat.whatsapp.com/CR0VGPglemQFjPABnFrXuB Ping Pong & Pickleball
- https://chat.whatsapp.com/GbIN5cBt8KEECmGTALyALp Ping Pong
- https://chat.whatsapp.com/DwKEjeE480e7sGTuJu79KQ Sport & Fitness
- https://chat.whatsapp.com/L18pmh9ovnq1Jt4XiEgyoW Social Club
- https://chat.whatsapp.com/EM0Sgvct5N9FEAixFbnTb4 Sports, in Spanish

- https://chat.whatsapp.com/GqfZeVUx8xZ67Dv2lidV3b Tennis in Palermo
- https://chat.whatsapp.com/Dd733iJoHK6D8mjkVmkluj Travel around Argentina
- https://chat.whatsapp.com/ELqsQOXd5hV15ViByMuPit Trips/Weekends outside BA

Travel Groups:

- https://chat.whatsapp.com/ELqsQOXd5hV15ViByMuPit Trips/Weekends outside BA
- https://chat.whatsapp.com/FzSw2ufqsPq79fitj0hEN1 Scooter or Motorcycle adventures around Argentina
- https://chat.whatsapp.com/Cr4CdA6dScu7rblxsQFBHN Bariloche and Patagonia

Some regular events to meet people in BA:

• Mundo Lingo meetups - great way to meet local people:

Tuesdays: San Telmo - Temple Trastienda, Balcarce 470

Wednesdays: Palermo - Baum, Cabrera 4427 Thursdays: Palermo - Trova, Honduras 5903

- <u>Digital Nomads Meetup Events</u>
- Meetups in BA
- Connection Labs

Learn Argentinian Spanish

Tip: at the end of this document are two pages of commonly used Spanish words and phrases, especially those for Tango dancers - <u>here</u>.

Outside of tourist areas or tourist focused activities, it is not common to find English-speaking Argentinians. And many of them that do speak some English are shy to use it. In order to really understand the culture, interact with locals - especially at classes and Milongas/Practicas, and enjoy non-tourist activities, it is best to learn at least a basic level of Spanish.

Similar to English, there are many dialects in Spanish - especially European Spanish and Latin American Spanish. However, Latin American Spanish varies across countries, and Argentinian Spanish is even more different and unique. For example, Argentinian Spanish uses "vos" instead of "tu", and double-L sounds like "pollo" are pronounced as "po-sho" instead of "poy-yo".

Ways to start learning some Spanish, especially before arriving in Argentina:

- <u>Duolingo</u> (web & mobile app) has free Spanish lessons. It's a good way to get started, do short lessons whenever you have a few minutes, and learn the basics and build vocabulary.
- <u>Language Transfer</u> is a listening-only system for learning languages
- Find an online practice partner using Conversation Exchange (free), HelloTalk, and iTalki
- Online or In-Person Classes with a Private Teacher
 - The average price for experienced teachers is about US \$10/hour
 - Search previous posts for recommendations in this Facebook group
 - <u>Preply</u>, <u>SuperProf</u> & <u>TusClases</u> are online marketplaces to find teachers for all types of subjects, not just Spanish - as low as US \$5/hr for experienced teachers.
- Schools with intensive group classes & private classes, online and in-person
 - <u>Vamos Academy</u> group classes are Monday to Friday, from 9:30 am to 1:30 pm, and group sizes are usually 3-8 people and the price is US \$160 per week as of November 2023. Private classes are US \$120 for 10 hours.
 - IBL has many comprehensive courses, including for business language. Good info <u>here</u>. Online & in person classes.
 - InterBA
 - Casa Spanish Academy
 - Academia Buenos Aires
 - COINED
 - Mente Argentina
 - Ibero Spanish School
 - o <u>Wanderlust</u>
 - Exspanish Academy
 - University of Buenos Aires has 1 month, 2 month, and 4 month courses
- Practice at meetups physical and virtual: https://www.facebook.com/cafeconidiomas/

Spanish Tutors

Yep. Cuanto más español puedas hablar, más fácil será tu vida cuando estés en Argentina. Así es la vida.

So here are a few tried-and-proved Spanish tutors who can help you enhance your skills at a reasonable cost.

 Mariana. A certified French pastry chef, a Nihonphile, and a fun, well-around and traveled porteña who is also fluent in English. +5491162807789. • Spanish for tango with Vicky & Gonza. Online and in-person in BsAs.

Transportation: Taxis, Buses, Metro, Bikes

Addresses in Argentina are very short and usually don't include "Calle" (street in Spanish) or Avenida when written informally. And the building number is written after the street name. For example, "Florida 656" means that the building number is 656 and the street name is "Florida".

You'll see "CABA" sometimes in the address. This means "Ciudad Autónoma de Buenos Aires" (Autonomous City of Buenos Aires) - the official name for Buenos Aires. It is also sometimes referred to as "Capital Federal". Buenos Aires is both a city and a province (eg, like San Francisco is both a city and a county, or New York is both a city and a state). So CABA is often the necessary

Car Hire Apps for booking a taxi or car for a ride that are commonly used in BA:

- Uber (Android / iOS) is not legal here, but used commonly
- Didi Rider (Android / iOS) has the most drivers and great prices
- Cabify (<u>Android</u> / <u>iOS</u>)
- BA Taxi (<u>Android</u> / <u>iOS</u>) app run by the BA government. Yes, taxis here are mostly trustworthy!
- inDrive

Public transportation: Buenos Aires has an excellent public transportation system to easily get around via buses, trains, and metro/subway (Subte). You'll need a SUBE card, which is a rechargeable electronic card to pay for transportation. You can buy a SUBE card at a Kiosco (the ubiquitous convenience stores), lottery stores, or the train stations - you may have to try several locations to find one as there is currently a shortage of them. Their <u>official Twitter account</u> also periodically posts locations that have the card in stock. The metro is reliable, good, and very cheap (flat fare of 30 pesos for rides of any length). Add money to your SUBE card at most Kioscos, lottery stores, and train stations.

Apps for using buses and metro:

- Moovit best & easiest app
- Official government app: https://mapa.buenosaires.gob.ar/comollego/
- Google Maps the bus routes are often not up to date
- Cuando SUBO. It attempts to tell you how long the next bus(es) is expected to arrive at a given stop. The key operative word is "attempt", but it is still better than Google map,

especially when it's late. (BTW, this app is only downloadable if Google can tell you are in Argentina, it won't show up if your Google Play Store account is locked in other countries).

Ecobici City Bicycles: download the app to easily find the closest bicycle rental point and see how many are available. More info at https://www.baecobici.com.ar/en/turistas.

Buses are called colectivos (or bondi, if you want more street cred). They have marked stops in the streets with a pole or seating and look for the bus numbers. Be mindful that queueing is obligatory, stand in line to enter the bus through the front door. The Argentines are phenomenal at observing and maintaining la fila (the line), it doesn't matter where the bus actually stops, or how the line is actually formed, they have an uncanny ability to reorganize to maintain the proper order. No one cuts the line, no one jumps the line, it's amazing.

To stop the bus, raise your hand. But not just casually raise your hand, but raise it, extend it, wave it as if your life depends on it. When boarding, tell the driver which street you will get off at so that they charge you the correct amount, then press your SUBE card against the card reader til a green indicator flashes. If you don't tell the driver where you will get off, the system will charge you the maximum fare.

Metrobus are the buses with exclusive lanes in major streets and have platforms for bus stops. These are faster than the colectivo buses because they travel in dedicated lanes.

Metro/Subway is called Subte (for "Subterráneos") and is the fastest way to get around. You swipe your SUBE card upon entry, but not upon exit. When you exit the Subte, just walk through the turnstile. The fare for Subte is flat fare (one amount per trip, and not based on distance traveled).

When entering a Subte station, look for the name of the station at the end of line in the direction you're traveling in, and look for signs that say "a + station name". The letter "a" means "to".

Taxis here are reliable, safe, and generally honest. They'll turn on the meter without being asked. Note that the night rate is slightly higher (roughly 10% more) than the daytime rate. Make sure to provide a "street x street" corner address - works better and easier than a street name and number.

Food/Pharmacy/Grocery/Market Delivery Apps

There are two mobile apps to get delivered to your home: restaurant food, groceries, drinks, pharmacy items, etc. Both apps allow you to pay with cash upon delivery.

- Rappi (<u>Android</u>, <u>iOS</u>)- easier to use app. It even has a 10 minute delivery "Turbo" for convenience store items. If you're here for a month or more, it's worthwhile to sign up for their Prime membership to get free delivery.
 - Tip: Rappi has a fully functional website if you want to use your computer, especially for translating: https://www.rappi.com.ar
- PedidosYa (<u>Android</u>, <u>iOS</u>) harder to use app, but has more restaurants. It also has a
 monthly membership to get free delivery, which is worthwhile to get if staying more
 than a month.
- Morfy (Android, iOS) newer food delivery app. Website: https://morfy.app
- V-Go (Android, iOS) food & restaurant delivery app for vegans and vegetarians.

Restaurants

Buenos Aires has a lot of amazing restaurants - most quite affordable, and is one of the best places in the world to experience high end dining for less because of the economic crisis & favorable currency exchange rates.

For Foodies, the best community for learning about the latest and highly rated restaurants and to join regular events is this private Facebook group (apply to join) is BA Foodies: https://www.facebook.com/groups/foodiesba/posts/1438525826945121/

Do you miss spicy food? Argentinian food often lacks spices and isn't hot, but here are some places where you can satisfy your cravings for spicy flavors. When ordering food, clearly tell the waiter that you're not Argentinian and you love spicy food.

- Asian Cantina (Palermo Soho, <u>Humboldt 1626</u>) has several dishes that are full of flavor and spices, especially the beef rendang.
- Chuen Xiang Ge (Monserrat, <u>Av. Independencia 1822</u>) offers the best Sichuan (also written as Szechwan or Szechuan) cuisine in BA.
- Delhi Mahal (Centro near Teatro Colon, <u>Av. Córdoba 1147</u>) has authentic Indian food, but to access Indian level spices, ask them to cook it at "Indian level spiciness medium or

- high". The Chana Masala was particularly flavorful and spicy. I've also done this after ordering for delivery via Rapi, calling them, and asking for the Indian medium spice level.
- La Conga (Once, <u>La Rioja 39</u>) serves traditional Peruvian food. A large restaurant always full of Peruvian families, order the Ceviche with Leche de Tigrea at hot spicy level.
- Mochica (Abasto, <u>Agüero 526</u>) serves classic Peruvian dishes. The ceviche has been reported to be spicy and the dishes have authentic flavors.
- <u>Punch Curry Bar</u> (Palermo Soho, <u>Costa Rica 4818</u>) serves dishes from across Southeast Asia.
- <u>Sudestada</u> (Palermo Soho, <u>Guatemala 5602</u>) has dishes from across Southeast Asia. Their curry is very spicy and steamed dumplings with black garlic oil are good as well.

Tip: Get 40% off at La Cabrera, a top rated steakhouse: instead of booking weeks ahead, simply join the first-come-first-seated waitlist by arriving between 6:00-6:15 PM (ro sometimes earlier on popular evenings). Dine and make sure to get your bill before 8:00 PM to enjoy the discount, valid on the full bill, including alcohol.

BA Foodies has created some amazing Google Maps lists with pins for many types of restaurants, which there is a list of at:

https://www.facebook.com/groups/foodiesba/posts/1438525826945121/ and also at https://linktr.ee/foodiesbuenosaires . Below are some of the maps listed there:

- Michelin Restaurants (layers for mentions, Bib Gourmand, Green Stars, Stars)
- Rooftop Bars (select more neighborhoods)
- Parillas Steakhouses (layers for top vs. neighborhood)
- Palermo bars & restaurants with patio/terraza
- Wine Bars (layers by neighborhood)
- Brunch Restaurants (layers by neighborhood)
- Vegetarian & Vegan Restaurants (layers by neighborhood)
- Best Seafood Restaurants (layers by neighborhood)
- Themed Bars (layers by neighborhood)
- Speakeasy Bars (layers by neighborhood)

Great list of Vegan & Vegetarian restaurants:

https://www.happycow.net/south america/argentina/buenos aires/

Prepared Meals Delivered

There are numerous services in Buenos Aires to get prepared meals delivered to your home on a regular basis (daily, weekly, etc.). This Facebook post lists several:

https://www.facebook.com/groups/BuenosAiresExpatHub/posts/2212181565652218/

- https://sgastronomicas.com.ar
- https://www.panzafityfeliz.com.ar flexible options and they come prepared, ready to be heated.
- https://www.simplefood.com.ar seemed like a very professional company and very transparent. Great options of menus and even desserts.
- https://onda-verde.com.ar very professional website and seemed to have a good food philosophy. Great options and a lot of variety.
- https://www.caseritoviandas.com have a wide range of good meals depending on your fitness goals, and 4.3 stars out of almost 50 google reviews.
- https://holaveggie.com.ar very good and varied menus, they just ship all the ingredients to your home along with a recipe for you to follow.
- https://www.indigoalimentos.com.ar not the most professional website, but good options for healthy food.
- https://www.viandashyg.com.ar had a focus that caught my attention, but their website didn't say a lot about what was included and their social media was not updated in a long time. Still could be worth a try though.

Chefs who visit your home and cook fresh healthy meals that you specify:

- Anto Velazquez, https://www.instagram.com/antocooksforyou/
- https://www.chefjuanbernardini.com.ar can come to your home to cook fresh, healthy meals in your kitchen, and also create meal plans.

House Cleaners

- Cyntia Barraza, +54 9 11 5587-1954
- Elena Lazaro, +54 9 11 5936-1422

Families With Young Children

Yes, Buenos Aires is very family-friendly! Here are some notes from a family that stayed in BA:

- Stay in Palermo Soho or Recoleta close to a park. It feels much safer at night with a stroller. Almost every park in town has a playground and they're great!
- Some milongas are better than others depending on your child. We went to Club Villa
 Malcolm a lot because it has a large room in the back without music where children can
 run around and play.
- Museo de niños in Abasto shopping has been super popular with our child. There are other indoor playgrounds as well around town, such as Planeta X.
- We can truly recommend our Niñera (Nanny) Jaki she has a special talent with children and a warm heart. WhatsApp for Jaki: +54 9 11 2401-9282

CoWorking Spaces

Need a good coworking space for your remote work, and want to meet other remote workers?

- WeWork
- Area Tres
- Inda Works, ergo chairs and quiet
- <u>Centro Cultural Recoleta</u> (Recoleta, <u>Junin 1930</u>) historic building. Free, but just pay for drinks/food
- Work Café (Recoleta, Av Santa Fe 1634) free, but just pay for drinks/food
- Manawa Coworking Creativo
- Selina Coworking is one of the popular spaces, but it's quite cramped. And if you try to work on Friday afternoon? Forget it.

Croissant is a global membership service and has partnership with these spaces in BA: https://www.getcroissant.com/discover/buenos-aires

Some websites with more info on spaces:

- https://nomadlist.com/coworking/buenos-aires
- https://coworkingspaces.me/buenos-aires/
- https://vamospanish.com/discover/best-coworking-spaces-in-buenos-aires/

Tip: for Digital Nomads, there is a vibrant organized community with a WhatsApp group and Slack: https://linktr.ee/BADigitalNomads, and also separate Facebook groups:

- https://www.facebook.com/groups/652913498779569/
- https://www.facebook.com/groups/2288744451383070/

Shopping (Non-Tango)

Shopping in Buenos Aires

This <u>site</u> has some good information on where to go shopping for non-Tango clothing and more.

Buying Items From USA/Europe

Need some items shipped from the USA or Europe? Amazon US and Amazon Spain do deliver some items to Argentina, with customs duties included. But, they're shipped via DHL, which sometimes requires a DNI (the Argentinian national ID) to collect the shipment.

The easiest way to get items, especially electronics, from the USA or Europe is for someone to bring it in their luggage. There are two options to find someone willing to do this:

- Find someone coming to BA in this WhatsApp group (usually for a fee): https://chat.whatsapp.com/HIGjryBJj212gOntOrzdca
- Grabr.io, a service where travelers bring your items in their personal luggage for a fee. If you use my Invite link, I'll get \$10 and you'll get \$3 x 3 when you place orders: https://grabr.io/invitation/ravi-agarwal80.

Finding quality products can be difficult and often involves a lot of hunting. Here are some recommended places to buy certain items:

• Olive Oil (Extra Virgin): <u>La Casa de las Aceitunas y los Encurtidos</u> (House of Olives). They also sell siracha hot sauce.

Medical/Health/Fitness: Doctors, Hospitals, Therapists

Argentina has both public and private hospitals. Public hospitals are much cheaper - usually free, but the facilities are not as nice as private hospitals. Wait times and appointments for tests are typically much longer in public hospitals and they have fewer English speaking staff. The government of Buenos Aires has a comprehensive network of public hospitals and health centers around the city - here is the list, and this is the specialized children's hospital: Hospital Gutierrez at Gallo 1330.

WhatsApp group focused on Medical/Health in BA:

https://chat.whatsapp.com/DPA6KQ98jZIFwEbJ72bhEc - best place to ask questions.

This group also has a Argentina Medical & Health Guide and a list of Health Professionals.

Hospitals

Private hospitals have more English-speaking staff. If you have an emergency, go to one of these. The best private hospitals in BA are:

- Hospital Aleman (Av. Pueyrredón 1640), 24 hr phone: +54-11-4827-7000
- Hospital Italiano (<u>Tte. Gral. Juan Domingo Perón 4190</u>) has numerous locations around the city. See their website to find the closest one. +54-11-4959-0200

Vaccinations

Private clinic focused on most vaccinations: https://vacunar.com.ar . You don't need to see a doctor in order to get most vaccinations.

Doctors & Dentists

<u>Doctoralia</u>, <u>Docturno</u>, <u>Wiri Salud</u> are good websites to find doctors by specialty, language, and area (choose "Capital Federal" for Buenos Aires city) and directly book appointments for online or in-person consultations. <u>Uma</u> is another video call based doctor service.

General / internal medicine doctors who speak English and may optionally visit you at your home:

- Carola Brescacin, WhatsApp: +54-9-11-4056-6485
- Augustina, WhatsApp: +54-9-11-6304-2644
- Mariana Retondo, WhatsApp: +54-9-11-3488-3530
- Pablo Retondo, WhatsApp: +54-9-11-6101-3530
- Alejandro Schejtman, WhatsApp: +54-9-11-3194-9501
- Medicas de Familia Carli, Mica, Luli: <u>Instagram</u>

Cardiologist & Internal Medicine

• Dr. Lopez, American and speaks fluent English, low cost for consultations, works at this clinic: https://cmrocasalud.com.ar (make sure to request Dr. Lopez).

Dentists

Dr Isaac Meta, speaks English fluently, did his Masters in USA, website, LinkedIn. "He is a
wonderful human being and excellent dentist"

Ophthalmologist

 Dr. Paula Donato, The Donato Institute, Belgrano, speaks excellent English, trained at Columbia University in NYC. <u>Google Maps</u>

Psychiatry:

• Laura Turner, speaks English, about US \$20-25/session, can prescribe ADHD medication such as Ritalin. WhatsApp: <u>+54-9-11-5102-4288</u>

Allergy & Immunology:

• Dr Betina Dwek, former President of the Association for Allergy and Immunopathology of Argentina, WhatsApp: +54-9-11-4822-3613

If you're living here for a longer period of time, you can buy private health insurance: <u>Swiss Medical</u> has been recommended, as well as <u>OSDE</u>.

If you have a specific question or need a doctor recommendation, harness the knowledge from a large group of expats who live here - search and/or post your question in this active group: https://www.facebook.com/groups/BuenosAiresExpatHub. For example, this is a long thread on dentist recommendations. The group has a long list of English-speaking recommended doctors by specialty here. There is also a WhatsApp group for Medical & Health. Here is a spreadsheet of some doctors and hospitals also. The US Embassy has a list of English-speaking doctors here.

COVID Tests

Think you might have COVID or you're flying to another country that requires a COVID Test?

• <u>HisoTest</u>: this is the easiest option as they will send someone to your home. Make an appointment via their website, and then request a smaller time window via their WhatsApp: +54-9-11-6226-0149. Costs are 4000 pesos for Antigen results in 15 minutes

- (they'll email you the PDF within 2-3 hours), and 7500 pesos for PCR in 24 hours. They also offer a rapid Antibody test.
- Airports: both Aeroparque AEP (domestic) & Ezeiza EZE (international) airports have testing available, 24 hours/day and 7 days/week. Look for the big white tent outside the terminals. An Antigen test is 4500 pesos and results are given in 15-30 mins. A PCR test is 8000 pesos and results are given in 10-12 hours. For more info:
 https://www.stamboulian.com.ar/pacientes/covid-19-centros-de-testeo-en-ezeiza-y-aeroparque/
 - TIP: If you're flying from EZE which is a 45 minute drive from BA, you can go to the much closer AEP airport (located within BA city) to get tested if you want to do this the day before.
- <u>CentraLab</u>: a reliable laboratory with locations around the city. You can make an appointment online or via WhatsApp or just walk-in to a location. To find their locations, search for CentraLab in Google Maps or <u>here's their complete list</u>.
- <u>Diagnostico Maipu</u>: a reliable laboratory with a few locations. Make an appointment via their website to take a test at their locations, or send them a WhatsApp message to schedule a test at your home: <u>+54-9-11-2780-7777</u>
- The city of Buenos Aires offers free tests:
 https://www.buenosaires.gob.ar/coronavirus/hacete-el-test

A longer list of places to get tests, including in other cities:

https://www.turismocity.com.ar/promociones aereas/p-Donde hacerse el test PCR en Arge

PhysioTherapists

ntina para viajar-4295.html

Need a PhysioTherapist to help you with an injury or pain, especially from dancing Tango too much? Here are some mentioned by members:

Chris Pagden: +54-9-11-3240-2374

• Emilia Nonino: +54-9-11-6873-1721, also a pilates instructor

Martin Lasar: https://www.facebook.com/KyEB.ML/

• Sylvina De Leonardo: +54-9-11-4090-5935

Massage Therapists

Need a good massage after many hours of intense Tango dancing? Here are some recommendations:

- Andrea: Body/foot/facial massage, reflexology, reiki, and more. WhatsApp: +54-9-15-5369-0405, IG: @almademasaje, Facebook
- Eric: deep tissue/Thai combo. Spanish only, 4000/90min as of (4/2022), house calls only. +54 9 11 4179-7144
- Chris Francis: Good strong deep tissue style massages, particularly good at deep massage for feet and a good lactic acid workout, English/Spanish, house calls only. +54 9 11 5005-0582
- Mariana, about USD \$15 per hour. Does house calls, magical hands, and super relaxing.
 Speaks Italian & Spanish, but very patient if you only speak English, +54 9 11 6198-9694
- Paula: deep tissue, Spanish-speaker, less expensive than Chris. +54 9 11 6931-0017. Dr Romulo Naon 2345 (west of Colegiales).
- Charley (female) Tango dancer/yoga teacher from UK, Californian oil massage, long strokes, deeply relaxing, beautiful environment in Villa Crespo, +54 911 6136 9466
- Matias, +54 9 11 2792-7706, located on the NW side of Gascón y Córdova
- Laura Melo: Thai Massage, +5491157405232
- Amen & Sy (acupuncturist, mix of acupuncture and massage), +54 9 11 6707-9603
- Samanta, good acupressure, not exactly Thai Massage, +54 9 2235 91-0182
- Ying Yang Massage (Lyssa), mostly shiatsu: + 54 9 11 2347-4863
- Anto Masajes, +54 9 11 6123-7278
- <u>Lakshmi Masajes</u>, +54 9 11 5324-5088, Palermo Hollywood, nice and comfortable environment. Good feedback and reviews from people who have tried it. Spanish only.
- Mani: +54 9 11 4969-9218
- Viviana Conaultoriod, +54 9 11 6246-8153
- Cecilia, +54 9 11 5064-4964, speaks English and offers different types of massages, including sports massages, and has a location in Palermo on Scalabrini Ortiz near Av Santa Fe
- Ricardo Dokyu, +54 9 11 6447-9869, Japanese Massage, in Palermo
- Ceyle, deep tissue sports massage. +54911 66760329 @ Charca 5219, 3C, Palermo Hollywood
- An, Thai massage. +54911 62846093 @ Padilla 752, Villa Crespo.
- Andi, English speaking Thai/shiatsu: WhatsApp +54 9 11 5717-4907

More recommendations here:

https://www.facebook.com/groups/BuenosAiresExpatHub/posts/1775671922636520/

Fitness / Gyms / Swimming Pools

Swimming Pools:

- Parque Norte: large family friendly swimming pools
- Pileta Parque Sarmiento
- Club Comunicaciones (<u>Av San Martin 5125</u>)
- The City of Buenos Aires has 12 city swimming pools that open in the summer for the months of January and February:
 - https://www.buenosaires.gob.ar/noticias/la-ciudad-abre-sus-12-piletas-para-el-verano
- Tigre hotel where you can pay to use their poor and you can bring your own food: https://www.instagram.com/airedeproa

Visas: Entry, Extension, Overstaying, and Long Term

By default, people from many countries (including European Union and USA) are automatically granted a free 90 day Tourist Visa upon arrival in Argentina. The official government list of nationalities is here - make sure to look under the first column "Pasaporte Ordinario (Turista)". Any countries listed as "No Requiere Visa" don't need to apply for a visa before arrival. Countries listed as "Requiere Visa" will need to apply at an Argentina embassy abroad and get a visa stamp in your passport in order to enter.

If you want to stay longer, a tourist visa can be easily extended (see "Tourist Visa 90 Day Extension" section below), so that you can easily stay up to a total of 180 days continuously in Argentina. Some people do a "Visa Run" where they go to other countries such as Uruguay or Brazil for a quick visit, but doing this repeatedly can cause problems and you may be questioned and/or denied re-retry at some point. Another option is to simply overstay your visa, and pay a fee when you leave, without causing re-entry issues (see "Overstaying Tourist Visa" section below).

For citizens of countries that don't automatically get an entry visa on arrival in Uruguay, the easiest option for a Visa Run is via Brazil - no need to get a Brazilian visa first. Fly to Iguazu Falls

airport (Airport code: IGR), take a bus or taxi from Puerto de Iguazu (the Argentinian side), to the Brazilian side of Iguazu. You will go through Argentine immigration to exit the country, but you can just drive through and skip the Brazilian immigration - no need to stop, visit the falls from the Brazilian side, return to the Argentinian side, and again skip by with no need to stop at Brazil immigration to exit, enter Argentina, and go through immigration to get a new entry. It's an especially great option for people who have a multiple entry visa for Argentina and need to do a visa run.

As of late 2022, immigration officials at the airports are often no longer stamping your passport with the tourist visa and dates of entry/expiry. However, you can easily view your visa status and expiry date (and download an official pdf) here: https://www.migraciones.gov.ar/transitos/.

Digital Nomad Visa

Argentina launched a Digital Nomad Visa program in 2022 - official details here (in Spanish). The city of Buenos Aires has some marketing information in English here.

You can apply online and you'll need to fill out the application, your CV/resume, a photo, and proof of income. If you're approved, it's valid for 180 days with an option to extend once. The fee is USD \$80. However, it doesn't seem worth it; using a Tourist Visa and extending up to 180 days or just overstaying for longer is cheaper and easier.

The city of Buenos Aires has a nice 60+ page guide with a lot of basic information about the city here. While this guide is targeting Digital Nomads, it's great for all visitors.

Tourist Visa 90 Day Extension

If you're staying for a total of less than six months in Argentina, you can easily get a 90 day visa extension - *but only once per calendar year*. This extension must be obtained **within the last 10 days** before your initial 90 day visa expires. To obtain the extension:

- Go to the <u>Migraciones office at Av. Antártida Argentina 1355</u>. They open at 8:00 am and it's best to arrive a few minutes before 8:00 am as the lines get longer and longer the later you start the process. Bring your passport and 4,000 pesos in cash (credit cards are not accepted).
- You'll see a line for the "Consultas" don't get in this line!
- Look for the sign "Citas Turnos" either go through this gate or if there is a line, get in this line. Tell them "quiero extender mi visa de turista" and if they ask, show them your

- entry stamp (or the pdf from https://www.migraciones.gov.ar/transitos/ if you didn't get the entry stamp) in your passport.
- At the entrance to the building, there will be a Migraciones employee tell them "quiero extender mi visa de turista" and they'll let you in and they will tell you to go to the "BOX" sign.
- If there is a line in front of the red LED "BOX" sign, then wait in line until you get to see someone in one of the windows directly behind the "BOX" sign. Tell them "quiero extender mi visa de turista". They will ask for your passport, look up your information in their computer, and then give you a ticket with a queue number.
- Directly across, you will see the sign "Prorrogas Turistas" on the wall. Sit in front of this section and wait for your number to be called. After they call your number, they'll ask for your passport, email address, phone number, and address. They take your picture, fingerprint both hands, and may ask some questions like what you do for work and if you are married. After a few minutes, they'll give you a paper invoice and tell you to go pay at the cashier's counter. Go into the adjoining room and look for a "caja" sign, which is at the opposite corner on the right side of the large room.
- At the cashier's counter, you hand the person behind the cashier's window the paper and cash, and they give you a receipt. You take the receipt back to the person at the "Prorrogas Turistas desk who told you to pay for the visa and will tell you to take a seat in the waiting area.
- Wait for your name to be called and receive your passport and a paper. There is no stamp in your passport for the visa extension.
- Follow the steps in the process you will be told where to go and what to do next through various stations and queues. There are employees at every step in the process guiding you, and you'll have to tell each of them "quiero extender mi visa de turista" so that they send you to the correct place for the next step in the process.
- The fee is 20,000 pesos (cash only) and remember to bring your passport! The fee is listed here for "Prórroga o Renovación de Residencia Transitoria de extranjeros, con excepción de la residencia transitoria prevista en el artículo 24, inc. h) de la Ley N° 25.871" under the second column "EXTRA MERCOSUR". UMSM is 1,000 pesos, so the current fee is 20,000 pesos. The fees were updated in July 2024.
- Expect this process to take 1-4 hours, depending on how early you get there. It's best to arrive at 8:00 am before the lines for each step become longer.

TIP: If you plan on applying for a residency visa or for citizenship, do *not* get an extension. According to <u>Dr. Christian Rubilar</u>, getting an extension will create a file for you, and without a file, there cannot be a deportation order if you're overstaying.

Overstaying on a Tourist Visa

In Argentina, according to lawyers and numerous reports from foreigners, it seems to be legal to overstay for an unlimited period of time and you simply pay a 40,000 peso (increased in July 2024; previously was 12,500 pesos since 2021) fee. This fee can be paid at the EZE airport upon exit via credit card (cash is not accepted), or at the Migaciones office in BA up to 10 days via cash (credit card is not accepted) before your outbound flight. This is a legal process in Argentina and does not cause any issues for returning to Argentina.

Per this thread (you'll have to join the private FB group before you can view it): "As has been written a number of times, it is not illegal to overstay in Argentina, and hence there is nothing to be marked in your passport.

This information is based on the opinion of at least two different Argentine immigration lawyers, the Argentine Constitution [...], and numerous persons long term experiences in Argentina.

But as has also been written a number of times, if you are not comfortable with the information that has been provided, seek your own legal advice from a reputable immigration lawyer on the matter." <u>Dr. Christian Rubilar</u> is a lawyer specializing in residency and citizenship advises the above recommendations.

Overstay fees can optionally be paid in advance up to 10 days before your departure date at the main Migraciones office (Av. Antártida Argentina 1355) or at the their offices at the city AEP Airport (office is in International Arrivals - look for the blue "Migraciones" sign next to the Hertz and Avis car rentals) and the EZE International Airport, and then you have 10 days to leave the country.

The latest fee is listed on this page - look for the row "Habilitación de documentación al solo efecto de hacer abandono del país de extranjero residente irregular" with the price of "40 UMSM"; UMSM is 1,000 pesos, so the current fee is 40,000 pesos. The fees were updated in July 2024.

Residency Visa

Obtaining a residency visa is straight-forward process and relatively easy. While you can do it on your own, it's easier to use a lawyer to help you through the process. For more information, search for previous posts on this Facebook group - there are numerous threads, along with recommended lawyers: https://www.facebook.com/groups/BuenosAiresExpatHub (you'll have to join it first). There are three main methods:

- Civil Union / Common Law: if you have a partner who is an Argentinian citizen, then you can just get a certificado de conviviencia (civil union/common law) and then apply for permanent residency with Immgraciones. No need to get married.
- Enroll in a university (public universities are free in Argentina). You do have to attend classes and pass them. You can study any subject, including Spanish or Tango. Note that the curriculum is conducted in Spanish.
 - Tango: the three universities in Buenos Aires that have a Tango program are
 Centro del Tango de Buenos Aires (CETBA), Universidad Nacional de Tres de
 Febrero (UNTREF), and Universidad Nacional de las Artes (UNA). CETBA is
 focused on teaching Tango only, is the most popular in our community and is
 sometimes referred to as "the University of Tango".
 - Spanish: <u>Wanderlust</u> has a program which doesn't require full-time attendance: two hours per week for at least 48 weeks per year. They are quite foreigner friendly and will even refer you to immigration lawyers.
- Show proof of regular income from your home country from a rental property or pension. It has to be at least USD \$2,000 per month. This is often called the "Rentista" visa.

Join this WhatsApp group for residency and migration discussions: https://chat.whatsapp.com/lilSqp4PyAvLBM5tiJI7Yp

Citizenship

Argentina is one of the easiest countries to obtain citizenship. It requires two years of having lived in Argentina (which can include overstaying your tourist visa). Also, if your baby is born in Argentina, the baby and parents automatically get citizenship. Contact a lawyer to help you through the process. For more information, search for previous posts on this Facebook group - there are numerous threads: https://www.facebook.com/groups/BuenosAiresExpatHub (you'll have to join it first).

TIP: If you need to get fingerprinted to send your fingerprints to your home country for an FBI or Police background check, bring your government's form and go to the Registro Nacional de Reincidencia at Tucuman 1357, or if you problems, then go to the Policía Federal Argentina office at Azopardo 696.

Buying Property in Argentina

You're loving the Tango life, made some good friends in the Tango Lounge, have fallen in love with the beautiful city of Buenos Aires, and now you're ready to commit to Buenos Aires for the long term? Buying a property here is a tricky process, especially moving money from abroad to Argentina (you have to use an underground network of money movers). Due to the long-term economic crisis, you can get a great deal on a property, but at the same time it's very difficult to sell as there aren't many buyers. Buying property in BA is a long term lifestyle choice, and generally not for making a financial investment.

Key Resources:

- Webinar by Max Götz (2023): https://www.youtube.com/watch?v=lfaxJ0SUjV0
- eBook by Max Götz (2022):
 https://www.amazon.com/Real-Deal-everything-seriously-pertaining-ebook/dp/8088BD
 RNZT
- Search for previous posts on this Facebook group there are numerous threads: https://www.facebook.com/groups/BuenosAiresExpatHub
 (you'll have to join it first)

Max is an experienced real estate agent helping foreigners buy/sell properties and can provide you with full service assistance: https://www.mgotz.com/foreigners-expat-assistance.

A Tango Lounge member, wrote this excellent summary based on his recent experiences of buying a property:

Advantages to buying property in Argentina: Buenos Aires is an amazing city with a great quality of life if you derive your income from abroad. Generally there are not a lot of restrictions about renting it out short term while you are away, and there are many ways to do so, including AirBnB. Once you own a property in Argentina, you will have an asset with no mortgage, typically very low maintenance, utility fees, and property taxes. Unlike places in the U.S. you are not likely to be foreclosed upon by failure to pay taxes etc.

<u>Disadvantages to buying property in Argentina</u>: If you don't keep up on your taxes they will withhold it from you before you can sell it. If you rent it out to someone, it can be very difficult to get the tenant out if they have been there for more than 90 days. This is why it's customary for landlords to demand a "guarantia" which is usually a lien to some other property. Real estate is known to be a non-liquid asset but it's even more so in Argentina due to the lack of local buyers, the purchase process, and the lack of transparency in the market (online tools do

not show the purchase price history). If you buy into an apartment or building you don't like, you will be stuck with it.

<u>Finding properties</u>: A good resource is <u>ZonaProp</u> - you can filter on size, neighborhood, age of property, number of rooms or bedrooms, and you can save the filters. You can also find information about the seller's agent. In Buenos Aires, real estate brokers and agents do not have access to a digital lock box as is the norm in the USA. Instead, the seller's agent has to be there to show you the property. This means, in most cases, you can just arrange directly with the seller's agent by contacting them via the messaging feature. Give them your WhatsApp number so they can reply outside ZonaProp. It's best to meet the seller's agent with your buyer's agent, but sometimes that can be difficult to schedule so you do have the option of meeting them directly.

The purchasing process: Properties for sale are denominated in U.S. dollars, and must be paid in cash because there are no mortgages available due to inflation of about 100% per year. But, generally it's not possible to wire funds directly, and there is no such thing as escrow in Argentina. If the seller has an overseas account denominated in Dollars, Euros, or other hard currencies, it can be straightforward to wire the funds to them directly, but you have to trust them not to run off with the money. Often, the sellers do not have an overseas account, and you will need to deliver the entire purchase price in USD cash at closing to the Escribano's office. Because of the legal limit of bringing USD \$10k cash into Argentina with you, you'll likely have to use a black market finance company. Their transfer fees are typically 5% or higher, and it's important to find a good money transfer company because if there are delays you may not be able to extend your purchase window and you can lose your deposit. One thing to look out for is verbiage in the contract about what happens to the funds, commissions, etc if the purchase does not complete, because the wording of the contract may give the commissions to the agents even if the deal falls through. A word of caution: even if your real estate agent refers you to the finance company, it is not their responsibility if the money does not come through on time or ever. Doing adequate due diligence is important.

Tourism & Travel

Key Links:

• Official Argentina tourism information: https://www.argentina.travel

- A good Facebook group for travel info: https://www.facebook.com/groups/611862176113473/
- The City of Buenos Aires has a nice 60+ page guide full of tourism information about the city here. While this guide is made for Digital Nomads, it's helpful for everyone.
- Bus tickets: https://www.plataforma10.com.ar/
- Train tickets: https://webventas.sofse.gob.ar/
- Tourism company for trips around Argentina and South America, priced in pesos:
 <u>https://www.tangol.com/eng/</u> includes city tours and nature tours all over Argentina.

 They have an office in San Telmo.
- Day trips from Buenos Aires: <u>Tigre</u>, La Plata, Peru Beach, and San Isidro. Easiest to take the train.

My personal recommendations for unique places to visit:

- <u>La Confiteria Ideal</u> is a beautiful cafe that was a historic Tango hall and famous for milongas. It opened in 1912 and closed in 2017 for extensive renovations by a team of specialists in bronze, wood, stucco, leaf gilding, and stained glass. It reopened in December 2022. Watch the BBC documentary <u>here</u>.
- EcoParque (Plaza Italia, <u>Av Sarmiento 2601</u>): a free former zoo, is a great place to take a slow stroll through the park and see a lot of animals, including giraffe, ostrich, and elephants.
- El Ateneo Grand Splendid (<u>Av Santa Fe 1860</u>) named the "world's most beautiful bookstore" by National Geographic. A former theater "Grand Splendid" which opened in 1919, was converted into a bookstore and is now a beautiful place to see and explore. The theater's stage has been converted into a cafe.

Activities in Buenos Aires:

- Calendar of Festivals in Buenos Aires:
 https://turismo.buenosaires.gob.ar/es/categoria-general/calendario-2024
- World Tango Museum at Rivadavia Av. 830. The museum traces the history of tango from 1850 until the present day and includes an exhibition of photographs of major tango artists by Annemarie Heinrich. There's also a shop selling CDs and other items.
- Buenos Aires is famous for its historic cafes, and some are related to Tango an
 extensive list curated by the City of Buenos Aires:
 https://turismo.buenosaires.gob.ar/en/article/historic-cafes . Also: The 8 Historic Cafes
 of Buenos Aires

- Teatro Colon: see a play, orchestra, ballet, and more. Very inexpensive. Schedule: https://teatrocolon.org.ar/en/calendar/month
- Tour the beautiful city of Buenos Aires:
 - Free Walking Tours around the city:
 - https://www.guruwalk.com/buenos-aires
 - https://www.freetour.com/buenos-aires/buenos-aires-free-walks
 - Bus hop-on/hop-off around the city: <u>Buenos Aires Bus</u> (yellow line) is the better one. Check out their <u>route</u> around the city. Best to do the full 3-4 hour tour and just stay on the bus, and go early as it's popular.
- Movie theaters: https://www.cinemarkhoyts.com.ar/ for American movies spoken in English with Spanish subtitles, look for "Subtitulada" (subtitled) in the showing details, otherwise if it says "Catellano" (Spanish) then it will be spoken in Spanish without English subtitles.
- Buy a tour or an experience:
 - https://www.airbnb.com/s/Buenos-Aires-Province--Argentina/experiences
 - https://www.getyourguide.com/buenos-aires-l1/
 - o https://www.viator.com/Buenos-Aires/d901
- AirBnB has many interesting Experiences in Buenos Aires
- Standup Live Comedy Show in English: https://linktr.ee/StandUpBA
- Great 3 day itinerary to see Buenos Aires:
 https://solsalute.com/blog/3-days-in-buenos-aires-itinerary/
- Book historical and cultural experiences guided by professionals from the University of Buenos Aires: https://socialcultural.com.ar

Hotels:

- Hotels charge a 21% IVA tax, but if you pay with a foreign credit card, this tax is not included. As of December 2022, now that foreign issued Visa and MasterCards use a rate that is 10% below the blue rate, it is better to use a foreign credit card than cash.
- If you want to pay in cash with pesos, then book using www.booking.com and choose to pay the entire amount at the hotel. This way you pay in pesos, which you can convert at blue rate.

Flights: These are the airlines that have domestic flights in Argentina: <u>Aerolineas Argentina</u>, <u>FlyBondi</u>, and <u>JetSmart</u>. The best place to search for flights from all the airlines is <u>SkyScanner</u>.

Save 50% on Domestic flights in Argentina: instead of paying for flights for Aerolineas Argentina online (which uses the official exchange rate), you can save ~50% by using the Blue rate and paying in pesos cash via one of these methods:

- Book online at https://www.aerolineas.com.ar/atencionpresencial to make an appointment at their central office at Peru 2 to pay in person. If your flight is within the next 48 hours, go to their office at the AEP airport (inside the city) and pay in cash.
- Go to Aerolineas Argentina's central office at Peru 2 to book & pay in cash.
- Book online at https://flybondi.com/ar, and choose Rapipago or Pagofacil as the payment method. You'll get a code that you use to pay in the local Pagofacil or Rapipago offices all over the city (search in Google Maps to find a location nearby) to pay in cash. Reservation is confirmed within a few hours after payment. Reservation expires if not paid within 24 hours. This only works for flights reserved more than 72 hours before take off. Some people report getting a Club La Nacion membership for 20% off.
- Use a travel agent to book and pay in cash:
 - Federico Osuna, +54 9 11 5753-3366, whatsapp. Travel agency in Palermo
 - o Amancio, speaks English, +54 9 11 5771-1501, whatsapp
 - Camila Ann & Palm, +54 9 11 6043-6381, whatsapp
 - Silvana Martínez, +54 9 11 6753-8005, whatsapp

Luggage Storage

Need to store your luggage while you travel to other parts of Argentina or you have a night flight?

TIP: ask your nearby neighborhood kiosco to store it for you. They're typically trustworthy and reliable and happy to do it. Just to be sure, take a picture of your luggage inside their store.

<u>Luggage Storage BA</u> (Palermo, <u>Nicaragua 4806</u>) offers an easy to use and affordable service. Either just visit the store or message them on <u>WhatsApp: +54-9-11-6969-1704</u>.

<u>Deposito Belgrano</u> has <u>5 locations</u> in BA, including ones in Palermo (Cabrera 3965) and Almagro (Catamarca 563). <u>WhatsApp: +54-9-11-6802-0875</u>.

These websites have a network of luggage storage places around the world, including BA:

- Stasher
- Bounce

Storage facilities that you rent by the month:

https://masmetros.com.ar/

Tango Milonga Etiquette Codigo (Long List)

(from: https://argentinetangolab.com/tango-milonga-etiquette/)

The following provides some tips on the appropriate etiquette at tango milongas.

For both leaders & followers:

- Never correct your partner whilst on the dance floor.
- Ensure personal hygiene (bathe, protect your breath, remove odors).
- Dress appropriately.
- Do not talk whilst dancing.
- Generally dance the entire tanda, unless the skills are wildly varying.
- Never stop dancing during a song.
- If you do not wish to dance further at any time, thank your partner it is important to remember that "Thank you" generally signals an intention to END the dance (so don't be surprised when the other person says thank you back, and walks off).
- At the end of a tanda, when you naturally finish dancing, it is polite to still say "Thank you".
- Do not continuously apologize to your partner if you make mistakes.
- Do apologize if there is a collision with another couple even if it wasn't your fault.
- Always ALWAYS! be kind and supportive to beginners; it does not take much to scare someone away for life.
- Milongas are not for practicing nor teaching.
- Do not talk to other dancers whilst they are on the floor, even between songs. This applies whether you are on or off the floor.
- Requesting a dance whether verbally or otherwise is done in a subtle and polite manner.
- When entering the dance floor, dancers have right of way.
- Walk around the dance floor, not through it.
- The answer to being thanked after a dance is a return 'Thank you' not 'You're welcome'.
- Compliments go a long way to enjoying a milonga.
- In between songs, talking is fine (in fact some would say smalltalk is almost obligatory) but do not keep the embrace locked.
- If you did not particularly enjoy the dance, keep it to yourself.
- If the tanda becomes intolerable, tough it out. It is the extreme height of rudeness to leave a tanda before it completes.

• When you finish dancing, leave the floor as quickly as possible, ensuring those on it are given their space.

For leaders:

- Gentleman-like behavior is expected at all times.
- When inviting a follower to dance, be aware of social queues: is she obviously resting? Is she engrossed in conversation? Is she avoiding your glance?
- When you enter the dance floor, either do so between songs or where there is a gap dancers on the floor must not be disturbed in any way.
- Move with the line of dance counter clockwise.
- If you are a man who soaks his shirt in sweat, take breaks to keep from overheating; or consider wearing a jacket or bringing a change of clothes.
- The man must escort the woman on and off the floor.
- Respect the space and safety of other dancers particularly on a crowded floor.
- Avoid collisions by managing your space carefully, including moving at the same speed as other dancers.
- Do not 'tail-gate' other couples.
- Do not overtake other couples.
- Don't zig zag or continually weave in and out of 'dance lanes'.
- If the dance is declined, accept gracefully.
- If you are declined, don't 'baby-sit' ... ie don't sit next to the woman and start talking until she is ready.
- Generally try to dance with a woman of your own level.
- It is OK to ask a woman to dance even if she is with a partner but generally when her partner is already on the floor. If she is with her partner, it is polite in an old-fashioned sense to ask his consent; not mandatory but a bit of fun.
- Do not ask your partner to dance another tanda unless you are absolutely sure she
 wants to; tandas are intended as a natural mechanism to complete a dance, and
 requesting an extension is both impolite and pressures the follower unnecessarily.
- Understand the code for a dance invitation whether it is verbal or the cabeceo (see the <u>cabeceo</u> page for more information).
- Wait until a follower has exited the dance floor before asking her to dance.
- Depending on the context, it may be rude to interrupt a follower deep in conversation to
 invite her to dance try to determine first whether she is passively waiting for an
 invitation.
- Never invite a follower to invite by extending your hand! Use your eyes to cabeceo.
- If you choose to dance in the *ronda*, ensure you do not delay others behind you.

- The lead should never engage the follower with steps that are beyond her; this will serve only to humiliate her.
- Do not ask the follower to commit to steps or embellishments that could be a danger to other dancers, such as high boleos.
- Remember that whilst relationships certainly evolve on and off the dance floor, tango is not a 'meat market'.
- Be highly attentive to the follower's body language regarding the type of embrace she is comfortable with – some women, particularly beginners, may not welcome an intimate embrace – that intimacy must be earned. The leader chooses the frame of the embrace, but it is the follower's prerogative to determine its intimacy.
- If the follower is not doing precisely what you *thought* you asked her, react appropriately to keep the flow of dance do not force your follower to 'do it right'. Communication for the action-reaction dance steps is the lead's responsibility to get right, even with beginners. The leader should, paradoxically, *follow the follower*.
- Eliminate the backward step from your repertoire, particularly at crowded milongas.

For followers:

- Understand that a close embrace in tango is the norm, and when offered try to adapt if possible.
- A follower has the absolute right to decline a dance but remember that it will be most unpleasant to the lead, and may be considered rude, particularly in small tango communities. You should try to soften the refusal by saying you are sitting this one out.
- If you refuse an invitation, but wish to dance with the lead later on, say so.
- Don't decline a dance as feeling too tired, then immediately dance with someone else.
- Follow, don't back-lead.
- in a crowded floor, avoid high embellishments that may end up in kicking other dancers.
- If a lead is making the follower feel uncomfortable, she has the right to put a stop to it, politely.
- Yes a woman may request a dance from a man (though it is unusual, certainly very rare in Buenos Aires).

Spanish Cheat Sheet

Getting around

Accomodation

Shopping & Money Saving

¿A qué hora abre?: What time does it open?

Instructions for a taxi driver:

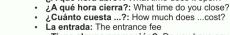
- Agarre por calle ... (Take street ...)
- Luego doble en ... (Then turn on ... (name of street)...)
- Siga derecho hasta ... (Go straight until ... (name of street or number) ...)
- Voy a ...(calle)... al (número aproximado)... (I'm going to street ...

Other useful expressions:

- Quiero pedir un remis para hoy (time, e,g. a las 5): I want to request a remise for today (at 5).
- ¿Cuánto cuesta un viaje desde aquí hasta (place, e.g. Palermo)?: How much does a trip from here to (Palermo) cost?
- ¿Cuánto es?: How much is it?
- ¿Tiene cambio de cien?: Do you have change for 100?
- ¿Me carga (sum of money, e.g 50 pesos) en la SUBE?: Can you charge (50 pesos) to my SUBE? (The SUBE card)
- ¿Sabe dónde cargan la SUBE?: Do you know where they charge the SUBE card?
- ¿Dónde está la parada del (number of bus, e.g 152)?: Where is the bus stop for (152)?
- ¿Para en ...(nombre de la calle)...?: Does it stop in ...(name of street)...?
- Boca de subte: Subway entrance Quiero coordinar un transfer desde el aeropuerto hasta el hotel.: I want to arrange a transfer from the airport to the hotel.
- ¿Cuánto cuesta el alquiler de un auto por una semana?: How much does a car rent cost for a
- ¿Cómo debo devolverlo?: How should I return it?



- El hotel = hotel
- El albergue juvenil = hostel
- El apartamento = apartment
- La habitación/el cuarto/La pieza = a room (La pieza is used mainly in Argentina)
- El baño/el servicio = the restroom
- La cocina = kitchen
- La conexión del internet = Internet connection, or you may simply say "wifi"
- Me gustaría hacer una reserva (de...a ...) = I would like to make a reservation (from
- ¿Cuánto cuesta una noche/una semana/un mes? = How much for one night/one week/one month?
- ¿Puede enviarme foto(s) del baño? = Would you send me the photos of bathroom?
- ¿Es cerca del subte/supermercado? = Is it close to metro/supermarket?
- ¿Hay descuento para grupo? = Is there a group discount?
- ¿Hay salón de práctica disponsible (en el lugar)? = Is there a practice room available (at the place)?



- ¿Tiene alguna promoción?: Do you have any
- ¿La bebida está incluida?: Is the drink included?
- Voy a pedir (a food or drink, e.g. una ensalada): I'm going to order (e.g. a salad)
- Para tomar, agua sin gas: To drink, plain water
- Dame una docena de empanadas: Give me a dozen empanadas
- Empanada de carne: Meat empanada
- Empanada de jamón y queso: Ham & Cheese
- Empanada de verduras: Vegetable empanada
- Un porrón: A pint of beer
- Una copa de vino: A glass of wine
- ¿Me da la carta de postres?: Can you give me the dessert menu?
- Quiero (a food or drink, e.g. una porción de tarta de verduras): I want (e.g. a slice of vegetable pie).
- ¿Hay descuento en efectivo?: Is there a discount with cash? ¿Venden (food or drink or goods, e.g.
- hamburguesas)?: Do you sell (e.g. hamburgers)?
- Quisiera (food or drink or goods, e.g. un agua con/sin gas): I'd like (e.g. sparkling/plain
- Quiero (food or drink or goods, e.g. un pebete de salame y queso): I'd like (e.g. a salami and cheese sandwich).
- Una gaseosa, por favor: A soda, please

Note: The expression Quisiera is more polite than the expression Quiero when ordering. You can use both but we suggest you try to use the first one more.



Going Milonga

Steps & Techniques

Shoe Shopping

- Me gustaría hacer una reserva para X persona(s): I would like to make a reservation for X people
- Me llamo Anna, (y mi apellido es Jones): My name is Anna, (and my surname is Jones).
- Quiero (e.g. 3) entrada(s), por favor.: I would like to have (e.g. 3) tickets, please.
- ¿Cuánto cuesta la entrada?: How much is the ticket? ¿Dónde puedo sentarme?: Where should I sit?
- ¿Puedo tomar otra silla/mesa?: Can I take another
- ¿Dónde está el baño?/ ¿Dónde puedo cambiarme?: Where is the toilet?/Where can I change my clothes?
- ¿Bailas?: You dance? (For verbal invite, but is not recommended)
- Gracias: Thank you (Say it only at the end of the tanda, or in the middle of the tanda if serious offence occurs and you need to stop dancing in the middle of the tanda). **No, gracias:** No, thank you.
- Una linda tanda: It is a beautiful tanda (You can say this when you like the music/enjoy your dance with your
- **Un placer:** A pleasure (Usually say it when you finish dancing with someone).

Apertura: Sidesten Atrás: Back Barrida: Sweep Castigada: Cross Calesita: Carousel Enrosque: Screw
Ocho adelante: Front ocho

Ocho cortado: Cut ocho

Adelante: Forward Aguja: Needle Bicicleta: Bicycle Caminar: To walk Empujar: To push Girar: To turn
Ocho atrás: Back ocho Parada: Stop

Boleo: An embellishment caused by the whip action of the follower's lea

Dibujo/Lápiz: Drawing/Pencil: drawing circles or other small movements on the floor

Molinete/Giro: A full 360-degree turn around the leader, usually done by the follower $\bar{\text{in}}$ a 4-step sequence of front, side, back, side

Sacada: Displacing the partner's leg or foot using one's own leg or foot

Chico/a: Small Grande: Big

Hacer pasos más grandes/chicos: Make bigger/smaller steps

Phrases for Emergencies

- ¡Auxilio!/¡Socorro!/¡Ayuda!: Help!
- Me están siguiendo: I'm being followed
- Un hombre intentó robar mi cartera: A man

Staying Safe

- tried to steal my purse.

 Me robaron: I've been robbed
- Fui golpeado/a: I was beaten up
- Fui arrastrado/a: I was dragged. ¿Puede llamarme un taxi? Me están siguiendo y tengo miedo: Can you call a taxi for me? I'm being followed and I feel scared.
- Por favor, manden un patrullero: Please send
- Necesito una ambulancia: I need an
- Estoy en ...(Calle A y Calle B)...: I'm in ...(Street A and Street B)...

- ¡Hay un incendio!: There's a fire Manden a los bomberos: Send the firemen Quiero hacer una denuncia: I want to make a
- ¿Puede enviarme un móvil a ... (dirección)?:
- Can you send a taxi to ... (address)...?
 ¿Cuánto demora?: How long would it take?
 Voy a San Martín al 1300: I'm going to 1300, San Martin Street (Remember that many times in Argentina, to give directions to the taxi driver you just say the name of the street and the approximate number. There's no need to give the exact address. One block would cover from 1300 to 1400, so you know you're sending them to the right street block.
- ¿Dónde está el cajero más cercano?: Where's
- Mi número de póliza es ...: My policy number is .

- El zapato: the shoe
- La zapatilla: training shoe (shoes with lower heels that are used for practice)
- El cuero: leather
- La gamuza: suede
- Número: number (size)
- El taco: heel (In other Spanish-speaking countries they say "El tacón") La altura: height
- El efectivo: cash
- La tarjeta (de crédito): credit card
- Descuento: discount
- La rebaja: sales
- ¿Puede (usted) mostrarme estos zapatos? (Formal): Would you show me these shoes? (Use only when the salesperson is older than you.) ¿Podés mostrarme estos zapatos? (Informal and
- more friendly way): Can you show me these shoes?
- ¿Puedo probarlos?/ ¿Puedo probármelos?: Can I try them on?/Can I (myself) try them on?
- ¿Cuál es la altura de los tacos?: What is the height of these shoes?
- ¿Son de taco bajo, medio o alto?: Are they of low, medium or high heels?

 Me quedan bien: These shoes fit me.

 Me quedan grandes/anchos/chicos: The shoes
- are too large/wide/small for me.

 Los llevo: I will take these (shoes)

- ¿Cuánto cuestan?: How much are they? ¿Cuánto tiempo lleva hacerlos?: How much time is needed for making them? (If the shop offers to tailor make the shoes for you)
- ¿Puedo pagar con tarjeta?: Can I pay with (credit) card?
- ¿Hay un descuento para los zapatos?: Is there a discount for the shoes? (Sometimes if you buy more than one pair you may try ask for discount)





Please send any feedback/comments to Ravi - <u>BostonAdventurer@gmail.com</u> or @Adventurer on WhatsApp

Key Links for The Tango Lounge

- Are you in Buenos Aires or will be soon? Join our WhatsApp groups:
 - Main group: https://chat.whatsapp.com/Favl8EbD1vr2J6kvz2WrQG
 - Alternative Tango: https://chat.whatsapp.com/DGo7Po60DCQ7qQRKf14stX
 - Beginners: https://chat.whatsapp.com/FjuCoN9eWKe1TByjWu4i8U
 - o Foodies: https://chat.whatsapp.com/IMABAVQ9sOYLyMs7034os9
 - Tourism/Non-Tango Events & Activities: https://chat.whatsapp.com/CUEF1I6QYZflevSGERXukZ
 - Advertisements: https://chat.whatsapp.com/HjEVjwfF4sbBBYgY2xPzTk
- Not in Buenos Aires? Join our Global WhatsApp group to discuss Tango outside of BA: https://chat.whatsapp.com/HsqKOoQUGSy399sK5zgZxF
- Join our Facebook Group: https://www.facebook.com/groups/TangoLoungeBA
- Follow our Instagram: https://www.instagram.com/TangoLoungeBA/
- Like our Facebook Page: https://www.facebook.com/TangoLoungeBA
- Links to the updated & latest information will always be at http://www.TangoLounge.org

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